

SUN	MON	TUE	WED	THUR	FRI	SAT
				New Year's Day	1 9:45 AM Trip to the Currier Museum of Art	2 9:15 AM Tai Chi for Arthritis (WS) 10:00 AM Card & Board Games (WS) 1:30 PM Water Volleyball (WS) 2:00 PM Musical Entertainer Bob Kroepel (LV)
2:00 PM Communion Service (LV)	4 9:00 AM Strength, Stretch & Balance Class (WS) 10:00 AM Tai Chi for Arthritis (WS) 10:00 AM Cozy Caps Knitters (WS) 10:00 AM Banter with Bob (Elm at Woodside) 1:00 PM Aquacize (WS Pool) 3:00 PM Musical Entertainer Kevin Farley (LV)	5 9:00 AM Strength Building & Balance Exercises (WS) 9:15 AM Strength Building (LV) 10:00 AM Aquacize (WS) 10:30 AM Roman Catholic Mass (LV - 3rd Floor Chapel) 11:00 AM 30-Minute Balance Class (WS) 1:00 PM Shopping Bus 11:30 PM Women's Luncheon (WS)	6 8:00 AM Men's Breakfast (WS) 10:00 AM Cribbage Games (WS)	7 9:00 AM Wood Carving (WS) 9:00 AM Shopping Bus 9:15 AM Strength Building (LV)	8 10:00 AM Trip Annual White Mountain Ride 10:15 AM Chair Yoga (WS Group Exercise Room) 1:00 PM Aquacize (WS Pool)	9 10:00 AM Card & Board Games (WS) 2:00 PM Musical Entertainer Norm Jalbert (LV)
2:00 PM Worship Service (LV)	11 9:00 AM Strength, Stretch & Balance Class (WS) 9:30 AM IRA Executive Committee 10:00 AM Tai Chi for Arthritis (WS) 10:00 AM Cozy Caps Knitters (WS) 1:00 PM Aquacize (WS Pool)	12 9:00 AM Strength Building & Balance Exercises (WS) 9:15 AM Strength Building (LV) 10:00 AM Aquacize (WS) 11:00 AM 30-Minute Balance Class (WS) 1:00 PM Shopping Bus	13 10:00 AM Cribbage Games (WS) 2:00 PM Ledges/Woodside Food Forum (WS)	14 9:00 AM Wood Carving (WS) 9:00 AM Shopping Bus 9:15 AM Strength Building (LV)	15 10:15 AM Chair Yoga (WS Group Exercise Room) 10:45 AM Trip to 9-1-1 Communications Center 1:00 PM Aquacize (WS Pool)	16 10:00 AM Line Dancing Class w/Bonnie Deutch (WS) 10:00 AM Card & Board Games (WS) 2:00 PM Musical Entertainer Jackie Lee (LV)
2:00 PM Worship Service (LV)	18 9:00 AM Strength, Stretch & Balance Class (WS) 10:00 AM Tai Chi for Arthritis (WS) 10:00 AM Cozy Caps Knitters (WS) 1:00 PM Aquacize (WS Pool) 3:00 PM Poetry Reading (Woodside 3rd floor Lounge)	19 9:00 AM Strength Building & Balance Exercises (WS) 9:15 AM Strength Building (LV) 10:00 AM Aquacize (WS) 11:00 AM 30-Minute Balance Class (WS) 1:00 PM Prayer Shawl Group (WS) 1:00 PM Shopping Bus	20 10:00 AM Cribbage Games (WS) 6:30 PM IRA Membership Meeting (WS)	21 9:00 AM Wood Carving (WS) 9:00 AM Shopping Bus 9:15 AM Strength Building (LV)	22 10:15 AM Chair Yoga (WS Group Exercise Room) 11:00 AM Trip Lunch at the Greenside Restaurant and Belknap Mill Art Gallery 1:00 PM Aquacize (WS Pool)	23 10:00 AM Card & Board Games (WS) 5:00 PM IRA Community Social & Buffet (WS)
2:00 PM Communion Service (LV)	25 9:00 AM Strength, Stretch & Balance Class (WS) 10:00 AM Tai Chi for Arthritis (WS) 10:00 AM Cozy Caps Knitters (WS) 1:00 PM Aquacize (WS Pool) 1:00 PM Taylor Play Readers (WS) 2:00 PM Mike Howatt's Pet Program (LV)	26 9:00 AM Strength Building & Balance Exercises (WS) 9:15 AM Strength Building (LV) 10:00 AM Aquacize (WS) 11:00 AM 30-Minute Balance Class (WS) 1:00 PM Shopping Bus	27 10:00 AM Cribbage Games (WS) 4:30 PM Trip Dinner Out at the Local Eatery	28 9:00 AM Wood Carving (WS) 9:00 AM Shopping Bus 9:15 AM Strength Building (LV)	29 Reserved as a Trip Cancellation Day 10:15 AM Chair Yoga 1:00 PM Aquacize (WS Pool)	30 10:00 AM Card & Board Games (WS) 2:00 PM Musical Entertainment (LV)
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January 2015
Independent Living



CALENDAR DESCRIPTIONS JANUARY 2015 TRIPS, ENTERTAINMENT AND SPECIAL EVENTS

Note: Our Facilities Office coordinates Dial-A-Ride, which operates for residents at the Laconia campus the following hours: Monday, Wednesday, Friday: 8:00 a.m. – 4:00 p.m.; Tuesday and Thursday: 8:00 a.m. – 7:30 p.m., and Sunday: 8:30 a.m. – 12:30 p.m. If you would like transportation to an event during these times, please call 366-1234. If rides are to available for a special event during a time not usually offered, it will be noted on the event.

Thursday – January 1 – Happy New Year! Don't forget to watch the Tournament of Roses Parade.

Friday – January 2 – Trip to the Currier Museum of Art. See Trips Flier for details. There is an early sign-up for this trip; call now to reserve your spot. **The bus will begin picking up residents on the Laconia campus at 9:45 AM and there will be a convenience stop at the Concord Bus Station between 10:30 AM and 10:45 AM.**

Saturday – January 3 – Musical entertainer Bob Kroepel will perform on the 2nd floor of Ledgeview at 2:00 PM. Bob sings and plays the piano.

Monday – January 5 – Banter with Bob, President/CEO, Woodside at 10:00 AM.

Monday – January 5 – Musical entertainer Kevin Farley will perform on the 2nd floor of Ledgeview at 3:00 PM. Kevin sings Irish tunes and plays a variety of Irish instruments during his program.

Tuesday – January 6 – Roman Catholic Mass is held in the Ledgeview 3rd floor Chapel at 10:30 AM.

Tuesday – January 6 – Women's Luncheon will be held at Woodside at 11:30 AM. Paula Wanzer will speak on "New England Road Scholar Adventures." **Please RSVP to Mary Anna Blandford at 524-5208.**

Wednesday – January 7 – Men's Breakfast is held at Woodside beginning at 8:00 AM. This month's speaker is Ed Soucy, who will speak on Taylor business issues and also tax treatment of Taylor fees. **Please RSVP to John Larson at 524-7131 by January 5.**

Friday – January 9 – Trip: Annual White Mountain Ride with lunch at Fabyan's Station. See the Trips Flier for details. **The bus will begin picking up on the Laconia campus at 10:00 AM.**

Saturday – January 10 – Musical entertainer Norm Jalbert will perform on the 2nd floor of Ledgeview at 2:00 PM. Norm sings and plays the piano.

Monday – January 12 – IRA Executive Committee Meeting, Woodside at 9:30 AM.

Friday – January 16 – Lunch Out at Red Blazer followed by a trip to the Bureau of Emergency Communications (9-1-1). See Trips Flier for details. **The bus will begin picking up residents on the Laconia campus at 10:45 AM and will make a convenience stop at the Concord Bus Station between 11:30 AM and 11:45 AM.**

Saturday – January 17 – Bonnie Deutch, Line Dancing Instructor, will offer a beginner's class, Woodside at 10:00 AM. Only \$3.00 for TC residents and \$5.00 for anyone else. **Please RSVP at 524-5600 Monday – Friday from 8:00 AM – 4:00 PM.**

Saturday – January 17 – Musical entertainer Jackie Lee will perform on the 2nd floor of Ledgeview at 2:00 PM. Jackie sings and plays the piano.

Wednesday – January 21 – Independent Residents Association Meeting will be held at Woodside at 6:30 PM.

Friday – January 23 – Lunch at the Greenside Restaurant followed by a stop at the Belknap Mill Art Gallery. See Trips Flier for details. **The bus will begin picking up residents on the Laconia Campus at 11:00 AM.**

Saturday – January 24 – Independent Resident Community Social and Buffet at Woodside. The social begins at 5:00 PM followed by dinner at 6:00 PM. **Please RSVP to Barbara Miles by at 524-3730 by January 21.**

Monday – January 26 – Mike Howatt brings his Animal Program to the 2nd floor of Ledgeview at 2:00 PM.

Wednesday – January 28 – Trip for Dinner Out at the Local Eatery. See Trips Flier for details. **The bus will begin picking up residents on the Laconia campus at 4:30 PM.**

Saturday – January 31 – Musical entertainer Dennis Allard will perform on the 2nd floor of Ledgeview at 2:00 PM. Dennis plays the guitar and sings.