



The Bulletin



Volume 139 January 10 to January 23, 2016

2016 New Hampshire Primary Election Tuesday, February 9



Your Vote Counts!



Not registered? Need an absentee ballot?

Independent residents, please call 366-1226;
Ledgerview residents 366-1205;
Taylor Home residents 366-1238.

Need a ride to the polls?

Bus transportation to St. Andre Bessette Parish Hall will be provided at 10:00 a.m. and again at 2:00 p.m. Call Dial-A-Ride at 366-1234 if you would like a ride.



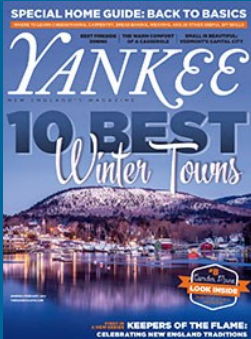
Taylor Community 2016 Music Series

Debbi Gibson, Clarinet, and Alison Witham, Flute
Sunday, January 17 at 3:00 p.m.

Debbi and Alison will perform works of Bach, Beethoven and Stamitz as well as some contemporary pieces.

Free and open to the public with no RSVP required, this concert is generously sponsored by Taylor residents Barbara Harris and Arlene and Bob Ilgenfritz.

Taylor Residents Featured in Popular Yankee Magazine



In case you haven't seen it yet, be sure to check out the Jan./Feb. issue of Yankee Magazine. Paul Charlton wrote an article based on feedback from Taylor residents who shared their thoughts about moving to a retirement community. The intent was to promote Taylor Community in hopes that those reading the article might consider moving here however Yankee is very resistant to publishing articles

that come across as blatant commercials or self-promotion. That said, the exposure along with an ad that ran in the same special section can only be positive for Taylor. Cited in the article were comments from Bob and Arlene Ilgenfritz, Ted and Chris Faller, Bill and Joan Bell, Jack and Dana Armstrong, and Pat and Jack Weeks. There's a great photo of Jack and Dana as well as a photo in the ad featuring Bob and Timmie Nolan.

Paul promised (tongue in cheek) that any and all royalties will be donated to the Sunshine Fund.

Now That's Some Teamwork!

Charlie Coulter pumps an 1800's reed organ, while Amelia Leconte plays a tune. Often called pump organs by the general public, the people that built them always called them reed organs because their sound is produced from brass reeds.



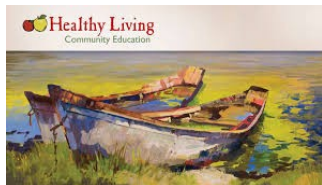
Choose Your Own Neighbors!

The idea of new residents moving in as a result of being encouraged by friends and past neighbors who already live at Taylor is nothing new. In fact, retirement communities attract many of their new residents from referrals in addition to traditional marketing methods such as advertising, direct mail, website and event marketing. Brian Hance, our marketing and sales advisor from Life Care Services (LCS), recently shared that other communities he works with have successfully launched programs to get more of these kinds of referrals by encouraging residents to recommend prospects who they'd like to have as their new neighbors. As it turns out, several of the people living on Bois Circle were previously neighbors or friends before moving here. Coincidentally, we also have two move-ins into the Ledges in January who are moving to cottages close to friends that they've known for years, and soon to be new neighbors.

Who do you know who you'd love to have as new neighbors? Friends from church, people you know from your old neighborhood, past associates and acquaintances? Paul Charlton suggested what his strategy would be if he lived here. "I'd refer people who are active and fun to be around, who like music, and who I know would bring yummy food whenever we're having a potluck get together."

Simply provide the name and address of people who you know who might enjoy living here and Paul, Lu, Cathy and Danielle will take it from there. Better yet, why not invite them for lunch and a tour. Marketing will pick up the tab for them and you. Who said there's no such thing as a free lunch?!

Better Choices, Better Health
Mondays, January 11 - February 15
10am - 12pm, Woodside



This free 6-week program, presented by LRGHealthcare, is designed to help you or someone you live with better manage your chronic health condition including: Arthritis; Joint Pain; Diabetes; High Blood Pressure; COPD; Chronic Pain; Asthma; or any other long-term Health Condition.

Registration is required. Please call 527-7120.

Technology and Brain Health
Wednesday, January 20 at 2pm
Elm Room at Woodside



This free class, presented by LRGHealthcare, will introduce participants to various computer applications available on iPads and tablets, designed to assist memory, word finding and cognition.

No RSVP is required.

Save the Dates!

Sun., Feb. 7 - Super Bowl Party with Beer Tasting

Sat., Feb. 13 - Valentines Theme Dinner

Watch for details in the next issue of your Bulletin.

Playreaders Schedule Change

To avoid being cut short by Resident Town Hall meetings, Playreaders will now meet on the first and third Mondays each month. The first 2016 meeting will take place on January 18.

Welcome New Staff

Tim Rush, Gilmanton, joins us as Maintenance Tech. Originally from Delphi, IN, Tim worked prior as a Maintenance Supervisor in an OK correctional facility for 17 years before moving to Ft. Myers, FL, working first as Maintenance Tech and then as Fire Safety Officer in a large retirement community. Tim loves to fish, both fresh water and salt, and along with his wife has a small farm in Gilmanton with goats, chickens and rabbits. He loves the outdoors.

James Mercier, Belmont, also joins us as Maintenance Tech. Married with two children, James loves scuba diving and camping.

Jaimie Walton, Meredith, joins our team as RN. Jaimie grew up in Wallingford, CT, earning her Nursing degree in Waterbury. Prior work experience includes working as a Clinical Manager. Jaimie loves the outdoors, and enjoys fishing, boating and swimming. She hikes or walks daily, and enjoys crocheting in the winter months. Her favorite travel destination is Bermuda.

Courtney Gullage, Gilmanton, joins our team as LNA. She earned her certificate from Lakes Region Community College. Courtney worked at Café Déjà Vu for five years when she was in high school. She has a 3-legged rescue cat and enjoys watching football, especially the Patriots.

Ashley Drouin, Laconia, also joins us as LNA, earning her certification from LNA Health Careers in Manchester. Ashley enjoys the seashore, taking at least one trip to the Marginal Way in Ogunquit, ME each summer with her significant other. She keeps 6 bearded dragons and one savannah monitor lizard.

Linda Hart, Alton, joins us as LNA, earning her certification from American Red Cross. She enjoys watching the Patriots and gardening.

Welcome to Taylor Community!

Fitness Corner

Tues., January 12 - Beginner Yoga for Back Pain with Gayle Burnes, Taylor's very own RN and Reiki Master. Classes will take place Tuesdays and Thursdays for six weeks at 5:15pm, Woodside. This cost of this program, open to residents and staff, is \$60. Please register with Tammy at 366-1206.

Wed., January 13 - National Rubber Duck Day - Come race a rubber duck at 3pm in the Woodside Pool. There will be 2 races, \$1 per duck. The winner splits the kitty with the Sunshine Fund. Ducks can be purchased from Chris Guthro in the Fitness Center. Open to staff and residents.

Wed., January 20 - Evening Cross Country Skiing - Join Tammy Levesque and Mick Palmiter for an evening Cross Country Ski trip at Gunstock. Please meet at the Cross Country Ski Center at the Gunstock Ski Area at 5:30pm. Preregistration with Tammy is requested at 366-1206. Cost of the event is \$15 per person and includes rentals. Please bring a headlamp or notify Tammy if you need one. The event will finish at the Cross Country Center Yurt with a toast to celebrate the evening.

Sat., January 23 - Aquatic Conditioning Program - The cost of this 6-week program is \$35. Please register with Jeannine Beckett at 524-8559.

Wed., January 27 - Bowling at Funspot - Join Tammy Levesque and Chris Guthro for an afternoon of candlepin bowling at Funspot in Laconia. The bus will leave Woodside at 2pm, returning around 4:30pm. Please contact Jo-Ann, 366-1234, to reserve your seat on the bus (12 spots available). The cost is \$3.75 per string, with no charge for shoes!

Join us for some fun!





WOODSIDE THEATER



Saturday Nights - 7:00 PM

Movie titles are posted outside the Theater, in the elevators, on the Information Board and on Touchtown

Sunday Matinees - 1:00 PM

Jan. 10: TBA

Jan. 17: No Matinee Today

Please extend a warm "Taylor Welcome" to the following new residents:

Richard & Martha Crawford 12/16 Taylor Connection
Beverly Severance 12/18 Taylor Home

Welcome to the Community!

Sunshine Fund Auctions are Back!

The Sunshine Fund is the only vehicle whereby Taylor Community residents can give appreciative remuneration to staff members. Tipping or gifts to staff members are not allowed.



Residents will now be able to donate certain furniture and certain other items that will be used in a silent auction to staff. If you have items that you would like to donate, please call Paula at 366-1240.



Meal Plan Sign-Ups



All unused Meal Plan balances were carried over from 2015 to 2016. It is now time to make your required Meal Plan payment for 2016. **Meal Plan Sign-ups will be held Monday, January 11 and Monday, January 18 from 12:30 - 2:00pm at Woodside. Payments will be accepted at this time.** Of course, you may make your 2016 payment at any time by sending it to the attention of Maureen Ballester at Taylor Home. Remember, those residents required to purchase a Meal Plan (new independent residents subsequent to 4/1/2012) must pay either \$750 per year (single) or \$1500 per year (couple) for 2016. Payments may be made in two installments with half paid at sign-up and the balance due in June. We look forward to seeing you at one of these sign-up opportunities. ~Ed Soucy

Campus Happenings

LRGHealthcare Class: Better Choices, Better Health

Mon., Jan. 11 @ 10:00am, Woodside

See Page 2 for details.

Please RSVP at 527-7120.

IRA Executive Committee Meeting

Mon., Jan. 11 @ 9:30am, Woodside

Resident Town Hall Meeting with Executive Director Michael Flaherty

Mon., Jan. 11 @ 2:00pm, Woodside

Coffee Hour

Tues., Jan. 12 @ 10:00am, Fireside Dining Room

Women's Luncheon

Dr. Nancy Dirubbo, FNP presents

"Faces and Places in Cuba"

Tues., Jan. 12 @ 11:30am, Woodside

Please RSVP at 524-5208 by January 6.

LRGHealthcare Class: Better Choices, Better Health

Mon., Jan. 18 @ 10:00am, Woodside

Please RSVP at 527-7120.

Playreaders

Mon., Jan. 18 @ 1:00pm, Woodside Wet Craft Room

Poetry Group

Mon., Jan. 18 @ 3:00pm

Woodside 3rd Floor Lounge

Coffee Hour

Tues., Jan. 19 @ 10:00am, Fireside Dining Room

American Red Cross Blood Drive

Tues., Jan. 19, 2:00 - 7:00pm, Woodside

Appointments are recommended. Please schedule online at redcrossblood.org or call 1-800-733-2767.

Technology and Brain Health

Wed., Jan. 20, 2:00pm, Woodside Elm Room

See Page 2 for details.

Community Social & Buffet

Sat., Jan. 23 at 5:00pm, Woodside

Please RSVP at 366-1449 by Jan. 20.

IRA's January Birthday Celebration

The Independent Residents Association's Sunday Nite Social and Monthly Birthday Celebration for January will be held Sunday, January 24 starting at 4:30pm in the Fireside Dining Room. All independent residents are invited. If you would like to bring your favorite snack to add to the festivities, please feel free to do so.

~ Sharon Guild

A Gingerbread House? Boat!

Joe Picard didn't disappoint with this year's gingerbread creation, the Christmas Belle, shown at right.



WOODSIDE CAFÉ

Monday through Friday from 11am – 2pm and Saturday from 9am – 1pm.
Dinner is served Tuesdays and Thursdays from 5 – 7pm. **Reservations requested, but not required, by 4pm for Dinner so that we may better serve you** at 366-1481.

Menu for Week of January 11th

Mon., Jan. 11	Entrée: Beef Tacos Side: Rice, Refried Beans
Tues., Jan. 12	Entrée: Chicken Cacciatore Sides: Boiled Potatoes, Broccoli
Tuesday Dinner Jan. 12	BBQ Boneless Short Ribs, Gnocchi and Sautéed Carrots (\$16) or Blackened Catfish over Rice with Green Beans & Tomatoes (\$17). Choice of House Salad or French Onion Soup Dessert: Chef's Choice
Wed., Jan. 13	Entrée: Chicken Fried Steak with Sausage Gravy Sides: Stewed Potatoes, Green Beans
Thurs., Jan. 14	Entrée: Fried Chicken Side: Mashed Potatoes, Zucchini
Thursday Dinner Jan. 14	Veal Marsala with Angel Hair & Marinara and Sautéed Asparagus (\$17) or Ritz Baked Haddock, Roasted Potatoes and Sautéed Broccoli (\$16). Choice of Spinach Salad or Carrot Ginger Soup. Dessert: Chef's Choice
Fri., Jan. 15	Entrée: Fried Cod Sides: French Fries, Coleslaw

Menu for Week of January 18th

Mon., Jan. 18	Entrée: Country Fried Steak with Onion Gravy Sides: Mashed Potatoes, Peas
Tues., Jan. 19	Entrée: Chicken Tacos Sides: Rice, Refried Beans
Tuesday Dinner Jan. 19	Shrimp Scampi over Angel Hair Pasta, Sautéed Squash and Garlic Bread (\$17) or Apple & Spinach Stuffed Pork Loin with Dressing and Roasted Brussels Sprouts (\$15). Choice of Caesar Salad or Butternut & Maple Cream Soup Dessert: Chef's Choice
Wed., Jan. 20	Entrée: Tortellini with Tomato Alfredo Side: Broccoli
Thurs., Jan. 21	Entrée: Bacon & Cheddar Frittata Sides: Grits, Toast
Thursday Dinner Jan. 21	Petite Filet Mignon with Green Pepper Cream, Scalloped Potatoes and Broccoli (\$18) or Broiled Salmon with Citrus Cream Sauce, Scented Jasmine Rice and Asparagus (\$15). Choice of Chef's Salad or Roasted Onion Soup Dessert: Chef's Choice
Fri., Jan. 22	Entrée: Macaroni & Cheese Sides: Broccoli, Texas Toast

Menus subject to change without notice.

Saturday, January 23 Community Social & Buffet

Appetizers: Mini Egg Rolls; Sweet and Sour Meatballs; Fruit and Cheese Display

Entrée Selections: Carved Roasted Pork Loin with Cranberry Apple Chutney;
Ritz Baked Haddock; Lemon Chicken

Side Choices: Scalloped Potatoes; Rice Pilaf; Butternut Squash; Roasted Green Beans and Tomato

Dessert Selections: Cookies and Cream Pie; Chocolate Cake; Lemon Layer Cake; SF/GF Mixed Berry Cobbler

\$18 per person Please RSVP at 366-1449 by Monday, January 20.



THE LAKE ROOM at LEDGEVIEW

Breakfast is served from 7:30 – 9:00am daily.
Lunch/Dinner from 12:00 noon – 1:00pm daily, and Supper from 5:00 – 6:30pm, Mon., Wed., Fri., Sat. and Sun.
(please join us at the Woodside Café Tuesday and Thursday nights). **Please RSVP at 366-1202.**

Dial-A-Ride operates for residents at the Laconia Campus Mon., Wed., and Fri. from 8am to 7pm, and on Tues. and Thurs. from 8am to 7:30pm. Please call 366-1234 for a ride.