



As April is Stress Awareness Month, this month's Gazette will focus on the steps you can take to help relieve stress and the programs you can take advantage of at Taylor to help you achieve this goal. From massage and exercise to hobbies and interacting with your community, Taylor has many ways to help you mitigate the impacts of stress on your life.



Resident Town Hall Meetings**April 2023****Laconia Resident Town Hall**

Monday, April 10th, at 11:00 a.m. in the
Tree Rooms of the Woodside Building

**RSVP via the Touchtown Community
App in Events or with Brenda by calling
603-366-1226 or e-mailing her at
bkean@taylorcommunity.org.**

Wolfeboro Resident Town Hall

Wednesday, April 12th, at 10:00 a.m. in the
Maple Room of the Sugar House

**RSVP via the Touchtown Community
App in Events or with Caralyn at
603-569-8485**

As always, please feel free to submit any
questions in advance to
townhall@taylorcommunity.org or call
Sharon Ryba at 603-366-1411 to
submit a question via phone.

Additionally, all Town Hall Meetings are now
available for viewing on Touchtown.

We look forward to seeing you!

The Monthly Birthday Celebration**Sunday, April 30th at 5:00 p.m.**

As a reminder, birthday celebrations take
place in the Woodside Building on the last
Sunday of the month at 5:00 p.m., directly
after the Sunday Social event, which begins
at 4:30 p.m.

**This month, the event falls on Sunday,
April 30th. We look forward to seeing you
there!**

TRA Monthly Social And Buffet**Saturday, April 15th, 2023****Woodside Fireside Room, 5:00 p.m.****ATTENTION: New & Existing Residents**

Meet new and old friends!
Enjoy cocktails and hors d'oeuvres.
Take a chance on the 50/50 Raffle.
Have an enjoyable evening!

MAKE YOUR RESERVATIONS NOW!
(Required)

Accepted until April 12th

Call 603-366-1449

or Reserve on Touchtown

Drink and Raffle Tickets available
in the lobby

Delicious Buffet Dinner
prepared by Glendale
(Seating at dinner will be assigned)
\$30 per person

**In Memoriam**

Charles "Chuck" Cladel - June 5, 1939 -
February 20, 2023. Taylor resident since 2021.

Carol Baldwin - December 6, 1940 - February
27, 2023. Taylor Resident since 2018.

Virginia "Ginny" Daigle - March 22, 1931 - March
7, 2023. Taylor Resident since 2011.

William "Bill" Smith - February 26, 1936 - March
9, 2023. Taylor resident since 2018.

Nancy Maher - May 29, 1937 - March 13, 2023.
Taylor resident since 2017.

TRA Corner

Greetings fellow members!

Alexis Dorf contacted me recommending that Taylor Community Facilities personnel be recognized for their outstanding work.

“What a super job our Facilities Department crews have been doing during this snowy winter! Both day and night, weekdays and weekends, they have kept our roads, sidewalks, driveways, and walkways clear to ensure our safe movement around campus. A great way to acknowledge their attention to our safety would be a contribution to the Sunshine Fund. Along with all the other Taylor staff members, these folks participate in the end of the year bonuses. Questions? Sunshine Fund Chair Judy Siegel or TRA chair Frank Judge have answers!”

Alexis Dorf
TRA Sunshine Fund Committee member

Please consider Alexis’s request to recognize the extra effort demonstrated by the Wolfeboro and Laconia neighborhood teams during a difficult winter.

Frank Judge
Chair

Technical Help for Computer/Printers

Shannen Edson is available to help residents with computer/printer issues. Cost for this service is \$45/hour and will be billed in 15 minute increments. **By appointment only. Please call 603-366-1223 or e-mail sedson@taylorcommunity.org.**



New Hires

Alison Shackford - Alison is an LNA living in Center Ossipee and working at Sugar Hill. She likes to go skiing. She has two dogs and three cats. Her dogs' (Lulu and Luna). She has a sister who is six years older than her.

Tammy Worster - Tammy is an LNA living in Franklin and working in Laconia. She has 22 years of caregiving experience. She loves warmer weather, being outside and going to the beach. She has two kittens, and her family is very important to her.

Brian Wyatt - Brian is a carpenter living in Meredith and working in Laconia. He worked in concrete for 18 years right out of high school. He also worked for NH DOT for eight years running equipment and plowing before becoming a carpenter for his father-in-law. He likes camping with his wife of 23 years. He enjoys riding his motorcycle and taking his boat out. He has one son who is 22 years old and is in the process of remodeling his new home.

Bella Daly - Bella is a Resident Assistant living and working in Laconia. She attended NHTI and wants to become an LNA. She was the assistant manager of our local Aroma Joe's prior to joining us. She likes watching tv series, traveling anywhere outside of New England and she played basketball in high school. Her favorite team is the Boston Celtics. She has a cat named Lucifer and she considers herself a "pretty fun person."

Teri Skinner- Teri is a symptoms checker living in Gilford and working in Laconia. She studied culinary arts and small business at Newbury College and Granite State College. After many years in high tech jobs, she moved on and got licensed in massage therapy and esthetics. She worked in the "spa" world for 6 years. She likes doing crafts and has travelled to many places via cruise ships, her favorite destinations being Hawaii, and Alaska. She enjoys playing golf, cornhole and bocce.

Cindie Levesque- Cindie is an RN living in Wolfeboro and working at Sugar Hill. She attended St. Anselm College where she earned her BSN. Her first profession was in graphic arts and design; she loves color. She lived in Europe for four years and has experienced many adventures during her life. She loves the outdoors, and is especially fond of winter as she and her husband enjoy many activities. In the summer she enjoys the water and exploring the region. They enjoy New England sports teams. They have a sweet kitty and are looking for a puppy to join them and raise as a therapy dog.

Erica Downs- Erica is an LNA living in Meredith and working in Laconia. She spent four months last winter living in a tent, working on a tropical orchard farm in Kauai. She is a "crazy plant lady" spending most of her time gardening in the warmer months. She spends many hours in greenhouses and finds botanical gardens wherever she travels. She loves to travel and learn about different cultures and environments. She is into conservation efforts, loves outdoor sports/recreation. She lives with her partner Christopher, has two dogs (Max and Gus) and her cat, Mr Meijure.

New Residents – Welcome to Taylor Community

Karen & Freddie Moretti

3/1

Priscilla & Gerald Long

3/1

Denise Martin & Bruce Schleeauf

3/8

Linda & Steve Reinhart

3/8

Catherine & Roger Turgeon

3/17

Mildred & Brian Larson

3/17

Dr. Linda Haller

3/31

Taylor Community Gift Annuities

As a 501(c) (3) corporation, Taylor Community offers charitable gift annuities to its residents as a vehicle to receive lifetime income and a tax deduction at the same time. The interest rate paid on the annuity depends on the age of the annuitant, and the older you are, the higher the interest rate, and interest rates are going up. Bank of New Hampshire administers the program for Taylor and your money is secure as Taylor maintains a fully-funded Gift Annuity investment account from which annuity payments are made. **If you would like more information, please contact Ed Soucy at 603-366-1229 or via e-mail at esoucy@taylorcommunity.org.**

April Birthdays

HAPPY BIRTHDAY!

| | | | |
|----------------------|-------------------|------------------------|-------------------|
| 4/1 Don Chapman | Ledges | 4/15 Joan Denne | Woodside |
| 4/1 Barbara Madden | Ledges | 4/16 Larry Ahern | Ledges |
| 4/1 Stephen Reinhart | Sugar Hill | 4/17 Elaine Gump | Ledges |
| 4/2 Jane Smith | Ledgeview | 4/18 Denise Martin | Ledges |
| 4/3 Carole Plaisted | Ledgeview | 4/20 Peter Walker | Taylor Connection |
| 4/3 Gene Blabey | Sugar Hill | 4/20 Rachel Downs | Ledgeview |
| 4/6 Judy Kessel | Sugar Hill | 4/21 Nancy Castellon | Taylor Connection |
| 4/6 John Davies | Ledges | 4/22 Richard Sanderson | Ledges |
| 4/6 Dave Bogar | Ledges | 4/22 Brenda Haunfelner | Taylor Connection |
| 4/7 Rod Dyer | Ledges | 4/22 Carol Houle | Ledges |
| 4/7 Freda Weinbrecht | Woodside | 4/22 Shirley Kronbach | Ledges |
| 4/9 Sandy Seywert | Ledges | 4/22 Bill Doyle | Woodside |
| 4/10 Martha Keller | Taylor Home | 4/23 Nan Baker | Ledges |
| 4/10 Linda Roeder | Ledgeview | 4/23 Alida Millham | Ledges |
| 4/10 Sharon Skelley | Woodside | 4/24 Fr. Dick Thompson | Woodside |
| 4/11 Claire Giguere | Ledgeview | 4/25 Nancy King | Ledges |
| 4/11 Marilyn Nelson | Sugar Hill | 4/25 Jane Ross | Ledgeview |
| 4/12 Peggy MacArthur | Taylor Connection | 4/26 Dawn Lemay | Woodside |
| 4/13 Michael Quinn | Sugar Hill | 4/27 Barb Clay | Sugar Hill |
| 4/13 Mary Godbout | Taylor Home | 4/29 Beverly Brewer | Ledges |
| 4/13 Ellen McNutt | Ledgeview | | |

The Greater Lakes Region Childrens Auction, The Community Challenge

The Greater Lakes Region Childrens Auction The Community Challenge And Team Taylor

For 40 years the Children's Auction has raised money for a wide variety of nonprofits that benefit children and families in the Lakes Region. This philanthropic effort has two large efforts: 1st - The Auction itself in early December and 2nd – The Community Challenge, a yearlong set of events and activities from some 35 teams to raise money to add to the total of the auction efforts.

Team Taylor has participated in the Community Challenge for the last four years. In 2022, Taylor was able to raise, through a variety of events, a total of \$9,394 to add to the \$304,500 raised by the Challenge. These activities included The Spring and Fall Shuffles, the Sweepstakes Social, the Taylor Craft and White Elephant Sale, and the Thanksgiving Food Drive.

The 2023 Community Challenge is ready for the starting line! The Spring Shuffle begins on April 19th and we hope to have greater participation in what is really a fun event. The Shuffle is supported by Patrick's Pub and goes for eight weeks on Wednesdays at 5:00 p.m. for all who want to participate. They suggest a \$10 donation to the Challenge for each week of the Shuffle. There is a raffle each week at 6:00 p.m. for prizes sponsored by Patrick's. The Shuffle has a two mile walking trail set up each week, however, participants can walk or not walk, and indeed do not even have to be at Patrick's to be a part of the Shuffle. In the past, we have had weekly walks around Taylor just to be in the spirit of things. Some residents and staff have just donated to the Challenge to be a part of the Taylor Shuffle team.

If you have questions about the Shuffle and Taylor's involvement in the Community Challenge, please contact John Larson, Allan Clemow, or Gretchen Gandini at 603-366-1482.



2023 CHALLENGE

Relaxation Activities From Taylor's Wellness Team

Meditation

Meditation practice is the act of watching your mind work. Imagine kayaking down a stream with many other kayakers, all of whom have different shape and color kayaks moving at different speeds. It would be difficult to accurately gauge traffic activity in order to facilitate optimum travel for you.

Now imagine a vantage point where you overlook the river and could accurately assess all that is happening. Your kayaking efforts would be much more efficient and effective having viewed those movement patterns. The act of meditation is simple. Sit in a comfortable chair. Position your feet flat on the floor, knees over ankles. Stretch your spine and the top of your head up towards the sky. Lay your hands palm up on your legs. Breathe softly and slowly in and out through the nose. Picture a light bulb in your mind and hold that image between your eyebrows. Do this for five minutes a day when you wake up.



Taylor Wellness Now Offering Massage - Laconia

What? Is it possible? In addition to all the wonderful offerings shared by Taylor Wellness staff, massage services are going to be added to the portfolio? Yes, it's true!

As a Licensed Massage Therapist, Ethan White completed a 500 hour course as well as passing the MBLEX exam.

Ethan will offer two different types of massage:

Swedish/Traditional Massage: Therapeutic body work focusing on superficial muscles in order to improve circulation and blood flow, release tension and induce relaxation.

Deep Tissue Massage: Therapeutic body work focusing on muscles under the superficial muscles; intended primarily for athletes and people with chronic pain.

Russ, a Licensed Asian Bodywork Therapist, completed a 750 hour curriculum and successfully passed the demanding NCCAOM ABT Exam. Russ primarily practices Shiatsu (meaning finger pressure in Japanese), a traditional form of Japanese massage. All Russ' treatments are performed fully clothed on a comfortable massage table.

Both Ethan and Russ will practice in the newly renovated Taylor Wellness Massage Studio located in the Taylor Care Management office area across from Heather Bell's office. This space has been specifically designed to promote a calm, relaxed environment to promote optimum healing.

For more information, or to book a treatment, please contact Ethan at ewhite@taylorcommunity.org, or Russ at rjones@taylorcommunity.org



Updated Wellness and Fitness Classes

Laconia Class Schedule

Monday:

- 9:00 a.m. Strength and Stretch
- 9:00 a.m. Tai Chi for Balance (Wet Craft Room)
- 10:00 a.m. Balance Class
- 10:00 a.m. Functional Strength (Wet Craft Room)
- 11:00 a.m. Strength and Stretch
- 1:00 p.m. Pool Volleyball
- 1:30 p.m. Return to Golf (Starting the 10th)
- 1:30 p.m. March-Fit Dance Class
- 3:00 p.m. Line Dancing w/Freda & Bonnie
- 4:00 p.m. Pick-up Shuffleboard (Card Room)

Tuesday

- 9:00 a.m. Strength and Stretch
- 9:00 a.m. Aqua-fit
- 10:00 a.m. Chair Yoga
- 10:30 a.m. Tai Chi
- 11:00 a.m. Strength and Stretch
- 2:00 p.m. Low Impact Cardio Fit

Wednesday:

- 9:00 a.m. Strength and Stretch
- 9:00 a.m. Tai Chi for Balance (Wet Craft Room)
- 10:00 a.m. Gold Group
- 10:00 a.m. Balance Class
- 10:00 a.m. Functional Strength (Wet Craft Room)
- 11:00 a.m. Strength and Stretch
- 1:30 p.m. Mat Yoga (Wet Craft Room)
- 3:00 p.m. Line Dancing w/ Freda & Bonnie
- 4:00 p.m. Pick-up Cornhole (Fitness Room)

Thursdays:

- 9:00 a.m. Aqua-fit
- 9:00 a.m. Strength and Stretch
- 9:00 a.m. Pickleball
- 10:00 a.m. Chair Yoga
- 10:30 a.m. Tai Chi
- 11:00 a.m. Strength and Stretch

Fridays:

- 9:00 a.m. Strength and Stretch
- 10:00 a.m. Low Impact Cardio Fit
- 11:00 a.m. Strength and Stretch
- 2:15 p.m. Mat Yoga (Wet Craft Room)

Aquatic Fitness Class Schedule Laconia Campus

Tuesday & Thursday

9:00 to 9:45 a.m.

Wolfeboro Class Schedule

All classes are held in the Recreation and Aquatic Center

Monday:

- 9:00 a.m. Functional Strength
- 10:00 a.m. Strength and Stretch
- 1:00 p.m. Pool Volleyball

Tuesday:

- 10:00 a.m. Chair Yoga
- 11:00 a.m. Balance Class
- 1:30 p.m. Water Aerobics

Wednesday

- 9:00 a.m. Functional Strength
- 10:00 a.m. Strength and Stretch
- 1:30 p.m. Cardio

Thursday:

- 11:00 a.m. Chair Yoga
- 1:30 p.m. Water Aerobics

Friday:

- 9:00 a.m. Functional Strength
- 10:00 a.m. Strength and Stretch
- 1:30 p.m. Return to Golf



Contact the Wellness Team to see how they can assist you in reaching your individual goals!

Heather Joubert, Wellness Director: hjoubert@taylorcommunity.org
or 603-366-1206

Russ Jones, Fitness and Aquatic Coordinator: rjones@taylorcommunity.org
Ethan White, Health and Fitness Instructor: ewhite@taylorcommunity.org
Taylor Miller, Fitness and Aquatic Coordinator: tmiller@taylorcommunity.org

All members of the Wellness Team are ACE-certified personal trainers.

Wellness
Office
603-366-1405

Five Ways To De-Stress And Help Your Heart

Managing unhealthy habits and destressing is key to change.

Constant stress — whether from a traffic-choked daily commute, unhappy marriage, or heavy workload — can have real physical effects on the body. It has been linked to a wide range of health issues, including mood, sleep, and appetite problems — and yes, even heart disease.

Doctors don't know exactly how chronic stress affects the heart. Most likely, stress triggers inflammation, a known instigator of heart disease, but that hasn't been proven. "I think the conventional opinion is that stress is bad for your heart, but the data are much murkier," says Dr. Deepak Bhatt, director of the Integrated Interventional Cardiovascular Program at Brigham and Women's Hospital.

Yet stress may influence heart disease in more subtle ways. "Stress does cause some people to act in ways that increase their risk for heart disease," Dr. Bhatt says. For example, when stressed, people often eat unhealthy food and don't have the energy or time to exercise. Stress can also lead us into other heart-damaging behaviors, such as smoking and drinking too much alcohol.

Breaking the connection requires both learning to deal with stress and managing unhealthy habits. These five simple tips can help you do just that.

- Stay positive. Laughter has been found to lower levels of stress hormones, reduce inflammation in the arteries, and increase "good" HDL cholesterol.
- Meditate. This practice of inward-focused thought and deep breathing has been shown to reduce heart disease risk factors such as high blood pressure. Meditation's close relatives, yoga and prayer, can also relax the mind and body.
- Exercise. Every time you are physically active, whether you take a walk or play tennis, your body releases mood-boosting chemicals called endorphins. Exercising not only helps you destress, it also protects against heart disease by lowering your blood pressure, strengthening your heart muscle, and helping you maintain a healthy weight.
- Unplug. It's impossible to escape stress when it follows you everywhere. Cut the cord. Avoid emails and TV news. Take time each day — even if it's for just 10 or 15 minutes — to escape from the world.
- Find ways to destress. Simple things, like a warm bath, listening to music, or spending time on a favorite hobby, can give you a much-needed break from the stressors in your life.

This article is from Harvard Health Publishing

Massage therapy for relaxation?

Feeling stressed? Massage therapy may be a great option for you. A professional massage carries a number of different benefits for relieving stress. When a person is feeling stressed, the muscles tighten, which can lead to muscles and joint pain and even headaches. Massage counters this by stimulating blood flow and warming up the muscles to promote loosening of the muscles. The main hormone related to stress is cortisol. If your cortisol level remains high due to chronic stress, you're more likely to develop stress-related health problems such as heart disease, high blood pressure, diabetes, obesity, depression and anxiety. Massage decreases the stress hormone cortisol while also increasing endorphins and serotonin. These are the feel good chemicals of the body. They improve your mood, reduce pain, and ease stress and anxiety. Massage has many benefits when it comes to pain management but it also is a great option for overall wellbeing and relaxation.

Laconia Fitness



Corn Hole Championship Winners

The Corn Hole championship winner is.... Joanne Reynolds and Caesar Meledandri! Thank you for yet another annual Winter Corn Hole League! All teams did a fantastic job. A giant thank you to all of the spectators that came each game to cheer on the teams — it was standing room only most games! We will see you all in the Spring Corn Hole League games!

Shuffleboard Winter League Winners

Two-Time Winners! A big congratulations to Liz Cooper and Evy Chapman on their Indoor Shuffleboard Winter League win for the second year in a row! Thank you to all of the players who participated in this year's League, as well as all of the spectators that cheered the teams on! We look forward to next year's League!

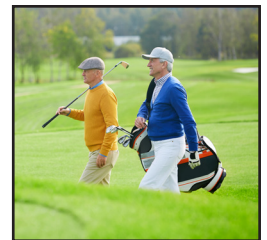


Hike Conditioning

Hike conditioning starts on Thursday, March 16th. Class begins at 1:30 p.m. in the fitness room and will run for five weeks every Thursday until April 20th. Come and improve overall endurance, balance, strength and core stabilization to get you ready for hiking season. No registration needed. Please contact Heather Joubert for more information at 603-366-1206

Return to Golf

Looking to improve your golf game? Come and join a five week "Return to Golf" program on Monday's starting April 10th and running through May 15th. Class starts at 1:30 p.m. in the fitness room. This class will cover upper and lower body strengthening, overall endurance, core stabilization, and stretching, all to improve your golf game. No registration required. Please reach out to Heather Joubert with any questions at 603-366-1206.



CPR Class

The Taylor Community Wellness department sponsored a "resident only" Adult, Child, and Infant CPR class taught by Cliff and Nancy Donohue. Thank you to everyone who attended. Be on the lookout for another class coming soon!



Wolfeboro Fitness



Let's Hike

Let's get ready for hiking season! Hike Conditioning will be starting on Mondays at 1:30 p.m. on March 13th at the RAC at Back Bay and will run for five weeks, ending on April 17th. Please wear your hiking shoes and bring your hiking poles and water! No registration needed. Please reach out to Taylor Miller for more information.

Golf Conditioning

Looking to get better conditioned for golf season? Golf Conditioning will be starting Fridays at 1:30 p.m. on March 17th at the RAC at Back Bay and will run for five weeks, ending April 22nd. You do not need to bring your clubs unless required for a class; advance notice will be given. No registration needed. Please reach out to Taylor Miller for more information.



Ted Talks

Looking for a quick informational video? Search these titles on the Ted Talk site to view.

Jen Gunter: "Can you actually boost your immune system? Here's the truth."

Do you take vitamin C supplements when you feel a cold coming on? The problem is, you can't actually "strengthen" your immune system, says Dr. Jen Gunter. Diving into the elegant network of cells, tissues and organs that protect us every day, she introduces two kinds of immunity that specialize in recognizing and fighting off bad bacteria, viruses, fungi and toxins -- and shares what you can do to keep your immune system healthy. Want to hear more from Dr. Gunter? Check out her podcast Body Stuff, from the TED Audio Collective.

Matt Walker: How sleep affects your emotions

It's not just your imagination — you're more irritable when you're low on zzzzs. Sleep scientist Matt Walker explains how our nightly slumber affects the emotional centers in our brains, and why we can think of sleep as first aid for our feelings.

Gazette Submissions Reminder

As a reminder, **all content for the Gazette is due by the 15th day of each month. Next month, all content will be due on Saturday, April 15th.** Please send all submissions to gazette@taylorcommunity.org. Thank you!



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Taylor Community • Nonprofit since 1907



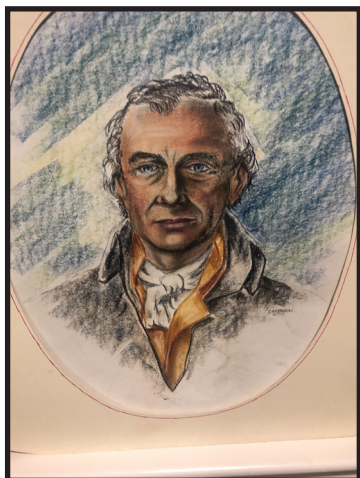
Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call 603-366-1400, or simply use the online form available on our website, www.taylorcommunity.org.



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LACONIA NEWS & EVENTS

APRIL 2023



Richard Sanderson

Taylor Laconia's featured artist

Taylor Community Resident Richard Sanderson has a BA in Art from the University of Nebraska at Omaha, with a concentration in Printmaking and Ceramics. He was an illustrator for many years in the United States Air Force.

Richard is a retired faculty member of The New Hampton School where he was a teacher of Ceramics for fifteen years. He and his wife Gladys had a retail pottery business — Toad Hall Pottery — in Nebraska and New Hampshire for about thirty years.

Richard showcased some additional pieces in different media as well as some pottery works at the Taylor Community Artist Expo that occurred on March 22nd.



Special Events - April 2023

Men's Breakfast

Wednesday, April 5th

Woodside, 7:15 a.m.

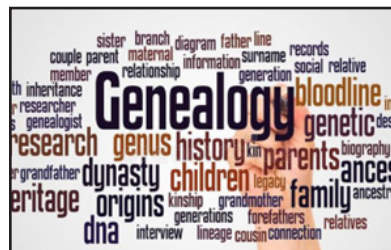
Time again for our monthly Men's Breakfast on Wednesday, April 5th in the Woodside Elm Room. Coffee will be ready about 7:15 a.m., with food about 7:30 a.m., and the speaker about 8:00 a.m. Our speaker this month will be Michael Flaherty, Taylor's President and Chief Executive Officer, who will bring us up-to-date on Taylor's finances, construction projects, Sugar Hill, food plan increases, rent increase, spam trickery, and whatever results from questions raised from the floor. To make a reservation PLEASE register thru Touchtown. For those who can't use Touchtown, call me (603-524-7131) or e-mail me (jelarson234@yahoo.com). Mark your calendar and remember to look at it. I look forward to seeing you there. Thanks.



Genealogy Interest Group

Wednesday, April 12th

Woodside Elm Room, 2:00 to 3:30 p.m.



The Taylor Community Genealogy Interest Group will gather on Wednesday April 12th. The Focus Topic for the gathering will be a "Deep Dive" into demonstrating how to use several FREE Internet resources for researching family history. The resources will include: Chronicling America, Internet Archive, Cyndi's List, and the FamilySearch Wiki. All Taylor residents and their guests, regardless of level of experience, are welcome to attend the gathering. As always at our gatherings, there will be time for sharing experiences and discussion of other family history related topics. Preregistration via the Touchtown app or e-mail to Ron Baker (ronbaker3@aol.com) is requested (but not required) by Sunday, April 9th to assure sufficient support and handout material will be available. For more information, call Ron Baker at (603) 524-9345.

Oasis Pub Night

Friday, April 7th

Woodside, 4:30 p.m.

Join us for the Fifth Anniversary of our own Oasis Pub Night! That's 60 Pub Nights put on by our dedicated crew. During the past three years we have had 17 non-Oasis months which kept putting off our birthday celebrations. So this is a celebration night and we aren't April fooling around. As we look forward, we would like to have everyone join us for the usual fun and fellowship at the Oasis. You know the drill: Beer, wine, and soft drinks are available at a nominal cost, and the Bistro will be offering its delicious 'Pub Grub' menu plus a helping of our birthday cake. In addition, John Larson will be running our annual Winni Ice Out contest.



Your Oasis Pub Crew

New Library Additions

Thank you to those who have been donating books! It is greatly appreciated.

Woodside Library

Biography:

I'm Wearing Tunics Now.

Wendi Aarons

Non Fiction:

The Women With Silver Wings.

Katherine S. Landeck

Story Collections:

Timeless Favorites.

Reader's Digest

Large Print Fiction:

The Personal Librarian.

Marie Benedict & Victoria C. Murray

The Beautiful Mystery.

Louise Penny

The Long Way Home.

Louise Penny

The Maid.

Anita Prose

The Book Women of Troublesome Creek.

Kim M. Richardson

Fiction:

The Sabatour.

Andrew Gross

Wish You Were Here.

Jodie Picoult

Holy Ghost.

John Sanford

Portrait Of an Unknown Woman.

Daniel Silva

The Wicked Widow.

Beatriz Williams

Thank You For Supporting The Taylor Libraries In Laconia!

Thanks to generous support of the Taylor Community Library Fund, large-print editions of: The Book Woman of Troublesome Creek, The Personal Librarian, The Maid, The Beautiful Mystery, and The Long Way Home were recently purchased for the Woodside Library.

If you would like make a contribution in support of the Library Fund, you may send a tax-deductible donation to: Taylor Community, 435 Union Ave., Laconia, NH 03246 or drop your donation off to Gretchen Gandini in the Welcome Center. Please note "Library Fund" in the memo of your check. Thank you.

New Service at Salon 435

Spring is here and the Taylor salons are adding a new service to their menu!

Paul Mitchell Demi Hair Color.

The Demi will discreetly blend gray hair without lightening the natural hair pigment.

When natural hair looks drab or dull, the Demi refreshes and boosts shine.

Get your new Spring look!

Call Salon 435 or Ledgeview Salon today to make an appointment to hear more about The Demi.

Salon 435: 603-366-1218

Ledgeview Salon: 603-366-1228

Resident Trips - April 2023

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.



RESIDENT TRIP TO PEABODY ESSEX MUSEUM

Friday, April 7th at 8:15 a.m.

For over 220 years, PEM has been dedicated to collecting, preserving, and showcasing compelling artwork from throughout history and around the world. During this trip, in addition to the many permanent exhibitions at Peabody Essex Museum, we will also view their current exhibitions - Zachari Logan: Remembrance - which invites visitors to reflect on the power of loss and the healing potential of grief; Spirits: Tsherin Sherpa with Robert Beer - Explore the captivating paintings of one of the most renowned Himalayan artists of our time; Climate Action: Inspiring Change - How can we transform the climate crisis into hope for our shared future?; Shelagh Keeley: Drawn to Place - A multidisciplinary artist known for her massive site-specific wall drawings; and Let None Be Excluded: The Origins of Equal School Rights in Salem. Admission is \$18. The group will enjoy lunch at the Atrium Cafe on site. The bus will begin picking up residents on the Laconia Campus at 8:15 a.m.

Lunch at Lemongrass Restaurant

Monday, April 10th at 10:30 a.m.

The finest Asian Fusion Cuisine in the NH Lakes Region. Chicken Satay, Pad Thai, Spring Rolls, Edamame, Grilled Scallops, Pan Seared Chili Crusted Ahi Tuna, Delicious and tempting Salads, Soups, Sushi & Maki, Bento Boxes and so much more. Join us for this lunch out. The bus will begin picking up residents on the Laconia Campus at 10:30 a.m.



DINING OUT at Gilmanston Winery

Wednesday, April 12th at 4:30 p.m.

The Gilmanston Winery farm sits on a beautiful piece of land — just under nine acres. The month of April brings the pruning of all of their 700 or so grapevines. It will not be until the end of September that the grapes are ready for harvest and harvest day is a very busy day! The Gilmanston Winery keep busy though the year hosting brunches, dinners, weddings, bus tours, as well as privately hosted parties. They love what they do and are happy that it has become their full time occupation.

It is worth noting that Grace Metalious, who wrote the famous controversial novel Peyton Place, lived in the house that is now The Gilmanston Winery. “Despite the bitterness, Grace vowed she would never leave Gilmanston — it was the only place, she told reporters, she felt at home. With the \$1,500 she received for signing a contract to produce two more novels for Messner, Grace bought new bathing suits for the Metalious and Wilkens girls, secured a loan to purchase her dream house on Meadow Pond Road, and put a deposit on a second-hand Cadillac.” The bus will begin picking up residents on the Laconia Campus at 4:30 p.m.



Resident Trips - April 2023

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.

Tour of NH State House

Friday, April 14th at 8:30 a.m. departure/ Tour scheduled for 10:00 a.m.

The grand New Hampshire State House is the ideal place to visit to learn about the State's history, government, and agencies. Built just after the close of the War of 1812, the Concord landmark is steeped in American history. Made of granite in a Greek Revival style, the capitol is topped with a stately gold dome. The State House is the oldest capitol building in the country in which both houses of legislature still meet in their original chambers. Our group will enjoy lunch at The Red Blazer in Concord following the State House tour. The bus will begin picking up residents on the Laconia Campus at 8:30 a.m.



New England Aquarium

Friday, April 21st at 8:15 a.m.

Marvel at the bustling penguin colony, then circle the four-story Caribbean coral reef teeming with sea turtles, eels, barracuda, tarpon and hundreds more tropical fish. This Aquarium adventure includes playful seals, eye-catching jellies and unforgettable hands-on experiences at our shark and ray touch tank. With fish from our watery backyard and reefs around the world, the Aquarium will delight families and ocean lovers alike. Admission is \$25.95. A picnic lunch will be prepared by Dining Services. Menu to follow. The bus will begin picking up residents on the Laconia Campus at 8:15 a.m.

Woodman Museum with Lunch at Newicks

Friday, April 28th at 9:00 a.m.

On the grounds of the Woodman Museum you will find the oldest Sycamore Tree in Strafford County, a Medicinal & Industrial Garden designed and installed by Strafford County Master Gardeners and a functioning Rain Garden. The four historic houses onsite include The Woodman House (1818) which holds the Museum's collection of rocks, minerals, fossils and taxidermy specimens (animals, aquatic life, birds and butterflies); The Damm Garrison House (1675) - the oldest house in Dover with artifacts from the colonial era The John Parker Hale House (1813) - Home of America's foremost abolitionist and ally of Abraham Lincoln; and the Keefe House (1825) which contains the library and collection of city records of Dover as well as the Thom Hindle Art Gallery. Following our visit to the Woodman Museum, our group will enjoy lunch at Newicks. Admission is \$13. The bus will begin picking up residents at 9:00 a.m.



Winnepesaukee Playhouse - Lend Me a Tenor (FEATURING HANK OFFINGER!)

Sunday, April 30th at 12:45 p.m.

A screwball comedy from the master of farce! When a world-renowned opera star ends up passed out in a hotel room before he is due on stage, a lowly office assistant is persuaded to don his costume and go on in his place. But when our star revives, hilarity ensues. Mix two tenors in two identical costumes with a singing bellhop and a seductive soprano, and you get chaos of operatic proportions. Tickets are \$22 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. performance.

Musical Events – Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.

Wangari Fahari

Monday, April 10th at 6:30 p.m.

She is best known for her modern African soundscapes, taking an unusual and innovative approach, abandoning straight ahead singing and instrumentation of the Swahili folk and Taarab. Collaborations include African drummer Remi Kabaka, bass player Wadada Khufu and guitarist Paul Thibeault Wangari, who created Wangari Volume 1 an album influenced by her Central Kenya roots, and who produced her second album which led to two American tours and one international tour. This album caught the attention of Drummer Gabriel Harris of rhythm-village and singer/activist Joan Baez who worked closely to create Wangari Trio and would later lead her to perform on some of the world's best stages. Mentored by Miriam Makeba and Joan Baez, Wangari learned at a young age the power of music and the struggle. Ricky Lee Jones, an American singer and producer whose career spans over five decades, was quoted as saying that Wangari is a "powerhouse" while visiting Soultitude Records in Santa Monica. Wangari teamed up with philanthropic institutions such as The Global Peace Train, The American World Jewish Association, One World Children Fund and The Greenbelt Movement, and raised funds and awareness for child soldiers in Lira, Uganda as well as promoted Kenya's wildlife conservation and Agro-forestry. As director at Artists For Wildlife Conservation, she helped organize a fundraising concert featuring her music with Paul Simon's bass player Bakithi Khumalo and Berklee College Of Music Professors Casey Scheuerell and Suzanne Dean in Brookline, MA., raising thousands of dollars for endangered rhinos in Kenya and South Africa. Those who know Wangari understand her big heart and undying love for nature and people. This event will be held at Woodside beginning at 6:30 p.m.



Myanna

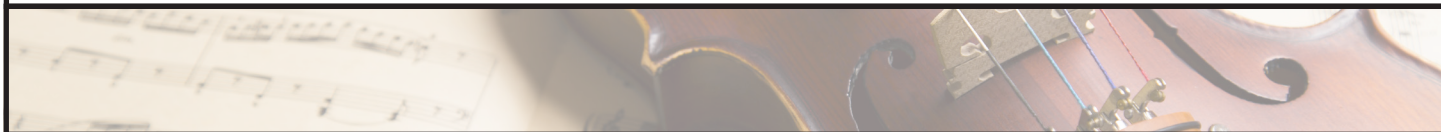
Monday, April 17th at 6:30 p.m.

One of the hottest and most soulful saxophonists to be based in Massachusetts, Myanna plays music that mixes together jazz improvisation with funky rhythms, expressive playing and catchy tunes. Her music, whether it is an original or a cover tune, is colorful and infectious and she is a consistent crowd pleaser. This event will be held at Woodside.

Portsmouth Brass Quintet

Sunday, April 23rd at 3:00 p.m.

The Portsmouth Brass Quintet is composed of key brass players from the Portsmouth Symphony Orchestra - Adam Gallant, trumpet; David Shepherd, trumpet; Sue Williams, horn; Brandon Newbould, tenor trombone and Jim Griswold, bass trombone. The ensemble was founded by Adam Gallant in the fall of 2016 and is dedicated to performing serious brass chamber music at the highest level. PBQ has performed recently on the seacoast in Exeter, Newcastle, Durham, Rye, York, and Farmington. In February 2018, they gave their debut recital at South Church in Portsmouth, featuring the works of Stravinsky, Gabrieli, Bach, Dahl, and Bernstein. This event will be held at Woodside.



Musical Events – Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.



Cheryl Arena

Monday, April 24th at 6:30 p.m.

“Most Outstanding Harmonica Player” - Cheryl sizzles with excitement as she mesmerizes audiences with her sultry voice and powerhouse energy. She is a triple threat — a great songwriter and vocalist, and she blows harp like there’s no tomorrow...Hailing from Boston, Massachusetts, she began playing harmonica and immersing herself into the Blues in 1987. Boston was an inspiring place to be as she was surrounded by so many talented harmonica and horn players. Her earliest childhood memories relating to music were listening and singing along with her mother’s Louis Armstrong and Billie Holiday records. Her true passion though was in learning to play an instrument, so at age eight her grandmother set her up with accordion lessons..not exactly what she had in mind, but it was a start and led to playing other instruments like guitar and bass guitar, and eventually finding the one instrument that truly resonated with her...the harmonica. This event will be held at Woodside.

Lecture Events – Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.

JSA Presents The Residence at Back Bay

Monday, April 3rd at 10:30 a.m.

Join us as we welcome Architects Sandra Hodge and Kelly Stanford from JSA Design. They will be on-site to provide a presentation on The Residence at Back Bay. This presentation will include drawings of the new building. Michael, Kirk and Mark will also be in attendance to answer questions. This event will be held at Woodside.



Kurk Dorsey - Russia, the United States and the War in Ukraine

Wednesday, April 5th at 6:30 p.m.

“The history behind the Russian invasion of Ukraine is long and complex. In this illustrated talk, Kurk Dorsey, chair of the Department of History at UNH, will delve into the sources of the dispute between Russia on one hand and Ukraine and its allies on the other.” This event will be held at Woodside.

Travels with Forrest - Alaska

Thursday, April 6th at 11:00 a.m.

Join us for this photographic journey through Alaska led by Taylor resident Forrest Seavey. This presentation will chronicle Forrest’s recent adventure. This event will be held in the Woodside Theater.



Lecture Events – Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.



Taylor Resident Association (TRA) Informational Session

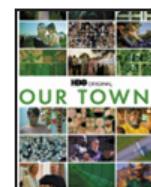
Tuesday, April 11th - Following Cracker Barrel

What is the TRA ... How can you get involved? What are the committees and what work do they do? Learn the answers to these and any other questions you may have with this presentation from residents Frank Judge, Russ Cooper and others. This event will be held in the Elm Room following Cracker Barrel.

CURRENT EVENTS DISCUSSION GROUP

Tuesday, April 11th at 1:30 p.m.

HBO Documentary showing of Our Towns. While the Camden Conference gave us a national and global macro of the economy, this film covers a micro view of small towns and cities, and how they have responded to hard times. If you would like to join us, please contact Barbara Eggers. This event will be held in the Woodside Theater.



Michael Cross - Forensic Science Class - Blood Analysis

Wednesday, April 12th at 11:30 a.m.

“Zoom” into one of Michael Cross’s classes through the University of Utah. After the Murder Mystery at Hogwarts, many took interest in learning more about Forensic Science and Michael Cross is helping us to do just that as we will shadow into a class of the forensic nature. We will host a GroupZoom Session in the Woodside

Theater or you can join remotely with the following information ...

Topic: ZOOM LECTURE - Forensic Science Class - Blood Analysis

Time: Apr 12, 2023 11:30 AM Eastern Time (US and Canada)

Meeting ID: 882 8512 1334

Passcode: 158361

Michael Cross - Forensic Science Class - DNA

Monday, April 17th at 11:30 a.m.

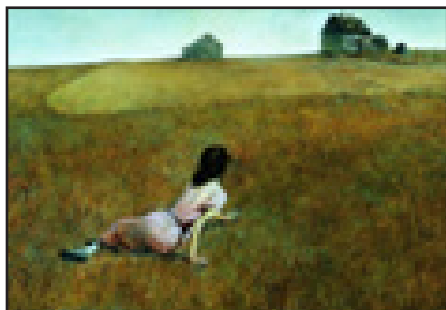
“Zoom” into one of Michael Cross’s classes through the University of Utah. After the Murder Mystery at Hogwarts, many took interest in learning more about Forensic Science and Michael Cross is helping us to do just that as we will shadow into a class of the forensic nature. We will host a Group Zoom Session in the Woodside Theater or you can join remotely.

Topic: ZOOM LECTURE - Forensic Science Class - DNA

Time: Apr 17, 2023 11:30 AM Eastern Time (US and Canada)

Meeting ID: 882 8512 1334

Passcode: 158361



The Wyeths - Jane Oneail

Thursday, April 20th at 2:00 p.m.

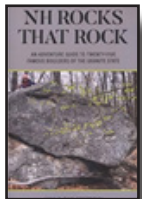
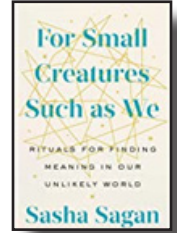
Join us for this continuing Art Lecture Series as Jane Oneail discusses “The Wyeths”- An American Artistic Dynasty”. During this presentation, Jane will help us to explore the style of painting and illustration established by N.C. Wyeth in the early 1900’s and his children, primarily Andrew Wyeth, and his grandson Jamie Wyeth. The Wyeth family of artists is known for their somber realism and subtle storytelling. Learn more about their favorite subjects, their influences and their enduring impact in the art world. This event will be held at Woodside.

Lecture Events – Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.

Woodside Book Club Meeting With Laconia Public Library- For Small Creatures Such as We Friday, April 21st at 10:00 a.m.

"Small Creatures Such as We" is part memoir, part guidebook, and part social history, a luminous celebration of Earth's marvels that require no faith in order to be believed. Sasha Sagan was raised by secular parents, the astronomer Carl Sagan and the writer and producer Ann Druyan. They taught her that the natural world and vast cosmos are full of profound beauty, that science reveals truths more wondrous than any myth or fable. When Sagan herself became a mother, she began her own hunt for the natural phenomena behind our most treasured occasions — from births to deaths, holidays to weddings, anniversaries, and more — growing these roots into a new set of rituals for her young daughter that honor the joy and significance of each experience without relying on religious framework. As Sagan shares these rituals, *For Small Creatures Such as We* becomes a moving tribute to a father, a newborn daughter, a marriage, and the natural world — a celebration of life itself, and the power of our families and beliefs to bring us together. This event will take place in the Woodside Elm Room.



Dan (and Uma) Szczesney - NH Rocks that Rock PART II Saturday, April 22nd at 2:00 p.m.

Join us as Dan ... and Uma share their new book, "NH Rocks that Rock," an adventure guide to twenty five famous boulders of the Granite State. When outdoor writer Dan Szczesny and his six-year-old daughter hiked to the landmark boulder that looks remarkably like a frog, Uma asked her dad if there were any other famous rocks in New Hampshire. It turns out, there are many! And so began a Statewide adventure to visit, document and learn about some of the state's most famous rocks and boulders. This book provides coordinates, step by step directions and information about the surrounding areas. Join us for this fun presentation which will be held at the Woodside Pavilion.

ZOOM LECTURE - Mysteries with Mike - Lord of the Rings Monday, April 24th at 11:00 a.m.

Bilbo Baggins has been found dead. Was it murder or suicide? Join forensic science Professor Mike Cross to learn about the trustworthiness of eyewitness testimony, how to determine time of death, and the process of handwriting analysis. Then use your knowledge to solve the mystery! We will host a Group Zoom Session in the Woodside Theater or you can join remotely with the following information ...

Topic: Mysteries with Michael - Lord of the Rings

Time: Apr 24, 2023 11:00 AM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/89070594530?pwd=OEE5LzVldENvYlQ4NDNVQ3d0SSh0UT09>

Meeting ID: 890 7059 4530

Passcode: 448194



Lecture Events - Laconia Campus

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.



Photographic Presentation — 15 Days in Greece

Wednesday, April 26th at 2:00 p.m.

Residents Paula and Ray Chambers will present their photographic accounts of archaeology and adventures from their 15 days in Greece. From the Temple of Zeus to the Ancient Site of Knossos and the Parthenon, this journey will make you feel like you are in Greece, too! This event will be held at Woodside.

WMUR's Hayley LaPoint

Wednesday, April 26th at 6:30 p.m.

After forecasting some of the most extreme weather in the United States, Hayley LaPoint is excited to be in New England. Hayley grew up in Topsfield, Massachusetts, and went to college in the Green Mountains of Vermont at Lyndon State College, where she earned a Bachelor's Degree in Meteorology and an Associate's Degree in TV News.



Hayley began her career in Fargo, ND, at KVLV-TV & KXJB-TV. While in Fargo, Hayley received the Certified Broadcast Meteorologist seal from the American Meteorological Society — the first TV meteorologist to receive this seal in the Fargo television market. This is a distinct certification that she carries with her to WMUR. In 2013, Hayley was elected to the American Meteorological Society (AMS) Board of Broadcast Meteorologists. In that position, Hayley reviews and selects meteorologists from around the nation to receive the prestigious AMS CBM seal. In 2014, Hayley joined the WMUR team. She has been interested in the weather since she was a young child. She often would spend hours in front of the family camcorder with a large map pointing out the next big nor'easter bearing down on New England!

When she's not forecasting, Hayley enjoys spending time with her family and husband (who's a meteorologist, too), walking her Westie named Doppler, and exploring the outdoors. Stop by to meet Hayley as she explains the forecasting process. This event will be held at Woodside beginning at 6:30 p.m.



Rogue Space Systems Corporation

Thursday, April 27th at 2:00 p.m.

Rogue provides solutions for the new Space Age. In this new Space Age, access to space is expanding exponentially, opening up new opportunities for innovators and explorers never before imagined. Rogue designs satellite vehicles and subsystems to provide on-orbit services to satellite operators both now and well into the future. Join us as founder Jeromy Grimmitt shares information about Rogue Space Systems and their orbital robotics (or "orbots"). This event will be held in the Woodside Theater beginning at 2:00 p.m.



Campus Events - Laconia Campus

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.

Community Crafts with Shannon

Monday, April 3rd at 2:00 p.m.



This month's craft will feature easter eggs, chicks, and bunnies with added treats inside! Join Shannon and 'spring' into this Easter Event. This event will be held in the Woodside in the Dry Craft Room beginning at 2:00 p.m.



Cake Contest

Tuesday, April 11th at 9:00 a.m.

After our successful, and delicious, Cake Contest last year, we offer a repeat of this event by popular demand. Bakers need to register for this event with your name and cake you plan to bake. Cakes are to be dropped off to Woodside on Tuesday, April 11th by 9:00 a.m. Judging begins at 9:15 and Winners will be announced at the Cracker Barrel Meeting which begins at 10:00 a.m. Instead of our traditional breakfast of coffee and pastry, today we will enjoy Cake for Breakfast! Gather your recipes and let the baking begin! This event will be held at Woodside.

Taylor Community Activity Fair

Wednesday, April 19th 11:00 a.m. - 1:00 p.m.



The Annual Activity Fair is a chance for Taylor Community residents to learn about the various groups and clubs currently existing at Taylor Community, as well as form new groups and clubs with residents with common interests. Do you want to find a new hobby? Do you have an interest you would like to share with others? This is one of the best opportunities to get involved with all that goes on at Taylor Community. Hosting an information table about your group is a great way to share information about your programs, activities, services or causes. Whether hosting or searching, I hope to see you at the Activity Fair. This event will be held at Woodside. Reserve space for your group today – email your request to bkean@taylorcommunity.org.

TAYLOR COMMUNITY CHORUS REHEARSALS

1st 3rd and 4th Thursday at 3:00 p.m. at Woodside

Our Taylor Community Chorus, directed by Debbie Gibson, will meet on the 1st, 3rd and 4th Thursday of each month. If you are interested in becoming a member of our Chorus, please either stop by during one of the rehearsals, or contact Debbie Gibson at treblemakerdg@gmail.com for more information. **This group meets at 3:00 p.m. at Woodside.**



Headlines Portrait Group

Fridays at 10:00 a.m. - Woodside Wet Craft Room

Whether you're an experienced artist who wants to practice your artistic skills, or someone with little experience who always wanted to try your hand at art, a unique opportunity exists for you at Taylor Community. Headlines Portrait Group meets weekly to draw or paint portraits of a live model. The group's artists work independently of one another but congenially. Their abilities vary in artistic style and materials, and their levels of experience range from beginners to professional artists. The atmosphere of the weekly sessions is non-competitive, non-judgmental, encouraging, light, and supportive. Occasionally, a weekly session will include a demonstration or instruction in portraiture, and, for those who seek it, a review of their work and guidance on improvement. Newcomers and beginners are welcome! This group presents a wonderful opportunity to begin a new art adventure, quell your self-doubts, and to embrace the gift of art! For more information, contact Lyn O'Callaghan at 603-455-9962 or via email at lynvention@gmail.com.

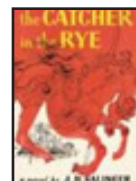
Campus Events - Laconia Campus

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or 603-366-1226.

Focused Book Group - Banned Books - Hosted By Joan Mountford

Monday, April 3rd at 9:30 a.m.

This group meets at Woodside



The Catcher in the Rye, novel by J.D. Salinger published in 1951. The novel details two days in the life of 16-year-old Holden Caulfield after he has been expelled from prep school. Confused and disillusioned, Holden searches for truth and rails against the “phoniness” of the adult world.



Circle Dinners

Saturday, June 10th

Plan ahead and mark your calendars now! The next Circle Dinner will be held on Saturday, June 10th. Be there or be square! All interested persons are welcome! For more info contact Liz Cooper: Email: liznhnc@gmail.com Phone: 603-344-0344.

Great Waters Music Series 2023 at Castle In The Clouds

July 15 - GREAT WATERS PERFORMANCE - Sweet Caroline Tour

The Sweet Caroline Tour is a Neil Diamond Concert Celebration starring the #1 Diamond performer in the world – Jay White – and the dynamic Sweet Caroline Tour Band pays homage to Neil Diamond by performing the hits and beloved gems you know and love with the same energy and artistry Neil delivered over his incredible 50 year career.

July 22 - GREAT WATERS PERFORMANCE - abbacadabra: The Ultimate ABBA Tribute

Relive one of the signature sounds of the seventies with “The Magic of ABBA featuring ABBACADABRA.” The group performs up to twenty of the Swedish Super Group’s hits to include: Waterloo, Mamma Mia, Fernando, Take a Chance on Me, SOS, Dancing Queen, and so many more. Together with their backup musicians, it is an experience straight out of a nightclub in the heydays of disco.

July 28 - GREAT WATERS PERFORMANCE - Neil Berg’s 50 Years of Rock and Roll

With a cast consisting of stars from Broadway’s greatest rock musicals, as well as incredible Rock & Roll singers, Neil Berg shares the often unknown stories from the fifty year history of the music that changed the world forever! with tributes to such important and iconic rock stars/groups/genres as Chuck Berry, Little Richard, Elvis Presley, Ray Charles, Buddy Holly, Bob Dylan, Frankie Valli, The Beatles, The Beach Boys, Motown, Aretha Franklin, The Who, Janis Joplin, Woodstock, Simon & Garfunkel, Carole King, Led Zeppelin, Elton John, Stevie Wonder, Billy Joel, Aerosmith, Linda Ronstadt, Bruce Springsteen, Eagles, Fleetwood Mac, Disco, New Wave, Journey and others!

August 5 - GREAT WATERS PERFORMANCE - The Midtown Men

As original cast members of Broadway’s Jersey Boys, they took the world by storm. From the development of Jersey Boys, through their historic three-season run on Broadway, The Midtown Men are together again, doing what they do best: Sixties Hits with a Modern Twist. Tony Award winner Christian Hoff, Michael Longoria, Daniel Reichard and Tony Award nominee J. Robert Spencer are taking their sensational sound on the road, bringing to life their favorite sixties hits from The Beatles, The Beach Boys, Motown, The Four Seasons and more.

August 19 - GREAT WATERS PERFORMANCE - Classic Albums Live Performs Creedence Clearwater Revival

Certified Diamond by the Recording Industry Association of America, Creedence Clearwater Revival’s Chronicle, Vol. 1 (1976) is a compilation that includes all the super group’s charted megahits including “Bad Moon Rising,” “Down on the Corner,” “Proud Mary,” and “I Heard It Through the Grapevine.”

Special Movie Series Event - Harry Potter

Join us as we watch this amazing series in its entirety. Each Thursday, during the months of April and May, our group will watch the movie selection and gather as a group for lunch in the Bistro following the event.



HARRY POTTER SERIES - Harry Potter and the Sorcerer's Stone

Thursday, April 13th at 10:00 a.m.

An orphan attends a school of witchcraft and wizardry and pieces together the mystery of his parents' deaths. Run time 2hr 32mins. This event will be held in the Woodside Theater.



HARRY POTTER SERIES - Harry Potter and the Chamber of Secrets

Thursday, April 20th at 10:00 a.m.

Young wizard Harry Potter and his friends, Ron and Hermione, face new challenges during their second year at Hogwarts School of Witchcraft and Wizardry as they try to discover a dark force that is terrorizing the school. Run Time 2hr 40mins. This event will be held in the Woodside Theater.



HARRY POTTER SERIES - Harry Potter and the Prisoner of Azkaban

Thursday, April 27th at 10:00 a.m.

The young wizard and his friends confront Sirius Black, a fugitive with ties to Harry's past. Run Time 2hr 21mins. This event will be held in the Woodside Theater.



HARRY POTTER SERIES - Harry Potter and the Goblet of Fire

Thursday, May 4th at 10:00 a.m.

Signs of Voldemort's return emerge as Harry's friends help him prepare for a tournament with Europe's best student wizards. Run time 2hr 37mins. This event will be held in the Woodside Theater.



HARRY POTTER SERIES - Harry Potter and the Order of the Phoenix

Thursday, May 11th - 10:00 a.m.

When a new professor's bureaucratic methods leave Hogwarts unprepared to fight the rising tide of evil, Harry teaches a dedicated group of students how to defend against the dark arts. Run Time 2hr 18mins. This event will be held in the Woodside Theater.



HARRY POTTER SERIES - Harry Potter and the Halfblood Prince

Thursday, May 18th at 10:00 a.m.

Dumbledore tries to prepare Harry for the final battle with Voldemort, while Death Eaters wreak havoc in both Muggle and Wizard worlds, and tragedy looms on the horizon. Run Time 2hr 33mins. This event will be held in the Woodside Theater.



HARRY POTTER SERIES - Harry Potter and the Deathly Hallows: Part I

Thursday, May 25th at 10:00 a.m.

Harry, Ron and Hermoine leave Hogwarts behind on a mission to destroy the Horcruxes, the secrets to Voldemort's power and immortality. Run Time 2hr 26mins. This event will be held in the Woodside Theater.



HARRY POTTER SERIES - Harry Potter and the Deathly Hallows: Part 2

Thursday, June 1st at 10:00 a.m.

The battle between the good and evil forces of the wizarding world escalates into an all-out war. The stakes have never been higher and no one is safe. It is Harry Potter who may be called upon to make the ultimate sacrifice. Run Time 2hr 10mins. This event will be held in the Woodside Theater.



HARRY POTTER 20TH ANNIVERSARY: RETURN TO HOGWARTS

Thursday, June 8th at 10:00 a.m.

To mark two decades since the 2001 release of "Harry Potter and the Sorcerer's Stone," cast and directors from the entirety of the J.K. Rowling family fantasy franchise reunited for an appealing all-star appreciation. Daniel Radcliffe, Rupert Grint, and Emma Watson reminisce about their on-screen coming of age, with appearances from Ralph Fiennes, Robbie Coltrane, Tom Felton, Helena Bonham Carter, Jason Isaacs, Gary Oldman, Matthew Lewis, Bonnie Wright, many more. Run Time: 1hr 45mins. This event will be held in the Woodside Theater.

Woodside Theater Events

Please check TouchTown for additional movie programming



Pieces of Easter

Saturday, April 1st at 7:00 p.m.

In 'Pieces of Easter,' an arrogant young executive (Christina Karis) must rely on the help of a grizzled, reclusive farmer (Jefferson Moore) to get her home in time for the upcoming Easter holiday with her estranged family. Run Time 1hr 37min. This is an Amazon Prime Presentation.



WOODSIDE MUSICAL – Matthew Bourne's The Red Shoes

Tuesday, April 4th at 1:00 p.m.

Based on Michael Powell's film of the same name, Matthew Bourne's The Red Shoes tells the tale of obsession, possession, and one girl's dream to be the greatest dancer in the world. Run Time 1hr 37min. This is a BroadwayHD Presentation.



Shotgun Wedding

Friday, April 7th at 7:00 p.m.

Darcy (Jennifer Lopez) and Tom (Josh Duhamel) gather their families for the ultimate destination wedding but when the entire party is taken hostage, "Til Death Do Us Part" takes on a whole new meaning in this hilarious, adrenaline-fueled adventure as Darcy and Tom must save their loved ones—if they don't kill each other first. Run Time 1hr 41min. This is an Amazon Prime Presentation.



I Still Believe

Saturday, April 8th at 7:00 p.m.

From the makers of I CAN ONLY IMAGINE comes the true-life story of Christian music megastar Jeremy Camp, and his inspiring journey of hope and faith in the midst of love and loss. Run Time 1hr 56min. This is an Amazon Prime Presentation.



Devotion

Friday, April 14th at 7:00 p.m.

Jonathan Majors (Creed III) and Glen Powell (Top Gun: Maverick) star in the epic and inspirational true story of two elite US fighter pilots during the Korean War. Their heroic sacrifices would ultimately make them the Navy's most celebrated wingmen. Run time 2hrs 19min. This is an Amazon Prime Presentation.



Shirley Valentine

Saturday, April 15th at 7:00 p.m.

Shirley's a middle-aged Liverpool housewife who finds herself talking to the wall while she prepares her husband's chip'n'egg. Run Time 1hr 49min. This is an Amazon Prime Presentation.

April OPERA - L'Elisir D'Amore (The Elixir of Love)

Thursday, April 20th at 7:00 p.m.



Donizetti's bubbly romantic comedy about a spunky landowner, a hapless peasant, and the dubious love potion that may or may not bring them together never fails to delight audiences. John Copley's colorful production, with designs by Beni Montresor, was created around the beloved superstar Luciano Pavarotti. As the simple, good-hearted Nemorino, he enchanted audiences with his larger-than-life personality as well as his golden voice. Enzo Dara as the quack Dr. Dulcamara provides the elixir of the title that helps Nemorino win the heart of Adina, the girl of his dreams, sung with youthful energy by Kathleen Battle. This is a Metropolitan Opera Presentation.

Woodside Theater Events

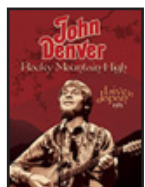
Please Check Touchtown for Additional Movie Programming



Brian and Charles

Friday, April 21st at 7:00 p.m.

Lonely inventor Brian invents an artificially intelligent robot named Charles in this humorous, heartwarming story about friendship, family, love and letting go. Run Time 1hr 31 min. This is an Amazon Prime Presentation.



John Denver - Rocky Mountain High Live in Japan 1981

Saturday, April 22nd at 7:00 p.m.

Rocky Mountain High Live in Japan is a 1981 concert from his seven-show tour of Japan and features a wonderful selection of hits from his career, including four of his number one hits, Annie's Song, Calypso, Sunshine on My Shoulders & Thank God I'm a Country Boy. Run time 1hr 14 min. This is an Amazon Prime Presentation.



Stooges: The Men Behind The Mayhem

Friday, April 28th at 7:00 p.m.

Whether you're a lifelong Stoogeophile, or just a casual knucklehead, you are sure to find something to love about this award-winning, in-depth look at America's most beloved madcaps: Moe, Larry, Curly, Shemp, Joe, and Curly Joe - The Three Stooges. Run Time 1hr 03min. This is an Amazon Prime Presentation.



Failure to Launch

Saturday, April 29th at 7:00 p.m.

Matthew McConaughey is Tripp, a 35 year-old who still lives with his parents. Desperate to get him out of the house, his parents hire a gorgeous woman, Paula, to give him a little push. Run Time 1hr 36min. This is an Amazon Prime Presentation.

Scheduled Touchtown Programming – April 2023

Also available “on demand” through the Touchtown Programming App

MOVIE - Cary Grant's The Awful Truth (1937)

Saturday – April 1st - 6:30 p.m.

Run Time 1hr 32min

<https://youtu.be/tgkvQzWsvtc>

DOCUMENTARY- Gravetye Manor, a Garden Lovers Paradise

Tuesday – April 4th - 6:30 p.m.

Run Time 46min

<https://youtu.be/fbDsl7w0qO0>

MOVIE – Turn The Key Softly

Friday – April 7th - 6:30 p.m.

Run Time 1hr 18min

<https://youtu.be/wJzzDzPFOql>

MOVIE – My Dear Secretary (1948)

Saturday- April 8th - 6:30 p.m.

Run Time 1hr 35min

<https://youtu.be/No9ISTMtDRM>

DOCUMENTARY- The Secret Garden – Springtime's Micro-Ecosystems

Tuesday – April 11th - 6:30 p.m.

Run Time 51min

<https://youtu.be/WvoiQFds07A>

MOVIE- Man in the Attic

Friday – April 14th - 6:30 p.m.

Run Time 1hr 13min

<https://youtu.be/RqqyT9NJUSI>

MOVIE – Slightly Honorable

Saturday – April 15th - 6:30 p.m.

Run Time 1hr 26min

<https://youtu.be/IEUxBWasQAc>

Scheduled Touchtown Programming – April 2023

Also available “on demand” through the Touchtown Programming App

DOCUMENTARY- The Legendary Story of Celtic Queen Boudicca – Warrior Queen

Tuesday – April 18th – 6:30 p.m.

Run Time 1hr 7min

<https://youtu.be/f6lth2Khsjk>

MOVIE– It Happened Tomorrow

Friday – April 21st - 6:30 p.m.

Run Time 1hr 25min

<https://youtu.be/e0z5VxU8MUI>

MOVIE – Successfully Settled

Saturday – April 22nd - 6:30 p.m.

Run Time 1hr 23min

<https://youtu.be/p0fL9VLFA2g>

DOCUMENTARY – Mackinac Island Garden Tour

Tuesday – April 25th - 6:30 p.m.

Run Time 39min

<https://youtu.be/IY69EZxjZ0c>

MOVIE – As Young As You Feel

Friday – April 28th - 6:30 p.m.

Run time 1hr 17min

<https://youtu.be/gchICLINqKs>

MOVIE – Pollyanna (1919)

Saturday – April 29th - 6:30 p.m.

Run Time 58min

<https://youtu.be/x-p2PuGRhp0>

St. Patrick's Day at Taylor



Taylor residents celebrated St. Patrick's Day in style by breaking out the green and sitting down for a corned beef and cabbage lunch with their friends.

Volunteer Meeting Tuesday, May 9th, 2023

April is Volunteer Month!!! Taylor Community is fortunate to have many volunteers! As Taylor is a non-profit organization, volunteer services are important and valuable. On May 9th, following Cracker Barrel, there is a meeting scheduled for all current volunteers and others who are interested in learning more about volunteering here at Taylor.

Volunteer hours are recorded monthly for each year from May 1st to April 30th. The report for the current year will be presented. The most recent dollar **value** per volunteer hour in New Hampshire is \$30.75, and the value of volunteer hours is used when applying for special projects funding. Volunteering is valuable to the organization and for staff, the residents receiving assistance and the personal satisfaction for the volunteer. Hope to see you at the meeting in May!
Contact Brenda Kean or Charlotte Leavitt for any further information.

Announcements From the Care Management Team

Change in Hearing Services - Walk Ins

Since January, Mona Rae Hoefs of Hear Clear, LLC has come to the Woodside Wellness Center the second Friday of each month to provide hearing aid services. We are pleased that this offering has become popular with our Residents, and that a number of folks have taken advantage of her services.

Due to the volume of appointments, we will need to restrict unscheduled walk-in appointments with Mona to 12:30 - 1:00 p.m. These "walk-ins" should be limited to quick questions for Mona or for the purchase of supplies. Requests for hearing tests or more in-depth questions and concerns can only be accommodated through a scheduled appointment with Mona.

To make an appointment with Hear Clear, LLC, please call Mona directly at: 603-455-8777.

Laconia Blood Draws

Care Management in Laconia will be offering blood draws to Independent Living Residents starting April 4th. This service will be offered on an **appointment-only** basis. Here is how the program will work:

- Fasting and non-fasting blood draws will be offered each Tuesday between 10:00 - 11:00 a.m., given Heather Bell, RN's availability.
- Residents **must** schedule an appointment for this time period with Heather by calling her at 603-366-1340.
- Residents **must** bring their doctor's written orders for these blood draws to their appointment.
- Care Management will deliver the samples to Concord Hospital|Laconia for processing.
- Residents will be charged a \$10 fee for this service, which will be added to their next monthly Taylor Community statement.

Please note that blood draws will only be available on Tuesdays, between 10:00 - 11:00 a.m. In the event that Heather is called out of the office or is away on vacation on a given Tuesday, blood draws will not be offered that week.

For any additional information, please call Hank Offinger at 603-366-1207 or Heather Bell at 603-366-1340.

HAPPY EASTER

Easter Buffet April 9th
12:00 – 2:00

Appetizer (plated)



Mixed greens, sliced strawberry, toasted almonds, chèvre cheese,
 Champagne vinaigrette.

Assorted sweet breads, rolls and butter

Entrees

Hand Carved Baked Ham

With raisin sauce



Hand Carved Roast Leg of Lamb

Garlic rosemary rubbed, with natural jus.



Broccoli Cheddar Quiche



Fresh broccoli florets, Vermont cheese, and egg custard in a flaky pie crust

Sides

Red Bliss au Gratin Potatoes

Buttered Green Beans

Dessert Table

Assorted Cakes, Pies & Sweet Treats

Coffee & Tea

\$30



= Vegetarian Option



= Gluten Free Option

Glendale
 DINING SERVICES



Woodside Bistro

Woodside Bistro Contact Info

Jennifer Lutzen, General Manager, 603-366-1231
jlutzen@taylorcommunity.org

Greg Demers, Executive Chef, 603-366-1481
gdemers@glendalediningservices.com

Woodside Bistro Hours

Monday - Friday

11:30am - 1:30pm

Tuesday & Thursday Night Dinners

Call the Bistro to make your reservations or make your reservation on Touch Town



April Bistro Menu

Served with your choice of appetizer
Please ask about our specials every Tuesday & Thursday

Raclette Melt

Raclette cheese melted with roasted red pepper, corn & fresh thyme.
Served with crusty bread.

-OR-

Cream of Tomato Soup

With parmesan croutons

Mushroom & Artichoke Pizza

Wood fired crust, white pizza with ricotta cheese, sliced mushrooms,
Artichoke hearts, grape tomatoes, fresh herbs & mozzarella cheese.
Served with fried potato wedges

\$18.95

Add Cauliflower Crust **\$24.95**

Pork Tenderloin

Brown sugar & cinnamon coated tenderloin baked with sliced apples.
Topped with an orange glaze. Served with honey whipped sweet
potatoes & seasonal vegetables

\$24.95

Lemon, Basil Chicken Risotto

Cubed breast meat sautéed with mild Italian sausage, red bell peppers,
fresh basil & Fontina cheese. Tossed with cream & short grain rice

\$25.95

Dilled Salmon

Dill seared salmon fillet with lemon cream sauce. Served with garlic &
leek mashed potatoes & seasonal vegetables

\$26.95



= Vegetarian Option



= Gluten Free Option

* All entrees are served with seasonal vegetables & dessert

April TRA Social 2023

Hors d'oeuvres

Spring rolls with duck sauce

Appetizer

Frisee Salad

Sweet orange dressing, blue cheese,
diced pears & shallots

Entrees

Chicken Coq au Vin



Chicken braised in burgundy wine, with carrots,
pearl onions & mushrooms

Mediterranean Haddock



Fresh Atlantic haddock filet cooked in white wine &
lemon, topped with grape tomatoes, diced kalamata
olives & feta cheese

Risotto Cake



Pan seared Italian short grain rice cakes with
baby spinach & parmesan cheese

Sides

Wild Rice

Roasted Asparagus

Dessert

Fresh Baked Biscuits & Topping Bar

\$30

GRAB & GO

We'll do the cooking; you do the re-heating.

Bistro Grab and Go Entrees:

Every Friday, Buy One Entrée and get any other item
for half price.

Glendale
DINING SERVICES



Save the Date

Glendale
DINING SERVICES

**Men's
Breakfast**

Pub Night 4/7



**Easter Buffet
4/9**

**TRA Social
4/15**

**Bistro
Breakfast
4/28**



Recurring Campus Events • Laconia

RSVP is required for most events and may be made via Touchtown in Events, or with Brenda Kean at 603-366-1226 or bkean@taylorcommunity.org unless otherwise noted.

The Bistro is open for lunch Monday – Friday from 11:30 a.m. - 1:30 p.m. and for dinner on Tuesday and Thursday evenings from 4:30 p.m. - 8:30 p.m. RSVP in advance for dinner via Touchtown or at 603-366-1481.

MONDAYS:

Quilting Group with Gail Dyer – 8:00 a.m. – 1:00 p.m., Woodside - Dry Craft Room
Painting Group – 11:00 p.m., Woodside - Wet Craft Room
Women's Billiards – 1:00 - 2:00 p.m., Woodside - Billiard Room
Line Dancing – 3:00 p.m., Woodside - Fitness Room

TUESDAYS:

Prescription & NH Liquor Store Pickup Services – Please call Hank Offinger at 603-366-1207 by 5:00 p.m. on Monday to put in a request for this service.
Resident Cracker Barrel – 10:00 a.m., Woodside - Elm Room
Shopping Bus – 10:00 a.m. departure time. Call 603-366-1234.
Caregivers Support Group – 11:00 a.m., Woodside - Birch Room
Prayer Shawl Group – 2nd Tuesday of the month, Noon - 1:30 p.m., Woodside
Blood Pressure Clinic – Tuesdays, 2:00 - 3:00 p.m., WS Wellness Office

WEDNESDAYS:

Men's Breakfast – First Wednesday of the month, except July and August, 7:15 a.m., Elm Room, Woodside Building. RSVP via Touchtown app.
Cribbage – 10:00 a.m. in the Card Room, Woodside.
Grocery Shopping Services • Ledges & Ledgeview - Please call Hank Offinger at 603-366-1207 by 5:00 p.m. on Tuesday to put in a request for this service.
Line Dancing – 3:00 p.m., Woodside - Fitness Room

THURSDAYS:

Writing Group – 10:00 a.m., Woodside - Fireside Room
Sew Sisters Sewing Group – 10:00 a.m., Woodside - Dry Craft Room
Grocery Shopping Services • Taylor Home & WS. Please call Hank Offinger at 603-366-1207 by 5:00 p.m. on Wednesday to put in a request for this service.
Shopping Bus – 10:00 a.m. and 1:00 p.m. departure. Call 603-366-1234.

FRIDAYS:

Le Cercle Francais de Laconia – 10:00 a.m., Woodside - Fireside Room
Quilting Group – 10:00 a.m., Woodside - Dry Craft Room. On the first and third weeks of the month.
Ping Pong – 1:00 & 1:30 p.m., Woodside - Third Floor Room
Rummikub – 2:00 p.m., Woodside - Game Room
Oasis Pub Night – 4:30 p.m. Woodside. First Friday of the month.

SATURDAYS:

Hand & Foot Card Game – 9:30 a.m., Woodside - Card Room
Scrabble Group – 1:30 p.m., Woodside - Card Room .

SUNDAYS:

Sunday Social – 4:30 p.m., Woodside - Elm Room. Held the last Sunday of every month.
Birthday Celebration – 5:00 p.m., Woodside. Held the last Sunday of every month directly after the Sunday Social.

Dial-A-Ride Reservations

To make a reservation with Dial-A-Ride please call **603-366-1234**. Please be sure to make all transportation arrangements at least 24 hours in advance. Thank you!



Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call 603-366-1400 or simply use our form on the website at www.taylorcommunity.org.

WOLFEBORO NEWS & EVENTS

APRIL 2023



Featured Artist - Prue Fitts

You might know her as a gardener, former board member, and avid reader. She's also a photographer with previous exhibits in Framingham, Martha's Vineyard, and Northampton, MA; and was a contributor to WGBH's annual fundraising auction. When she discovered numismatics, she 'stopped taking pictures of big things and started taking pictures of small things' – e.g. coins – and loved her subsequent career, developing a passion for Byzantine coinage.



 **Taylor**
Community

Transportation



Hannaford Transportation

Please note that due to the recent tragic loss of our Wolfeboro staple Hunters Shop n' Save, transportation will be providing rides to Hannaford Supermarket in Alton every Tuesday at 9:30 a.m. Please reach out to Gina Colantuono if you would like to be transported to Hannaford.

Shopping at The Ridge Marketplace, Rochester NH

Thursday, April 13th

The bus will depart Sugar Hill at 10:00 a.m. followed by pickup at Back Bay. This is a new monthly shopping trip. There is a five person minimum in order for the bus to go.



Announcements and Reminders

Calling All Gardeners!

If you are interested in signing up for a garden bed for the 2023 season, the sign-up sheet will be available on the bulletin board next to the main desk in the Sugar House as of April 1st.



As a reminder, **all submissions for the next edition of the Taylor Gazette must be submitted by the 15th of the month. The next deadline will be on Saturday, April 15th.** Please send all

submissions to the e-mail gazette@taylorcommunity.org. If you have any questions or would like to speak to a member of the Marketing Team about any Gazette-related question or comment, please call the Welcome Center at 603-366-1400 and we will be happy to talk with you. Thank you.

Resident & Staff Nurse Luncheon

Monday, May 8th at 12:00 p.m.

The Sugar House Dining Room

Calling all resident and staff nurses! We would like to celebrate and honor you with a special

Nurses luncheon on Monday, May 8th at 12:00 p.m. Please RSVP to Lorrie Butruccio at 603-569-8485 by Wednesday, May 3rd. Please be sure to submit your RN photo to Caralyn Russell – thank you!



Announcements and Reminders



Community Member Biography Project

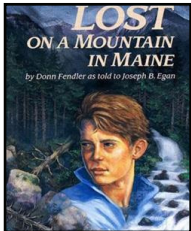
Would you like to be included in a book project featuring both staff and residents of our Wolfeboro campuses? **If you would like to be featured or request more information, contact Normandie Mindheim at 603-515-3432 or e-mail mindheim@metrocast.net.**

Sugar Hill Library Section

Important notice to new residents from the Library Committee:

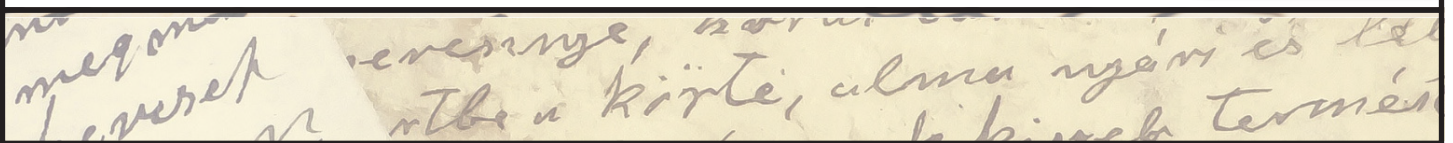
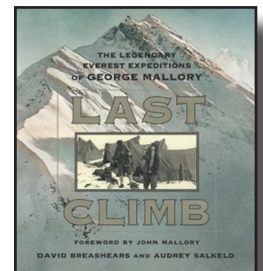
The Library Committee members listed in the Sugar Hill library brochure are volunteers, and do not keep scheduled hours. If you have a question about the library, please leave a note in the suggestion box or contact a Committee member. Taylor Community maintains the computer system. If you need help with the computer system, please contact Taylor personnel.

We are grateful to the patrons who donate books to the collection, especially the folks that give us their entire library. Our wonderful New Hampshire collection was mostly the gift of one person. This month we will review two amazing books about peril in the mountains that were part of a recent donation of 150 books. Our overarching goal is to continually improve the quality of our collection. To that end, we have started removing books that have proved unpopular. We will do that once a year from now on.



“Donn Fendler, Lost on a Mountain in Maine” (NDY/EGA) is the most amazing survival story you will ever read. A thirteen-year-old boy lost the trail in horrible weather conditions on Mount Katahdin and somehow managed to survive eight days without food, clothing, shoes, or shelter as he followed a mountain stream through impenetrable northern Maine woods back to civilization. Eaten alive by every insect imaginable, cut by jagged rocks and impaled by thorns, he owed his survival to a gunny sack he found hanging from a tree. Over 400 people searched for him, including the National Guard, and the story was headline news across the country.

“Last Climb” (ODY/BRE) by famous IMAX photographer David Breashears is the story of the search for the remains of George Mallory and Andrew Irvine, who disappeared on Mount Everest during a summit attempt in 1924. This book is filled with the stunning photographs that you would expect of a National Geographic publication. We may never know if they were the first to reach the summit. When Mallory’s body was finally found in 1999, his camera was not among the remains. After reading this book you will appreciate why most now take the “easy” route from Nepal.



Resident Trips – Wolfeboro Campuses

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.



Lunch Bunch: Birch & Vine

Wednesday, April 5th

The bus will depart Sugar Hill at 11:30 a.m. followed by pickup at Back Bay

Birch & Vine (formerly Pine Cone Café) offers delicious American cuisine and craft beverages while overlooking beautiful Lake Winni. We have been hearing nothing but great reviews so the Lunch Bunch group has to give it a go! Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

McAuliffe-Shepard Discovery Center & Planetarium Show

Friday, April 14th

The bus will depart Sugar Hill at 8:15 a.m. followed by pickup at Back Bay

Birth of Planet Earth is a full-dome show that tells the twisted tale of our planet's origins. Scientists now believe that our galaxy is filled with solar systems, including up to a billion planets roughly the size of our own. The film employs advanced, data-driven, cinematic-quality visualizations to explore some of the greatest questions in science today: How did Earth become a living planet in the wake of our solar system's violent birth? What does its history tell us about our chances of finding other worlds that are truly Earth-like? Following the planetarium show we will have the opportunity to explore the McAuliffe – Shepard Discover Center. Admission is \$17 which includes general admission to the McAuliffe – Shepard Discovery Center and the Planetarium show. Lunch to follow – location TBD. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

****Please note: this trip is non-refundable.* Should you choose to sign up and have to cancel, you are responsible for the cost of your ticket unless there is a resident waitlisted that can fill your spot.***



The Millyard Museum

Friday, April 21st

The bus will depart Sugar Hill at 8:45 a.m. followed by pickup at Back Bay

Operated by the Manchester Historic Association, the Millyard Museum is housed in Mill No. 3 at the corner of Commercial and Pleasant Streets in the historic Amoskeag Millyard. The Museum's Henry M. Fuller State Theatre Gallery



features rotating exhibitions on a variety of topics. The Millyard Museum also features the Discovery Gallery, a multi-purpose space used for school groups, family programs, lectures, temporary exhibits and other activities. Tickets are \$8 apiece and once purchased are non-refundable. Following our time at the museum, we will dine at 900 Degrees. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



Transportation Notice Regarding Events, for Back Bay Residents

Please note that there will be a bus provided from Back Bay for all evening lectures and events. If you are interested in taking a bus from Back Bay to Sugar Hill for any evening events, please call Caralyn Russell to reserve a seat at least 48 hours prior to the event.

Resident Trips – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.



Trip to L.L. Bean Flagship Campus & Freeport ME

Friday, April 28th

The bus will depart Sugar Hill at 8:00 a.m. followed by pickup at Back Bay

L.L.Bean first opened its doors over a century ago in Freeport, Maine. Their campus includes the L.L.Bean Flagship Store, Hunting & Fishing Store, Bike, Boat and Ski Store, Home Store and L.L.Bean Outlet, where you can save up to 60% off on apparel, footwear, backpacks, outdoor gear and more. You'll find trusted experts in every department, from apparel and outerwear to outdoor gear, footwear and backpacks. Lunch to follow at Linda Bean's Maine Kitchen & Topside Tavern. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

Campus Lectures and Events– Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.

Monday Morning Social

Every Monday

10:00 a.m. in the Sugar House Bistro

Catch up with your neighbors and friends over coffee and pastries every Monday morning in the bistro.



JSA Presents The Residence at Back Bay

Monday, April 3rd

2:30 p.m. in the Sugar Hill Maple Room

Join us as we welcome Architects Sandra Hodge and Kelly Stanford from JSA Design. They will be on-site at Sugar Hill to provide a presentation on The Residence at Back Bay building.

This presentation will include drawings of the new building. Michael Flaherty, Kirk Beswick, and Mark Latham will also be in attendance to answer questions. This event will be held in the Sugar House Maple Room. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



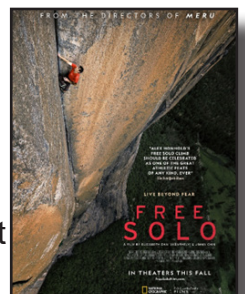
Movie Matinee: Free Solo

Tuesday, April 4th

2:00 p.m. in the Sugar House Media Room

From award-winning documentary filmmaker E. Chai Vasarhelyi and world-renowned photographer and mountaineer Jimmy Chin, the directors of "Meru," comes Free Solo, a stunning, intimate and unflinching portrait of freesoloist climber Alex Honnold, as he prepares to achieve his lifelong dream: climbing the face of the 3,200-foot El Capitan in Yosemite National Park without a rope.

Celebrated as one of the greatest athletic feats of any kind, Honnold's climb set the ultimate standard: perfection or death. Vasarhelyi and Chin succeed in beautifully capturing deeply human moments with Honnold as well as the death-defying climb with exquisite artistry and masterful, vertigo-inducing camerawork. Run time 1 hr 40min. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



Campus Lectures and Events– Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.

Easter Brunch Buffet

Sunday, April 9th

11:30 a.m. in the Sugar House Dining Room



Book Club with Jeanne Mitchell

Tuesday, April 11th

11:00 a.m. in the Sugar Hill Library

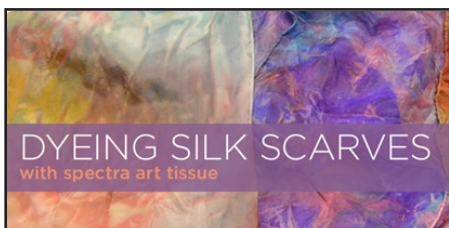
Jeanne Mitchell from the Wolfeboro Public Library will host this Book Club meeting to discuss the most recent book selection, "The Gown" by Jennifer Robson. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

Watercolor Class with Ann Willett

Tuesday, April 4th & April 18th

at 9:30 a.m. in the Sugar House Maple Room

Are you a beginner interested in experimenting with watercolors? Or someone who has experience and would like to refine your skills? Great! All are welcome to join this painting class which will be led by local Tamworth artist Ann Willett. The cost of the class is \$20 per session. Supplies can be purchased at an additional cost. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



Silk Scarf Dyeing Craft

Tuesday, April 11th

2:30 p.m. Sugar House Maple Room

Join us for this easy and fun silk scarf craft! Caralyn Russell will lead you through the simple steps to create a beautiful and uniquely dyed silk scarf. The cost of the class is \$10 per person. All supplies will be provided. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



Campus Lectures and Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.

Zoom Lecture with Michael Cross - Forensic Science Class – Blood Analysis

Wednesday, April 12th

11:30 a.m. in the Sugar House Maple Room

“Zoom” into one of Michael Cross’s classes at the University of Utah. Learn about Forensic Science as we shadow into a class of the forensic nature with Michael Cross. We will host a Group Zoom Session in the Maple Room or you can join remotely with the following information ...



Topic: ZOOM LECTURE - Forensic Science Class - Blood Analysis

Time: Apr 12, 2023 11:30 a.m. Eastern Time (US and Canada)

Meeting ID: 882 8512 1334

Passcode: 158361

TED

Ideas worth spreading

Ted Talk Videos

Thursday, April 13th

3:00 p.m. at the Back Bay Recreation and Aquatic Center

TED Talks are influential videos from expert speakers on education, business, science, tech and creativity, with subtitles in 100+ languages.

“A Theory of Everything” with Emily Levine (22 minutes)

Philosopher-comedian Emily Levine talks (hilariously) about science, math, society and the way everything connects. She’s a brilliant trickster, poking holes in our fixed ideas and bringing hidden truths to light. Settle in and let her ping your brain. Humorist Emily Levine works a heady vein of humor, cerebral and thoughtful as well as hilarious. Oh, she’s got plenty of jokes. But her work, at its core, makes serious connections — between hard science and pop culture, between what we say and what we secretly assume ... She plumbs the hidden oppositions, the untouchable not-quite-truths of the modern mind. Levine’s background in improv theater, with its requirement to always say “yes” to the other actor’s reality, has helped shape her worldview. Always suspicious of sharp either/or distinctions, she proposes “the quantum logic of and/and” — a thoroughly postmodern, scientifically informed take on life that allows for complicated states of being. Like the one we’re in right now.

“What You can do to Prevent Alzheimer’s” with Lisa Genova (14 minutes)

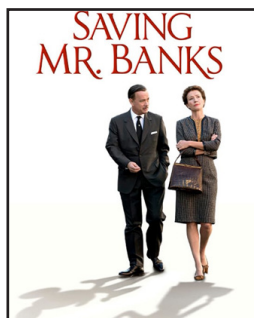
Alzheimer’s doesn’t have to be your brain’s destiny, says neuroscientist and author of “Still Alice,” Lisa Genova. She shares the latest science investigating the disease — and some promising research on what each of us can do to build an Alzheimer’s-resistant brain. TED Talks Daily listeners get a special treat after the talk: a catch-up interview with Lisa Genova on the exciting new developments in this field.

Lisa Genova wields her ability to tell a story and her knowledge of the human brain to discuss medical conditions like Alzheimer’s in warmly human terms. Her writing, often focusing on those who are misunderstood, explores the lives of people living with neurological diseases and disorders. A bestselling author, her work has been transformed into an Oscar-winning film, Still Alice, but the real triumph is Genova’s ability to help us empathize with a person’s journey we otherwise couldn’t even begin to understand. Her newest book, “Remember: The Science of Memory and the Art of Forgetting,” is nonfiction and explores how we remember, why we forget and what we can do to improve and protect our memories.

Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

Campus Lectures and Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.



Movie Matinee: Saving Mr. Banks

Tuesday, April 18th

2:00 p.m. in the Sugar House Media Room

Spurred on by a promise he made to his daughters, Walt Disney (Tom Hanks) embarks on what would become a 20-year quest to obtain the movie rights to "Mary Poppins." The author, P.L. Travers (Emma Thompson), proves to be an uncompromising curmudgeon who has no intention of letting her beloved characters become mangled in the Hollywood machine. However, when the books stop selling and she finds herself in need of money, Travers reluctantly agrees to consider Disney's proposition. Run time 2hr 5min. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

Helping Hands Knitting Group, Wolfeboro Community Church

Tuesday, April 18th

10:00 a.m. in the Sugar House Library

All are welcome to join the Helping Hands Knitting Group that will be knitting in the Sugar Hill Library beginning at 10:00 a.m. on the 18th. The Group knits prayer shawls for veterans as well as baby blankets and other items. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



Afternoon Tea Party

Wednesday, April 19th

2:00 p.m. in the Sugar House Dining Room

Please join us for teatime complete with scones, muffins, finger sandwiches, and conversation! Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

Cyber Seniors with Brewster Academy

Sunday, April 23rd

1:00 - 3:00 p.m. in the Sugar House Maple Room



Bring your devices and small equipment to the Maple Room for help from Brewster Academy students who are very tech savvy and can help you with any issue you might be having when it comes to tech!

Cyber-Seniors trains students to become technology mentors for older adults and provides them with the opportunity to receive practical experience while earning service hours. Through this experience, students develop important job skills that enhance opportunities for future employment. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

Campus Lectures and Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.

“Choosing Healthy Meals” presented by Glendale Dining

Monday, April 24th

10:30 a.m. in the Sugar House Bistro

Come meet Sugar Hill’s Registered Dietitian Nutritionist Terry Anderson Girard. Learn about how the menus are developed at Sugar Hill, help determine what items meet your personal nutrition needs and learn about the free resources that are available to you! Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



Spring Social & Pub Night

Tuesday, April 25th

Join your friends and neighbors for 4:30 p.m. cocktails in the Sugar House Bistro followed by dinner beginning at 5:00 p.m.

Line Dancing Class with Bonnie Deutch

Thursday, April 27th

2:00 p.m. at the Back Bay Recreation and Aquatic Center

Beginner line dance lessons for all abilities! Come have fun, dance to your favorite songs and forget all of your worries for a while! Judgement free zone. There is no cost for this class. Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



Music Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.



Music Series Event: Myanna & The Ken Clark Organ Trio

Thursday, April 6th

7:00 p.m. in the Sugar House Maple Room

We are excited to welcome Myanna back to Wolfeboro! One of the most soulful saxophonists based in Massachusetts, Myanna plays music that mixes jazz improvisation with funky rhythms, expressive playing, and catchy tunes. Her music is colorful and infectious whether it is an original or a cover tune, and she is a consistent crowd pleaser! As always, this is a performance not to be missed!

Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown, or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

Music Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.

The Joy of Music with Andy Campbell

Monday April 10th & April 24th

2:00 p.m. in the Sugar House Maple Room

We have heard about the benefits of music in our lives: how it can improve our emotional and cognitive lives and how it connects us with our long-term memory while bringing us closer to folks in the present. But don't just take our word for it – come and see how making music will help you to Voice Your Heart and Train Your Brain! Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



Sergei Novikov in concert

Wednesday, April 12th

2:00 p.m. in the Sugar House Maple Room

Sugar Hill welcomes back the talented pianist Sergei Novikov for a spring performance.



Sergei has performed for such luminaries as President George H.W. Bush, Secretary of State Condoleezza Rice, President Joe Biden as well as Billy Joel, Reba McEntire and Paul Newman. He opened a program for first lady Barbara Bush. Sergei received official recognition from Queen Mother of England for his music. He performed a solo concert in the same WCRB Classical Concert series as the conductor of Boston Pops Keith Lockhart at Copley Square in the heart of Boston, and much more.

Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown, or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.



Music Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.



Music Series Event: Erin Harpe Country Blues Duo (CBD)

Thursday, April 20th

3:00 p.m. in the Sugar House Maple Room

Erin Harpe has been called “one of the most dynamic, talented and exciting roots rocking blues women on the scene” by Living Blues Magazine. The singer, songwriter, guitarist, and bandleader was recently named New England’s “Blues Artist of the Year”.

Once described as “Bonnie Raitt on modern performance enhancing drugs” for her work with her award-winning electric blues band Erin Harpe & the Delta Swingers. More recently, Erin has been gaining attention as a celebrated acoustic guitarist and purveyor of 1920’s and 30’s finger-style country blues. Erin grew up learning the style from her dad, Neil Harpe, and watching local Piedmont blues luminaries such as John Cephas & Phil Wiggins, Archie Edwards, John Jackson, Eleanor Ellis, and Warner Williams at Washington DC’s famed Archie’s Barbershop.

Erin gets back to her roots in acoustic blues for her new Country Blues Duo (a.k.a. “CBD”) with longtime partner/bassist Jim Countryman. Appropriately dubbed “shit-kicking blues” on a recent UK tour, the new duo creates a very full sound with their down-home duo, which features Erin on acoustic guitar, vocals, kazoo & foot percussion, with Jim on ukulele, bass and backing vocals. Their energetic performances transport the audience to the Delta, with vintage classics by the likes of Memphis Minnie, Mississippi John Hurt, Tommy Johnson and Blind Blake – elevated by Erin’s own interpretations, and mixed in seamlessly with original compositions and country blues takes on other popular songs. Erin Harpe CBD is a must-see roots act that will get any crowd moving!

Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485. This event is free and open to the public. A bus will be provided for Back Bay residents. Please call Caralyn Russell to reserve a spot on the bus or make a notation when you sign up via Touchtown with at least 48 hours notice for a bus transportation request.

Jud Caswell

Wednesday, April 26th

2:00 p.m. in the Sugar House Maple Room



Maine singer/songwriter Jud Caswell has got a keen eye for detail, a head full of far-away, and a heart full of home. In 2006 he burst on the national scene, winning the legendary Kerrville New Folk competition. His songs have been taught at Berklee, recorded by Judy Collins, and named “#4 Song of the Decade” by New York’s WFUV. Jud left the road to raise a family where his own roots go deep. He draws inspiration from the land like Mary Oliver, pushing gently into the specific until it unfolds into the universal. He paints his landscapes like Wyeth, with a reverence for humble beauty. And with a voice fresh as water over granite and soft as a pine needle bed, he wields his instruments with the matter-of fact deftness of an old woodsman with an axe.

Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown, or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

Resident Groups – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.

Death Café

Wednesday, April 26th, 10:00 - 11:30 a.m. and
Thursday, April 27th, 3:00 - 4:30 p.m.
in the Sugar House Maple Room



Are you curious and looking for a safe, confidential place to talk about your thoughts and feelings regarding planning and preparing for your death? Do you have questions? Are you fearful? What is Hospice and Palliative care?

How can I talk to my family about my wishes for cremation? Do I want a celebration of life? And many more!

At a Death Café, any and all subjects of dying and death are discussed while we enjoy a beverage and treat. Details and options are yours to ponder, learn about and decide. The Café is a shared opportunity for discovery and a closer community. Planning for your own death can offer you peace of mind for not having left a lot of decisions and work for your family or friends. A Death Café is a safe, confidential place to listen, learn, and create.

Carly Hellen, retired occupational therapist, UNH alumni, and former director of a Chicago area Alzheimer's unit, will be speaking at Sugar Hill on the 26th and 27th to help us understand what a Death Café is all about. She presently serves the community of Riverwoods, Durham CCRC as the co-facilitator of ongoing "Death Cafes." Carly is a consultant, activist, author, musician, and a creative thinker!

NOTE: A Death Café is NOT a bereavement group or a grief group... simply an ongoing once a month small group conversation around questions and concerns to share and learn from each other...and quite possibly find the "gift" in this process! This is a resident-led group.



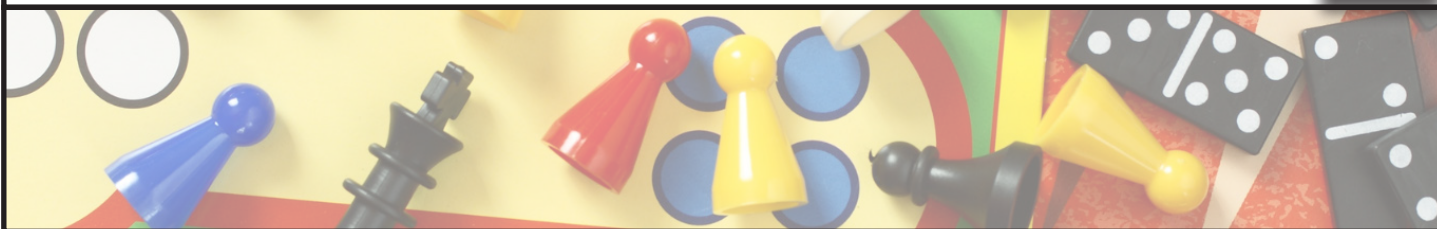
Sugar Hill Knitting Circle

Every Wednesday
2:00 p.m. in the Library

An informal drop-in group for those who enjoy knitting or any other small handwork (even mending). All are welcome to join us in the Library any Wednesday at 2:00 p.m. No registration required! Please join us to knit, share ideas, and get help and inspiration.

Resident Bridge Group

Every Saturday
1:00 p.m. in the Sugar House Atrium



Resident Groups – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at 603-569-8485.



American Mahjong

Every Tuesday and Saturday
1:00 p.m. at the Back Bay RAC

Please reach out to Penny Keith (774-722-7992) or Shirley Felong (603-569-3097) if you are interested in learning this fascinating game — excellent for brain plasticity! “A Beginner’s Guide to American Mahjong” is available at the RAC on a sign out basis. A card that shows the hands that can be created with the tiles is necessary to play, and new cards are sent out every year. Pre-order the new card for 2023 at Nationalmahjonggleague.org \$14/\$15

Mexican Train

Every Saturday
1:00 p.m. at the Back Bay RAC

Easy to learn and lots of laughs! 25¢/game. Warning: this game is addictive! Just show up with your quarters and play!



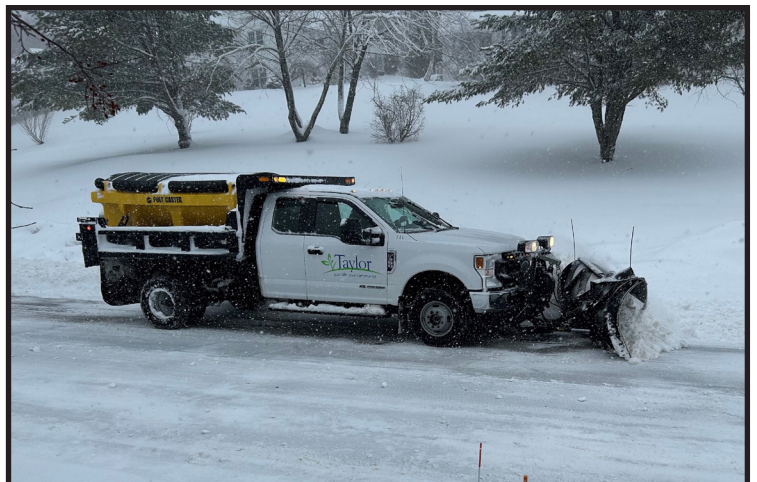
Resident Photos



Take a look at these furry visitors stopping for a quick nibble on our Back Bay campus.

Then there is this action shot of our wonderful maintenance team fighting the snow. Thank you to Howard Zimmerman for sending these snapshots into the Gazette.

Do you want to share your photos? Email your images to gazette@taylorcommunity.org for a chance to be featured in an upcoming edition of the Gazette.





Wolfeboro Transportation Services Reminder

Shopping days are Tuesdays and Thursdays. The bus will depart Sugar Hill campus at 9:30 am and pick up at the Back Bay Cottages at approximately 9:45 a.m. There is no charge for this shopping service.

Tuesdays: Hannaford - Alton

We will also be taking a trip to The Ridge Marketplace in Rochester once a month. Please see the Gazette each month for details!

Reservations for Shopping and Dial-A- Ride should be made with Gina Colantuono, 603-569-8485. gcolantuono@taylorcommunity.org

Dial-A-Ride for Medical Appointments in Wolfeboro will be available Monday through Friday from 8:00 a.m. to 3:30 p.m., with reservations required at least 24 hours in advance. Please note that transportation services are not available before 8:00 a.m. or after 3:30 p.m. Fees may be applied if trip is outside of a 15-mile radius.

Dial-A-Ride is also available to transport residents between the Sugar Hill and Back Bay campuses for wellness classes, events, and use of the pool and fitness center. We will require reservations 24 hours in advance. There is no charge for this service.

Resident Adventures



A Bit of Sugar Hill History

Ever wonder how Sugar Hill got its name? Sugar Hill was once part of a farm owned by brothers Donald and Stillman Walter. The brothers partook in producing maple syrup each year in the sugar house, which was located at the farm to the right of our entrance. Each spring, the brothers would gather the buckets and boil the sap into maple syrup. When the property was bought and developed into what we know today, The Sugar House was named in honor of the property's history.



Recurring Campus Events • Wolfeboro

Dining at Sugar Hill

The Sugar House Dining Room is open for in-person reservations or pick-up at the Sugar House Wednesday through Saturday. Please call 603-569-8485 or stop by the main desk at least 24 hours in advance to place your order.

Bistro Hours: Tuesday - Saturday **Lunch:** 12:00 p.m. - 1:30 p.m. **Dinner:** 4:30 p.m. - 6:30 p.m.

MONDAYS:

Billiards Games – Pool Room – 10:00 a.m.
Morning Social – Sugar House Bistro – 10:00 a.m. (coffee & pastries)
Pool Volleyball – Back Bay RAC – 1:00 p.m.
Table Tennis – Maple Room – 3:30 p.m.

TUESDAYS:

Mexican Train – Back Bay RAC – 1:00 p.m.

WEDNESDAYS:

Billiard Games – Pool Room – 10:00 a.m.
Knitting Circle – Library – 2:00 p.m.

THURSDAYS:

Cracker Barrel Coffee Hour – SH Dining Room – 10:00 a.m.
Table Tennis – Maple Room, 3:30 p.m.

FRIDAYS:

Billiard Games – Pool Room – 10:00 a.m.

SATURDAYS:

Bridge Group – Sugar House Atrium – 1:00 p.m.
American Mahjong – Back Bay RAC – 1:00 p.m.
Mexican Train – Back Bay RAC – 1:00 p.m.

Care Management Nurse Visits:

Care Management Nurse Anne Ulman, RN will be leading Blood Pressure Clinics every Tuesday from 2:00 - 3:00 p.m. in the Sugar Hill Library, and every Wednesday from 2:00 - 3:00 p.m. in the Back Bay Recreation and Aquatic Center. For more information, please contact: aulman@taylorcommunity.org or 603-569-8485, ext. 240.

Dial-A-Ride Reservations

Please contact Gina Colantuono at 603-569-8485 or gcolantuono@taylorcommunity.org.