

# The Taylor Gazette

Community

April 2024 / Vol. 314

## Children's Auction 2024 Challenge

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## Shuffleboard Champs

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## Resident Town Hall Meetings

APRIL 2024

### Laconia Resident Town Hall

Monday, April 8th  
at 10:00 a.m.  
in the Tree Rooms  
of the Woodside Building

### Wolfeboro Resident Town Hall

Wednesday, April 10th  
at 11:00 a.m.  
in the Maple Room of the Sugar House

As always, please feel free to submit any questions in advance to [townhall@taylorcommunity.org](mailto:townhall@taylorcommunity.org) or call Sharon Ryba at (603) 366-1400 to submit a question via phone.

Additionally, all Town Hall Meetings will now be available for viewing on Touchtown.

**We look forward to seeing you!**

## Ladies Brunch Laconia Campus

Wednesday, April 10th • 10:00 a.m.

*It's April! That means it's time for the Ladies Brunch again.*

Our speaker will be Carol Pierce, who will be speaking about her work in resettling refugees. Look for the menu on the Glendale page of the Laconia section. We hope to see everyone there!

**You must be registered on Touchtown to attend. If you cannot use Touchtown, you may call Shannon at 1-603-366-1200.**

## Gazette Submissions

As a reminder, all content for The Gazette is due on the 15th day of each month. Next month, all content will be due on Monday, April 15th.

Please send all submissions to [gazette@taylorcommunity.org](mailto:gazette@taylorcommunity.org).

**Thank you!**



## TRA Monthly Social & Buffet

Saturday, April 20, 2024

Woodside Fireside Room • 5:00 p.m.  
Laconia Campus

**ATTENTION: New & Existing Residents**

Meet New and Old Friends!  
Enjoy Cocktails and Hors d'oeuvres.  
Take a chance on the 50/50 Raffle.  
Have an Enjoyable Evening!

Drink and raffle tickets available in the lobby.

Delicious buffet dinner prepared by Glendale Staff, menu is on page 30 of the Laconia section. Seating is a random mix of singles and couples.

**\$30 per person**

**Make your reservations NOW! (Required)  
Accepted until April 17th  
Call (603) 366-1449 or reserve on Touchtown**

## Play Readers

Do you feel you have missed your chance in Hollywood? Don't worry. You can be a star in our very own play readers. The best part is, you don't have to memorize any lines. We meet twice a month for an hour and put on a couple of plays each year.

**Everyone is welcome.  
You don't even have to try out,  
and we have a lot of fun.**

If you are interested, please call Carol Ford at (603) 556-9176. If there is no answer please leave a message and I will get back to you.

*This event is being held on the Laconia campus.*

# TRA Corner

Hello TRA Members:

It appears that spring has finally arrived at Taylor Community. That being said, be on the lookout for all types of furry creatures. Bears have been sighted on the Laconia campus; please take in your bird feeders. There also have been views of deer, foxes and bobcats. These animals may be protecting young and searching for food, so be careful while out walking.

Our TRA Social in February gathered a crowd of 87 people. Everyone certainly enjoyed each others' company and of course, the hors d'oeuvres, appetizers, dinner and dessert! TRA Socials give everyone an opportunity to share their life experiences with one another; new residents have the opportunity to have questions answered in a convivial setting.

The TRA is proud to announce that the roof over the resident barbecue area will be completed by the spring or early summer. We are all looking forward to that addition.

Our corn hole teams have been set up and the games have begun. This a great way for residents to participate indoors before our outdoor season begins. Spectators are always welcome. The games are entertaining and competitive, so come on out and support your team!

Our next TRA social was held on Saturday, March 16th. At the time of this writing, we had 61 people signed up. I look forward to another successful evening—with many more to come.

That's all for now,  
Caesar Meledandri, *Chairman*

## Photos from the March TRA Social



## Beware of Durable Medical Equipment Scams

Never give out your Medicare number over the phone or by e-mail. Scammers are looking to send you “free stuff” to which you are “entitled.” If you agree to receive this equipment, which you do not need, such as back braces, knee and leg braces or a ten year supply of catheters, you will receive a box of shoddy equipment which will be hard to send back to the vendor. Your Medicare or your Medicare Advantage provider will be billed and will pay the scammer.

If this happens, pay attention to the Explanation of Benefits (EOB) that you receive from your Medicare provider, and notify them immediately of the claim number and report it as a fraudulent transaction. Medicare is paying billions of dollars for phony claims for this sort of thing and only you can stop the fraud.

GREATER LAKES REGION  
**CHILDREN'S  
AUCTION**



**2024 CHALLENGE**

The Greater Lakes Region Children's Auction,  
The 2024 Challenge, and Team Taylor



- We are kicking off our 2024 Children's Auction Challenge fundraising efforts with the Spring Shuffle at Patrick's Pub on Wednesday, April 24th at 5:00 p.m. and continuing on Wednesday evenings through June 5th.
- There is a \$10 suggested donation to the Challenge for each week of the Shuffle and a fun raffle at 6:00 p.m. every week for prizes, sponsored by Patrick's. Come and enjoy the fun!
- The Shuffle also includes an optional 2-mile walking route from Patrick's Pub each week for those who are interested. However, participants are not required to walk/shuffle and, indeed, many of us "culinary athletes" just shuffle right into the Pub for the revelry and fun.

**About the Challenge:**

- The Challenge is an effort of some 35 greater Lakes Region teams— including Team Taylor—raising money through a yearlong series of events and activities, culminating with the Greater Lakes Region Children's Auction in early December.
- All funds raised benefit a variety of worthy Lakes Region charities.
- Team Taylor has participated in the Challenge for the last five years. In 2023, our team raised a total of \$7,365 as part of the overall total of \$356,456 raised by the Challenge!
- Our Team's fundraising efforts throughout the year will include: the Spring and Fall Patrick's Pub Shuffles, the Fall Sweepstakes Social held on the Mt. Washington, the Taylor Community Craft and White Elephant Fair, and the Thanksgiving Food Drive.
- We hope you will consider joining us for the Shuffle or supporting our efforts in some way. If you have questions about the Patrick's Pub Shuffle and Taylor's involvement in the Challenge, please contact Allan Clemow, John Larson, or Gretchen Gandini.
- You can also visit <https://www.childrensauction.org/> to learn more about this very worthwhile community fundraising effort.

# Taylor Community Welcomes New Hires

*Welcome!*

**Ruth O'Hara** – Ruth is returning to us in health services with the care management team. She lives in Laconia and attended NHTI and SNHU. She has children, grandchildren, cats and dogs.

**Jason Beale** – is an LNA joining us in Laconia. Jason got his LNA license through LNA Health Careers. Previously, Jason was an over-the-road truck driver. He likes to hunt and fish, especially striper fishing in New Castle. He enjoys hiking and doing pretty much anything outdoors.

**Aaliyah Gloddy** – is an LNA joining us in Laconia. She also got her LNA license through LNA Health Careers. She was a teaching assistant and Applied Behavior Analysis therapist before she became an LNA. She lives on a small farm with her family. She loves to go hiking and visiting Maine in the summertime, and also enjoys reading and crafting.

**Ashley Gunter** – is an LNA joining us in Laconia. She got her LNA through Seacoast LNA Careers. She has two dogs, and they are her everything! She is a fur mom with a heart of gold, and she loves helping and taking care of others. Summer is her favorite time of the year.

**Tyler Easton** – is a new painter joining the refurb team. He graduated from the Laconia Hout program. He did building construction for two years at the Huot and also did construction outside of that program. He is very into fitness and working out.

**Alston Stone** – is the new IT Support Specialist for Taylor Community. He went to Plymouth State and has a BS in computer science. He has an orange cat named George. He likes to fish, hike, and play basketball.

## 2024 Indoor Shuffleboard



**2024 Indoor Shuffleboard Champions Anne Dustin and Sue Bowden**



## *Welcome!* New Residents

Peter & Susan Walker  
Mark & JoAnne Cleaver  
Malcolm & Andy Eaton  
Judy & Peter Cole

### Residents who moved to the Residence at Back Bay

Rosette Adams  
Mary Buswell  
Martha Crawford  
Ginny Fortier  
Jane Hall  
Richard Harris  
Florence Lavoie  
Chip Maxfield  
Bobbi Sutherland

### Residents who moved to Ledgeview or Taylor Home

Joan Denne  
Allen & Carol Gable  
Barbara Peterson



## Resident Trip to Simon Pearce Glass Studio



## *Happy Birthday!*

### APRIL

- |  |   |
|--|---|
| <p>1 Barbara Madden ..... Ledgeview</p> <p>1 Don Chapman..... Ledges</p> <p>1 Stephen Reinhart..... Sugar Hill</p> <p>2 Jane Smith..... Ledgeview</p> <p>5 Donna Tung..... Taylor Connection</p> <p>6 Dave Bogar ..... Ledges</p> <p>6 John Davies..... Ledges</p> <p>7 Rod Dyer ..... Ledges</p> <p>7 Freda Weinbrecht..... Woodside</p> <p>9 Sandy Seywert ..... Ledges</p> <p>10 Linda Roeder ..... Ledgeview</p> <p>10 Sharon Skelley ..... Woodside</p> <p>10 Martha Keller..... Taylor Home</p> <p>11 Marilyn Nelson..... Sugar Hill</p> <p>11 Claire Giguere..... Ledgeview</p> <p>11 Sara Allen ..... Taylor Connection</p> <p>12 Peggy MacArthur ..... Taylor Connection</p> <p>12 Linda Clairmont..... Taylor Connection</p> <p>13 Michael Quinn ..... Sugar Hill</p> <p>13 Ellen McNutt ..... Ledgeview</p> <p>13 Mary Godbout..... Taylor Home</p> <p>15 Joan Denne..... Ledgeview</p> <p>16 Susan Campbell..... Taylor Connection</p> | <p>16 Larry Ahern..... Ledges</p> <p>16 Pat Morin ..... Ledges</p> <p>17 Mac MacKinney ..... Back Bay</p> <p>17 Elaine Gump ..... Ledges</p> <p>18 Denise Martin..... Ledges</p> <p>20 Peter Walker..... Sugar Hill</p> <p>20 Dale Ashley..... Taylor Connection</p> <p>20 Rachel Downs..... Ledgeview</p> <p>21 Nancy Castellon ..... Taylor Connection</p> <p>22 Brenda Haunfelner..... Taylor Connection</p> <p>22 Carol Houle ..... Ledges</p> <p>22 Bill Doyle..... Woodside</p> <p>22 Shirley Kronbach ..... Ledges</p> <p>22 Richard Sanderson ..... Ledges</p> <p>23 Alida Millham ..... Ledgeview</p> <p>23 Nan Baker ..... Ledges</p> <p>24 Fr. Dick Thompson..... Woodside</p> <p>24 Dwight Conant..... Taylor Connection</p> <p>26 Dawn Lemay ..... Woodside</p> <p>26 Marcia Kent ..... Sugar Hill</p> <p>27 Barb Clay..... Sugar Hill</p> <p>28 Marion Ashley ..... Taylor Connection</p> <p>29 Beverly Brewer ..... Ledges</p> |
|--|---|

## Assisted Living Laconia



### Taylor Community Gift Annuities

As a 501(c) (3) corporation, Taylor Community offers charitable gift annuities to its residents as a vehicle to receive lifetime income and a tax deduction at the same time.

The interest rate paid on the annuity depends on the age of the annuitant, and the older you are, the higher the interest rate, and interest rates are going up. Bank of New Hampshire administers the program for Taylor, and your money is secure as Taylor maintains a fully-funded Gift Annuity investment account from which annuity payments are made.

If you would like more information, please contact Ed Soucy at (603) 366-1229 or via e-mail at [esoucy@taylorcommunity.org](mailto:esoucy@taylorcommunity.org).

### In Memoriam

#### Judy Nelson

Aug. 13, 1935 - March 14, 2024  
Taylor resident since 2018

#### Doris Citron

March 7, 1933 - March 13, 2024  
Taylor resident since 2008

#### Billie Brown

Sept. 16, 1932 - March 7, 2024  
Taylor resident since 2015

#### Dorothy Kereage

July 19, 1933 - Feb. 26, 2024  
Taylor resident since 2017

#### Brian Larson

June 7, 1935 - Feb. 22, 2024  
Taylor resident since 2022

#### Paul White

Aug. 28, 1930 - Feb. 18, 2024  
Taylor resident since 2023

#### Robert Smith

Oct. 25, 1930 - Feb. 17, 2024  
Taylor resident since 2014



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*Nonprofit since 1907*

Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call **(603) 366-1400**, or simply use the online form available on our website, **[www.taylorcommunity.org](http://www.taylorcommunity.org)**.

# Taylor Laconia News & Events

Community

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### Community Crafts with Shannon

Monday, April 1st • 1:00 p.m.  
Wet Craft Room, Woodside

This month's craft will feature easter egg chicks and bunnies with added treats inside!



### Oasis Pub Night

Friday, April 5th • Woodside, 4:30 p.m.

Join us for the **Sixth Birthday Anniversary** of our own Oasis Pub Night! That's 72 Pub Nights put on by our dedicated crew. The first Oasis Pub was in December 2016, however, during the past several years we have had 17 non-Oasis months which kept extending our birthday celebrations. So, this will be a celebration night and we aren't April-fooling around!

As we look forward, we would like to have everyone join us for the usual fun and fellowship at the Oasis. You know the drill: Soft Drinks, Beer, and Wine are available at a nominal cost, and the Bistro will be offering its delicious 'Pub Grub' menu plus a helping of our special birthday cake. We will also be hosting our 'How Many Bottlecaps in the Jar' contest. C'mon down!

- Your Oasis Pub Crew



### Men's Breakfast

Wednesday, April 3rd • 7:15 a.m.  
Woodside Elm Room

Time again for our monthly Men's Breakfast. Coffee will be ready at about 7:15 a.m., with food at about 7:30 a.m., and the speaker at about 8:00 a.m.

Our speaker this month will be Belknap County Facilities Director Jon Bossey, who works under the Office of the Belknap County Commissioners (no relation to the Gunstock Commission). As such, he is responsible for the upgrade, maintenance, and repair of all Belknap County-owned properties. Two of his most recent projects were the replacement of the Belknap County Nursing Home windows, and the repointing of the exterior brickwork of the Laconia District Court (other work continues inside the courthouse). He will answer questions from the floor.

To make a reservation PLEASE register through Touchtown. For those who can't use Touchtown, call me at (603) 524-7131 or e-mail me at [jelarson234@yahoo.com](mailto:jelarson234@yahoo.com). Mark your calendar and remember to look at it.

*I look forward to seeing you there.  
Thanks, John Larson*





## Theatrical Performance - Pontine Theater presents Robert Frost's New Hampshire

Wednesday, April 3rd • 6:30 p.m.  
Elm Room, Woodside



Pontine Theatre's Co-Artistic Directors premiere a new work based on the early poems of Robert Frost, a long-time summer resident of Franconia, NH. Frost's first of four Pulitzer Prizes was awarded in 1924 for his volume "New Hampshire: A Poem with Notes and Grace Notes." Known for his New England settings, his down-to-earth, stark depictions of the difficulties of rural farm life and his use of colloquial speech, Robert Frost is widely admired as a true American Master. Harriet Monroe, publisher and editor of "Poetry," wrote that, "perhaps no other poet in our history has put the best of the Yankee spirit into a book so completely." She notes that while Frost's narrative, character-based poems are often dark and satirical, Frost always has a "sympathetic humor" towards his subjects.



NH TOTAL SOLAR  
ECLIPSE 2024

## Solar Eclipse Viewing Party

Monday, April 8th • 2:15 p.m. | Woodside Pavilion

On April 8th, New Hampshire will be one of only 13 states to experience the totality of the Great North American Solar Eclipse. Experienced astronomers say witnessing a total solar eclipse is one of the most incredible natural phenomena known to man. The eclipse's path of totality crosses New Hampshire's beautiful and remote Great North Woods. But the Lakes Region will be a great location for viewing as well – reaching 97.3% totality. The schedule is as follows: Partial eclipse begins at 2:15 p.m.; Totality begins at 3:26 p.m.; Maximum Totality will occur at 3:29 p.m.; and partial will end at 4:32 p.m. Don't miss out on the opportunity to be part of this once-in-a-lifetime experience. Viewing a total solar eclipse requires specialized glasses to protect your eyes from the sun's light. We have purchased 100 pairs of Eclipse Glasses for this occasion. **Please be sure to make your reservation on Touchtown to reserve your glasses!** Bring a lawn chair. Refreshments will be served.





## Taylor Community Activity Fair

Thursday, April 11th • 1:00-3:00 p.m.  
Elm Room, Woodside

This Annual Activity Fair is a chance for Taylor Community residents to learn about the various groups and clubs currently existing at Taylor Community, as well as to provide an opportunity to form new groups and clubs with others that have common interests. *Do you want to find a new hobby? Do you have an interest you would like to share with others?* This is one of the best opportunities to get involved with all that goes on at Taylor Community. Hosting an information table about your group is a great way to share information about your programs, activities, services or causes.

Whether Hosting or Searching, I hope to see YOU at the Activity Fair.

Please Reserve space for your group today. Email your request to [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org)



## Taylor Community Volunteer Appreciation Event

Tuesday, April 23rd • 1:00 p.m.  
Elm Room, Woodside

### Welcome to Volunteer Month!

Annually, throughout the United States, the month of April is “Volunteer Recognition Time!” Here at Taylor Community in Laconia we want to recognize the many volunteers and their real value to Taylor. Active volunteers will be recognized for their many services—and there ARE many! This is also an opportunity for others to learn about new and existing volunteer opportunities. Information about the application process will be shared, and attendees will have the opportunity to complete volunteer applications during the event.

As a special thank you and treat for our new and existing volunteers, we will be hosting a lovely Sundae Buffet created especially for this occasion by our Dining Services Team ... select from Vanilla, Chocolate or Coffee Ice Cream and choose your favorite toppings – Whipped Topping, Hot Fudge, Caramel Sauce, Strawberry Sauce, Sprinkles, Chopped Walnuts, Chocolate Drops, Chopped Pineapple and Maraschino Cherries.

## Circle Dinner

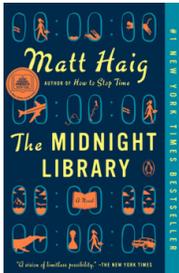


Saturday, June 8th

Mark Saturday, June 8th on your calendars now and plan ahead for a delightful evening of interesting conversation and delicious food with your fellow Taylor residents. Circle Dinners are like mini-Potluck dinners. Hosts open their homes to about 4-8 guests, prepare the main dish, and assign the additional courses (salad/bread, veggie, starch, dessert) for their guests to bring. You don't have to be a gourmet cook to participate ... simple recipes are often the best! These gatherings are more about comradery and sharing quality time with fellow residents in the comfort of individual cottages or apartments. The LAST DAY to sign up for the June 8th Circle Dinner is Friday, May 31st. **For more information contact Liz Cooper via email at [liznhnc@gmail.com](mailto:liznhnc@gmail.com), or via phone at (603) 344-0344. Why not give CIRCLE DINNERS a try? \*\*\* BE THERE OR BE SQUARE! \*\*\***

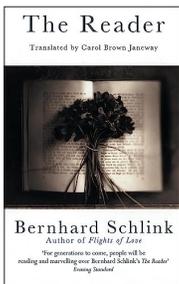
**New Focused Book Group with Joan Mountford**  
**BOOKS ABOUT BOOKS**

**Beginning April 1st - Sign up Now**



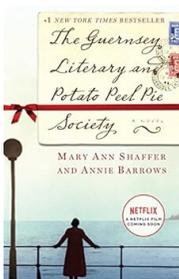
***The Midnight Library*, by Matt Haig**  
**Monday, April 1st • 10:00 a.m. | Fireside Room, Woodside**

Between life and death there is a library, and within that library, the shelves go on forever. Every book provides the story of another life you could have lived if you had made other choices. Nora Seed finds herself faced with this decision. Faced with the possibility of changing her life for a new one, following a different career, undoing old breakups, realizing her dreams of becoming a glaciologist, she must search within herself as she travels through the Midnight Library to decide what is truly fulfilling in life, and what makes it worth living in the first place.



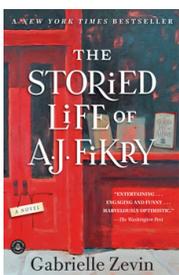
***The Reader*, by Bernhard Schlink**  
**Monday, May 6th • 10:00 a.m. | Fireside Room, Woodside**

When he falls ill on his way home from school, fifteen-year-old Michael Berg is rescued by Hanna, a woman twice his age. In time she becomes his lover; then she inexplicably disappears. When Michael next sees her, he is a young law student, and she is on trial for a hideous crime. As he watches her refuse to defend her innocence, Michael gradually realizes that Hanna may be guarding a secret she considers more shameful than murder. Set in the years following World War II, this is the only German novel ever to top The NY Times best-seller list.



***The Guernsey Literary and Potato Peel Pie Society*,  
 by Mary Ann Shaffer and Annie Barrows**  
**Monday, June 3rd • 10:00 a.m. | Fireside Room, Woodside**

Also set in the years after World War II, this epistolary novel begins in London, where Juliet receives a letter from a man she's never met; he has found her name in a used book, and he needs a favor. Juliet is drawn into the world of her correspondent and his friends, members of a book group formed as an alibi when its members were caught breaking the curfew imposed by the Germans occupying Guernsey during the war. Eventually, Juliet travels to Guernsey and becomes witness to events that answer the questions created by the war.



***The Storied Life of A.J. Fikry*, by Gabrielle Zevin**  
**Monday, July 1st • 10:00 a.m. | Fireside Room, Woodside**

A. J. Fikry's life is not at all what he expected it to be. His wife has died, his bookstore is experiencing the worst sales in its history, and now his prized possession, a rare collection of Poe poems, has been stolen. Slowly but surely, he is isolating himself from all the people of Alice Island. Even the books in his store have stopped holding pleasure for him. These days, A.J. can only see them as a sign of a world that is changing too rapidly. And then a mysterious package appears at the bookstore. It's a small package, but large in weight. It's that unexpected arrival that gives A. J. Fikry the opportunity to make his life over, and the ability to see everything anew.

## Early Spring Visit & Tour of The Mount Washington Hotel



Friday, April 5th • 8:15 a.m.

Throughout its history, the Mount Washington Resort has been renowned for natural beauty. Our group will tour the building—inside and out. We will see the French Renaissance Style Great Hall; the breathtaking Observatory; the Princess Room (private dining room of Carolyn Stickney); the Main Dining Room and the performance balconies; the Gold Room where the final Articles of Agreement

for the International Monetary Conference were signed in July, 1944; the Grand Ball Room; the Stunning Veranda where you can see the towers of the Mount Washington Observatory at the summit and the Cog Railway, built in 1869. Downstairs, we will visit The Cave—a speakeasy during Prohibition; the Bretton Woods Post Office; and some wonderful shopping opportunities. We will end our visit with lunch at the popular Stickney’s Restaurant featuring a cozy setting to enjoy delicious American cuisine while looking out at beautiful Mount Washington, when on a good day, you can see the Observatory. **The bus will leave Woodside at 8:15 a.m. and will be around campus to pick you up at your homes.**



## Just Duet: Broadway Style at The Colonial Theater



Saturday, April 6th • 6:00 p.m

An evening of Broadway duets! Just Duet is a friendly competition between musical pairs from across New Hampshire. Join us for a night of show tunes to benefit The Colonial Theater and help raise funds for Powerhouse Theatre Collaborative and for equipment and backstage improvements for the Colonial. You’ll get to vote for your favorite duet and help them win prizes!

This is a joint fundraiser with Spectacle Live and Powerhouse. The proceeds will benefit the Powerhouse program and the Colonial Theatre Advancement Fund to help maintain and improve the historic theatre. **Tickets are \$25 and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:00 p.m. show.**



## The Isabella Stewart Gardner Museum

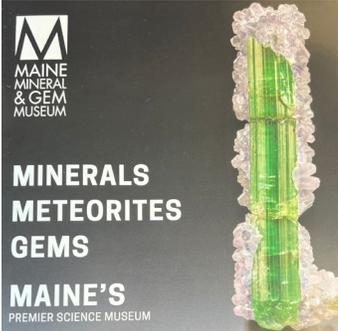
Wednesday, April 10th • 9:00 a.m.

The Isabella Stewart Gardner Museum is an art museum in Boston, Massachusetts, housing significant examples of European, Asian, and American art. Its collection includes paintings, sculpture, tapestries, and decorative arts. Food and drink are available in Cafe G, the museum’s onsite cafe. Admission is \$18 per person. **The bus will begin picking up residents on the Laconia Campus at 9:00 a.m. Museum opens at 11:00 a.m.**

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.

## Maine Mineral Museum

Friday, April 12th • 8:00 a.m.



Join us for a visit to an amazing museum with collections you can't see anywhere else! Learn why meteorites can teach us how our solar system was created, understand the dynamic process of how crystals are formed, and find out why Maine is home to some of the most incredible gemstones on the planet! The special exhibits at Maine Mineral and Gem Museum showcase new and relevant topics of interest from the worlds of mineralogy, meteorites and more. Discover the world's foremost collection of meteorites and the most extensive collection of Maine minerals and geologic specimens in the US. The group will enjoy lunch at Butcher Burger in Bethel following our tour. **Admission is \$15 per person. The bus will begin picking up residents on the Laconia Campus at 8:00 a.m.**

## Dining Out – Lunch at Lemongrass

Thursday, April 18th • 11:00 a.m.



At Lemongrass Restaurant & Sake Bar, they take pride in offering the freshest Asian Fusion dishes made with locally sourced ingredients. Their passion for food reflects in every dish they serve. Whether you're in the mood for sushi, pad Thai, or a flavorful stir-fry, they have something for everyone. Join us for this culinary adventure! **The bus will begin picking up residents on the Laconia campus at 11:00 a.m.**

## Currier Museum of Art

Friday, April 19th • 8:45 a.m.

Join us as we travel to the Currier Museum of Art in Manchester, where we will view their current and ongoing exhibitions. The group will enjoy lunch at the Currier's Winter Garden Cafe. **Admission is \$15. The bus will begin picking up residents on the Laconia Campus at 8:45 a.m.**

Special Exhibitions at The Currier currently include:



**Stories of the Sea** is a new show that brings together a number of extraordinary loans with a wide array of artwork and objects from the museum's permanent collection in order to explore various maritime themes. The selection spans the 16th century to the present day and includes two works by Wyeth as well as Vincent van Gogh's first outdoor painting - Beach at Scheveningen in Calm Water (1882). dramatic seascapes painted in the Romantic tradition; images of steamers and transoceanic travels, referencing migration and tourism; representations of harbors and shipyards; and poetic tributes to the hardships endured by men working at sea.

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RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.



## A Journey into Abstraction

In its enduring commitment to reinterpreting its museum holdings and proposing new perspectives, the Currier Museum presents a new collection-based exhibition looking at the long journey toward abstraction that encompasses its many manifestations. Many of the Currier's all-time favorites are included in the show, such as Pablo Picasso's *Woman Seated in a Chair* (1941), Josef Albers' *Homage to the Square: Early Rising!* (1961), Alexander Calder's *Petit Disque Jaune* (1967) and Joan Mitchell's *Cous-cous* (1961-1962)



**Kara Walker: Harper's Pictorial History of the Civil War Annotated** - presenting the touring exhibition featuring Kara Walker's art alongside the work of the Winslow Homer Illustrations that inspired it. This comparative exhibition constitutes an important opportunity to revisit the history of the antebellum South and the ensuing Civil War through the contemporary lenses of race, slavery, gender and politics.

## The Met: Live in HD: La Rondine Bank of NH Stage at Capital Center for the Arts

Saturday, April 20th • 11:15 a.m.



Puccini's bittersweet love story makes a rare Met appearance, with soprano Angel Blue starring as the sophisticated French courtesan Magda, opposite tenor Jonathan Tetelman in his company debut as Ruggero, an idealistic young man who offers her an alternative to her life of excess. Maestro Speranza Scappucci conducts Nicolas Joël's Art Deco-inspired staging, which transports audiences from the heart of Parisian nightlife to a dreamy vision of the French Riviera. Soprano Emily Pogorelec and tenor Bekhzod Davronov—both making their Met debuts—complete the cast as Lisette and Prunier. This event is a broadcast of a performance happening LIVE and is shown on the Bank of New Hampshire Stage's video wall in high definition. **Tickets are \$25.75 per person and are non-refundable. Please email Brenda to**

**reserve your ticket. The bus will begin picking up residents on the Laconia Campus at 11:15 a.m. for this 12:55 p.m. show.**

## Dining Out – Dinner at Angelina's Ristorante

Thursday, April 25th • 4:00 p.m.



Join us for dinner at this cozy Concord restaurant offering authentic Italian cuisine. Angelina's—where the food is always fabulous and cooked to order. Recently voted the most romantic place to have dinner, I'm sure you will enjoy your visit. **The bus will begin picking up residents on the Laconia campus at 4:00 p.m.**

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.

## Resident Trip - Tour of NH State House

Friday, April 26th • 8:30 a.m. departure/ Tour scheduled for 10:00 a.m.



The grand New Hampshire State House is the ideal place to visit to learn about the state's history, government, and state agencies. Built just after the close of the War of 1812, the Concord landmark is steeped in American history. Made of granite in a Greek Revival style, the capitol is topped with a stately gold dome. The State House is the oldest capitol building in the country in which both houses of legislature still meet in their original chambers. Our group will enjoy lunch at The Red Blazer in Concord following the State House tour. **The bus will begin picking up residents on the Laconia Campus at 8:30 a.m.**

## Musical Events | LACONIA

### Erin Harpe Country Blues Duo

Monday, April 1st • 6:30 p.m. • Elm Room, Woodside



Erin gets back to her roots in acoustic blues with Country Blues Duo with longtime partner/bassist Jim Countryman. This duo creates a very full sound with their down-home duo, which features Erin on acoustic guitar, vocals, kazoo & foot percussion and Jim on ukulele, bass and backing vocals. Their energetic performances transport the audience to the Delta with vintage classics by the likes of Memphis Minnie, Mississippi John Hurt, Tommy Johnson and Blind Balke, elevated by Erin's own interpretations and mixed in seamlessly with original compositions and country blues taken from other popular songs. Erin Harpe Country Blues Duo is a must-see roots act that will get any crowd moving! This is a Music Series event.



### Scheer Jazz Ensemble

Monday, April 8th • 6:30 p.m. • Elm Room, Woodside

Join us as Eddie and the gang bring back their highly anticipated Jazz performance! This multi-talented musician/vocalist/entertainer always brings fun to the room and makes you feel like family. Join us for this fun event with our friend Eddie and Scheer Jazz. This is a Music Series event.

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.

## Monday Blues with Perry Blue

Monday, April 15th • 6:30 p.m. • Elm Room, Woodside



Perry Blue is an acoustic music duo featuring Jim Perry on guitar/keyboards/vocals and Johnny Blue Horn on trumpet/vocals. This duo plays an eclectic repertoire of styles, including songs from many eras. Pop, blues, country, folk—it's all there! Get your requests ready and join us for this fun evening of music entertainment. This is a Music Series event.

## Alan Cook Music

Wednesday, April 17th • 6:30 p.m. • Elm Room, Woodside



Maine musician Alan Cook revitalizes the music of the 20th century. He has been a musical staple of the downeast region of Maine for decades, as a solo and group performer, as music faculty at University of Maine for 15 years, and as proprietor of a music store. His heartfelt and fearless performances make a memorable impression. Each show journeys across his wide repertoire of musical gems spanning 100 years of folk, country, blues, rock, and pop. His songwriting skills are often brought out on stage, as well; compositions and improvisation alike. A natural crowd-pleaser, he has the ability to scan an audience and play to their hearts, redefine genres, and bring together the generations. Performing across New England, he lives with his wife and 5 children, in Jonesboro, Maine.

## Sergei Novikov in Concert

Monday, April 22nd • 6:30 p.m. • Elm Room, Woodside



Taylor Community welcomes pianist Sergei Novikov in concert. Sergei has performed for such luminaries as President George H.W. Bush, Secretary of State Condoleezza Rice, then-Vice President Joe Biden as well as Billy Joel and Paul Newman. Sergei received official recognition from the Queen Mother of England for his music. He has also performed a solo concert in the same Classical Concert series as the conductor of Boston Pops, Keith Lockhart, at Copley Square in the heart of Boston and much more. Come enjoy the sounds of Sergei! This is a Music Series event.

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.

## The Honey Bees

Wednesday, April 24th • 6:30 p.m. • Elm Room, Woodside



What's that Buzz you're hearing? It's the sweet sounds of the Honey Bees! Equal parts 30's era Jazz, Western Swing, Folk-Rock and oddball Americana, the Bees mix it all up with flair, fun and a hint of mischief. Standards, favorites and chestnuts are equally delivered with the original music of chanteuse Mary Fagan, who also keeps time and tone on her acoustic guitar. Guitarist Chris O'Neill colors the nectar with sassy chording on a hollow-body jazzbox and nimble runs on the Fender Telecaster. Holding it down low on the "big" bass, Jock Irvine keeps it cool and swinging while enhancing the mix with casual back-up vocals. Occasionally, the groovy one, drummer Ed Raczka, buzzes in to kick it up a notch and make it sizzle.

## Mosaic String Quartet with Gary Hodges

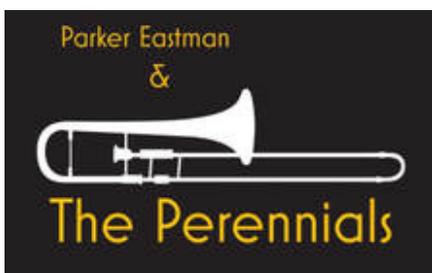
Sunday, April 28th • 3:00 p.m. • Elm Room, Woodside



Join us as The Mosaic String Quartet presents "Dance Fever!", a musical exploration of dance styles from the Allemande to Tangos. Performers will include Aniko Geladze, Violin; Paul Pinard, Violin; Theresa Jacques, Viola, and Gary Hodges, Cello. This is a Music Series event.

## Parker Eastman and The Perennials

Monday, April 29th • 6:30 p.m. • Elm Room, Woodside



Parker Eastman and The Perennials are based out of Southern Vermont. They play a number of different styles; but mainly play Jazz Standards from the 30's to the late 40's era. Band Leader Parker Eastman started this band when he was in middle school. He and his friends wanted to bring back an era of music that helped influence the modern music we have today. Since then, the group has grown to over 100 musicians throughout New England, each bringing their own style to the group. The ensemble travels all over Vermont, New Hampshire and Massachusetts, playing in retirement communities, festivals, and art galleries, and they say their performances are not just a job ... they like to make sure everyone is having a good time and that they are bringing joy and creating memories for their audiences. This is a Music Series event.

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.

## Current Events Discussion Group

Tuesday, April 9th • 1:00 p.m. • Wet Craft Room, Woodside



The Current Events Discussion Group will convene the second Tuesday of every month at 1:00 p.m. in the Woodside Wet Craft Room. If you would like to join us, please contact Barbara Eggers via email at [barbaraeggernh@gmail.com](mailto:barbaraeggernh@gmail.com).

## Environmental Stewardship Committee - TED TALK - "Microplastics are Everywhere"

Tuesday, April 9th • 2:00 p.m. • Woodside Theater



We live in a world of plastic. From the clothes we wear, to the electronics we use and the food we buy, our lives are surrounded by, and depend upon, plastic products. Over time, all of these plastic products break down into smaller and smaller pieces to become 'microplastics,' or plastics smaller than five millimeters. As we study microplastics, we are learning that they are everywhere—in the air we breathe, the water we drink and the food we eat. In this talk, we

will be led through a day of plastic use, how and where we use and generate microplastics, and what we can do about it.

TED TALK presenter Sarah Dudas is a biologist at Fisheries and Oceans Canada, a biology professor at Vancouver Island University and an adjunct assistant professor at the University of Victoria. For the last seven years she has led the Ecological Interactions Research Program, working with federal and provincial governments, industry and non-profit organizations to study the effects of human activities on coastal ecosystems. Her research includes investigating marine biodiversity across regional and local scales and the effects of historical and contemporary shellfish farming practices on surrounding ecological communities. Recently, she has focused on the issue of microplastics and their presence in the marine environment and our seafood.

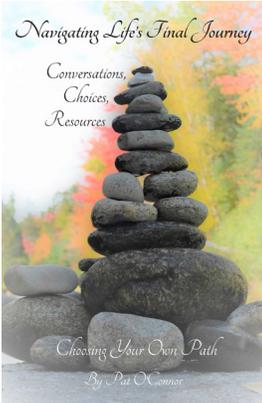
Dudas' professional affiliations include the Hakai Institute, Canadian Society of Ecology and Evolution and the Aquaculture Association of Canada. She is also a member of the United Nations-led Joint Group of Experts on the Scientific Aspects of Marine Environmental Protection microplastics working group.

This talk was given at a TEDx event using the TED conference format but independently organized by a local community. <https://www.youtube.com/watch?v=jjsrmFUmyh4>

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.

## Author Book Talk – Navigating Life’s Final Journey with Patricia O’Connor

Wednesday, April 10th • 6:30 p.m. • Elm Room, Woodside



This book is a must-read for all people who desire to have some control of their lives and those of their loved ones all the way through to the end of life. People are often lost in a medical maze when serious illness enters their lives. Pat sheds light on the dark pathways of that maze by sharing her knowledge gained through education and years of experience working as a nurse practitioner caring for seriously and terminally ill people. She shares tools available to help a person state clearly what is important to them and instruct their medical providers to make decisions based upon these goals. She writes from a place of hope and belief that all of life can be meaningful and lived “Your way!”

## NH Fish & Wildlife Stewards present “Black Bear Happenings in New Hampshire”

Monday, April 15th • 2:00 p.m. • Elm Room, Woodside



You are invited to join us as the New Hampshire Fish and Wildlife Steward shares information about black bears in the State. Learn about the natural history of these intriguing mammals, their habitat needs and ways to avoid potentially costly conflicts. Also, hear about the amazing federal funding mechanism that supports long-term research and is largely responsible for our country’s abundant fish and wildlife.

## Healthy Aging Lecture Series - Eye Health with Dr. Diedre Cullen, DO

Wednesday, April 17th • 11:00 a.m. • Elm Room, Woodside

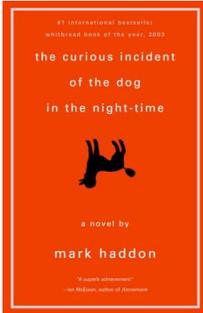


Our eyesight is one of our most precious senses throughout our lifetime. It is important, therefore, to maintain optimal eye health, especially as we age. In this presentation, Dr. Deidre Cullen will review the various challenges to aging eyes, including cataracts, macular degeneration, glaucoma, dry eye syndrome, vitreous floaters, and presbyopia.

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.

## Woodside Book Club with Laconia Public Library - *Curious Incident of the Dog in the Night-Time* by Mark Haddon

Friday, April 19th • 10:00 a.m. • Birch Room, Woodside



Christopher John Francis Boone knows all the countries of the world and their capitals and every prime number up to 7,057. He relates well to animals but has no understanding of human emotions. He cannot stand to be touched. And he detests the color yellow. This improbable story of Christopher's quest to investigate the suspicious death of a neighborhood dog makes for one of the most captivating, unusual, and widely heralded novels in recent years.

## Rogue Space Systems Corporation

Monday, April 22nd • 2:00 p.m. • Woodside Theater



Rogue provides solutions for the new Space Age. Access to space is expanding exponentially, opening up new opportunities never before imagined for innovators and explorers. Rogue designs satellite vehicles and subsystems to provide on-orbit services to satellite operators both now and well into the future. Join us as founder Jeromy Grimmitt shares information about Rogue Space Systems and their orbital robotics (or "orbots").

For all events, RSVP required  
via Touchtown App,  
or to Brenda at  
[bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org)  
or (603) 366-1226.



# Woodside Theater Events

## ZOOM LECTURE SERIES: University of New Hampshire - NH Butterfly Monitoring Network Online Trainings

These programs will be available for group viewing in the Woodside Theater



### How to Identify Fritillary and Checkerspot Butterflies

Thursday, April 4th • 1:00 p.m.

Join Amy Highstrom, leader of the Lake Sunapee Butterfly Count, for a training on identifying orange and black butterflies, such as the fritillaries and checkerspots, found in New Hampshire. Participants will also hear about opportunities to learn more and future field days being offered throughout the State, including July Butterfly Counts where volunteers can help survey for butterflies and collect data. All butterfly enthusiasts are welcome, with or without prior experience! This training is part of a series of six webinars hosted by the NH Butterfly Monitoring Network, a collaborative effort to engage volunteers in counting and identifying butterflies across New Hampshire.



### How to Identify Brown & Skipper Butterflies

Thursday, April 11th • 1:00 p.m.

Join Rick Van de Poll, Ecologist and Research Director at Tin Mountain Conservation Center, for a training on identifying some of the more challenging butterfly species, including the browns and skippers. Participants will also hear about opportunities to learn more and future field days being offered throughout the state, including July Butterfly Counts where volunteers can help survey for butterflies and collect data. All butterfly enthusiasts are welcome, with or without prior experience! This training is part of a series of six webinars hosted by the NH Butterfly Monitoring Network, a collaborative effort to engage volunteers in counting and identifying butterflies across New Hampshire.



### Become a Volunteer Guide: NH Butterfly Monitoring Network

Thursday, April 18th • 1:00 p.m.

The NH Butterfly Monitoring Network (NHBMN) is a relatively new collaborative effort to engage volunteers in counting and identifying butterflies across New Hampshire. Data collected by volunteers can contribute to our understanding of long-term trends in butterfly populations and inform conservation actions for both common and declining species. An important part of this work involves promoting volunteer participation in July Butterfly Counts, currently held in six locations across the State each year. There is growing interest from volunteers in helping at these fun, day-long counts, but we need volunteers to lead groups to increase our capacity and help us collect more useful data. Join us for this training to learn more about becoming a Volunteer Guide for the NH Butterfly Monitoring Network's July Butterfly Counts. We'll provide an overview of the survey process, describe the role of a Volunteer Guide, and share tips for leading a group outdoors. Participants will also be introduced to documenting butterfly species and best practices for data collection. Following the training, we'll connect you with the leader of a local count circle who will provide opportunities for field-based learning and will coordinate with you as a Volunteer Guide for the July Butterfly Count. You don't need to be an expert in butterfly identification to be a Volunteer Guide for the NH Butterfly Monitoring Network! Photographs can be taken to identify butterflies later on, using the help of technology and the support of experts already involved in the counts. Volunteer Guides just need to be excited about butterflies, willing to lead a small group outdoors, and interested in learning more.

**The series will provide information on butterflies in New Hampshire, butterfly biology and identification, and how to get involved with the NH Butterfly Monitoring Network. For more information and to register for the session(s) you want to attend (you don't need to attend them all!), visit [naturegroupie.org](https://naturegroupie.org).**

This is a Broadway HD Presentation.

# Woodside Theater Events

## FRIDAY & SATURDAY NIGHT MOVIE SERIES

### **THE STING**



**The Sting | Friday, April 5th • 7:00 p.m.**

Two con men (Robert Redford and Paul Newman) team up to avenge the murder of a mutual friend by pulling off the ultimate big con and swindling a mobster (Robert Shaw) in director George Roy Hill's Academy Award winning Best Picture. Run Time 2hr 9mins. This is an Amazon Prime Presentation.



**Miss Potter | Saturday, April 6th • 7:00 p.m.**

Biography of children's author Beatrix Potter, including how she overcame a domineering mother and the chauvinism of Victorian England to become a best-selling author. Run Time 1hr 32mins. This is an Amazon Prime Presentation.



**Scent of a Woman | Friday, April 12th • 7:00 p.m.**

A prep school student lands a job escorting a retired, blind military man on an upscale holiday weekend—but the colonel's abrasive manner alienates everyone he meets. Run Time 2hr 36mins. This is an Amazon Prime Presentation.



**The Basket | Saturday, April 13th • 7:00 p.m.**

A picturesque Pacific Northwest community raising its wheat and children in the midst of a nation reeling from World War I sets the stage for The Basket. In a time of pain and prejudice woven against a background of beauty, The Basket ultimately points to triumph and hope in a changing America. Run Time 1hr 44mins. This is an Amazon Prime Presentation.

## APRIL OPERA - Lucia Di Lammemoor by Gaetano Donizetti

**Thursday, April 18th • 7:00 p.m.**



You will remember Natalie Dessay in "The Daughter of the Regiment," our selection in July 2023. And now see her in a totally different role! The tragic tale of "The Bride of Lammermoor" has always been a favorite of opera-goers and sopranos alike. Yet with the riveting singing actress Natalie Dessay in the title role, Lucia's plight and descent into madness take on another dimension. Joseph Calleja is an ardent Edgardo, the man she loves but is not allowed to marry. Instead, her brother Enrico (Ludovic Tézier) forces her into a union with the rich Arturo (Matthew Plenk) to save the family fortunes. It proves too much to bear for Lucia—but certainly not for Met audiences,

who hailed Dessay's stunning performance of this iconic bel canto role. Feel free to bring wine and snacks or a beverage of your choice. If you have any questions or suggestions for future operas, please call Friedl Scimo at (269) 760-2772. Looking forward to sharing this exceptional broadcast with you! Run Time 2 hrs 22 mins. Original Met Production date was March 19, 2011. This is a Metropolitan Opera performance.

# Woodside Theater Events

## FRIDAY & SATURDAY NIGHT MOVIE SERIES



**My Fair Lady | Friday, April 19th • 7:00 p.m.**

The breathtaking musical extravaganza that won eight Academy Awards, including Best Picture, starring Audrey Hepburn in the role of Eliza Doolittle, a sassy, working-class London street vendor, and Rex Harrison as the elitist Professor Higgins. Run Time 2hr 53mins. This is an Amazon Prime Presentation.



**Runnin' From My Roots | Saturday, April 20th • 7:00 p.m.**

Following a devastating breakup with her fiancé, Grammy Award-winning Nashville Country star Faith Winters escapes to her rural Smithville hometown, where she rediscovers feelings for her high school sweetheart turned local Pastor, and must balance these unexpected emotions with the career she left behind in Nashville, and the disruption her return brings to her small town. Run Time 1hr 32mins. This is an Amazon Prime Presentation.



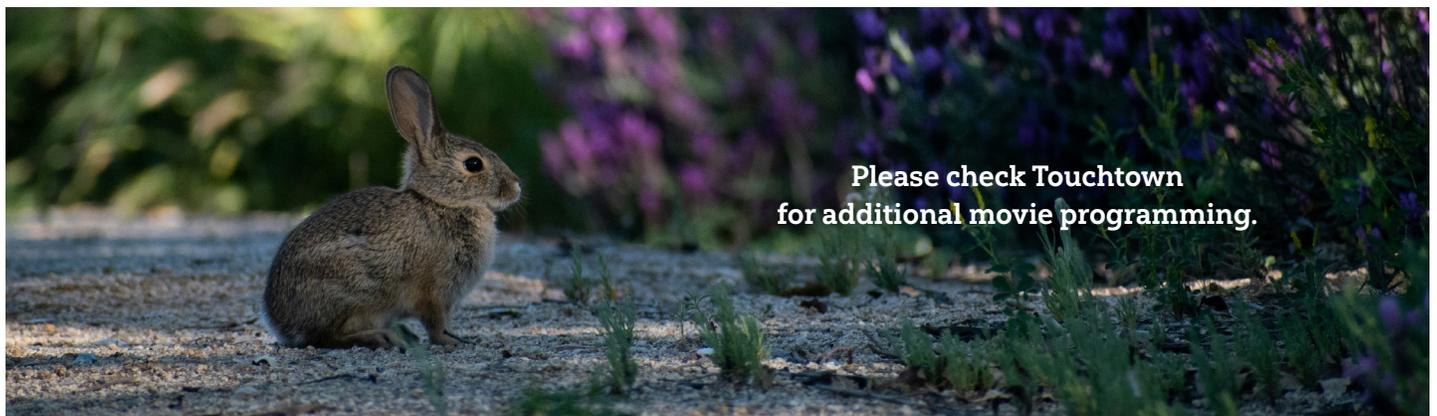
**Gone with the Wind - Part I | Friday, April 26th • 7:00 p.m.**

Clark Gable, Vivien Leigh, Olivia de Havilland and Hattie McDaniel star in producer David O Selznick's Academy award-winning epic set against the backdrop of the Civil War. Run Time 3hr 53mins. This is a two-part series.



**Gone with the Wind - Part II | Saturday, April 27th • 7:00 p.m.**

Clark Gable, Vivien Leigh, Olivia de Havilland and Hattie McDaniel star in producer David O Selznick's Academy award-winning epic set against the backdrop of the Civil War. Run Time 3hr 53mins.

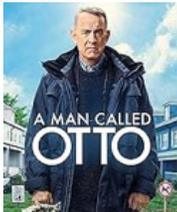


**Please check Touchtown  
for additional movie programming.**

# Woodside Theater Events

## TUESDAY NIGHT MOVIE SERIES

This group of movie connoisseurs will work together to select the movies to be presented—topics, genres and ratings to vary. This will be a listening room only event, so please refrain from conversations once the movie begins. **If you would like more information about this group, please reach out to Brenda at (603) 366-1226. Reservations are required on Touchtown.**



**A Man Called Otto | Tuesday, April 2nd • 7:00 p.m.**

A grumpy widower forms an unlikely friendship with his new neighbors that turns his world around. Run time 2hr 6mins. This is an Amazon Prime Presentation.



**Wonka | Tuesday, April 9th • 7:00 p.m.**

“Wonka” tells the wondrous story of how the world’s greatest inventor, magician and chocolate-maker became the beloved Willy Wonka we know today. Runtime 1hr 57mins. This is an Amazon Prime Presentation.



**Master Gardener | Tuesday, April 16th • 7:00 p.m.**

Directed by Paul Schrader and starring Joel Edgerton, Master Gardener follows a meticulous horticulturist tasked with training his employer’s troubled great-niece, leading to chaos and the uncovering of dark secrets from his past. Run Time 1hr 50mins. This is an Amazon Prime Presentation.



**Golda | Tuesday, April 23rd • 7:00 p.m.**

Academy Award Nominee for Best Makeup and Hairstyling. Set during the Yom Kippur War, Israeli Prime Minister Golda Meir (Helen Mirren) must navigate overwhelming odds and a skeptical cabinet with millions of lives in the balance. Run Time 1hr 40mins. This is an Amazon Prime Presentation.



**Air (Air Jordan with Matt Damon) | Tuesday, April 30th • 7:00 p.m.**

From award-winning director Ben Affleck, AIR reveals the game-changing partnership between a then-undiscovered Michael Jordan and Nike’s fledgling basketball division, which revolutionized the world of sports and culture with the Air Jordan brand. Starring Matt Damon, Ben Affleck, Jason Bateman, Chris Messina, Marlon Wayans, Chris Tucker and Viola Davis. Run Time 1hr 54mins. This is an Amazon Prime Presentation.

**Please check Touchtown for additional movie programming.**

Also available on demand through the Touchtown Programming App.

**DOCUMENTARY – Patrick the Whale  
Tuesday, April 2nd - 6:30 p.m.**

Run Time 54mins

<https://youtu.be/9zMlcOiwvxk?si=C7K45ul0n9VUMmaQ>

**MOVIE – Appointment with Love  
Friday, April 5th - 6:30 p.m.**

Run Time 1hr 28mins

<https://youtu.be/Gfv0zuOPx1A?si=mpwF0HwBaC2KquzL>

**MOVIE – Lady In A Jam  
Saturday, April 6th - 6:30 p.m.**

Run Time 1hr 20mins

<https://youtu.be/bdk55Bxjc18?si=WAw4FCMdWIWjZ7Nd>

**DOCUMENTARY –  
Building the Eiffel Tower  
Tuesday, April 9th - 6:30 p.m.**

Run Time 54mins

<https://youtu.be/pLtAwl-7WSLM?si=6qhqstLYzOfC2euY>

**MOVIE – Too Many Husbands  
Friday, April 12th 6:30 p.m.**

Run Time 1hr 22mins

<https://youtu.be/5ekhwbscfk-g?si=lltTG77Mb9nHUBal>

**MOVIE – Where There's Life  
Saturday, April 13th - 6:30 p.m.**

Run Time 1hr 15mins

<https://youtu.be/jKFXVzm2LT4?si=3Jh172F26yOHkkSk>

**DOCUMENTARY –  
Diana: In Her Own Words  
Tuesday, April 16th - 6:30 p.m.**

Run Time 1hr 29mins

[https://youtu.be/xojJ39oaZEo?si=ds1wk5hRJV4sj\\_eS](https://youtu.be/xojJ39oaZEo?si=ds1wk5hRJV4sj_eS)

**MOVIE – The Diary of a Chambermaid  
Friday, April 19th - 6:30 p.m.**

Run Time 1hr 28mins

<https://youtu.be/lrXeS6qagGY?si=tvRsYfcCWODrE-TY>

**MOVIE – Jumping Jacks  
Saturday, April 20th - 6:30 p.m.**

Run Time 1hr 36mins

<https://youtu.be/N-EZ0H9QQLI?si=Kkyw4gbBJFxFyYroJL>

**DOCUMENTARY – Desert Seas  
Tuesday, April 23rd - 6:30 p.m.**

Run Time 47 mins

<https://youtu.be/z7667jwwX00?si=OVYRudQKhNfQGRds>

**MOVIE – The Caddy  
Friday, April 26th - 6:30 p.m.**

Run Time 1hr 37mins

<https://youtu.be/Dn8rJyLBY8c?si=pPbLaETYflkSgiht>

**MOVIE – Wicked Woman  
Saturday, April 27th - 6:30 p.m.**

Run Time 1hr 17mins

<https://youtu.be/BZSICG1L5x8?si=GEB2vW62PmB6wjwu>

**DOCUMENTARY – Secrets of the Sun  
Tuesday, April 30th - 6:30 p.m.**

Run Time 45mins

<https://youtu.be/zTWSRKMbKwc?si=1bBeBpwYqglC2ejt>

## Upcoming Events – Taking Reservations

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### Pemigewasset Choral Society - Sweet Waters 50th Anniversary Performance

Saturday, May 4th • 6:00 p.m. departure / 7:30 p.m. show



**The Pemigewasset  
Choral Society**  
*Music from the Heart*

The concert will feature a commissioned work celebrating the chorus' 50th anniversary, composed by internationally recognized composer Moira Smiley. Her commission is based upon the poem "Flying" by former PSU professor Jane Babin, who died from ALS in 2015. Other pieces in the spring concert include Shawn Kirshner's "Sweet Rivers," John Rutter's "As the Bridegroom to His Chosen," and Franz Schubert's "Mass in G." **The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:30 p.m. show.**

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### Colonial Theater - Tuck Everlasting

Friday, May 10th • 6:15 p.m. departure / 7:30 p.m. show



What would you do if you could live forever? Eleven-year-old Winnie Foster yearns for a life of adventure beyond her white picket fence, but not until she becomes unexpectedly entwined with the Tuck Family does she get more than she could have imagined. Based on Natalie Babbitt's children's book, Tuck Everlasting is an enchanting musical about love, family, and living life to the fullest—perfect for the whole family. **Tickets are \$20/pp and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:15 p.m. for this 7:30 p.m. show.**

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### Colonial Theater – Lakes Region Symphony Orchestra - Sinatra

Saturday, May 18th • 6:00 p.m. departure / 7:00 p.m. show



A concert not to be missed—no kidding! We feature the incomparable Michael Gallagan reprising his 2017 sold-out performances with a magnificent celebration of Frank Sinatra's most memorable tunes.

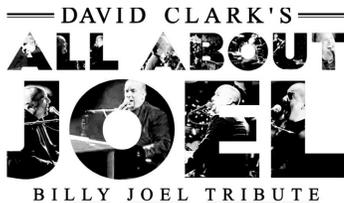
A Foggy Day / Night and Day / The Good Life / I've Got The World On A String / Our Love Is Here to Stay / My Way / Summer Wind / Nice 'n' Easy / Come Fly With Me / and many more!

**Tickets are \$25 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:00 p.m. show.**

# Upcoming Events – Taking Reservations

## Interlakes Theater: All About Joel Temple B’Nai Israel to Benefit Lakes Region Food Pantry

Saturday, May 25th • 6:30 p.m. departure / 7:30 p.m. show



David Clark’s “All About Joel: A Billy Joel Tribute” is a musical tribute presented with a tremendous amount of detail by Long Island veteran singer David Clark. The show continues to gain notoriety with David’s stunningly accurate piano playing, lead vocals, and an eerily similar stage look to the Piano Man himself while engaging the audience with wit and humor. Come hear all your favorite Billy Joel songs including, “Just the Way You Are,” “New York State of Mind,” “Piano Man,” “You May be Right,” and many more!

Tickets are \$40 per person and are non-refundable. Bus will begin picking up residents on the Laconia Campus at 6:30 p.m. for this 7:30 p.m. show.

## Colonial Theater: Another Tequila Sunrise - Eagles Tribute Band

Saturday, June 15th • 6:45 p.m. departure / 8:00 p.m. show



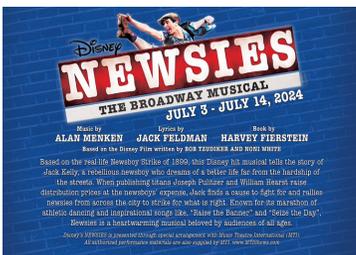
“Another Tequila Sunrise” has been performing to sell-out crowds across the country for over twenty years. The standing ovations and thunderous applause emphasize that this group is the premier Eagles Tribute show in the USA. ATS offers a variety of presentation options, including complete album sets, solo material from Don Henley, Joe Walsh, and the late Glenn Frey, and acoustic sets featuring Eagles classics, many performed as they were originally written. ATS has approached the Eagles’ catalog with reverence, and with painstaking detail, always striving for the most authentic reproduction of the sound and the spirit of the Eagles. Be it their heart-felt ballads

(Desperado, Take It To The Limit), country rockers (Lyn’ Eyes, Peaceful Easy Feeling) or guitar-driven stadium anthems (Already Gone, Life In The Fast Lane), Another Tequila Sunrise brings the LIVE Eagles experience to you!

Tickets are \$35 - \$55 and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:45 p.m. for this 8:00 p.m. performance.

## Interlakes Theater: Newsies

Thursday, July 11th • 12:45 p.m. departure / 2:00 p.m. show



Based on the real-life Newsboy Strike of 1899, this Disney hit musical tells the story of Jack Kelly, a rebellious newsboy who dreams of a better life far from the hardship of the streets. When publishing titans Joseph Pulitzer and William Hearst raise distribution prices at the newsboys’ expense, Jack finds a cause to fight for and rallies the newsies from across the city to strike for what is right. Known for its marathon of athletic dancing and inspirational songs like, “Raise the Banner” and “Seize the Day,” Newsies is a heartwarming musical beloved by audiences of all ages.

Tickets are \$34 per person and are non-refundable. Bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

## Upcoming Events – Taking Reservations

### Concerts in the Clouds at Castle in the Clouds - Foreigners Journey

Saturday, July 13th • 6:00 p.m. departure / 7:30 p.m. show



The music and energy of two legendary stadium rock bands come together in one electrifying show! Their repertoire of classic hits by Foreigner and Journey provides a crowd-pleasing night of unforgettable music. All shows are approximately 90 minutes long, unless otherwise indicated.

Tickets are \$70/pp Silver Seating and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:30 p.m. show.

### Interlakes Theater: Chicago

Thursday, July 25th • 12:45 p.m. departure / 2:00 p.m. show



A tale of fame, fortune and “all that jazz,” with one show-stopping song after another, Chicago is now the longest-running American musical in Broadway history. This six-time Tony Award-winning musical is set amidst the razzle-dazzle decadence of the 1920s and tells the story of Roxie Hart, a housewife who maliciously murders her lover. Desperate to avoid conviction, she dupes the public, the media and her rival cellmate, Velma Kelly, by hiring Chicago’s slickest criminal lawyer to transform her malicious crime into a barrage of sensational headlines that entertain an entire city.

Tickets are \$34 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

### Concerts in the Clouds at Castle in the Clouds - Judy Collins

Saturday, August 3rd • 6:00 p.m. departure / 7:30 p.m. show



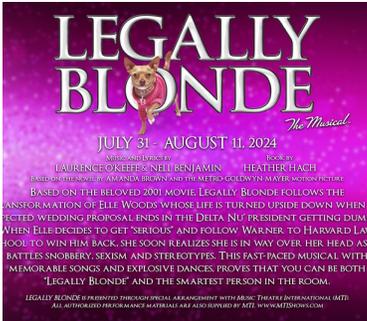
Award-winning singer-songwriter Judy Collins has inspired audiences with sublime vocals, boldly vulnerable songwriting, personal life triumphs, and a firm commitment to social activism. Judy Collins is as creatively vigorous as ever, writing, touring worldwide, and nurturing fresh talent. All shows are approximately 90 minutes long, unless otherwise indicated.

Tickets are \$70/pp Silver Seating and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:30 p.m. show.

# Upcoming Events – Taking Reservations

## Interlakes Theater: Legally Blonde

Thursday, August 8th • 12:45 p.m. departure / 2:00 p.m. show



Based on the beloved 2001 movie, Legally Blonde follows the transformation of Elle Woods, whose life is turned upside down when an expected wedding proposal ends in the Delta Nu' President getting dumped. When Elle decides to get "Serious" and follow Warner to Harvard Law School to win him back, she soon realizes she is in way over her head as she battles snobbery, sexism and stereotypes. This fast-paced musical with memorable songs and explosive dances proves that you can be both "Legally Blonde" and the smartest person in the room.

Tickets are \$34 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

## Concerts in the Clouds at Castle in the Clouds A Tribute to Whitney Houston

Friday, August 9th • 6:00 p.m. departure / 7:30 p.m. show



Whitney Houston's musical legacy is brought to life in this critically acclaimed tribute show described as "mind-blowingly spot on." This special once-in-a-lifetime concert event will leave audiences wanting more and talking about it for years to come. *Not Associated with the Estate of Whitney Houston.* All shows are approximately 90 minutes long, unless otherwise indicated.

Tickets are \$70/pp Silver Seating and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:30 p.m. show.

## Interlakes Theater: Million Dollar Quartet

Thursday, August 15th • 12:45 p.m. departure / 2:00 p.m. show



On December 4, 1956, one of the greatest jam sessions of all time transpired when a twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley to Sun Records in Memphis, Tennessee. Million Dollar Quartet brings that legendary night to life with a tale of broken promises, secrets, betrayal and celebrations. Relive the era with this funny and poignant smash-hit musical featuring an incredible score of Rock N' Roll, Gospel, RTB and Country hits performed live onstage by world-class actors and musicians. Hit songs include "Blue Suede Shoes," "Sixteen Tons," "Great Balls of Fire," "Whole Lotta Shakin' Goin' On," "Hound Dog," and many, many more.

Tickets are \$34 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

# Upcoming Events – Taking Reservations

## Concerts in the Clouds at Castle in the Clouds - Space Oddity David Bowie Tribute

Saturday, August 17th • 6:00 p.m. departure / 7:30 p.m. show

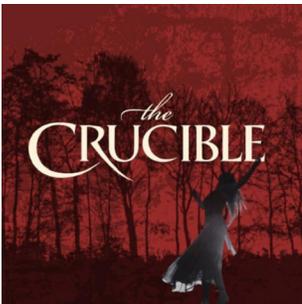


David Brighton is credited as being the world's best David Bowie impersonator, with one of the most entertaining acts ever to hit the stage. SPACE ODDITY is a live, theatrically staged, elaborately costumed multi-media spectacle that transports audiences on a musical journey through the constantly metamorphosing career of David Bowie. All shows are approximately 90 minutes long, unless otherwise indicated.

Tickets are \$70/pp Silver Seating and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:30 p.m. show.

## Colonial Theater: The Crucible

Friday, October 11th • 6:15 p.m. departure / 7:30 p.m. show



The Arthur Miller classic about the Salem Witchcraft trials comes to the Colonial stage. Follow a community engulfed by hysteria as rumors of witchcraft grip a town and bring out fears and suspicions, turning neighbor against neighbor. Performed by Powerhouse's talented dramatic performers, this timeless drama always connects with something relevant and new. Tickets are \$20 per person and are non-refundable.

The bus will begin picking up residents on the Laconia Campus at 6:15 p.m. for this 7:30 p.m. show.

## New Library Additions

### Ledgeview:

#### Fiction

*Billy Summers*, Stephen King

#### Large Print Edition: Fiction

*The President's Daughter*,  
Bill Clinton, James Patterson

### Woodside:

#### Fiction

*Bark to the Future*, Spencer Quinn

*Blind Tiger*, Sandra Brown

*Burn Book*, Kara Swish

*The Lipstick Bureau*, Michelle Gable

*Mercy*, David Baldacci

*The Paris Agent*, Kelly Rimmer

*Private Moscow*, James Patterson, Adam Hamdy

#### Large Print Edition: Fiction

*The Women*, Kristin Hannah

There is a new section of French Books  
at Woodside library. Be sure to check this out!



# IT'S HERE!

The ability to recycle #6 polystyrene foam such as Styrofoam at Taylor Community. This material should not be recycled in our curbside recycling bins since it currently is not accepted by our recycling contractor.

## ACCEPTABLE & UNACCEPTABLE FOAM MATERIALS FOR RECYCLE



#6 FOAM COOLERS



MUST HAVE #6 SYMBOL



CLEAN MEAT & PRODUCE TRAYS



EGG CARTONS



PACKING BLOCKS



CLEAN #6 PLATES & CUPS



NO PACKING PEANUTS



NO DIRTY FOAM PRODUCTS



NO PIPE INSULATION

The foam recycle bin is located on the **left** side of the garage across from the Pavilion



Just activate the latch under the edge of the lid, deposit the foam to be recycled, in either of the containers, and close the lid assuring that the latch is engaged.

### *BEND TEST*

If you're not sure if it is #6 Polystyrene, attempt to bend it. If it bends without breaking, it is not recyclable.



March Snapshots



### ATTENTION GARDENERS:



Spring planting is about to begin (?) – if you think Spring is here. Peas in the ground by St Patrick’s Day (?) – well, almost. Name tags have been placed in the ground so that new residents can find their garden locations, and to help those who had a garden last year remember where it was located. It is time to think about what to grow (as long as it is legal) in your raised garden bed by the Pavilion this year. Remember that there are shovels, rakes, and some other tools in the shed (accessible with the plastic key).

**If there are any questions or comments, I can be reached either at [jelarson234@yahoo.com](mailto:jelarson234@yahoo.com) or (603) 524-7131.**

*Thanks, John Larson*



# Wellness

## Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 – 9:00 a.m.	Open pool						
9:00 – 10:00 a.m.	Open pool	<b>Aqua Fit</b>	Open pool	<b>Aqua Fit</b>	Open pool	Open pool	Open pool
10:00 a.m. – 2:00 p.m.	Open pool						
2:00 – 3:00 p.m.	<b>Aqua Fit</b>	Resident swim only	<b>Aqua Fit</b>	Resident swim only	Resident swim only	Resident swim only	Resident swim only
3:00 – 4:00 p.m.	Resident swim only						
4:00 – 6:00 p.m.	Open pool	<b>Closes at 5:00 p.m.</b>					
6:00 – 7:00 p.m.	Resident swim only						



**FUNSPOT**  
*Bowling & Indoor Mini Golf*

**WED. APRIL 10TH**  
**1:00-3:00 P.M.**

BUS LEAVES FROM  
WOODSIDE AT 12:45 P.M.

Sign up on Touch Town or with Becky  
**bhamilton@taylorcommunity.org**

Join Wellness for bowling, indoor mini golf or any other games!  
Bowling can be paid for through your account, for all other games please bring money!

Sign up on Touchtown or with Becky at  
**bhamilton@taylorcommunity.org** or call (603) 366-1206.

WELLNESS

# RETURN TO HIKING



## RETURN TO HIKING

**Begins Thursday, March 28th, 2:00 p.m.  
Woodside Group Exercise Room**

A 5-week class to improve cardiovascular fitness, strength and balance in preparation for the hiking group! Mandatory for anyone wishing to participate in the hiking group. If you are unable to attend Return to Hiking but would like to participate in the Hiking Group, please see Becky.

Sign up on Touchtown or with Becky at  
[bhamilton@taylorcommunity.org](mailto:bhamilton@taylorcommunity.org) or call (603) 366-1206.



## TAYLOR COMMUNITY WELLNESS LACONIA FITNESS CLASS SCHEDULE

### Monday

9:00 a.m. Strength & Stretch with Ethan  
9:00 a.m. Tai Chi for balance with Russ in  
Wet Craft Room  
10:00 a.m. Balance with Ethan  
10:00 a.m. Functional Strength with Russ  
in Wet Craft Room  
11:00 a.m. Strength & Stretch with Ethan  
1:00 p.m. Walking Group with Becky  
2:00 p.m. High Intensity Resistance  
Training (H.I.R.T.)  
2:00 p.m. Aquafit with Becky  
3:00 p.m. Line Dancing with Freda

### Tuesday

9:00 a.m. Strength & Stretch with Becky  
9:00 a.m. Aqua Fit with Taylor  
10:00 a.m. Gentle Flexibility with Taylor  
10:30 a.m. Balance with Taylor  
11:00 a.m. Strength & Stretch with Ethan  
2:00 p.m. Low Impact Cardio Fit with  
Ethan

### Wednesday

9:00 a.m. Strength & Stretch with Ethan  
9:00 a.m. Tai Chi for Balance with Russ in  
Wet Craft Room  
10:00 a.m. Balance with Ethan

### Wednesday Contd.

10:00 a.m. Functional Strength with Russ in  
Wet Craft Room  
11:00 a.m. Strength & Stretch with Ethan  
1:30 p.m. Mat Yoga with Russ in Wet Craft  
Room  
2:00 p.m. Aquafit with Becky  
3:00 p.m. Line Dancing with Freda  
4:15 p.m. High Intensity Resistance Training  
(H.I.R.T.)

### Thursday

9:00 a.m. Strength & Stretch with Russ  
9:00 a.m. Aqua Fit with Ethan  
10:00 a.m. Chair Yoga with Russ  
10:30 a.m. Tai Chi with Russ  
11:00 a.m. Strength & Stretch with Ethan  
1:30 p.m. Mat Yoga with Russ in Wet Craft  
Room  
2:00 p.m. Return to Hiking with Ethan  
(begins March 28th, sign up required)

### Friday

9:00 a.m. Strength & Stretch with Ethan  
10:00 a.m. Low Impact Cardio Fit with Ethan  
11:00 a.m. Strength & Stretch with Becky



# Woodside Bistro

[Woodside Bistro Contact Info](#)

Jennifer Lutzen, Resident District Manager, 366-1231  
jlutzen@taylorcommunity.org

Greg Demers, Executive Chef, 366-1481  
gdemers@glendalediningservices.com

### Woodside Bistro Hours

11:30am – 1:30pm

Tuesday & Thursday Night Dinners

Call the Bistro to make your reservations or make your reservation on Touch Town

## April Bistro Menu



Served with your choice of appetizer  
Please ask about our specials every Tuesday & Thursday

### Swiss Melt

Imported Swiss cheese melted with fresh thyme and minced red pepper. Served with crusty bread.  
-OR-

### Cream of Broccoli Soup

### Mushroom and Artichoke Pizza

Wood-fired crust, white pizza with ricotta cheese, sauteed mushrooms, artichoke hearts, grape tomatoes, fresh herbs and mozzarella cheese. Served with seasonal vegetables

**\$18.95**

### Tomato & Basil Chicken

Boneless chicken breast sauteed & simmered in a rich tomato sauce, with fresh basil & garlic. Served on a bed of wild rice with seasonal vegetables

**\$25.95**

### Beef Bourguignon

Tender beef marinated in burgundy wine and braised with bacon, onions, mushrooms and carrots. Served with egg noodles

**\$27.95**

### Lemon Dill Salmon

Fresh dill seared salmon fillet, finished with lemon cream sauce. Served with roasted garlic mashed potatoes and seasonal vegetables

**\$Market Price**

**\* All entrees are served with two additional items  
Appetizer | Salad | Dessert**

\*Before Placing Your Order, Please Inform Your Server If A Person In Your Party Has A Food Allergy

## April TRA Social 2024

### Hors d'oeuvres

Spring Rolls with Duck Sauce  
Lime Scented Chicken  
& Tomato Basil Avocado Toast

Small Vegetable Trays

### Appetizer

#### Tortellini Salad

Tri-colored cheese filled tortellini tossed in Italian dressing with fresh basil and grape tomatoes in a lettuce cup  
Gluten-free available

### Entrees

#### Chicken Coq au Vin

Chicken braised in burgundy wine, with carrots, pearl onions & mushrooms.

#### Mediterranean Haddock

Fresh Haddock fillet cooked in white wine & lemon, topped with grape tomatoes, diced kalamata olives & fresh herbs

#### Vegetable Rice Cakes

White and brown rice mix, with sauteed vegetables, Gluten-free flour, and sesame seeds.  
Seared golden brown

### Sides

Wild Rice

Roasted Asparagus

### Dessert

Fresh Baked Biscuits and Toppings Bar  
**\$30**

\*Before Placing Your Order, Please Inform Your Server If A Person In Your Party Has A Food Allergy

# GRAB & GO

**We'll do the cooking; you do the re-heating.**

Purchase any two salads or delicious reheatable entrees any day of the week and receive a FREE Half Pint of Ice Cream

*Glendale*  
DINING SERVICES



**Save the Date**

*Glendale*  
DINING SERVICES

**Men's  
Breakfast  
4/3**



**Night  
4/5**



**Ladies  
Brunch  
4/10**

**TRA Social 4/20**

**Bistro  
Breakfast  
4/26**





HELLO SPRING

# Ladies Spring Brunch

April 10, 2024

## Starter

Mixed Melon Cup 

## Buffet

### Breakfast Crepes

Rolled with Scrambled egg, and Vermont cheddar cheese

### Strawberry French Toast

Topped with a strawberry Drambuie sauce  
Maple syrup & whipped butter

### Skillet Potatoes

### Applewood Smoked Bacon

## Beverage Station

Orange or Apple Juice  
Coffee or Tea

**\$15 pp**

\*Before Placing Your Order, Please Inform Your Server If A Person In  
Your Party Has A Food Allergy

# Recurring Campus Events | LACONIA

RSVP is required for most events and may be made via Touchtown in Events, or with Brenda Kean at (603) 366-1226 or bkean@taylorcommunity.org unless otherwise noted.

To make a reservation with Dial-A-Ride please call (603) 366-1234. Please be sure to make all transportation arrangements at least 24 hours in advance. Thank you!

## MONDAYS:

**Quilting Group with Gail Dyer**  
8:00 a.m. – 1:00 p.m.  
Woodside Dry Craft Room

**Women's Billiards**  
1:00 p.m.  
Woodside Billiard Room

**Line Dancing with Freda**  
3:00 p.m. • Woodside Fitness Ctr.

## TUESDAYS:

**In Stitches (Needlework)**  
11:00 a.m. • Woodside Ladies Lounge

**Prayer Shawl Group**  
12:00 noon (2nd Tuesday of the month)  
Woodside Dry Craft Room

**Caregivers Support Group**  
11:00 a.m. • Woodside Birch Room

**Current Events Discussion**  
1:00 p.m. (second Tuesday)  
Woodside Wet Craft Room

**Blood Pressure Clinic**  
2:00 – 3:00 p.m.  
Woodside Care Management Office

**Altrusa**  
5:30 p.m. (second Tuesday)  
Woodside Birch Room

**Prescription and NH Liquor Store Pickup Services -**  
Call Hank Offinger at (603) 366-1207 by 5:00 p.m. Monday to request this service

## WEDNESDAYS:

**Men's Breakfast**  
7:30 a.m. (first Wednesday)  
Woodside, Elm Room

**Cribbage**  
10:00 a.m. • Woodside Card Room

**Nurse Office Hours**  
2:00 – 3:00 p.m. • Woodside Care Management Office

**Grocery Shopping Services Ledges & Ledgeview**  
Call Hank Offinger at (603) 366-1207 by 5:00 p.m. Tuesday to request this service.

**Line Dancing with Freda**  
3:00 p.m. • Woodside Fitness Ctr.

## THURSDAYS:

**Woodworkers Group**  
9:00 a.m. (April – November)  
Woodside Wet Craft Room

**Shopping Bus**  
10:00 a.m. and 1:00 p.m.  
Call Transportation (603) 366-1234

**Mexican Train**  
10:00 a.m. • Woodside Card Room

**Sew Sisters Quilting Group**  
10:00 a.m. • Woodside Dry Craft Room

**Taylor Writing Group**  
10:00 a.m. • Woodside Fireside Room

**Billiards**  
1:00 p.m. • Woodside Billiard Room

**Bridge**  
1:00 p.m. • Woodside Fireside Room

## Pinochle

1:00 p.m. • Woodside Card Room

**Taylor Community Chorus**  
3:00 p.m. (2nd, 3rd, 4th Thursdays)  
Woodside Elm Room

**Opera Viewing**  
7:00 p.m. (monthly - date in Gazette)  
Woodside Theater

**Grocery Shopping Services (TH & WS)**  
Call Hank Offinger at (603) 366-1207 by 5:00 p.m. Wed. to request this service

## FRIDAYS:

**Headliners Portrait Group**  
10:00 a.m. (February–November)  
Woodside Wet Craft Room

**French Group - Le Cercle de Français de Laconia**  
10:00 a.m. • Woodside Fireside Room

**Woodside Book club with LPL**  
10:00 a.m. (2nd Friday of the month)  
Woodside Elm Room

**Friday Quilters**  
10:00 a.m. • Woodside Dry Craft Room

**Ping Pong**  
1:00 p.m. • Woodside (3rd floor)

**Rummikub**  
1:00 p.m. • Woodside Game Room

**Oasis Pub Night**  
4:30 p.m. (first Friday)  
Woodside Fireside & Dining Room

## SATURDAYS:

**Hand & Foot Card Game**  
9:30 a.m. • Woodside Card Room

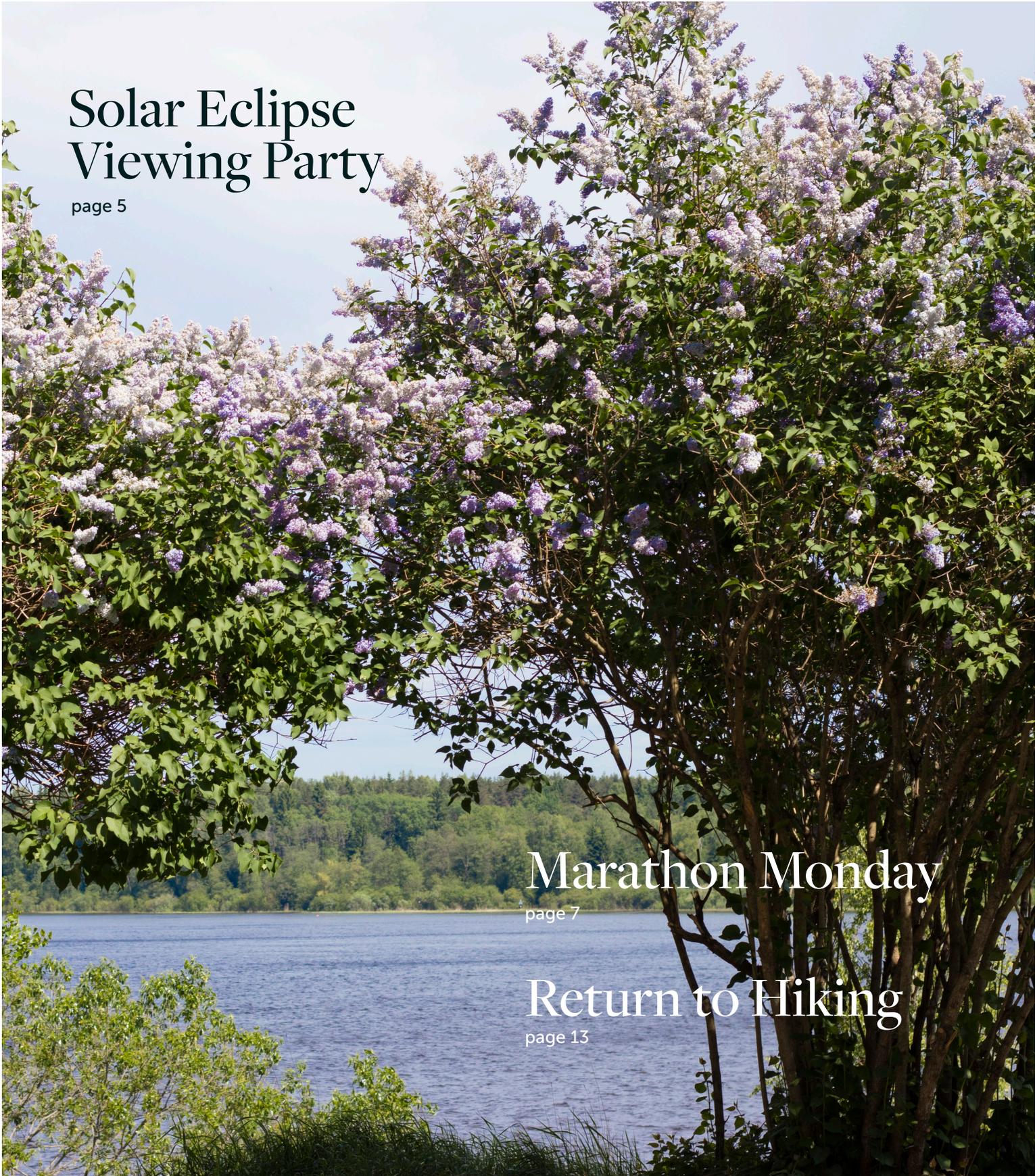
**Scrabble Group**  
1:00 p.m. • Woodside Card Room

## SUNDAYS:

**Sunday Social**  
4:30 p.m. (last Sunday)  
Woodside Fireside Room



**Additional Resident Groups include:** Circle Dinners, Environmental Stewardship Committee, Projects Committee, The Wheelies, Woodside Puzzle Group, Playreaders Group, Photography Group, Hiking Group, and Focused Book Group



# Solar Eclipse Viewing Party

page 5

## Marathon Monday

page 7

## Return to Hiking

page 13

# General Announcements



A friendly reminder that if you would like to attend an event, please remember to RSVP.

There are several ways of doing this – if you use a computer, the easiest way is via Touchtown. If you do not use a computer, you can call Caralyn Russell at (603) 294-1770, or you can let Michelle Albert know at the Sugar House front desk. It is very important to RSVP so Caralyn can ensure there are adequate numbers for programs and events. **Thank you!**

Transportation

## Hannaford Supermarket

Transportation will be providing rides to Hannaford Supermarket in Alton every Tuesday at 9:30 a.m.

Please reach out to Gina Colantuono at (603) 319-1552 if you would like to be transported to Hannaford.

## April Cracker Barrel note:

Please note that on the first week of April, Cracker Barrel will be moved to Wednesday, April 3rd at 10:00 a.m. There will be no Cracker Barrel meeting on Thursday, April 18th.



## Resident & Staff Nurse Luncheon

Friday, May 10th, 12:00 p.m.  
Sugar House Dining Room

**Calling all resident and staff nurses!**  
*We would like to celebrate and honor you with a special Nurses Luncheon.*

Please RSVP to Caralyn Russell at (603) 294-1770 by Wednesday, May 1st. Just a reminder to submit your RN photo to Caralyn Russell – thank you!

## SUGAR HILL LIBRARY

### Art exhibit featuring Sugar Hill resident Juanita Mallard



The paintings currently on display in the Sugar House Library were created by Sugar Hill resident Juanita Mallard.

After she turned 70 years old, with no prior training, Juanita picked up a paintbrush and began painting on glass items from her kitchen.

She then began following the instruction of Donna Dewberry's books, then Susan Scheewe Brown's books, painting on art paper with acrylic art paints.

Finally moving on to canvas, Juanita followed Jerry Yarnell's "Paint This" on his PBS television series. She said he was an excellent teacher and gave much detail during his lessons.

Each painting would evolve throughout the course of several lessons. Juanita would sketch out what Jerry taught during each lesson, taking many notes, and later painting that segment of the painting. Juanita painted mostly during the winter months.



Would you like to exhibit your art in the Sugar House Library? We are looking for resident artists to display artwork. We can display anything from textile arts to paintings to photography. We typically display each exhibit for two months. Please reach out to Caralyn Russell at (603) 294-1770 if you are interested.

# Resident Trips | April 2024

## Vintage Bazaar New England at The Crossings in Newington, NH



Friday, April 5th • 10:30 a.m.

**The bus will begin picking up residents on the Sugar Hill campus at 10:30 a.m. followed by pickup at Back Bay.**

Pedal on over to the Vintage Bazaars this year!! We will have a fantastic lineup of vintage, home decor, handmade goods, artisanal food products and more! If you are on the hunt for vintage fashion and trendy threads – you'll find that as well. Our first Bazaar of 2024 is just a couple months away – April 5th-7th at The Crossings plaza in Newington, NH.



## Candlepin Bowling at Funspot

Friday, April 12th • 12:00 p.m.

**The bus will begin picking up residents on the Sugar Hill campus at 11:00 a.m. followed by pickup at Back Bay.**

Join us for candlepin bowling fun at Funspot in Laconia, NH (likely the last of the season now that the warm weather is on its way!). Cost is \$10 per person—includes two strings of bowling and bowling shoes.

Lunch is available onsite or you can pack your own lunch.

## Forest Canopy Walk at the Vermont Institute of Natural Science

Friday, April 26th • 7:45 a.m.



**The bus will begin picking up residents on the Sugar Hill campus at 7:45 a.m. followed by pickup at Back Bay.**

*What better way to spend Arbor Day than by taking a Forest Canopy Walk at the Vermont Institute of Natural Science?*

The Forest Canopy Walk complements VINS' mission and enhances its world-class environmental education for visitors. Designed so people of all levels of ability can enjoy it, this new ADA-accessible feature offers every generation a new perspective and way to experience the beauty of the landscape.

The landscape of VINS' 47-acre property is perfectly suited to allow people to gain elevation without the need for stairs or steep ramps. Because the land drops in elevation as it slopes toward the backwater of the Ottauquechee River, we've built a boardwalk that remains relatively level while the land drops away beneath. At the highest points, visitors are over 100 feet above the forest floor, getting eye-to-eye with tiny warblers, woodpeckers and squirrels! Access to the Forest Canopy Walk is included with General Admission to the VINS Nature Center. The cost is \$15 per person.

For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770

# Campus Events & Lectures



## Monday Morning Social

Every Monday • 10:00 a.m.  
in the Sugar House Bistro

Catch up with your neighbors  
and friends over coffee and pastries.



## Monday Morning Bible Study

Every Monday • 11:00 a.m.  
in the Sugar House Maple Room

Join Susan Price, Melvin Village Community Church's Christian Education Committee Volunteer, for a seven-week Bible Study. She will be using the John Stott landmark book, *Basic Christianity*, which is not doctrine-based. All are welcome.



*Dolly, Lakie and June enjoying the morning in Sewell Woods, Wolfeboro*

## C Culturally Curious



### Cassatt & Company: The Women Impressionists

presented by Jane Oneail

Tuesday, April 2nd • 2:00 p.m.  
in the Sugar House Maple Room

The visual arts revolution that was Impressionism is too often only understood only through the lens of the leading male practitioners—Monet, Renoir and Degas. How did the women Impressionists contribute to this novel style and how did their work differ from their male contemporaries? This program explores the paintings of Marie Bracquemond, Berthe Morisot, Mary Cassatt and others and considers the unique challenges they faced as women artists in a male-dominated profession.

Jane Oneail curates and delivers art appreciation programs to audiences throughout New England. Jane holds a Master's in Art History from Boston University and a Master's in Education from Harvard University. Born and raised in New Hampshire, she has worked at some of the State's most esteemed cultural institutions, including the League of New Hampshire Craftsmen, where she served as Executive Director; and the Currier Museum of Art, where she held the role of Senior Educator. Jane has also taught at the college level for more than a decade, most recently at Southern New Hampshire University.

**There will be a bus provided from Back Bay; please note if you would like transportation when signing up via Touchtown or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.**

For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770

## Campus Events & Lectures

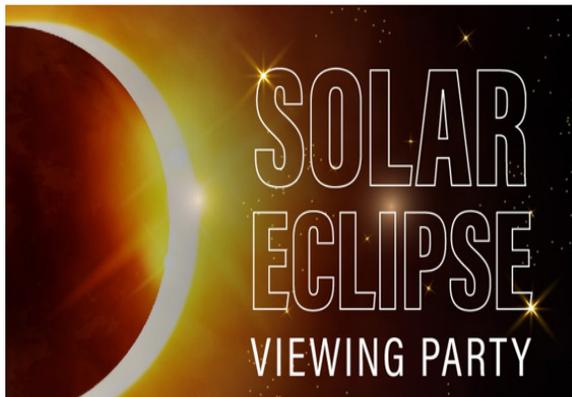


### Cyber Seniors with Brewster Academy

**Sunday, April 7th  
1:00 – 3:00 p.m. in the Sugar Hill Dining Room**

Bring your devices and small equipment to the Maple Room for help from Brewster Academy students who are very tech-savvy and can help with any issue you might be having when it comes to technology!

Cyber-Seniors trains students to become technology mentors for older adults and provides them with the opportunity to receive practical experience while earning service hours. Through this experience, students develop important job skills that enhance opportunities for future employment.



### Solar Eclipse Viewing Party at Sugar Hill

**Monday, April 8th • 2:00 – 4:00 p.m.  
Sugar Hill Front Lawn**

On April 8, 2024, a Total Solar Eclipse will darken New Hampshire's skies in one of nature's most awe-inspiring shows. For 3 minutes and 15 seconds, skies will dim, temperatures will drop, and the country will pause to watch as the Moon passes over the light of the Sun, completely blocking its light.

Northern New Hampshire will be in the eclipse's Path of Totality, which offers viewers the most dramatic view of the eclipse. Here in Wolfeboro, we will see a partial solar eclipse with about 95% coverage of the sun. The last time New Hampshire was in the direct path of a Solar Eclipse was in 1959, and the next won't be until 2079.

We have the opportunity to view this celestial event right from the Sugar Hill front lawn – an optimal location for viewing the eclipse! We will have eclipse viewing glasses with ISO stamp #12312-2.

BYOLC! (Bring your own lawn chair)

**There will be a bus provided from Back Bay; please note if you would like transportation when signing up via Touchtown or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.**

**For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770**

# Campus Events & Lectures



## Book Club with Jeanne Mitchell

**Tuesday, April 9th • 11:00 a.m.**  
in the Sugar Hill Library

Jeanne Mitchell, from the Wolfeboro Public Library, will host this book club meeting to discuss the most recent book selection, "The First Ladies," by Marie Benedict.

## MOVIE MATINEE: NYAD

**Wednesday, April 10th • 2:00 p.m.**  
in the Sugar House Media Room



The remarkable true story of athlete Diana Nyad who, at the age of 60 and with the help of her best friend and coach, commits to achieving her life-long dream: a 110-mile open ocean swim from Cuba to Florida.

Run time 2 hr. 1 min. Biography/Sport/Thriller  
Rated PG -13

## Pontine Theatre presents: Robert Frost's New Hampshire

**Thursday, April 11th • 2:00 p.m.**  
in the Sugar House Maple Room



Pontine Theatre's Artistic Co-Directors present an original stage adaptation of a suite of early poems by Robert Frost, a long-time summer resident of Franconia NH. Frost's first of four Pulitzer Prizes was awarded for his volume: "New Hampshire: A Poem with Notes and Grace Notes."

Known for his New England settings, his down-to-earth, stark depictions of the difficulties of rural farm life, and his use of colloquial speech, Robert Frost is widely admired as a true American Master.

**There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.**

**For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770**

# Campus Events & Lectures



## Marathon Monday at Sugar Hill

Monday, April 15th • 8:00 a.m. – 1:00 p.m.  
in the Sugar House Maple Room

We will be showing live ESPN coverage of the 2024 Boston Marathon beginning at 8:00 a.m. on the big screen in the Sugar House Maple Room. Feel free to come down and join the fun anytime during the coverage!

## MOVIE MATINEE: The Holdovers

Tuesday, April 23rd • 2:00 p.m.  
in the Sugar House Media Room



In “The Holdovers,” Paul Hunham is a universally disliked professor at a prep school called Barton Academy. With no family and nowhere to go around the holidays in 1970, he stays on campus to supervise students who couldn’t go home.

After a few days, only one person is left: a troublemaking 17-year-old named Angus, a good student whose bad behavior always threatens to get him expelled.

Along with the school’s head cook Mary, whose own son was recently lost in Vietnam, the three form an unlikely bond as they spend Christmas together during two very snowy weeks in New England.

Run time 2 hr. 13 min. Comedy/Drama - Rated R (language, some drug use and brief sexual material.)

## Pressed Flower Lantern Craft



Tuesday, April 30th • 2:00 p.m.  
in the Sugar House Maple Room

Make your own pressed flower lanterns that are beautiful and easy to put together! With a bit of mod podge and some dried flowers, you’ll have a gorgeous candle holder! Class will be led by Caralyn Russell. Cost of class and materials is \$10 per person.

## Appreciation Dinner for Brewster Volunteer Students

Sunday, April 28th • 3:00 p.m.  
in the Sugar House Dining Room

Please join us for a special appreciation dinner in honor of our Brewster volunteer students who have aided us with various activities including Cyber Seniors, holiday events, and various resident-led events. More details to come, including cost of dinner and menu along with RSVP information. But please save the date!

For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770

## The Joy of Music with Andy Campbell

Monday, April 1st, 15th & 29th • 2:00 p.m. in the Sugar House Maple Room

### Joy Of Music

We have heard about the benefits of music in our lives, how it can improve our emotional and cognitive lives and how it connects us with our long-term memory while bringing us closer to folks in the present. But don't just take our word for it—*come and see how making music will help you to Voice Your Heart and Train Your Brain!*

## Erin Harpe Country Blues Duo

Wednesday, April 3rd • 3:00 p.m. in the Sugar House Maple Room



Erin Harpe has been called “one of the most dynamic, talented and exciting roots rocking blues women on the scene,” by Living Blues Magazine. The singer, songwriter, guitarist, and bandleader was named New England’s “Blues Artist of the Year” in 2023.

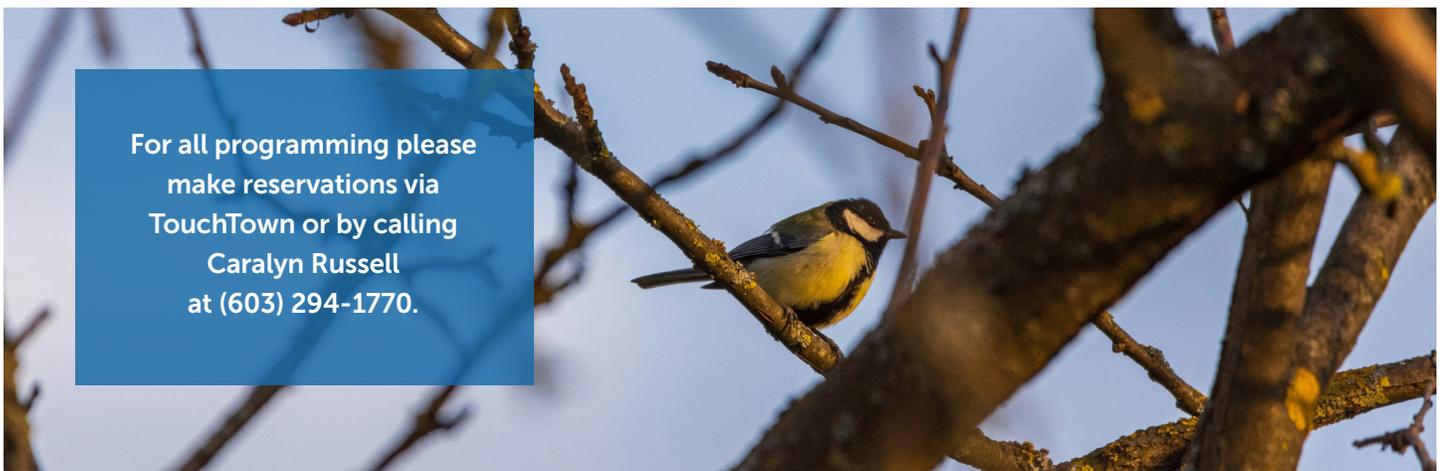
Once described as “Bonnie Raitt on modern performance-enhancing drugs” for her work with her award-winning electric blues band Erin Harpe & the Delta Swingers, more recently Erin has been gaining attention as a celebrated acoustic guitarist and purveyor of 1920’s and 30’s finger-style country blues. Erin grew up learning the style from her dad, Neil Harpe, and

watching local Piedmont blues luminaries such as John Cephas & Phil Wiggins, Archie Edwards, John Jackson, Eleanor Ellis, and Warner Williams, at Washington DC’s famed Archie’s Barbershop.

Erin gets back to her roots in acoustic blues for her new Country Blues Duo (a.k.a. “CBD”) with longtime partner/bassist Jim Countryman. Their energetic performances transport the audience to the Delta, with vintage classics by the likes of Memphis Minnie, Mississippi John Hurt, Tommy Johnson and Blind Blake — elevated by Erin’s own interpretations, and mixed in seamlessly with original compositions and country blues takes on other popular songs. This is a Music Series event.

**There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.**

For all programming please  
make reservations via  
TouchTown or by calling  
Caralyn Russell  
at (603) 294-1770.



## The Sweetbloods

Tuesday, April 9th • 2:00 p.m. in the Sugar House Maple Room



The Sweetbloods are an acoustic duo based in Meredith, NH. Their music is well-known in the Lakes Region/White Mountains area. The Sweetbloods specialize in blending tight vocal arrangements with tasteful guitar accompaniment. The duo's repertoire is varied and incorporates songs from several genres and time periods. Their music centers around acoustic versions of classic rock tunes, folk rock and country rock tunes intermingled with folk, bluegrass, reggae, calypso, blues and jazz tunes.

The Sweetbloods consist of Phil and Janet Sanguedolce. Phil is a multi-instrumentalist and vocalist who has been performing professionally for over 45 years. He has played guitar, keyboards, fiddle, bass, and pedal steel guitar in various bands in the Midwest and New England. Janet is a talented visual and ceramic artist who has been performing professionally as a guitarist/vocalist for the past twelve years. Her solid rhythm arrangements provide a strong backdrop to Phil's colorfully polished guitar artistry. Janet's rich and captivating voice crystalizes the Sweetblood's hypnotic harmonies. This is a Music Series event.

**There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.**

## Alizon & Eddie

Tuesday, April 16th • 2:00 p.m.  
in the Sugar House Maple Room



You know them both from "The Love Dogs," but Alizon Lissance & Eddie Scheer will bring you a special duo performance that is sure to knock your socks off! We look forward to welcoming Alizon and Eddie back to Taylor – Sugar Hill for this special performance. This is a Music Series event.

**There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.**

## The Home Folks

Thursday, April 25th • 2:00 p.m.  
in the Sugar House Maple Room



The Home Folks have been playing music all their lives and together as a group for more than 20 years. Their style is a mix of bluegrass, country, gospel, traditional fiddle tunes and old-time music. As their group name suggests, they sing and harmonize with songs about home and family—songs that speak to the soul.

The group is composed of two couples, the Muzzeys (Harold and Diana) and the Whittemores (Mark and Vicki). Diana sings lead and plays the stand-up bass; Harold plays instrumental leads and backs up the group with a fiddle, banjo and mandolin; Vicki sings harmony, plays clarinet and keeps rhythm with an assortment of instruments; and Mark sings and plays guitar.

**There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.**

For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770

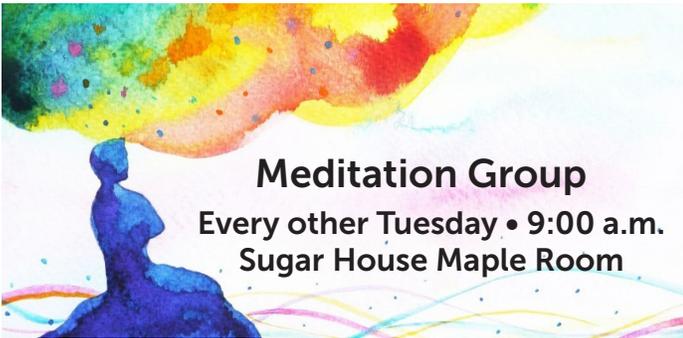
### Sugar Hill Knitting Circle



**Every Wednesday  
2:00 p.m.  
in the Sugar Hill  
Dining Room  
by the fireplace**

An informal drop-in group for those who enjoy knitting or any other small handwork (even mending!) All are welcome to join us. No registration required!

**We are hopeful this circle will continue to meet, to knit, to share ideas, and to get help and inspiration.**



**Meditation Group  
Every other Tuesday • 9:00 a.m.  
Sugar House Maple Room**

Meditation is a practice in which an individual uses a technique – such as mindfulness, or focusing the mind on a particular object, thought, or activity – to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state. Meditation can give you a sense of calm, peace and balance that can benefit both your emotional well-being and your overall health. You can also use it to relax and cope with stress by refocusing your attention on something calming. Meditation can help you learn to stay centered and keep inner peace. Other benefits can include lower levels of stress, reducing asthmatic episodes, physical pain, insomnia, episodic anger, negative or irrational thinking, and anxiety, as well as improving coping skills, focus, and a general feeling of well-being.

*Stephen Reinhart is an Energy Healer, Reiki Master Teacher, Akashic Records Consultant, Hypnotherapist, Shamanic Reiki Master Teacher, Crystal Healer, Sound Healer, Gaia Nic Healer, Personal, Executive and Spiritual Coach, and has been doing mindful meditation for over 50 years.*



### Death Café

**Monday, April 22nd  
3:00 p.m.  
in the Sugar House  
Maple Room**

Are you curious and looking for a safe, confidential place to talk about your thoughts and feelings regarding planning and preparing for your death? Do you have questions? Are you fearful? What is Hospice and Palliative care? How can you talk to your family about your wishes for cremation? Do you want a celebration of life? This is an opportunity to find answers to these questions and many more!

At a Death Café, any and all subjects of dying and death are discussed while we enjoy a beverage and treat. Details and options are yours to ponder, to learn about and decide. The Café is a shared opportunity for discovery and a closer community. Planning for your own death can offer you peace of mind, not having left a lot of decisions and work for your family or friends. A Death Café is a safe, confidential place to listen, learn, and create.

NOTE: A Death Café is NOT a bereavement group or a grief group... simply an ongoing once-a-month small group conversation around questions and concerns to share and learn from each other... and quite possibly find the “gift” in this process! This is a resident-led group.



### Table Tennis

**Every Saturday • 9:00 a.m.  
Table Tennis Room (off of The Maple  
Room at Sugar Hill)**

If you are interested in playing outside of the Saturday morning scheduled hours, you can also call Harry Liedtke at (603) 581-8313 to arrange to play table tennis at a mutually convenient time.

### American Mahjong



**Every Tuesday and Saturday  
1:00 p.m. at the Back Bay RAC**  
**Every Friday  
1:00 p.m. in the Sugar House  
Maple Room**

Please reach out to Penny Keith at (774) 722-7992 or Shirley Felong at (603) 569-3097 if you are interested in learning and playing at the Back Bay RAC. Please reach out to Betty Lathrop at (603) 515-1181 if you are interested in playing at Sugar Hill. This fascinating game is excellent for brain plasticity! "A Beginner's Guide to American Mahjong" is available at the RAC on a sign-out basis.

A card that shows the hands that can be created with the tiles is necessary to play, and new cards are sent out every year. The current card can be ordered at [Nationalmahjongleague.org](http://Nationalmahjongleague.org) \$14/\$15.

### Mexican Train

**Every Tuesday and Saturday • 1:00 p.m.  
at the Back Bay RAC**



Easy to learn and lots of laughs! 25¢/game.  
**Warning: this game is addictive! Just show up with your quarters and play!**

### Drum Circle



**Every Thursday  
11:00 a.m.  
in the Sugar  
House Maple  
Room**

How can a drum circle be healing?

Drum therapy is an ancient approach that uses rhythm to promote healing and self-expression. Therapeutic rhythm techniques have been used for thousands of years to create and maintain physical, mental, and spiritual health. Recent research indicates that drumming accelerates physical healing, boosts the immune system, produces feelings of well-being, and helps release emotional trauma.

Drumming also induces deep relaxation, lowers blood pressure, and reduces stress.

Led by Sugar Hill resident Steve Reinhart. **No experience is necessary! We encourage you to join the circle and express yourself!**



### Men's Group

**Every other Tuesday • 9:00 a.m.  
in the Sugar House Maple Room**

The Men's Group represents a unique opportunity for men to unite, offering each other the support to share their stories and talk amongst friends without judgement. It provides a dedicated space for empowerment. In the company of peers, men offer each other meaningful camaraderie, mentorship, harness each other's strengths, and collectively confront their fears.

*Stephen Reinhart is an Energy Healer, Reiki Master Teacher, Akashic Records Consultant, Hypnotherapist, Shamanic Reiki Master Teacher, Crystal Healer, Sound Healer, Gaia Nic Healer, Personal, Executive and Spiritual Coach, and doing mindful meditation for over 50 years.*



# Wellness

## Body Composition Challenge

**Wolfeboro Edition!**

MON **6** MAY 2024

Begins  
Monday, May 6th  
1:00 p.m.  
Recreation &  
Aquatic Center

The Body Composition Challenge is for anyone looking to lose or gain fat or muscle! To join, see Taylor at the RAC the week of April 29th - May 3rd for weight, waist and hip measurements. Over the next six weeks, work to improve your body composition through better eating habits and exercise. There will be weekly newsletters, a body composition challenge fitness class, and a presentation by a Registered Dietician, which will take place on May 16th at 1:00 p.m. in the Maple Room. Show your interest by signing up on Touchtown; with Taylor at [tmiller@taylorcommunity.org](mailto:tmiller@taylorcommunity.org); or call (603) 367-3015.



# POOL YOGA & MEDITATION

**TUESDAY,  
APRIL 2ND**  
**3:00 p.m.**

FOR RESIDENTS & STAFF  
LIMITED TO 12 PARTICIPANTS

Dive into serene yoga poses in a toasty, 84 degree pool, then drift away in a tranquil floating meditation.

Sign up on Touchtown;  
with Taylor at  
[tmiller@taylorcommunity.org](mailto:tmiller@taylorcommunity.org);  
or call (603) 367-3015.

# Wellness

## Recreation and Aquatic Center Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 - 9:00 a.m.	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	<b>Closed</b>	<b>Closed</b>
9:00 a.m. - 12:00 p.m.	Open swim	Open swim	Open swim	Open swim	Open swim	<b>Closed</b>	<b>Closed</b>
12:00 - 1:00 p.m.	Open swim	Resident swim only	Open swim	Resident swim only	Resident swim only	<b>Closed</b>	<b>Closed</b>
1:00 - 3:00 p.m.	Open swim	Resident only water aerobics (1:00 p.m. - 2:00 p.m.)	Resident only water volleyball	Resident only water aerobics (1:00 p.m. - 2:00 p.m.)	Open swim	<b>Closed</b>	<b>Closed</b>
3:00 - 4:30 p.m.	Open swim	Open swim	<b>Pool closes at 3:00 p.m. for maintenance</b>	Open swim	Open swim	<b>Closed</b>	<b>Closed</b>
4:30 - 7:00 p.m.	Open swim	Open swim	<b>Closed</b>	Open swim	Open swim	<b>Closed</b>	<b>Closed</b>

WELLNESS

## RETURN TO HIKING



Begins Monday, March 25th  
1:00 p.m.

Recreation & Aquatic Center

A 5-week class to improve cardiovascular fitness, strength and balance in preparation for the hiking season! Mandatory for anyone wishing to participate in the hiking group.

If you are unable to attend Return to Hiking but would like to participate in the Hiking Group, please see Taylor.

Sign up on Touchtown;  
with Taylor at  
[tmiller@taylorcommunity.org](mailto:tmiller@taylorcommunity.org); or  
call (603) 367-3015.



## TAYLOR COMMUNITY WELLNESS WOLFEBORO FITNESS CLASS SCHEDULE

### Monday

- 9:00 a.m. Functional Fitness with Taylor
- 10:00 a.m. Strength & Stretch with Taylor
- 11:00 a.m. Balance Class with Taylor
- 1:00 p.m. Return to Hiking (begins March 25th, sign up required)
- 1:00 p.m. Body Composition Challenge Class (begins May 6th)

### Tuesday

- 9:00 a.m. Chair Yoga with Russ
- 10:00 a.m. Mat Yoga with Russ
- 11:00 a.m. Tai Chi with Russ
- 1:00 p.m. Water Aerobics with Russ

### Wednesday

- 9:00 a.m. Functional Fitness with Taylor
- 10:00 a.m. Strength & Stretch with Taylor
- 11:00 a.m. Balance with Taylor
- 2:00 p.m. Low Impact Cardio Fit with Taylor

### Thursday

- 11:00 a.m. Chair Yoga with Becky
- 1:00 p.m. Water Aerobics with Taylor

### Friday

- 9:00 a.m. Functional Fitness with Taylor
- 10:00 a.m. Strength & Stretch with Taylor
- 11:00 a.m. Tai Chi
- 1:00 p.m. Return to Golf (begins March 15th, sign up required)

# Independent Resident Snapshots



# Assisted Living in Wolfeboro



# Recurring Campus Events | WOLFEBORO

RSVP is required for most events and may be made via Touchtown in Events, or with Caralyn Russell at (603) 294-1770 or [crussell@taylorcommunity.org](mailto:crussell@taylorcommunity.org) unless otherwise noted.

## MONDAYS:

### Billiards

10:00 a.m., Sugar House

### Monday Morning Social

10:00 a.m. Sugar House Bistro  
(coffee & pastries)

### Pool Volleyball

1:00 p.m., Back Bay RAC

## TUESDAYS:

### Mexican Train

1:00 p.m., Back Bay RAC

### American Mahjong

1:00 p.m., Back Bay RAC

### Meditation Group

9:00 a.m.  
Sugar House Maple Room  
(every other Tuesday)

### Men's Group

9:00 a.m. Sugar House Maple  
Room (every other Tuesday)

## WEDNESDAYS:

### Billiards

10:00 a.m., Sugar House

### Knitting Group

2:00 p.m., Sugar House Dining  
Room area by fireplace

## THURSDAYS:

### Cracker Barrel Coffee Hour

10:00 a.m.  
Sugar House Maple Room  
(outdoors under the Sugar House  
tent in the warmer months)

## FRIDAYS:

### Billiards

10:00 a.m., Sugar House

### American Mahjong

1:00 p.m., Sugar House  
Maple Room

## SATURDAYS:

### Table Tennis

9:00 a.m., Table Tennis Room

### Resident led exercise

10:00 a.m.  
Sugar House Maple Room

### American Mahjong

1:00 p.m., Back Bay RAC

### Mexican Train

1:00 p.m., Back Bay RAC

## SUNDAYS:

### Board games

1:00 – 3:00 p.m.  
Sugar House Dining Room

## Care Management Nurse

Care Management Nurse Anne Ulman, RN and Samantha Jones, LNA will be leading **Blood Pressure Clinics** every Tuesday from 1:00 - 2:00 p.m. in the Sugar House Library, and every Wednesday from 2:00 - 3:00 p.m. at Back Bay Recreation and Aquatic Center.

For more information, please contact:  
[aulman@taylorcommunity.org](mailto:aulman@taylorcommunity.org)  
or (603) 569-8485, ext. 4240.

## Dining at Sugar Hill

The Sugar House Bistro and Dining Room are open for dining in or take out pick-up at the Sugar House, Monday – Friday, 12:00 noon – 6:30 p.m.

If you would like to order takeout, please call (603) 569-8485. If you would like to order dinner to go, please call 24 hours in advance whenever possible, so we can have your order ready for you at 5:00 p.m.



## Dial-A-Ride Reservations

To make a reservation with Dial-A-Ride please call Gina Colantuono at (603) 569-8485 or [gcolantuono@taylorcommunity.org](mailto:gcolantuono@taylorcommunity.org).