

Here's to a New Year

We say goodbye to 2023

And hello to 2024

We will take with us all the memories

And here's to many, many more

We had the winter, spring, summer and fall

Who knew that we had it all

Concerts and programs and lectures galore

Holiday parties and celebrations
and events and more!

We danced, we sang, we listened and laughed

We remember all in our community and
celebrate each uniqueness and craft

And now we venture into a new year

New people to meet and journeys to steer

Laugh and love, enjoy the time as it goes by fast

As it will be something that bonds us all
and will forever last

The friendships we make and the days
we spend together

We will always remember those moments forever

A beacon of hope, to the future, so cheers

To all in the Taylor Community,
here's to a new year!

— Shannon Wharton

Resident Town Hall Meetings

JANUARY 2024

Laconia Resident Town Hall

Monday, January 8th, at 11:00 a.m.
in the Tree Rooms of the Woodside Building

Wolfeboro Resident Town Hall

Wednesday, January 10th, at 10:00 a.m.
in the Maple Room of the Sugar House

As always, please feel free to submit any questions in advance to
townhall@taylorcommunity.org
or call Sharon Ryba at (603) 366-1400
to submit a question via phone.

Additionally, all Town Hall Meetings will now be available for viewing on Touchtown.

We look forward to seeing you!

Ladies Brunch

**Our next Ladies Brunch will be held on
Wednesday, January 17th at 10:00 a.m.**

Our speaker will be Pat Barker (aka the Turtle Lady). However, that is not the hat she will be wearing for us. Pat will be speaking about her experiences as a mineralogist.

Look for the menu on the
Woodside Bistro page.

Make reservations on Touchtown or if you are unable to use, you may call Shannon at (603) 366-1200. Please check to make sure your name is on the list. The deadline for reservations is January 10th.

See you there!



TRA Monthly Social & Buffet

**Saturday, January 20, 2024
Woodside Fireside Room
5:00 p.m.**

ATTENTION: New & Existing Residents

Meet New and Old Friends!
Enjoy Cocktails and Hors d'oeuvres.
Take a chance on the 50/50 Raffle.
Have an Enjoyable Evening!

Drink and raffle tickets available in the lobby.

Delicious buffet dinner prepared by
Glendale Staff, menu is on page 23 of the
Laconia section. Seating is a random mix
of singles and couples.

\$30 per person

**Make your reservations NOW!
(Required)**

Accepted until January 17th

**Call (603) 366-1449
Or reserve on Touchtown**

Welcome! New Residents

Paul White • Steve Whitney • Paula & Tom Gilleney



The purpose of the TRA is to be a conduit between the residents of Taylor and the administration. The TRA committee is open to hearing your concerns and will bring those concerns to the proper people in administration.

The TRA meetings are open to all Taylor Community residents. The meetings are usually held on the 2nd Monday of each month starting at 9:30 a.m. **All are welcome.**

The TRA November social attendance was 87 which was one of largest groups to date.

The 50/50 raffle was won by Steve Siegel - in the amount of \$89, which he returned to the Sunshine Fund. Thank you, Steve, for your generosity.

An issue brought to my attention is the concern about the height and illumination of the new Taylor Community sign at the entrance. Michael has taken this item under advisement and will speak with Kirk about the sign.

Have a Merry Christmas and Happy New Year.
— ***Caesar Meledandri***

Thank you!

Greater Lakes Region Children's Auction and Community Challenge Results for 2023

We are excited to share the record-breaking news for the Community Challenge/Pub Mania and the Greater Lakes Region Children's Auction:

- **Community Challenge Teams (including Team Taylor supporters) were responsible for raising \$356,456 – an increase of over \$51,000 from last year.**
- **Greater Lakes Region Children's Auction total (including the Community Challenge team totals) \$711,493 – an over \$85,000 increase from last year.**
- **For the third year in a row, Team Taylor was awarded the Feeding Families Award thanks to our record-breaking Taylor Cares Food Drive.**

We are deeply grateful for the variety of ways Team Taylor supported the kids throughout 2023 - including the Spring and Fall Shuffles at Patrick's Pub, the Sweepstakes Social on the Mt. Washington, The Taylor Cares Food Drive, the Taylor Holiday Craft Fair, Pub Mania, and auction items that were donated and sold at the Auction.

Profound thanks to all. It will be a very Happy New Year for so many nonprofits working with and for children this coming year because of everyone involved in the Community Challenge and Auction.

We welcome any ideas for 2024 Community Challenge fundraising events. Please keep in touch and know how grateful we are to every one of you for your past and continued involvement.

— Team captains Allan Clemow, John Larson & Gretchen Gandini

Something to Check Out: The Caregiver Minute

Many of our residents find themselves in the position of caretaker for a loved one here at Taylor Community. Being a caregiver, especially when it involves caring for someone with cognitive deficits, creates enormous demands on any individual in this role. The loved one's memory loss, confusion, trouble with wordfinding, and "sundowning" are just some examples of the challenges caregivers must contend with on a daily basis.

As caregivers support their loved ones, they in turn need support. Here at Taylor Community in Laconia, the Caregivers Support Group, which meets every Tuesday at 11:00 a.m. in the Birch

Room at Woodside, is a resource for caregivers. Another useful resource is "The Caregiver Minute," a daily video sent via email to recipients. The Caregiver Minute is presented by Eric Collett, the founder of A Mind For All Seasons, an organization that specializes in brain health. Eric is a nationally renowned expert on dementia, and provides a daily presentation, lasting from three to seven minutes, that addresses a specific aspect of brain health and caring for, or interacting with, an individual with dementia. Members of the Caregivers Support Group have found these daily videos powerfully helpful.

The Caregiver Minute is free; you can sign up for it at the website:
<https://amindforallseasons.com/caregiverminute/>

Should you have any questions about The Caregiver Minute, A Mind For All Seasons, or Taylor's Caregiver Support Group, please contact Director of Social Services – Care Management Hank Offinger at 603-366-1207 or hoffinger@taylorcommunity.org.

Taylor Community Welcomes New Hires

- **Tracey White** – an RN, is joining us at the Residence at Back Bay. Tracey attended LRCC where she earned an associate degree in nursing. She also has an associate degree in medical assisting from McIntosh College. Tracey enjoys gardening and spending time with her children and family; Tracey also owns and runs a garden nursery. She enjoys reading and going to the casino with her husband, and they have two young dogs that they adopted from a local shelter.
- **Jodie Buffum** – is a new Medication Nursing Assistant working at the Residence at Back Bay. She has been working in healthcare for over 30 years in hospitals, nursing facilities and homecare. While enjoying working with clients of all ages, she has especially enjoyed pediatrics. Jodie lives with her husband, a cat named Kitten, and her nine-

year-old grandson who enjoys playing sports and the guitar. Her husband runs marathons for St. Jude Children's Hospital and they travel as a family to support him. Jodie and her husband also stay busy attending as many of their grandson's basketball and soccer games as possible.

- **Patty King** – is the new Admissions Director in Wolfeboro. She has been married to her husband Dave for 42 years. Patty and Dave are getting ready to build a new home in Gilford. She attended UNH at Durham and received her BS degree in Consumer Economics and Business. They have two daughters, Meagan and Rachel, who are both married, and they have two young granddaughters, Lyla (2 ½) and McKenna (4 mos.) who are the light of their lives. Their entire family loves the lake and boating.

Welcome!

COMING SOON

The ability to recycle #6 polystyrene foam such as Styrofoam at Taylor Community.

This material should not be recycled in our curbside recycling bins since it currently is not accepted by our recycling contractor.

The Taylor Project Committee has approved providing a receptacle for residents to use to drop off their foam material and arrangements have been made to transport it to a regional foam recycling facility.

ACCEPTABLE & UNACCEPTABLE FOAM MATERIALS FOR RECYCLE



#6 FOAM COOLERS



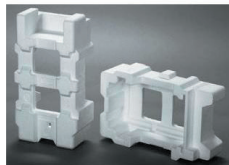
MUST HAVE #6 SYMBOL



CLEAN MEAT & PRODUCE TRAYS



EGG CARTONS



PACKING BLOCKS



CLEAN #6 PLATES & CUPS



NO PACKING PEANUTS



NO DIRTY FOAM PRODUCTS



NO PIPE INSULATION

So save your foam and look for future information on when the program will start and where the collection receptacles will be located.

In the meantime, thank you for continuing to recycle soft plastic, which is also not accepted by our recycling contractor, in the wooden chest in the Woodside foyer.



BINGO & A COCKTAIL

THURSDAY, JAN 18 TH
At Woodside Birch Room

Games will be from 2:00 - 3:00 p.m.

JOIN US NOW

GAMES | PRIZES | PARTY

More Information :
ewhite@taylorcommunity.org

It's the most wonderful time of the year for scams!!!

by Ed Soucy

The scammers are out there and unfortunately, are usually a few steps ahead of the honest citizen. We are bombarded with scam telephone calls, e-mails including fishing schemes and dangerous links, and our credit cards and mail are subject to theft and skimming. It is impossible to know who to trust.

Many residents are receiving phone calls from scammers purporting to be from Medicare or Social Security. They will tell you that there has been a "problem" with your Medicare or Social Security number and that they need information to clear up the problems. **HANG UP THE PHONE IMMEDIATELY** if you get this call. It is an attempt by scammers to obtain personal information to be used by them to use your identity or to steal from the Medicare program.

There are several additional phone call scams with the caller telling you there is a problem with something you ordered from Amazon or with your PayPal or Venmo number. The bait is that the Amazon item is valued at a high amount, example \$600, and that they need information to send it to you. This may cause you to think to yourself, "oh boy, free stuff!" When you talk with them, they tell you that you need to pay the postage and need a credit card number to pay a minimal postage amount, and your item will soon be on its way to you. **THIS IS A SCAM. YOU DID NOT ORDER ANYTHING FROM AMAZON.** They want your credit card number. The PayPal scam is similar, but the objective here is that they either want your bank account number or in some versions, need you to buy gift cards or Bitcoin, to settle the matter — **ANOTHER SCAM.** Some residents have received calls from "Eversource" saying that their bill has not been paid, and their electricity will be shut off unless they pay on the phone. This, too, **IS A SCAM.**

There are hundreds of permutations of these scams, but if you do not recognize the phone number that is calling, let it go to voicemail.

If they leave a message, listen and decide if it is a valid call.

There are new gift card scams, debit card scams and all the old favorites like the Jamaican Lottery Scam or the Nigerian Prince scam coming back every year, too. But if you do get swept up in a phone call from a smooth-talking huckster, pay close attention to how they want to be paid. If they mention gift cards or Bitcoin, hang up immediately. No legitimate offers or opportunities ever need to be paid in that manner.

Internet scams are varied and even more nefarious. Many will look like they are from your bank, a company you do business with or someone that you trust. The message in the e-mail will outline something too good to be true, or will be alerting you to a problem with your credit card, bank account, or anything that may pique your curiosity. In the body of the e-mail will be a link to which the message tells you to click. **NEVER NEVER NEVER CLICK A LINK IN AN E-MAIL FROM AN UNKNOWN SENDER.** If you do, a number of bad things may happen including losing your computer to a scammer and all of the information on it will be stolen and used to steal everything you have, or to take out a loan or credit card in your name, or worse.

Pay attention to the return e-mail address — it may look like a familiar name, but it also may be something that is unfamiliar to you. Look at the spelling and wording in the body of the e-mail; it may be stilted or have grammatical or spelling errors. This is not always the case, but it is a first line of defense to watch for telltale issues.

If you get any fraudulent calls, please let me know by sending the information to esoucy@taylorcommunity.org and tell me how they are trying to scam you.

Wellness and Fitness

Exercise: Squat Curl

- 1) Stand with your feet a comfortable width apart.
- 2) Hold an appropriate size weight in each hand.
- 3) Drop your hips straight down.
- 4) Insure your knees remain in back of your toes.
- 5) Keep your elbows on your body.
- 6) Curl the weights up towards your chest
- 7) Let the weights drop back down to the starting position.
- 8) Repeat steps 6 and 7 until your form deteriorates.



Wellness

Body Composition Challenge



MON | 8 | 2024
JAN

8 WEEKS

WEIGHT, WAIST & HIP MEASUREMENTS

WEEKLY NEWSLETTER WITH TIPS & TRICKS

FITNESS CLASSES

For questions or to sign up, please reach out to Becky
via email at bhamilton@taylorcommunity.org.

Wellness and Fitness



The Taylor Varsity Pickleball Team invites you to join them!

(No experience necessary)

The early winter session of pickleball begins Thursday, January 18th, at the Meredith Rec Center. We play from 9:00-10:30 a.m., with frequent water and chat breaks! Paddles and balls are provided; all you need to do is wear indoor court footwear. We carpool as much as possible, Jim Eggers (Jameseggers@comcast.net) is the carpool coordinator.

If you can swing a paddle at a whiffleball, you can play pickleball. All of us learned from someone else, so don't think you can't join us because you don't know how to play! Want to just sit and watch before deciding? That's fine too, though you may find yourself recruited as a ball retriever!

Birthdays

JANUARY	1	Diane Groux	Ledgeview	16	Russ Cooper, Jr.	Ledges
	2	Allen Gable	Woodside	16	Pete Woodward, Jr.	Ledges
	3	Judith Berry	Ledgeview	17	Ray Chambers	Ledges
	4	Priscilla Morse	Back Bay	18	Karen Duncan-Moretti	Sugar Hill
	4	Friedl Scimo	Ledges	19	Nancy Cladel	Ledges
	4	Dean Anson II	Ledges	19	Judy Dean	Ledges
	5	David Eastburn	Ledges	19	Susan Amlicke	Woodside
	5	Tom Goulette	Taylor Connection	20	Katie Fogg	Woodside
	5	Dennis O'Hern	Taylor Connection	20	Rainer Jansson	Ledges
	6	Arlene Ilgenfritz	Ledges	20	George Hurley	Back Bay
	6	John Perley	Ledges	21	Nancy Williams	Back Bay
	7	Jerry Hopkins	Taylor Connection	21	Caesar Meledandri	Woodside
	7	Tom Gillen	Woodside	21	Paula Chambers	Ledges
	7	John Shepard	Sugar Hill	22	Robert Berry	Ledgeview
	9	Jane Roosevelt	Ledgeview	25	Patricia Brady	Sugar Hill
	10	Nelson O'Bryan	Taylor Connection	26	Robert Lindstrom	Taylor Home
	10	Judy MacKinney	Back Bay	26	Linda Ferruolo	Taylor Connection
	10	Maryanne Michaelis	Taylor Connection	27	Denny Stringfellow	Ledgeview
	11	Keli Douglass	Taylor Connection	27	Doris Duff	Woodside
	12	Claire Smith	Taylor Connection	28	Bob North	Ledges
12	Jack Foley, Jr.	Taylor Home	28	Jo Binette	Taylor Connection	
13	Donald Dimick, Sr.	Ledgeview	29	Geraldine Monti	Taylor Connection	
16	Dave Reynolds	Sugar Hill	30	Lee Perkins	Sugar Hill	
16	Gerry Long	Ledges	30	Nancy Morrill	Ledges	

Happy Birthday!

Support Group: Dealing with Loss

Fridays at 11:00 a.m.

Location: Birch Room at Woodside

For more information,
contact Hank Offinger, MSW
at (603) 366-1207.

Taylor Community Gift Annuities

As a 501(c) (3) corporation, Taylor Community offers charitable gift annuities to its residents as a vehicle to receive lifetime income and a tax deduction at the same time.

The interest rate paid on the annuity depends on the age of the annuitant, and the older you are, the higher the interest rate, and interest rates are going up. Bank of New Hampshire administers the program for Taylor, and your money is secure as Taylor maintains a fully-funded Gift Annuity investment account from which annuity payments are made.

If you would like more information, please contact Ed Soucy at (603) 366-1229 or via e-mail at esoucy@taylorcommunity.org.

In Memoriam

Karna Feltham

8/22/1934 – 11/29/2023

Taylor resident since 2003

Carole Plaisted

4/3/39 – 11/26/2023

Taylor resident since 2016

S. Barbara Pegnam

7/19/31 – 12/6/2023

Taylor resident since 2019

Jack Weeks

12/7/32 – 12/7/2023

Taylor resident since 2013

Stephen Purington

9/7/1951 – 12/12/2023

Taylor resident since 2017

Mary Ellen Boudman

7/5/43 – 12/14/23

Sugar Hill resident since 2019



Gazette Submissions

As a reminder, all content for *The Gazette* is due on the 15th day of each month.

Next month, all content will be due on Monday, January 15th.

Please send all submissions to gazette@taylorcommunity.org.

Thank you!



Find it Fast Index

Main Section: Page

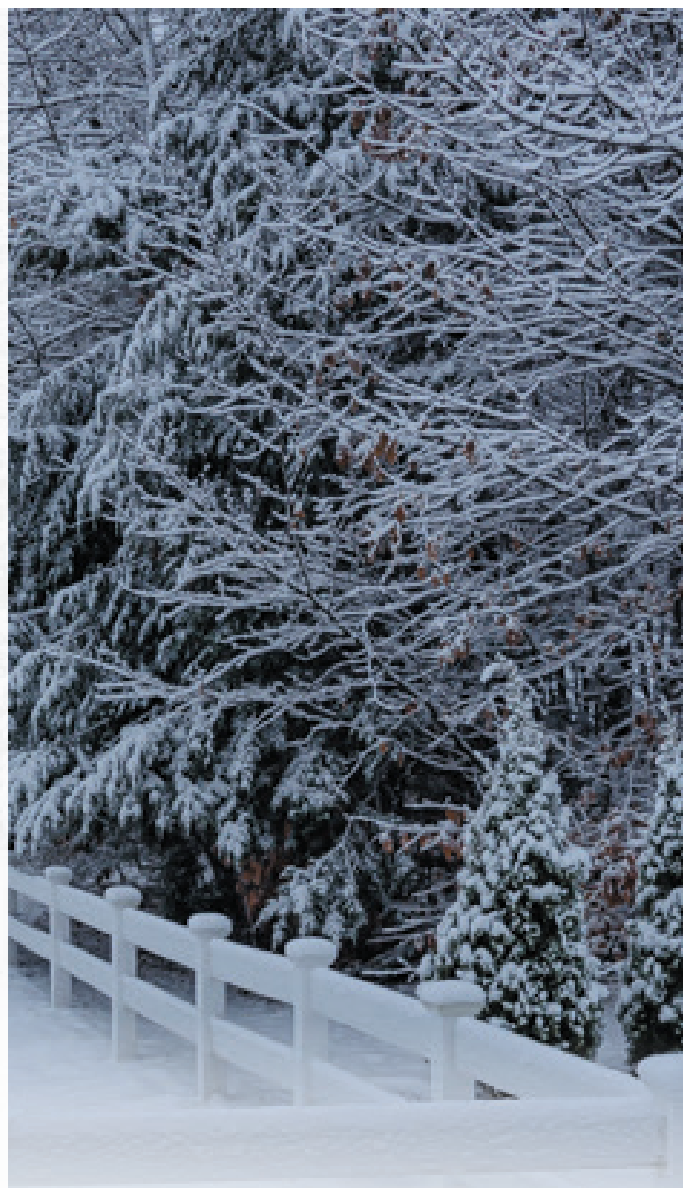
Upcoming Town Hall Meetings	2
TRA Corner	3
Green Tips	5
Wellness and Fitness Exercise	8

Laconia Section:

Special Events	2
Resident Trips	4
Musical Events	5
Lecture Events	9
Dining Events	11
Woodside Theater Events	12
Touchtown Programming	15
Upcoming Events	16
Resident Life	20
Library Additions	21
Fitness Schedule	22
Bistro Menu	23
Recurring Events	24

Wolfeboro Section:

Resident Life	2
Resident Trips	3
Campus Lectures and Events	5
Musical Events	9
Resident Groups	11
Pools Schedule	13
Fitness Schedule	14
Recurring Events	17



December 4th snow
photo by Dave Gorke Photography



Nonprofit since 1907

Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call **(603) 366-1400**, or simply use the online form available on our website, **www.taylorcommunity.org**.





Wednesday, January 3rd

Time for our monthly Men's Breakfast on Wednesday, January 3rd, 2024 in the Woodside Elm Room, since it is the 1st Wednesday of the month. As usual, coffee will be ready at about 7:15 a.m., with food at about 7:30 a.m., and the speaker from 8:00 - 9:00 a.m.

Our speaker this month will be a resident of Taylor – Marty Hall. He is a cross country skiing pioneer — so instrumental in transforming the sport that he was inducted into the United States Ski and Snowboard Hall of Fame in 2017. He was appointed as the first full-time paid United States Olympic Cross-Country Coach in 1970. When he began professionally working in the industry, women were not included in the sport. In order to open opportunities for women to compete professionally in cross-country skiing, he started the first United States Women's Team in 1969. In order to bring new spectators to the sport, he helped design a new trail system using short loop courses instead of long loop courses so that racers will go by multiple times with the spectators close to the trails and able to watch the action, rather than sitting in the stadium watching only the start and finish of the race. He will show a short film, and will answer questions from the floor.

To make a reservation PLEASE register through Touchtown. For those who can't use Touchtown, call me at (603) 524-7131 or e-mail me (jelarson234@yahoo.com). Mark your calendar and remember to look at it.

I look forward to hearing from you, and seeing you there. Thanks!

Oasis Pub Night

Friday, January 5th
Woodside, 4:30 p.m.



Come join us at the Oasis for a nice break after all the hoopla of the holidays. And to that purpose, we are designating the January Oasis **"Summer in the Winter."** Let's make it look like a party! Wear a Hawaiian shirt, beach wear, or any other really colorful outfit as we all have a wonderful time at your Oasis.

Relax, sit back, and join your friends and neighbors for all the usual fellowship and fun. You know the drill. The 'Pub Menu' is always a treat and as always, soft drinks, beer, and wine are available at a nominal cost. All that fun is free!

– **Your Oasis Pub Crew**

January Circle Dinner

Saturday, January 13th

Please sign up on TouchTown now for the next Circle Dinner scheduled for Saturday, January 13th. Circle Dinners are small group gatherings (4-8 people) ... like a mini-Pot Luck dinner



... in the cottages or apartments of fellow residents with all attendees bringing one of the dinner courses as assigned by the host(s). It's a great way to get to know others, and enjoy lively conversation and a great meal! It can't hurt to give it a try!

The last day to sign up for the January Circle Dinner is Friday, January 5th.
Be There or Be Square!

Questions: Call Liz Cooper at (603) 344-0344, or email liznhnc@gmail.com.

The next Circle Dinner will be held on Saturday, March 9th.



Volunteer Informational Meeting

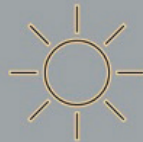
Tuesday, January 16th • 11:00 a.m.
Woodside

A meeting for current volunteers, and all who are interested in volunteering for Taylor Community, will be held on January 16, 2024 at 11:00 a.m. in the Elm Room at Woodside (following Cracker Barrel). Information about current volunteer opportunities and the process for becoming a Taylor volunteer are the main topics for discussion. There will be information from current volunteers about their experiences. Taylor is a "not-for-profit" organization, which means that

volunteer hours are considered when the organization is seeking funds for special projects. Volunteer "hours" are kept monthly and totaled on a yearly basis. Volunteering is a satisfying service for residents needing some help and is rewarding for the volunteer. ***Let's start the New Year by volunteering for Taylor!***

The Cancer Club

Let's Get Talking



Taylor Cancer Support Group

Tuesday, January 9th • 12:00 p.m.
Woodside Wet Craft Room

Do you have cancer now? Have you had it in the past? If so, then you might want to be a member of the Taylor Cancer Support Group, led by Pat Anderson. We'll get together to have fun and share experiences.

Join us for an organizational meeting. We'll share ideas about activities for this group and get it going.



Team Trivia Night at Woodside

Tuesday, January 16th • 4:00 p.m.

Do you have a plethora of useless knowledge stored away? Well, it might just come in handy now! Teams (staff and/or residents) will compete against each other for fun prizes. Form your own team, or let us match you up... Your team will work together to determine trivia answers. The team with the most correct answers wins! Wine will be served along with light snacks ... or feel free to bring your own beverage of choice!

Museum of Fine Arts, Boston



Friday, January 12th • 8:00 a.m.

Join us for this self-guided tour of the 20th-largest art museum in the world — Boston's Museum of Fine Arts. It contains 8,161 paintings and more than 450,000 works of art, making it one of the most comprehensive collections in the United States. New American Cafe on Level 1 offers a wide selection of starters, entrees and desserts - Garden Cafeteria - Level G offers pizza, sandwiches, hamburgers, soups, snacks and desserts. **Admission is \$27/pp. The bus will begin picking up residents on the Laconia Campus at 8:00 a.m.**



Isabella Stewart Gardner Museum

Friday, January 19th • 9:00 a.m.

The Isabella Stewart Gardner Museum is an art museum in Boston, Massachusetts that houses significant examples of European, Asian, and American art. Its collection includes paintings, sculpture, tapestries, and decorative arts. Food and drink are available in Cafe G, the museum's onsite cafe. **Admission is \$18/pp. The bus will begin picking up residents on the Laconia Campus at 9:00 am.**

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

The Flying Monkey: Gypsy



Saturday, January 20th
12:15 p.m. departure/2:00 p.m. show

Regarded by many to be the most perfectly written musical, *Gypsy* tells the fact-based story of the most ferocious stage mother of all time, relentlessly pushing a troupe of marginally talented vaudeville children across the country during the 1920s and 1930s. *Gypsy* includes meaty adult roles and a variety of strong opportunities for singing-dancing children and young adults. The score includes such classics as "Everything's Coming Up Roses," "All I Need is the Girl," "Let Me Entertain You," and "Together Wherever We Go." Presented by arrangement with Tame-Witmark, A Concord Theatrical Company.

Tickets start at \$27.50/pp and are non-refundable.

Musical Events | LACONIA

Alan Cook Music

Friday, January 5th • 2:00 p.m.



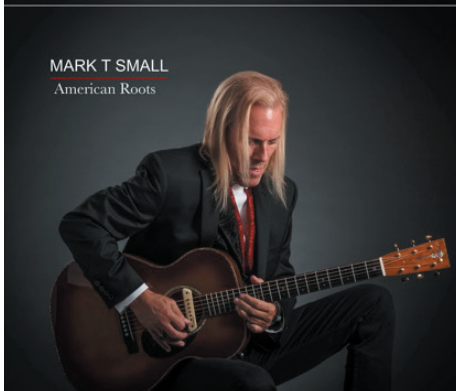
Maine musician Alan Cook revitalizes the music of the 20th century. He has been a musical staple of the Downeast region of Maine for decades, a solo and group performer, music faculty at the University of Maine for 15 years, and as proprietor of a music store. His heartfelt and fearless performances make a memorable impression. Each show journeys across his wide repertoire of musical gems spanning 100 years of folk, country, blues, rock, and pop. His songwriting skills are often brought out on stage, as well, with compositions and improvisation alike.

A natural crowd-pleaser, he has the ability to scan an audience and play to their hearts, redefine genres, and bring together generations. Performing across New England, he lives with his wife and 5 children, in Jonesboro, Maine. Join us for Alan's first visit to Taylor Community. **This event will take place at Woodside beginning at 2:00 p.m.**

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

Mark T. Small - An American Music Concert

Monday, January 8th • 6:30 p.m.

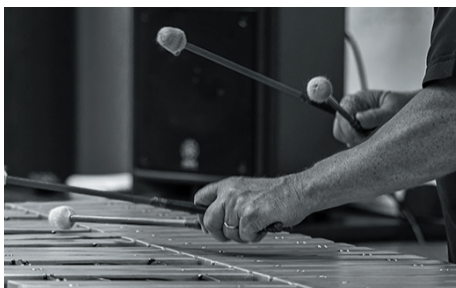


Mark is an internationally recognized musician and entertainer who has performed in numerous venues throughout the United States & Europe. His CD was named BEST Acoustic Blues Album in 2014 and his recordings have reached the top 20 on National Music Charts. Mark is an extraordinarily accomplished guitarist. His concerts include instrumentals and singing and playing music from the early 1800s to the late 1950s. You will hear Mark's signature foot stompin' blues, boogie and honky-tonk selections. (Roots Music). Instrumental selections include: America The Beautiful, Amazing Grace, Autumn Leaves, Maple Leaf Rag, and many other dazzling, fancy guitar arrangements.

Mark establishes a personal connection with his audience by discussing the origin of music and providing the listener with insights into the history of the guitar and other instruments that have become critical to the development of American music. Listen and learn that the oldest guitar was discovered in Egypt and is over 3,500 years old; or that Benjamin Franklin was a guitarist. You might even find out what effect the Spanish American War had on American guitar players, or why and how fiddle music impacted the development of guitar music. **This event will be held at Woodside beginning at 6:30 p.m.**

Rich Araldi - Vibraphone

Wednesday, January 17th • 2:00 p.m.



When asked, "What would the world be without music?" Rich Araldi replies, "I don't even want to think about it. I feel a responsibility to create music that is uplifting, encouraging, hopeful and responsible and helps us connect with the important things in our lives." Join us as Rich brings us his Holiday Presentation on Vibraphone. He will also intersperse stories, trivia and facts to accompany the music. It's sure to be a great evening! **This event will be held at Woodside beginning at 2:00 p.m.**

As a reminder, all submissions for the next edition of The Taylor Gazette must be submitted by the 15th of the month. The next deadline will be on January 15th.

Please send all submissions to the email gazette@taylorcommunity.org.

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

The Sweetbloods

Wednesday, January 17th • 6:30 p.m.



The Sweetbloods are an acoustic duo based in Meredith, NH. Their music is well-known in the Lakes Region/ White Mountains area. The Sweetbloods specialize in blending tight vocal arrangements with tasteful guitar accompaniment. The duo's repertoire is varied and incorporates songs from several genres and time periods. Their music centers around acoustic versions of classic rock tunes, folk rock and country rock tunes intermingled with folk, bluegrass, reggae, calypso, blues and jazz tunes.

The Sweetbloods consists of Phil and Janet Sanguedolce. Phil is a multi-instrumentalist and vocalist who has been performing professionally for over 45 years. He has played guitar, keyboards, fiddle, bass, and pedal steel guitar in various bands in the Midwest and New England. Janet is a talented visual and ceramic artist who has been performing professionally as a guitarist/vocalist for the past twelve years. Her solid rhythm arrangements provide a strong backdrop to Phil's colorfully polished guitar artistry. Janet's rich and captivating voice crystalizes the Sweetblood's hypnotic harmonies. **This event will be held at Woodside beginning at 6:30 p.m.**



CaravanBand

Monday, January 22nd • 6:30 p.m.

Tom & Annie's Caravan Band is a New England Country Dance Band. They do Barn Dances, Old Time Country Dances, Kitchen Dances, and Contra Dances. All of which include Whole Set, Square, Circle, Contra Dances and Waltzes. Tom has been calling and leading these fun events for over 35 years. They play New England Fiddle tunes from the Scots Irish, French Canadian and Cape Breton traditions, as well as Americana Country. These lively tunes, comprised of Reels, Jigs, Hornpipes, Airs and Waltzes form their basic repertoire. Their instrumentation is varied. Often the fiddle is the lead instrument, with hammered dulcimer and mandolin also picking out melodies. The driving rhythms and lilting melodies are accentuated by the solid background of guitar, piano, acoustic bass, or the bodhran, an Irish drum.

Join us for the CaravanBand's first performance at Taylor Community. **This event will be held at Woodside beginning at 6:30 p.m.**

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

Rasa String Quartet

Monday, January 29th • 6:30 p.m.



The Boston-based Rasa String Quartet finds their niche exploring the musical space where classical and folk traditions intersect and influence one another. They were winners of the 2022 Associazione Europea Di Musica E Comunicazione International Chamber Music Competition (Italy,) the 2021 Music Teachers National Association Chamber Music Competition (ATL,) the 2020 Chamber Music Yellow Springs Competition (OH) and were the 2022-23 ensemble in residence at Phillips Exeter Academy.

The quartet can be found collaborating with the preeminent folk musicians of today, performing their own programs in venues and festivals around the country, and participating in artistic and educational residencies at a variety of institutions. By exploring the connection between music and storytelling at the heart of folk traditions, Rasa String Quartet delivers engaging and accessible programs that showcase works from a variety of cultures and highlight unknown composers. They seek to educate their audiences by contextualizing the genres, styles, and composers they present, inviting their listeners to approach both familiar and unfamiliar sounds with an open and curious mind. **This event will be held at Woodside beginning at 6:30 p.m.**

Rick Clogston and the Red Hat Band

Wednesday, January 31st • 6:30 p.m.



The Red Hat Band performs classic rock, country, blues, folk, funk, soul, oldies, newies, jazz-ish, their own original material, and anything else they feel like playing. Scrabble, Clue, canasta, whatever. They've been accused of instigating fun, smiling, dancing, and other enjoyable experiences. They've played all over New Hampshire, Maine, Massachusetts, and Vermont and even opened several times for Annie & the Orphans at the Sandwich Fair. The Red Hat Band has recorded one album, "They'll Never Shut Us Up," which can be found at redhatband1.bandcamp.com.

Please join us for the Red Hat Band's first performance on our campus and welcome band members Jonathan "Combat Chaplain" Sindorf (bass and vocals), Ken "Capt. Paradiddle" Sharples (drums), and Rick "Not Pete" Clogston (guitar, vocals and red hat). **This event will be held at Woodside beginning at 6:30 p.m.**

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

Current Events Discussion Group

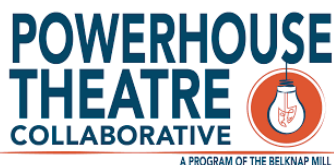
Tuesday, January 9th • 1:30 p.m.



The Current Events Discussion Group will convene the second Tuesday of every month at 1:30 p.m. in the Woodside Wet Craft Room. **January's topic will be a return to the discussion of AI. In late February, we will take advantage of the 2024 Camden Conference on India.** If you would like to join us, please contact Barbara Eggers. **This event will be held in the Woodside Wet Craft Room beginning at 1:30 p.m.**

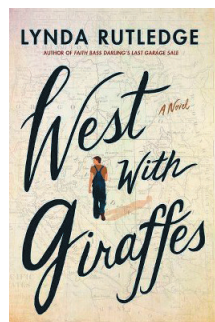
Powerhouse Theater Playreading of "Boys in the Tower"

Sunday, January 14th • 3:00 p.m.



A historical thriller which imagines what may have happened to two young princes locked in the Tower of London by their usurping uncle, Richard III. When an unexpected visitor, a third boy, arrives, the two princes are faced with a dilemma. When morning comes, only

two can remain to face an uncertain future. From the well-received author of *Montague & Capulet*, this play is filled with gripping twists and turns! **Staged reading with discussion to follow with cast and a special guest. This event will be held at Woodside and will begin at 3:00 p.m.**



Woodside Book Club With Laconia Public Library West with Giraffes by Lynda Rutledge

Friday, January 19th • 10:00 a.m.

An emotional, rousing novel inspired by the incredible true story of two giraffes who made headlines and won the hearts of Depression-era America. "Few true friends have I known and two were giraffes..." Woodrow Wilson Nickel, age 105, feels his life ebbing away. But when he learns giraffes are going extinct, he finds himself recalling the unforgettable experience he cannot take to his grave. It's 1938. The Great Depression lingers. Hitler is threatening Europe, and world-weary Americans long for wonder. They find it in two giraffes who miraculously survive a hurricane while crossing the Atlantic. What follows is a twelve-day road trip in a custom truck to deliver Southern California's first giraffes to the San Diego Zoo. Behind the wheel is the young Dust Bowl rowdy Woodrow. Inspired by true events, the tale weaves real-life figures with fictional ones, including the world's first female zoo director, a crusty old man with a past, a young female photographer with a secret, and assorted reprobates as spotty as the giraffes. Part adventure, part historical saga, and part coming-of-age love story, *West with Giraffes* explores what it means to be changed by the grace of animals, the kindness of strangers, the passing of time, and a story told before it's too late. **This event will be held at Woodside beginning at 10:00 a.m.**

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

Art Appreciation with Jane Oneail – Revolutionary Design: Modern Architecture in New England

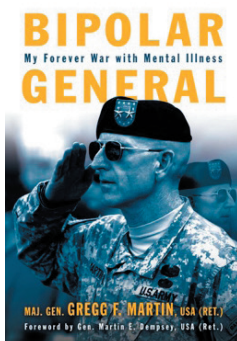
Wednesday, January 24th • 2:00 p.m.



New England is known for its history and its traditions, but it is also home to some daring and inventive modern designs from some of the world's leading architects. How do giants in the field like Frank Lloyd Wright, Walter Gropius, Louis Kahn, Philip Johnson and Maya Lin combine the expected and the familiar with the innovative and experimental? This program introduces audiences to each architect and walks you through their notable works in New England locales. **This event will be held at Woodside beginning at 2:00 p.m.**

Bipolar General - My Forever War with Mental Illness

Wednesday, January 31st • 2:00 p.m.



Gregg F. Martin, PhD, Major General, US Army (Retired), served on active duty for 36 years, until May 2015. He is a combat veteran, Bipolar Survivor, Airborne-Ranger-Engineer qualified soldier, and Army Strategist. Maj. Gen. Gregg Martin cut a striking figure in the Army: athletic, quick-witted, devout, and studious, he was a natural leader. Thanks to his engineering and leadership know-how, Martin was chosen to lead the thousands of combat engineers who paved the way for 100,000 Army troops to battle their way to Baghdad in 2003.

Martin was astonishing to watch as he led this effort, his mind laser-focused and body vibrating with energy. He made quick decisions, often anticipating and solving problems before orders came down. Only years later would he learn how the pressure of organizing dozens of simultaneous life-or-death missions each day altered the biochemistry of his brain. Since adolescence he'd had what psychiatrists call a 'hyperthymic personality' – an exceptionally positive, energetic, and can-do disposition. But the Iraq War triggered what military and Veterans Administration psychiatrists ultimately diagnosed as late-onset bipolar disorder, a chemical imbalance that sends sufferers whipsawing between grandiose imaginings and suicidal depressions. His increasingly erratic behavior led to his forced resignation as president of the National Defense University and ended his military career.

Bipolar General offers a candid account of Martin's personal journey with undiagnosed mental illness as he rose through the ranks of the U.S. Army. The author provides a first-hand look at the various treatments available for bipolar disorder ranging from powerful medications to electroconvulsive therapy. He discusses why his condition went undiagnosed for so long and explores what can be done both within and outside the armed forces to diagnose and treat mental illness. Bipolar General should be of value to those with mental illness and to the communities of family, friends, and caregivers surrounding them. **This presentation will be held via Group Zoom in our Woodside Theater. If you would like to join the group from home, a Zoom Link will be provided.**

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



Happy New Year! Bistro Brunch

Monday, January 1st • 11:00 a.m. - 1:00 p.m.

No Reservations Needed ... Come through the Bistro and enjoy brunch options to ring in the New Year!



Men's Breakfast

Wednesday, January 3rd • 7:15 a.m.

January's speaker is Taylor Community Resident Marty Hall. Make reservations on Touchtown or by calling John Larson at (603) 524-7131.



OASIS Pub Night

**Friday, January 5th
4:30 p.m.**

No Reservations necessary - beer, wine and soda available for purchase. The fun is free!



Ladies Brunch

Wednesday, January 17th • 10:00 a.m.

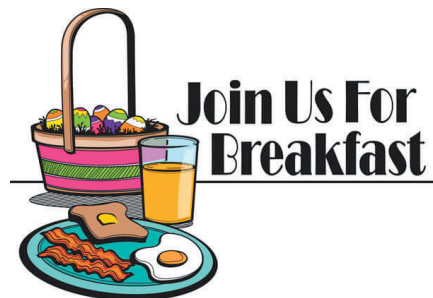
January's speaker is Taylor Community Resident Pat Barker. Please make reservations on Touchtown.



January TRA Social

Saturday, January 20th • 5:00 p.m.

Please make reservations on Touchtown or by calling (603) 366-1449. Reservations will close on Wednesday, January 17th.



Bistro Breakfast

Friday, January 26th • 7:30 - 9:30 a.m.

Menu to be posted on Touchtown and Lobby Display - Please make reservations with Dining Services at (603) 366-1481.



Chinese New Year Lunch Celebration

Wednesday, January 31st

11:30 a.m. - 1:30 p.m.

No reservations required - Visit the Bistro and enjoy the Special of the Day!

Woodside Theater Events

Please check Touchtown for additional movie programming.



January Documentary – The Conductor Wednesday, January 3rd • 1:00 p.m.

Born in New York, Marin Alsop first saw the legendary Leonard Bernstein when she was nine years old. At that moment, she knew what she wanted to be in life: a conductor. Told that girls can't do that, Marin struggled against enormous prejudices and institutional obstacles for decades to become one of the world's most renowned classical music conductors. Run Time 1hr 30mins. This is an Amazon Prime Presentation.



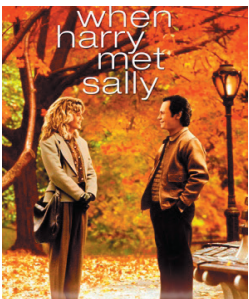
January Opera – Die Fledermaus Thursday, January 4th • 7:00 p.m.

The younger Johann Strauss's eternally popular comedy gains new charm in this English-language performance. The mad-cap action on the outskirts of romantic Old Vienna is headed by Susanna Phillips as Rosalinde, who is determined to teach her philandering husband (Toby Spence as Eisenstein) a lesson, even while she is being pursued by her former beau, the operatic tenor Alfred (Dimitri Pittas). At the center of the action is Susan Graham as the extremely wealthy, eternally bored Prince Orlofsky, whose lavish masked ball brings everything to a most delicious boil. Tony Award-winner Paulo Szot is Dr. Falke, who cooked up the whole plot just to get back at his friend Eisenstein. Lucy Crowe is Rosalinde's maid Adele. James Levine's conducting keeps the tuneful score at its effervescent best. Feel free to bring wine and snacks, or a beverage of your choice to enhance this experience! If you have any questions or suggestions for future operas, please call Friedl Scimo at (269) 760-2772. Looking forward to sharing this exceptional broadcast with you! Run Time 2hrs 22mins. This is a Metropolitan Opera performance from April 26, 2014.



Woodside Movie – A New Leaf Friday, January 5th • 7:00 p.m.

Henry Graham, a confirmed bachelor with a zest for luxuries, receives the shocking news that he is now broke. Henry's spirits are low as he returns to his townhouse to discuss the situation with his butler, Harold, who suggests marriage as a way out. Runtime 1hr 42mins. This is an Amazon Prime Presentation.



MOVIE – When Harry Met Sally | Mildred Larson Recommendation Saturday, January 6 - 7:00 p.m.

Harry and Sally meet on a trip to New York after graduating. As their lives and careers grow separately, their paths cross over and over again, causing them to consider a romance with each other. Run time 1hr 35mins. This is an Amazon Prime Presentation.

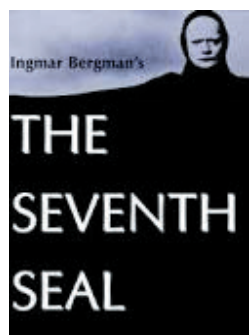
Woodside Theater Events

Please check Touchtown for additional movie programming.



January Musical – Funny Girl Tuesday, January 9th - 1:00 p.m.

Funny Girl is based on the life of Broadway star, film actress, and comedienne Fanny Brice and her tempestuous relationship with entrepreneur and gambler Nick Arnstein. This classic musical and critically acclaimed production features Sheridan Smith in "an unforgettable star turn" (The Times) and a host of iconic musical numbers including 'People,' 'I'm the Greatest Star' and 'Don't Rain on My Parade.' Following its record-breaking, sell-out run at Menier Chocolate Factory and in London's West End, Funny Girl was captured by Digital Theatre live at Manchester's Palace Theatre on the last night of its national tour. Run time 2hr 22mins. This is a Broadway HD performance.



Movie – The Seventh Seal | *Ethan White Recommendation* Friday, January 12th - 7:00 p.m.

Disillusioned and exhausted after a decade of battling in the Crusades, a knight encounters Death on a desolate beach and challenges him to a fateful game of chess. Run Time 1hr 36mins. This is an Amazon Prime Presentation.



Movie – Uncle Drew Saturday, January 13th - 7:00 p.m.

A young team owner and Uncle Drew (NBA All-Star Kyrie Irving) round up Drew's old basketball squad to prove that a group of septuagenarians can still win the big one. Run time 1hr 43mins. This is an Amazon Prime Presentation.



Movie – Railway Children | *Carol Houle Recommendation* Friday, January 19th - 7:00 p.m.

An enchanting, moving, and heart-warming adventure for a new generation. As life in Britain's cities becomes increasingly perilous during WWII, three evacuee children are sent by their mother to the English countryside. A dangerous adventure ensues when the children discover injured US soldier Abe, hiding out in the railway station and discover that he too, like them, is a long way from home. Run Time 1hr 38mins. This is an Amazon Prime Presentation.

Woodside Theater Events

Please check Touchtown for additional movie programming.



Movie – Oklahoma | *Bob Larsen Recommendation*
Saturday, January 20th - 7:00 p.m.

In Oklahoma, several farmers, cowboys and a traveling salesman compete for the romantic favors of various local ladies. Run time 2hr 20mins. This is an Amazon Prime Presentation.



Movie – Calendar Girls
Friday, January 26th - 7:00 p.m.

Comedy based on the true story of a women's group in a small English town who choose to upend the traditional order by posing nude for their annual charity calendar. Stars Helen Mirren. Run Time 1hr 48mins. This is an Amazon Prime Presentation.



Movie – Hachi: A Dog's Tale
Saturday, January 27th - 7:00 p.m.

From Academy Award-nominated director Lasse Hallström (2000, The Cider House Rules) comes HACHI: A DOG'S TALE, a film based on one of the most treasured and heartwarming true stories ever told. Golden Globe winner Richard Gere (2002, Best Actor in a Musical or Comedy, Chicago) and Academy Award nominee Joan Allen (2000, Best Actress, The Contender) star in this inspiring true story. Run time 1hr 24mins. This is an Amazon Prime.



Also available on demand through the Touchtown Programming App.

DOCUMENTARY - Decoding Da Vinci

Tuesday, January 2nd - 6:30 p.m.

Run Time 54mins

<https://youtu.be/NGsUFwgvCo?si=eVGA4eiLmAC1e9sG>

MOVIE - Bells of St. Mary's

Friday, January 5th - 6:30 p.m.

Run Time 2hrs 06mins

https://youtu.be/APRNe_3tzdg?si=Dz32C5Ef8LHN1GMI

MOVIE - The Keys of the Kingdom

Saturday, January 6th - 6:30 p.m.

Run Time 2hrs 18mins

https://youtu.be/X5LjKl7pkqM?si=7h-RCz9_BRvmMsEI

DOCUMENTARY - Cosmic Clusters

Tuesday, January 9th - 6:30 pm

Run Time 46mins

<https://youtu.be/b26Tse7pHkc?si=WDI-U4b6B3mgFm7i>

MOVIE - The North Star

Friday, January 12th - 6:30 p.m.

Run Time 1hr 46mins

<https://youtu.be/3zyRronbXV4?si=CxkwhFnRXGnRVjXA>

MOVIE - Anna and the King of Siam

Saturday, January 13th - 6:30 p.m.

Run Time 2hrs 04mins

<https://youtu.be/zuiHcdm6Zys?si=Y2hagWRUQPk1u5KV>

DOCUMENTARY - Gilded Age

Tuesday, January 16th - 6:30 p.m.

Run Time 1hr 54mins

<https://youtu.be/yjpYzFtxfjU?si=asmw9fdhKyHPH0JV>

MOVIE - Story of G.I. Joe

Friday, January 19th - 6:30 p.m.

Run Time 1hr 48mins

<https://youtu.be/sJQrURu7l8g?si=gv4e0DgOiKmAuZpx>

MOVIE - The Red House

Saturday, January 20th - 6:30 p.m.

Run Time 1hr 22mins

<https://youtu.be/qx05t1k-yGg?si=NL3iAk-WsUhyc62U A>

DOCUMENTARY - Treasure of the Caribbean

Tuesday, January 23th - 6:30 p.m.

Run Time 54mins

<https://youtu.be/E9-taqNF8c0?si=tMwTlbuirujgPZJR>

MOVIE - China Girl

Friday, January 26th - 6:30 p.m.

Run Time 1hr 36mins

https://youtu.be/cgTZX_Ko0uc?si=3g7KJnJyKIBTIj9x

MOVIE - Sentimental Journey

Saturday, January 27th - 6:30 p.m.

Run Time 1hr 35mins

<https://youtu.be/8NrEBj787Xk?si=m0R7AheULupz8vIH>

DOCUMENTARY - Model T

Tuesday, January 30th - 6:30 p.m.

Run Time 52mins

<https://youtu.be/fvBYsGRJ7x4?si=AbBZgz5wilaQlzkM>



Upcoming Events – Taking Reservations

NH Philharmonic - PSU and Keene Collaboration

Sunday, February 18th, 2024 • Departure time 12:30 p.m.



Please join us for a first-ever collaboration between the NH Philharmonic and Plymouth State University and Keene State College choirs! The NH Philharmonic is a 70-person symphonic orchestra and collegiate singers, faculty, and alumni will join together to form a 100-person chorus to present Gustav Mahler's Symphony number 2 in C minor- The Resurrection Symphony. This is not to be missed!



A colossal work of both intense emotion and grand scale, Mahler's second symphony is an exploration of life, death, and ultimate transcendence. The piece weaves a dramatic narrative, moving from the tumultuous funeral rites of the first movement to the serene, celestial vision of the final chorus. Throughout the symphony, Mahler's distinctive sound-world blends human voice and orchestra, creating a profound dialogue that transcends musical boundaries. The concert promises to be an extraordinary journey, reflecting the depth and complexity of Mahler's vision of the world. It offers an opportunity to experience firsthand the

monumental power and transformative potential of Mahler's masterwork. A transcendent evening is in store for all who attend.

Tickets are \$25-\$30/pp and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:30 p.m. for the 2:00 p.m. show.

Bank of NH Stage at Capital Center for the Arts - The Met: Live in HD: La Forza del Destino

Saturday, March 9th • 10:15 a.m. departure/12:00 p.m. show



Yannick Nézet-Séguin conducts Verdi's *La Forza del Destino*, with stellar soprano Lise Davidsen, following a string of recent Met triumphs, in her debut role as the noble Leonora. Director Mariusz Treliński delivers the company's first new *Forza* in nearly 30 years, setting the scene in a contemporary world. The cast also features tenor Brian Jagde as Don Alvaro, baritone Igor Golovatenko as Don Carlo, mezzo-soprano Ekaterina Semenchuk as Preziosilla, bass-baritone Patrick Carfizzi as Fra Melitone, and bass Solomon Howard as both Leonora's father and Padre Guardiano. This event is a broadcast of a performance happening LIVE and is shown on the Bank of New Hampshire Stage's video wall in high definition.

Tickets are \$25.75/pp and are non-refundable. Please email Brenda to reserve your ticket. The bus will begin picking up residents on the Laconia Campus at 10:15 a.m.

Upcoming Events – Taking Reservations

LRSO - The Spirit of Freedom - Interlakes Theater

Saturday, March 16th • 5:30 p.m.



With Guest Artist: Adam Gallant, trumpet

We sojourn to Europe with trumpeter Adam Gallant featured on the technically brilliant and musically expressive Haydn Trumpet Concerto, widely regarded as one of the most significant trumpet works. Then cross the Atlantic back home to 1930's-40's America with Aaron Copland's iconic Lincoln Portrait, which combines spoken word with an orchestral score, and the groundbreaking Afro-American Symphony by William Grant Still.

Tickets are \$25/pp and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 5:30 p.m. for this 7:00 p.m. show.

Bank of NH Stage at Capital Center for the Arts - The Met: Live in HD: Romeo et Juliette

Saturday, March 23 • 11:15 a.m. departure/12:55 p.m. show



Two singers at the height of their powers—soprano Nadine Sierra and tenor Benjamin Bernheim—come together as the star-crossed lovers in Gounod's Shakespeare adaptation, with Yannick Nézet-Séguin on the podium to conduct one of the repertoire's most romantic scores. Bartlett Sher's staging also features baritone Will Liverman and tenor Frederick Ballentine as the archrivals Mercutio and Tybalt, mezzo-soprano Samantha Hankey as the mischievous pageboy Stéphano, and bass-baritone Alfred Walker as Frère Laurent. This event is a broadcast of a performance happening LIVE and is shown on the Bank of New Hampshire Stage's video wall in high definition.

Tickets are \$25.75/pp and are non-refundable. Please email Brenda to reserve your ticket. The bus will begin picking up residents on the Laconia Campus at 11:15 a.m.



Colonial Theater - Lakes Region Symphony Orchestra - Sinatra

Saturday, May 18th • 6:00 p.m. departure

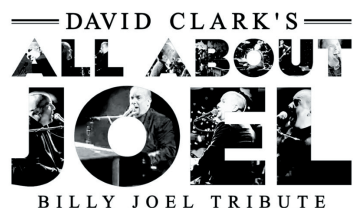
A concert not to be missed - no kidding! We feature the incomparable Michael Gallagan reprising his 2017 sold-out performances with a magnificent celebration of Frank Sinatra's most memorable tunes.

Tickets are \$25.00 per person and are non-refundable. The bus will pick up residents on the Laconia Campus at 6:00 p.m. for this 7:00 p.m. show.

Upcoming Events – Taking Reservations

Interlakes Theater: All About Joel *Temple B’Nai Israel to Benefit Lakes Region Food Pantry*

Saturday, May 25th • 6:30 p.m. departure

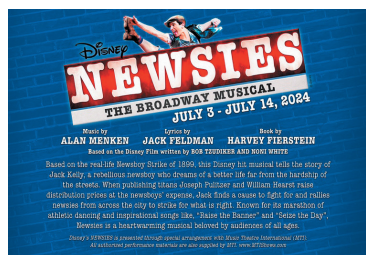


David Clark's All About Joel: A Billy Joel Tribute is a musical tribute presented with a tremendous amount of detail by Long Island veteran singer David Clark. The show continues to gain notoriety with David's stunningly accurate piano playing, lead vocals, and an eerily similar stage look to the Piano Man himself while engaging the audience with wit and humor. Come hear all your favorite Billy Joel songs including, "Just the Way You Are," "New York State of Mind," "Piano Man," "You May be Right," and many more!

Tickets are \$40 per person and are non-refundable. Bus will begin picking up residents on the Laconia Campus at 6:30 pm.

Interlakes Theater: Newsies

Thursday, July 11th • 12:45 p.m. departure/2:00 p.m. show



Based on the real-life Newsboy Strike of 1899, this Disney hit musical tells the story of Jack Kelly, a rebellious newsboy who dreams of a better life far from the hardship of the streets. When publishing titans Joseph Pulitzer and William Hearst raise distribution prices at the newsboys' expense, Jack finds a cause to fight for and rallies newsies from across the city to strike for what is right. Known for its marathon of athletic dancing and inspirational songs like, "Raise the Banner" and "Seize the Day," Newsies is a heartwarming musical beloved by audiences of all ages.

Tickets are \$34 per person and are non-refundable. Bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

Interlakes Theater: Chicago

Thursday, July 25th • 12:45 p.m. departure/2:00 p.m. show



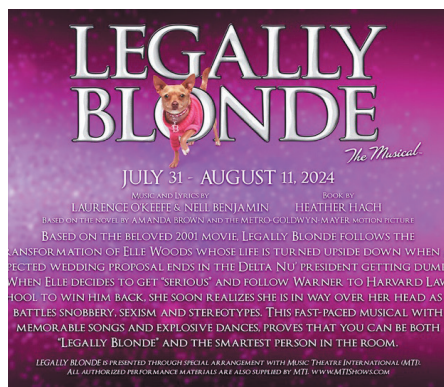
A tale of fame, fortune and "all that jazz," with one show-stopping song after another, Chicago is now the longest-running American musical in Broadway history. This six-time Tony Award-winning musical is set amidst the razzle-dazzle decadence of the 1920s and tells the story of Roxie Hart, a housewife who maliciously murders her lover. Desperate to avoid conviction, she dupes the public, the media and her rival cellmate, Velma Kelly, by hiring Chicago's slickest criminal lawyer to transform her malicious crime into a barrage of sensational headlines that entertain an entire city.

Tickets are \$34 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

Upcoming Events – Taking Reservations

Interlakes Theater: Legally Blond

Thursday, August 8th • 12:45 p.m. departure/2:00 p.m. show

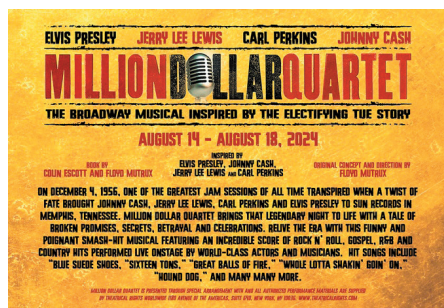


Based on the beloved 2001 movie, Legally Blonde follows the transformation of Elle Woods, whose life is turned upside down when an expected wedding proposal ends in the Delta Nu' President getting dumped. When Elle decides to get "Serious" and follow Warner to Harvard Law School to win him back, she soon realizes she is in way over her head as she battles snobbery, sexism and stereotypes. This fast-paced musical with memorable songs and explosive dances proves that you can be both "Legally Blonde" and the smartest person in the room.

Tickets are \$34 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

Interlakes Theater: Million Dollar Quartet

Thursday, August 15th • 12:45 p.m. departure/2:00 p.m. show



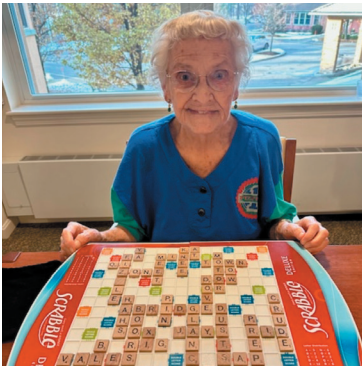
On December 4, 1956, one of the greatest jam sessions of all time transpired when a twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley to Sun Records in Memphis, Tennessee. Million Dollar Quartet brings that legendary night to life with a tale of broken promises, secrets, betrayal and celebrations. Relive the era with this funny and poignant smash-hit musical featuring an incredible score of Rock N' Roll, Gospel, RTB and Country hits performed live onstage by world-class actors and musicians. Hit songs include "Blue Suede Shoes," "Sixteen Tons," "Great Balls of Fire,"

"Whole Lotta Shakin' Goin' On," "Hound Dog," and many, many more.

Tickets are \$34 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.



Resident Snapshots



Resident Snapshots



French Group –Le Cercle Francais de Laconia says “Goodbye” to Group Coordinator Rose-Marie Robichaud as she retires.



New Library Additons

Ledgeview Library:

Fiction:

Someone Else's Shoes, Jojo Moyee

Woodside:

LPE Fiction:

Must Love Flowers, Debbie Macomber

Biography:

Enough, Cassidy Hutchinson

Non-Fiction:

Churchill & Orwell: The Fight For Freedom, Thomas Ricks

Fiction, Large Print Edition:

Wrong Place Wrong Time, Gillian McAllister

Short Story Collections:

Honeydew, Edith Pearlman

That Reminds Me Of A Funny Story, Rebecca Rule

Fiction:

Pride and Prejudice, Jane Austen

The Armor of Light, Ken Follett

Lessons in Chemistry, Bonnie Garmus

Mission Critical, Mark Greeney

A Slow Fire Burning, Paula Hawkins

Death and A Pot of Chowder, Cornelia Kidd

Demon Copperhead, Barbara Kingsolver

Pachinko, Min Jin Lee

The Retreat, Sarah Pearse

Fight Night, Miriam Toews

The Covenant of Water, Abraham Verghese

A Spanish Sunrise, Boo Walker

Her Last Flight, Beatriz Williams



TAYLOR COMMUNITY WELLNESS LACONIA FITNESS CLASS SCHEDULE

Monday

9:00 a.m. Strength & Stretch with Ethan
9:00 a.m. Tai Chi for balance with Russ
in Wet Craft Room
10:00 a.m. Balance with Ethan
10:00 a.m. Functional Strength with Russ
in Wet Craft Room
11:00 a.m. Strength & Stretch with Ethan
1:00 p.m. Walking Group meeting outside
Woodside with Becky
2:00 p.m. Aquafit with Becky
3:00 p.m. Line Dancing with Freda

Tuesday

9:00 a.m. Strength & Stretch with Becky
9:00 a.m. Aqua Fit with Taylor
10:00 a.m. Gentle Flexibility with Taylor
10:30 a.m. Balance with Taylor
11:00 a.m. Strength & Stretch with Ethan
2:00 p.m. Low-Impact Cardio Fit with Ethan
3:15 p.m. Kickboxing with Russ

Wednesday

9:00 a.m. Strength & Stretch with Ethan
9:00 a.m. Tai Chi for Balance with Russ
in Wet Craft Room
10:00 a.m. Balance with Ethan
10:00 a.m. Functional Strength with Russ
in Wet Craft Room
11:00 a.m. Strength & Stretch with Ethan
1:30 p.m. Mat Yoga with Russ
in Wet Craft Room
2:00 p.m. Aquafit with Becky
3:00 p.m. Line Dancing with Freda

Thursday

9:00 a.m. Strength & Stretch with Russ
9:00 a.m. Aqua Fit with Ethan
10:00 a.m. Chair Yoga with Russ
10:30 a.m. Tai Chi with Russ
11:00 a.m. Strength & Stretch with Ethan
1:30 p.m. Mat Yoga with Russ
in Wet Craft Room

Friday

9:00 a.m. Strength & Stretch with Ethan
10:00 a.m. Low-Impact Cardio Fit
with Ethan
11:00 a.m. Strength & Stretch with Becky



Woodside Bistro

Woodside Bistro Contact Info

Jennifer Lutzen, Resident District Manager
(603) 366-1231 · jlutzen@taylorcommunity.org

Greg Demers, Executive Chef
(603) 366-1481 · gdemers@glendalediningservices.com

Woodside Bistro Hours

Lunch: Monday thru Friday 11:30am - 1:30pm
Tuesday & Thursday Night Dinners 4:30pm - 7:30pm
Call the Bistro at (603) 366-1481 to make your reservations



January Bistro Menu

Served with your choice of appetizer
Please ask about our specials every Tuesday & Thursday

Apple Cheddar Salad

Diced red and green apples
with cubed Vermont Cabot Cheddar on baby greens
Tossed in a honey lime poppyseed vinaigrette

-OR-

Spinach Parmesan Stuffed Mushrooms

Entrees

Winter Pizza

Traditional pie shell topped with mashed sweet potatoes, shredded kale, garlic, Shaved red onion, Maytag blue cheese & goat cheese topped with a balsamic drizzle. Served with a side of wedge fries

\$18.95

Chicken Marco Polo

Chicken breast rolled around prosciutto ham, Provolone cheese, & broccoli. Finished with a creamy roasted garlic sauce.

Served with roasted red pepper rice & seasonal vegetables.

\$25.95

Haddock with Blue Crab

Fresh fillets topped with Maryland blue crab, lemon butter crumbs & Newburg sauce. Served with saffron rice and seasonal vegetables

\$27.95

Skillet Ribeye

House steak seasoning & rosemary, pan seared prime rib steak.
Garlic mashed potatoes & seasonal vegetables

\$28.95



= Vegetarian Option



= Gluten Free Option

* All entrees are served with seasonal vegetables & dessert

January TRA Social 2024

Hors D'oeuvres

Vegetable Spring Rolls
with Sweet & Sour Sauce

&

Chive Deviled Eggs

Appetizer

Sweet Potato Bisque

Entrees

Roast Turkey Breast & Sage Stuffing

Rosemary roasted turkey breast sliced,
with sage stuffing. Finished with pan gravy

Salmon Tips



Oven roasted with fresh dill & lemon butter

Butternut Squash Risotto



Short grain Italian rice with diced butternut,
fresh herbs, cream & Parmesan cheese

Sides

Brown Sugar & Sage Butternut Squash

Garlic & Herb Rustic

Red Bliss Mashed Potatoes

Dessert

Vanilla cream filled eclairs,
dipped in chocolate

\$30



= Vegetarian Option



= Gluten Free Option

GRAB & GO

We'll do the cooking; you do the re-heating.

Purchase any two salads or delicious reheatable entrees
any day of the week and receive a FREE Pint of ice Cream

Men's Breakfast
1/3



Night
1/5



Ladies
Brunch
1/17

TRA Social
1/20



Bistro Breakfast
1/26



Glendale.
DINING SERVICES



Lunar New Year
Celebration
1/31

Recurring Campus Events | LACONIA

RSVP is required for most events and may be made via Touchtown in Events, or with Brenda Kean at (603) 366-1226 or bkean@taylorcommunity.org unless otherwise noted. To make a reservation with **Dial-A-Ride** please call (603) 366-1234. Please be sure to make all transportation arrangements at least 24 hours in advance. Thank you!

MONDAYS:

Quilting Group with Gail Dyer

8:00 a.m. – 1:00 p.m.

Woodside Dry Craft Room

Women's Billiards

1:00 - 2:00 p.m.

Woodside Billiard Room

Line Dancing with Freda

3:00 p.m. • Woodside Fitness Ctr.

Pick up Shuffleboard

4:00 p.m. • Woodside Theater

TUESDAYS:

In Stitches (Needlework)

11:00 a.m. • Woodside Ladies Lounge

Prayer Shawl Group

12:00 noon (twice monthly -
dates in Gazette)

Woodside Dry Craft Room

Current Events Discussion

1:30 p.m. (second Tuesday)

Woodside Wet Craft Room

Blood Pressure Clinic

1:00 - 2:00 p.m.

Woodside Care Management Office

Altrusa

5:30 p.m. (second Tuesday)

Woodside Birch Room

The Taylor Cancer Support Group

12:00 noon (second Tuesday)

Woodside Wet Craft Room

Prescription and NH Liquor Store

Pickup Services -

Call Hank Offinger at

(603) 366-1207 by 5:00 p.m.

Monday to request this service

WEDNESDAYS:

Men's Breakfast

7:30 a.m. (first Wednesday)

Woodside, Elm Room

Cribbage

10:00 a.m. • Woodside Card Room

Genealogy Group

2:00 p.m. (second Wednesday)

Woodside Elm Room

Nurse Office Hours

2:00 - 3:00 p.m. • Woodside Care Man-
agement Office

Pick Up Cornhole

4:00 p.m. • Woodside Fitness Room

Grocery Shopping Services

Ledges & Ledgeview

Call Hank Offinger

at (603) 366-1207 by 5:00 p.m.

Tuesday to request this service.

THURSDAYS:

Woodworkers Group

9:00 a.m. (April - November)

Woodside Wet Craft Room

Shopping Bus

10:00 a.m. and 1:00 p.m.

Call Transportation (603) 366-1234

Mexican Train

10:00 a.m. • Woodside Card Room

Sew Sisters Quilting Group

10:00 a.m. • Woodside Dry Craft Room

Taylor Writing Group

10:00 a.m. • Woodside Fireside Room

Caregivers Support Group

11:00 a.m. • Woodside Birch Room

Billiards

1:00 p.m. • Woodside Billiard Room

Bridge

1:00 p.m. • Woodside Fireside Room

Pinochle

1:00 p.m. • Woodside Card Room

Line Dancing with Freda

1:30 p.m. • Woodside Fitness Ctr.

Taylor Community Chorus

3:00 p.m. (2nd, 3rd, 4th Thursdays)

Woodside Elm Room

Opera Viewing

7:00 p.m. (monthly - date in Gazette)

Woodside Theater

FRIDAYS:

Headliners Portrait Group

10:00 a.m. (February-November)

Woodside Wet Craft Room

French Group - Le Cercle de

Français de Laconia

10:00 a.m. • Woodside Fireside Room

Woodside Book club with LPL

10:00 a.m. (date listed in Gazette)

Woodside Elm Room

Friday Quilters

10:00 a.m. • Woodside Dry Craft Room

Dealing with Loss

11:00 a.m. • Woodside Maple Room

Ping Pong

1:00 p.m. • Woodside (3rd floor)

Rummikub

1:00 p.m. • Woodside Game Room

Oasis Pub Night

4:30 p.m. (first Monday)

Woodside Fireside & Dining Room

SATURDAYS:

Hand & Foot Card Game

9:30 a.m. • Woodside Card Room

Scrabble Group

1:00 p.m. • Woodside Card Room

SUNDAYS:

Sunday Social

4:30 p.m. (last Sunday)

Woodside Fireside Room



Additional Resident Groups include: Circle Dinners, Environmental Stewardship Committee, Projects Committee, The Wheelies, Woodside Puzzle Group, Playreaders Group, Photography Group, Hiking Group, and Focused Book Group



General Announcements



A friendly reminder that if you would like to attend an event, please remember to RSVP for it.

There are several ways of doing this — if you use a computer, the easiest way is via Touchtown. If you do not use a computer, you can call Caralyn Russell at (603) 294-1770, or you can let Michelle Albert know at the Sugar House front desk. It is very important to RSVP so Caralyn can ensure there are adequate numbers for programs and events. **Thank you.**



Supermarket Shopping

Transportation will be providing rides to Hannaford Supermarket in Alton every Tuesday at 9:30 am.

Please reach out to Gina Colantuono if you would like to be transported to Hannaford's.

Transportation Update

Shuttle Bus

We are happy to introduce Bob as our new shuttle driver. Bob will be driving a car and will be shuttling residents back and forth between our Wolfeboro locations and downtown as needed throughout the day.

Please call Bob directly at: (603) 800-9451 if you would like a ride to the Sugar House, the RAC, the RABB, or want to go downtown for any reason - lunch, etc. Rides with Bob may be scheduled on the same day that you would like shuttle service.

Shuttle Hours of Service:

Monday – Friday: 9:00 a.m. – 5:00 p.m.

*If needed, hours can adjust for a later time on Thursdays and Fridays.

Transportation Bus

Fran remains our bus driver. He will continue to be the one who services regular Dial-A-Ride and transportation needs—trips to doctors appointments, grocery shopping, activity trips and group meetings/pick-ups. Rides with Fran on the bus are scheduled through the Dial-A-Ride number: (603) 319-1552 and must be made 24 hours in advance.

Transportation Hours of Service:

Monday – Friday: 7:30 a.m. – 3:30 p.m.

As always, please call JoAnn House at (603) 366-1262 with any questions or concerns. Thank you!



Bowling at Archie's Strike & Spare

Friday, January 5th

Bus will depart Sugar Hill at 1:00 p.m.
followed by pickup at Back Bay

Join us for a fun afternoon of bowling at Archie's Strike & Spare candlepin bowling in Kezar Falls, Maine. Archie's Strike & Spare is a historic candlepin bowling alley with vintage vibes located at 135 Federal Street, Kezar Falls, Maine; it is a 40-minute drive from Wolfeboro.



The Millyard Museum

Friday, January 12th

Bus will depart Sugar Hill at 9:30 a.m.
followed by pickup at Back Bay



Operated by the Manchester Historic Association, the Millyard Museum is housed in Mill No. 3 at the corner of Commercial and Pleasant Streets in the historic Amoskeag Millyard. The Museum's Henry M. Fuller State Theatre Gallery features rotating exhibitions on a variety of topics. The Millyard Museum also features the Discovery Gallery, a multi-purpose space used for school groups, family programs, lectures, temporary exhibits, and other activities.

Tickets are \$8.00 each and once purchased are non-refundable. Following our time at the museum, we will enjoy lunch at 900 Degrees Neapolitan Pizzeria.



Museum of Science®

Boston Museum of Science

Wednesday, January 17th

Bus will depart Sugar Hill at 7:45 a.m.
followed by pickup at Back Bay

The Museum of Science (MoS) is a science museum and indoor zoo in Boston, Massachusetts, located in Science Park, a plot of land spanning the Charles River. In addition to over 700 interactive exhibits, the museum features a number of live presentations throughout the building every day, along with shows at the Charles Hayden Planetarium and the Mugar Omni Theater, the only domed IMAX screen in New England.

The museum is also an accredited member of the Association of Zoos and Aquariums (AZA) and is home to over 100 animals, many of which have been rescued and rehabilitated.

Admission is \$25.00 per person and tickets are nonrefundable once you have signed up.

RSVP required via Touchtown App, or by calling Caralyn Russell at (603) 294-1770

The Met: Live in HD: Carmen

Saturday, January 27th

Bus will depart Sugar Hill at 11:30 a.m. followed by pickup at Back Bay



Acclaimed English director Carrie Cracknell makes her Met debut, reinvigorating the classic story of deadly passion with a staging that moves the action to the present day, amid a band of human traffickers. Mezzo-soprano Aigul Akhmetshina leads a powerhouse quartet of stars in the touchstone role of the irresistible femme fatale, alongside tenor Piotr Beczala as Carmen's lover Don José, soprano Angel Blue as the devoted Micaëla, and bass-baritone Kyle Ketelsen as the swaggering Escamillo. Daniele Rustioni conducts Bizet's heart-pounding score.

Tickets are \$25.75 per person and are nonrefundable once you have signed up.

Run time is 3 hours and 45 minutes which includes an intermission. Snacks are available for purchase at the concession stand.



New Hampshire Ice Castles

Friday, February 2nd

Bus will depart Sugar Hill at 2:15 p.m. followed by pickup at Back Bay

Explore ice caverns and walk beneath archways adorned with hand-placed icicles that dangle overhead like a beautiful, winter chandelier.

This is an outdoor trip which requires you to dress in outdoor winter gear. The walking surface throughout Ice Castles is made up of crushed ice and snow. The feeling is much like walking on a sandy or gravelly beach where some places are compact, and others are several inches thick of ice/snow. Weather conditions also affect the walking surface, and the crews work hard to ensure walking surfaces are not slippery.

The admission cost is \$32.95 per person and tickets are nonrefundable once you have signed up.
Dinner to follow – location TBD

RSVP required via Touchtown App, or by calling Caralyn Russell at (603) 294-1770

Campus Events & Lectures



Monday Morning Social

Every Monday • 10:00 a.m.
in the Sugar House Bistro

Catch up with your neighbors
and friends over coffee and pastries.



Monday Morning Bible Study

Every Monday • 11:00 a.m.
in Sugar House Maple Room

Join Susan Price, Melvin Village Community Church's Christian Education Committee Volunteer, for a seven-week Bible Study. She will be using the John Stott landmark book, *Basic Christianity*, which is not doctrine-based. All are welcome.



Shaken: Art that Rocked Audiences from the Renaissance to Today

Wednesday, January 3rd • 1:30 p.m.

Sugar House Media Room

The history of art is filled with stories of paintings and sculptures that ruffled feathers and riled audiences. Sometimes artists intended to make a splash and sometimes they unintentionally fell into controversy. This program considers some of the biggest scandals in the art world in terms of audience reception and includes works such as Donatello's *David*, Manet's *Luncheon on the Grass*, and Sargent's famous *Madame X*.



Jane Oneil curates and delivers art appreciation programs to audiences throughout New England. Jane holds a master's in art history from Boston University and a Master's in education from Harvard University. Born and raised in NH, she has worked at some of the state's most esteemed cultural institutions, including the League of New Hampshire Craftsmen, where she served as Executive Director, and the Currier Museum of Art, where she held the role of Senior Educator. Jane has also taught at college level for more than a decade, most recently at Southern New Hampshire University.

RSVP required via Touchtown App, or by calling Caralyn Russell at (603) 294-1770

Campus Events & Lectures



Learn to Zentangle

**Tuesdays, January 9th, 16th, 23rd
(three part class)
3:00 – 4:30 p.m.**

Sugar Hill Maple Room

Zentangle® is a meditative method of drawing patterns using 5 elements: a line, circle, dot, curved line and an S shape. It was developed by Maria Thomas and Rick Roberts in 2003 and has been shared and taught around the world. As you learn the patterns and shading, you begin to focus and relax. There are endless patterns and techniques to explore. It's a portable and fun art form to calm the mind and meditate. Good for all ages. If you can hold a pen or pencil, you can master this art form. You can read about this method and see more images of Zentangle® patterns and tools at: www.zentangle.com.



Linda Johnston Reinhart is a NH native and a resident at Taylor Community. Linda has been teaching art most of her life. She studies herbalism and gardens, designs and dyes wool for hooked rugs, draws, paints and knits. Linda's great love is teaching Art and sharing what she has learned. Linda has been a Certified Zentangle® Teacher since 2014.

You will get all the tools you need to get started and spend three classes building your pattern repertoire and will take it as far as you want to go, adding color, working with colored tiles, 3D objects, etc. Most of all, it is fun! \$10.00 for starter kit. Other tools will be available to purchase.



Book Club with Jeanne Mitchell

**Tuesday, January 9th
11:00 a.m. in the Sugar Hill Library**

Jeanne Mitchell, from the Wolfeboro Public Library, will host this book club meeting to discuss the most recent book selection, "Flight of the Sparrow," by Amy Belding Brown.

RSVP required via Touchtown App, or by calling Caralyn Russell at (603) 294-1770

Campus Events & Lectures

Presentation on the Men of Henri-Chapelle American Cemetery

Monday, January 15th • 7:00 p.m. in the Sugar Hill Maple Room



Henri-Chapelle American Cemetery located in Homburg, Belgium, is the final resting place for 7,992 American WWII service members, including 38 men from NH. In 2010, Aimee Gagnon Fogg began the journey of researching her great-uncle, PFC Paul M. Lavoie, and discovering the stories of the men of Henri-Chapelle American Cemetery.

Join Aimee as she introduces the men of Henri-Chapelle American Cemetery and discusses the importance of remembrance.

Aimee Gagnon Fogg is the founder and director of They Speak: Voices of Henri-Chapelle American Cemetery, which is dedicated to collecting the personal stories and photos of the nearly 8,400 men of HCAC. She is also the author of several publications.



Helping Hands Knitting Group

Tuesday, January 16th
10:00 a.m. in the Sugar House Library

All are welcome to join the Helping Hands Knitting Group that will be knitting in the Sugar Hill Library. The Group knits prayer shawls for veterans as well as baby blankets and other items.

RSVP required via Touchtown App, or by calling Caralyn Russell at (603) 294-1770

Campus Events & Lectures



Cyber Seniors with Brewster Academy

**Sunday, January 21st
1:00 – 3:00 p.m. in the Sugar House Maple Room**

Bring your devices and small equipment to the Maple Room for help from Brewster Academy students who are very tech savvy and can help you with any issue you might be having when it comes to technology!

Cyber-Seniors trains students to become technology mentors for older adults and provides them with the opportunity to receive practical experience while earning service hours. Through this experience, students develop important job skills that enhance opportunities for future employment.

Movie Matinee: The Graduate

**Monday, January 29th
2:00 p.m. in the Sugar House Media Room**



THE GRADUATE

Benjamin Braddock (Dustin Hoffman) has just finished college and, back at his parents' house, he's trying to avoid the one question everyone keeps asking: What does he want to do with his life? An

unexpected diversion crops up when he is seduced by Mrs. Robinson (Anne Bancroft), a bored housewife and friend of his parents. But what begins as a fun tryst turns complicated when Benjamin falls for the one woman Mrs. Robinson demanded he stay away from, her daughter, Elaine (Katharine Ross). Run time 1h 46mins. Comedy/Romance - Rated PG.



Silk Scarf Dyeing Craft

**Friday, January 26th
2:00 p.m. in the Sugar House Maple Room**

Join us for this easy and fun silk scarf craft! Caralyn Russell and Betty Lathrop will lead you through the simple steps to create a beautiful and uniquely dyed silk scarf. **The cost of the class is \$10.00 per person. All supplies will be provided.**

RSVP required via Touchtown App, or by calling Caralyn Russell at (603) 294-1770

Musician Alan Cook

Thursday, January 4th • 7:00 p.m. in the Sugar House Maple Room

Alan Cook has been a musical staple of the down east region of Maine for decades, a solo and group performer, as music faculty at University of Maine for 15 years, and as proprietor of a music store. His heartfelt and fearless performances make a memorable impression. Each show journeys across his wide repertoire of musical gems spanning 100 years of folk, country, blues, rock, and pop. His songwriting skills are often brought out on stage; compositions and improvisation alike. A natural crowd-pleaser, he can scan an audience and play to their hearts, redefine genres, and bring together the generations. Performing across New England, he lives with his wife and 5 children, in Jonesboro, Maine .



The Joy of Music with Andy Campbell

Monday, January 8th & Monday, January 22nd • 2:00 p.m. in the Sugar House Maple Room

Joy Of Music

We have heard about the benefits of music in our lives, how it can improve our emotional and cognitive lives and how it connects us with our long-term memory while bringing us closer to folks in the present. But don't just take our word for it – ***come and see how making music will help you to Voice Your Heart and Train Your Brain!***



RSVP required via Touchtown App, or by calling Caralyn Russell at (603) 294-1770

The Vintage Vocal Quartet

Thursday, January 18th • 2:00 p.m. in the Sugar House Maple Room



The Vintage Vocal Quartet is coming to fill your ears and your heart with the sweet swinging sounds of the Big Band Era.

The 1930s and 1940s hit the sweet spot when swing music, jazz music, and pop music were all one and the same. It was a time when every radio blared out music that was danceable yet sophisticated.

The Vintage Vocal Quartet is dialed in to the sound of groups like Glenn Miller's Modernaires, the Nat King Cole Trio, the Andrews Sisters, and Tommy

Dorsey's Pied Pipers, as well as singers like Bing Crosby, Frank Sinatra, Ella Fitzgerald, Johnny Mercer, and Jo Stafford.

The Vintage Vocal Quartet has been delighting concert audiences and Lindy Hoppers all over New England. These four performers provide their own accompaniment on piano, bass, guitar and trumpet to complement their powerful harmony vocals.

When founder David Thorne Scott did a tour performing with the legendary Four Freshmen, he saw that vintage music — sassy and sweet, danceable, and sophisticated — hits the spot for 21st century audiences. He came home to Boston and called up guitarist Paul Pampinella of the groundbreaking a cappella group Vox One and pianist Taylor O'Donnell, whose versatile voice can deliver jazz to funk with a whisper to a wail. Add trombonist and swing scholar Dan Gabel and you've got yourself a four-piece harmony machine.

North River Music

Thursday, January 25th • 2:00 p.m. in the Sugar House Maple Room



North River Music is a group from the Rochester, New Hampshire area, featuring long time Seacoast area musicians Dan Poland, Tom Kesel, Pete Leavenworth, Sean Haney, Carolyn Hutton and Vicky Poland.

North River has an Americana sound with strong harmonies and expressive musicianship. Playing covers of rock, bluegrass and country songs, a North River set is fun to listen to with something familiar for everyone. From the Eagles and Dylan to the Indigo Girls and Grateful Dead — come to dance, come to listen — you'll like what you hear.

RSVP required via Touchtown App, or by calling Caralyn Russell at (603) 294-1770

Music Series Event: Now's The Time Jazz

Tuesday, January 30th • 7:00 p.m. in the Sugar House Maple Room



Now's The Time has been entertaining audiences since 2014 and has fans throughout Southern New Hampshire. Initially a favorite in the senior community, our repertoire and fans have expanded to all ages, with a mix of American Songbook, Blues, and Soul.

Initiated by Randy Zielinski, who plays piano and trumpet, Now's The Time has grown to six members, adding accomplished musicians Tom Kesel on guitar, Phil Roth on bass and Jenny Lawson on saxophone. Rounding out the sound are two vocalists, Stephen Naifeh and Peg Chaffee, whose solos and duets add to the unique element to the program.

Resident Groups | WOLFEBORO

Drum Circle

Every Thursday • 11:00 a.m.
in the Sugar House Maple Room

How can a drum circle be healing?

Drum therapy is an ancient approach that uses rhythm to promote healing and self-expression. Therapeutic rhythm techniques have been used for thousands of years to create and maintain physical, mental, and spiritual health. Recent research indicates that drumming accelerates physical healing, boosts the immune system, produces feelings of wellbeing, and helps release emotional trauma. Drumming also induces deep relaxation, lowers blood pressure, and reduces stress.

Led by Sugar Hill resident Steve Reinhart. No experience is necessary!

We encourage you to join the circle and express yourself!



Sugar Hill Knitting Circle

Every Wednesday
2:00 p.m. in the Sugar Hill Dining Room
by the fireplace



An informal drop-in group for those who enjoy knitting or any other small handwork (even mending!) All are welcome to join us in the Dining Room any Wednesday at 2:00 p.m. No registration required!

We are hopeful this circle will continue to meet, to knit, to share ideas, and to get help and inspiration.

Resident Bridge Group



Every Saturday
1:00 p.m.
in the Sugar
House Atrium



Death Café

Monday, January 15th
3:00 p.m.
in the Sugar House Maple Room

Are you curious and looking for a safe, confidential place to talk about your thoughts and feelings regarding planning and preparing for your death? Do you have questions? Are you fearful? What is Hospice and Palliative care? How can you talk to your family about your wishes for cremation? Do you want a celebration of life? This is an opportunity to find answers to these questions and many more!

At a Death Café, any and all subjects of dying and death are discussed while we enjoy a beverage and treat. Details and options are yours to ponder, to learn about and decide. The Café is a shared opportunity for discovery and a closer community. Planning for your own death can offer you peace of mind, not having left a lot of decisions and work for your family or friends. A Death Café is a safe, confidential place to listen, learn, and create.

NOTE: A Death Café is NOT a bereavement group or a grief group...simply an ongoing once-a-month small group conversation around questions and concerns to share and learn from each other...and quite possibly find the "gift" in this process! This is a resident-led group.



American Mahjong

**Every Tuesday and Saturday • 1:00 p.m.
at the Back Bay RAC**

**Every Friday • 1:00 p.m.
in the Sugar House Atrium**

Please reach out to Penny Keith at (774) 722-7992 or Shirley Felong at (603) 569-3097 if you are interested in learning and playing at the Back Bay RAC. Please reach out to Betty Lathrop at (603) 515-1181 if you are interested in playing at Sugar Hill. This fascinating game is excellent for brain plasticity! "A Beginner's Guide to American Mahjong" is available at the RAC on a sign-out basis.

A card that shows the hands that can be created with the tiles is necessary to play, and new cards are sent out every year. The current card can be ordered at Nationalmahjonggleague.org \$14/\$15.



Mexican Train

Every Saturday • 1:00 p.m. at the Back Bay RAC

Easy to learn and lots of laughs! 25¢/game. Warning: this game is addictive! Just show up with your quarters and play!

Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00-9:00 am	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool
9:00 – 10:00 am	Open pool	Aqua Fit	Open pool	Aqua Fit	Open pool	Open pool	Open pool
10:00 – 2:00 pm	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool
2:00 – 3:00 pm	Aqua Fit	Resident swim only	Aqua Fit	Resident swim only	Resident swim only	Resident swim only	Resident swim only
3:00 – 4:00 pm	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only
4:00 – 6:00 pm	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool	Closes at 5 pm
6:00 – 7:00 pm	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	

Effective December 1, 2023



TAYLOR COMMUNITY WELLNESS WOLFEBORO FITNESS CLASS SCHEDULE

Monday

9:00 a.m. Functional Fitness with Taylor
10:00 a.m. Strength & Stretch with Taylor
11:00 a.m. Balance Class with Taylor

Tuesday

9:00 a.m. Chair Yoga with Russ
10:00 a.m. Mat Yoga with Russ
11:00 a.m. Tai Chi with Russ
1:00 p.m. Water Aerobics with Russ

Wednesday

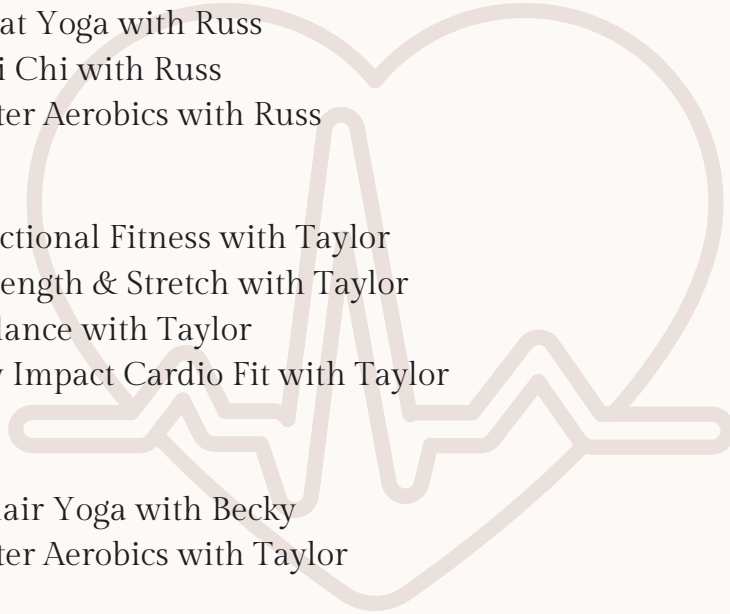
9:00 a.m. Functional Fitness with Taylor
10:00 a.m. Strength & Stretch with Taylor
11:00 a.m. Balance with Taylor
1:30 p.m. Low Impact Cardio Fit with Taylor

Thursday

11:00 a.m. Chair Yoga with Becky
1:00 p.m. Water Aerobics with Taylor

Friday

9:00 a.m. Functional Fitness with Taylor
10:00 a.m. Strength & Stretch with Taylor
11:00 a.m. Tai Chi



Resident and Staff Snapshots



Recurring Campus Events | WOLFEBORO

RSVP is required for most events and may be made via Touchtown in Events, or with Caralyn Russell at (603) 294-1770 or crussell@taylorcommunity.org unless otherwise noted.

MONDAYS:

Billiards

10:00 a.m., Sugar House

Monday Morning Social

10:00 a.m. SH Bistro
(coffee + pastries)

Pool Volleyball

1:00 p.m., Back Bay RAC

WEDNESDAYS:

Billiards

10:00 a.m., Sugar House

Pool Volleyball

1:00 p.m., Back Bay RAC

Knitting Group

2:00 p.m., SH Dining Room
area by fireplace

FRIDAYS:

Billiards

10:00 a.m., Sugar House

American Mahjong

1:00 p.m., Sugar House
Maple Room

TUESDAYS:

Mexican Train

1:00 p.m., Back Bay RAC

American Mahjong

1:00 p.m., Back Bay RAC
Tuesdays, 2:00 - 3:00 p.m.

THURSDAYS:

Cracker Barrel Coffee Hour

10:00 a.m., SH Maple Room
(outdoors under the Sugar House
tent in the warmer months)

**Grocery/Walgreens Shopping
Services for Sugar Hill and the
RABB.** Please call Anne Ulman
at (603) 733-6779 by 5:00 p.m.
Wednesday to request this
service. Blank shopping lists are
located at the Nurse's stations of
both buildings.

SATURDAYS:

Resident led exercise

10:00 a.m., SH Maple Room

Bridge

1:00 p.m., Sugar Hill Atrium

American Mahjong

1:00 p.m., Back Bay RAC

Mexican Train

1:00 p.m., Back Bay RAC

Care Management Nurse

Care Management Nurse Anne Ulman, RN
and Samantha Jones, LNA will be leading

Blood Pressure Clinics

every Tuesday from 1:00 - 2:00 p.m.

in the Sugar House Library,

and every Wednesday from 2:00 - 3:00 p.m.
at Back Bay Recreation and Aquatic Center.

For more information, please contact:

aulman@taylorcommunity.org
or (603) 569-8485, ext. 4240.

Dining at Sugar Hill

The Sugar House Bistro and Dining Room
are open for dining in or take out pick-up
at the Sugar House, Monday - Friday,
12:00 noon - 6:30 p.m.

If you would like to order takeout, please call
(603) 569-8485. If you would like to order
dinner to go, please call 24 hours in advance
whenever possible, so we can have your order
ready for you at 5:00 p.m.



Dial-A-Ride Reservations

To make a reservation with Dial-A-Ride please call Gina Colantuono
at (603) 569-8485 or gcolantuono@taylorcommunity.org.