



# The Taylor Gazette

Community

March 2024 / Vol. 313

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# Resident Town Hall Meetings

**MARCH 2024**

## Laconia Resident Town Hall

**Monday, March 11th  
at 11:00 a.m.**

in the Tree Rooms of the Woodside Building

## Wolfeboro Resident Town Hall

**Wednesday, March 13th  
at 10:00 a.m.**

in the Maple Room of the Sugar House

## **March Budget Town Halls**

Laconia: Monday, March 18th at 11:00 a.m.

Wolfeboro: Wednesday, March 20th at 10:00 a.m.

As always, please feel free to submit any questions in advance to  
[townhall@taylorcommunity.org](mailto:townhall@taylorcommunity.org)  
or call Sharon Ryba at (603) 366-1400  
to submit a question via phone.

Additionally, all Town Hall Meetings will now  
be available for viewing on Touchtown.

***We look forward to seeing you!***

## **Gazette Submissions**

As a reminder, all content for The Gazette  
is due on the 15th day of each month.  
Next month, all content will be due  
on Friday, March 15th.

Please send all submissions to  
[gazette@taylorcommunity.org](mailto:gazette@taylorcommunity.org).

***Thank you!***



## **TRA Monthly Social & Buffet**

**Saturday, March 16, 2024**

**Woodside Fireside Room**

**5:00 p.m.**

**ATTENTION: New & Existing Residents**

Meet New and Old Friends!  
Enjoy Cocktails and Hors d'oeuvres.  
Take a chance on the 50/50 Raffle.  
Have an Enjoyable Evening!

Drink and raffle tickets available in the lobby.

Delicious buffet dinner prepared by Glendale Staff,  
menu is on page 30 of the Laconia section.  
Seating is a random mix of singles and couples.

**\$30 per person**

**Make your reservations NOW!  
(Required)**

**Accepted until March 13th**

**Call (603) 366-1449  
Or reserve on Touchtown**

**Cover photos are courtesy of Dave Gorke Photography.**



# TRA Corner

Hello TRA Members:

It has been a quiet time here for the TRA. Not much new news but here are a few things that have gone on, are going on, and will be going on. The January social was held on January 20th. There were 85 in attendance.

The 50/50 raffle was won by Alexis Dorf in the amount of \$84. Alexis proceeded to return the amount to the Sunshine Fund. Thank you, Alexis. The menu for the event consisted of: Hors D'oeuvres: Dips and spreads and meatballs in House made Marinara Sauce; Appetizer: Carrot and raisin salad; Entrees: Beef Bourguignon, Baked Haddock, and Spinach and Cheese Ravioli; Sides: Whipped Sweet Potatoes and seasonal veggies; Dessert: Double layer chocolate cake with fresh whipped cream.

The February Social is to be held on February 17th. At this time, we have 82 people who signed up. It looks again as though we will have a great time meeting both old and new friends.

The TRA continues to be involved with answering questions and concerns of all Taylor Residents. Our TRA meetings are always open to all residents. The meetings are held on the third Monday of each month at 9:30 a.m. All are welcome.

That's it for now. I hope you all have a safe and healthy month.

– Caesar Meledandri, Chairman

## ▪ Photos from the February TRA Social ▪



## An Irish Blessing

May the road rise to meet you  
On this beautiful day  
The sun is always shining  
Through the fog or through the rain  
March brings the rainbows  
Some luck with a pot of gold  
Some sunshine and who knows  
So many adventures to behold  
The Irish look gives us our pride,  
our stubbornness, and heart  
The Irish laughter gives us our humor  
and keeps us together and never apart  
The Irish eyes smile when we are  
up to a plan  
The Irish always knows how to stand  
together hand in hand  
Love, Loyalty, and Friendship forever  
in our claddagh hearts  
Woven together like the tapestry of fate,  
may we never tether apart  
Some may look for riches, fame, and  
everlasting gold  
Some may play their hand,  
others choose to fold  
But the Irish is in us all  
forges our bonds, tied into fate  
So on this St. Patrick's day,  
know that it is not ever too late  
To find your leprechaun, your pot of gold,  
or a rainbow true  
I will count my blessings forever  
because I have you  
And if there comes a day that you  
are down on your luck or smile  
We are your community  
and will stay with you awhile  
And when that four-leaf clover appears  
and your luck turns around  
Know it was with you all along and  
happiness was never lost but found

## Play Readers

Do you feel you have missed your chance in Hollywood? Don't worry. You can be a star in our very own play readers. The best part is, you don't have to memorize any lines. We meet twice a month for an hour and put on a couple of plays a year.

*Everyone is welcome.*

*You don't even have to try out  
and, we have a lot of fun.*

If you are interested, please call  
Carol Ford at (603) 556-9176. If there is no answer  
please leave a message and I will get back to you.

*This event is being held on the Laconia campus.*



## *An invitation...*

Come and meet the members of the  
The Red Hot Ladies of the Lakes chapter  
of the Red Hat Society

**Monday, March 4th, at 1:00 p.m.  
in the Birch Room of the Woodside building.**

There will be information about this fun group.

**Please call Anne Marie at 603-393-7191  
with any questions.**

*This event is being held on the Laconia campus.*





# Taylor Community Welcomes New Hires

*Welcome!*

**Ashley Swanson** – is our new Director of Recreation. She attended Keene State and LRCC. Ashley has her associate degree in human services and gerontology. She started school for music education then got her LNA and assisted doctors in ambulatory surgery at Laconia Clinic. This is where she developed her interest in healthcare. Eventually she accepted an activities director position and has been doing that ever since. Ashley plays the flute. Her favorite spot in NH is Sandwich Notch. She loves the outdoors – hiking, camping, and swimming. She has a 6-year-old daughter named Lily and a 15-year-old black lab named Paulie. She loves getting to know the residents of the community and working with them to build a fun, purposeful and engaging program.

**Kerry Hook** – Kerry is returning to us as an LPN after a long absence. She attended college at the Sisters of Charity Hospital School of Nursing in Buffalo NY. She has worked as an LPN for 32 years. She worked at Genesis for 25 years, with their skilled patients, dementia residents, and doing wound care. She loves her residents and their families. Kerry is a devoted catholic, attending Sacred Heart. She has 2 granddaughters at Holy Trinity. She is also a volunteer grandparent at Holy Trinity. Kerry is a Buffalo Bills fan.

**Rosa Rumery** – is an LPN joining us in Wolfeboro. She attended college in California, at Pacific Coast College where she became a licensed vocational nurse. Rosa was in the US Marine Corps for 7 years then transferred to the US Navy where she retired after 20 years as a hospital corpsman. She has 2 adult children, her son, an active-duty Marine and a daughter who lives in Florida. Her spouse is also retired military who retired after 20+ years.

**Sandra Selesky** – is an LPN joining us in Wolfeboro. She attended NH Vocational Technical School and has her associate degree in nursing. She was a paranormal investigator for 5 years. Sandra enjoys photography and kayaking in her free time. She loves to travel and visit historical places.

**Mary Elliard** – Mary is our new VP of Finance. Mary lives in Meredith, attended Springfield College and Texas A&M. She is working towards her MBA with a concentration in accounting. Mary is also a certified personal trainer and yoga instructor. She has lived and worked in the Lakes Region her entire life. She is a native NH-ite growing up on the shores of Winnepesaukee. Her parents owned Greystone Motel and most of the summer stock stars stayed with them. She loves sports of all types – sailing, swimming, hiking, skiing, golf and now, pickleball. She has been married for 32 years, has 2 grown children and 2 small dogs. She loves to craft, knit, and crochet.

**Heather Hewey** – is an RN joining us in Wolfeboro. She attended NHTI in Claremont and has her associate degree. She has been an oncology nurse, home health palliative care hospice and dermatology nurse. Heather is an animal lover, she has an English Mastiff and a chihuahua and loves spending time with her three adult daughters.

**David Griffith** – is a new Maintenance Technician. He lives in Bristol, attended the University of Massachusetts, and studied computers and business. He worked for Walmart for 20 years. David's hobbies are photography and travelling. He enjoys all sports and has traveled throughout the country. David recently got married in May, he and his new wife have 2 cats.

**Jerome Kramer** – is a new Maintenance Technician. He lives in Grafton and attended Waikato University in New Zealand and SNHU. He received his BS in Education Psychology and a Master of Education as a general ed teacher K-8 and Special education K-12. Jerome was a teacher for 10 years. He lived in New Zealand for 5 years. He has 2 English Mastiffs, 2 mixed breed dogs and 2 morgan horses.

**Ken King** – is a carpenter and “jack of all trades,” and will be working in our refurb department. Ken lives in Gilmanton and has worked for Mystic Seaport Museum, as well as being an electrician, pipefitter, and welder. Ken's father died in the line of duty when he was 6 years old. His dream was always to have a log cabin on a lake and 30 years later he fulfilled that dream. He and his wife bought a log cabin in Gilmanton on Loon Pond. He has 2 children, 2 dogs, 3 boats, 2 snowmobiles and a motorcycle – they like to have fun!

**Elizabeth Spinale** – is an LNA who will be working in Laconia and lives in Moultonborough. She loves to garden, do crafts, hike, and spend time outdoors. She loves spending time with family and her grandchild. She has a wonderful 6 ½ year old dachshund mix dog. She loves theatre and the arts.

**Mikayla Stone** – is an LNA living in Franklin and working in Laconia. She earned her LNA at the American Redcross in 2017. She is mother to an amazing 7-year-old boy!

**Casey Coutu** – is an LNA living in Northfield and working in Laconia. She attended college in Rhode Island and is currently attending Johnson and Wales studying clinical psychology. She has 6 years' experience in long-term care.



## Resident Snapshots



## Happy Birthday!

### MARCH

2	Barbara O'Hern	Taylor Connection	16	Janis McKittrick	Taylor Connection
3	Frederick Toppel	Ledges	18	Michael Burnham	Ledges
4	Rosemary Perry	Ledges	18	Henry Malone	Taylor Connection
4	Kathy Ann Dickie	Taylor Connection	19	Bob Ilgenfritz	Ledges
4	Winnie O'Shaughnessy	Sugar Hill	20	Anne Dingwell	Sugar Hill
5	Dodie Stephens	Back Bay	21	Freddie Moretti	Sugar Hill
5	Linda Hess	Sugar Hill	21	Bonnie Toppel	Ledges
7	Pam Paquette	Taylor Connection	21	John Clauson	Ledges
7	Doris Citron	Ledgeview	23	Maureen Kryger	Ledges
7	Ed Marzerka	Taylor Connection	24	Jane Newcomb	Back Bay
8	Rae Lynn Warren	Sugar Hill	24	Barbara Larsen	Woodside
8	Magdalene Livingston	Back Bay	24	Steve Whitney	Sugar Hill
9	Vicki LeComte	Woodside	24	Judy Meledandri	Woodside
9	Vincent Kuharic	Ledgeview	25	Woolsey Conover	Taylor Connection
10	Paul DesMarais	Taylor Connection	25	Lamperti	Taylor Connection
10	Elena Worrall	Ledges	25	Melville Guttormsen	Sugar Hill
11	Paul Gaudet, Sr.	Taylor Connection	25	Richard Ogden	Ledges
12	Paul Krampfert	Ledges	26	Penny Keith	Back Bay
12	Wendy Sanborn	Ledges	27	Joan Ryan	Back Bay
13	Sandi Greenberg	Ledges	28	Suzanne Boulter	Taylor Connection
13	Joan Allison	Ledges	28	Dawn Mooney	Ledges
14	Cook Anderson	Ledges	28	Bruce Hartley	Ledges
14	Mal Stephens	Back Bay	29	Gail Dyer	Ledges
14	Constance King	Taylor Connection	30	Peter Mann	Sugar Hill
15	David Barnes	Sugar Hill	31	Dave Worrall	Ledges
15	Grace DiBiase	Taylor Connection	31	Beverly Finnegan	Woodside



## Beware of Durable Medical Equipment scams!

Never give out your Medicare number over the phone or by e-mail. Scammers are looking to send you “free stuff” to which you are “entitled.” If you agree to receive this equipment, which you do not need, such as back braces, knee and leg braces or ten year’s supply of catheters, you will receive a box of shoddy equipment which will be hard to send back to the vendor. Your Medicare or your Medicare advantage provider will be billed and will pay the scammer.

If this happens, pay attention to the Explanation of Benefits, “EOB,” that you receive from your Medicare provider, and notify them immediately of the claim number and report it as a fraudulent transaction. Medicare is paying billions of dollars for phony claims for this sort of thing and only you can stop the fraud.

## Taylor Community Gift Annuities

**As a 501(c) (3) corporation, Taylor Community offers charitable gift annuities to its residents as a vehicle to receive lifetime income and a tax deduction at the same time.**

The interest rate paid on the annuity depends on the age of the annuitant, and the older you are, the higher the interest rate, and interest rates are going up. Bank of New Hampshire administers the program for Taylor, and your money is secure as Taylor maintains a fully-funded Gift Annuity investment account from which annuity payments are made.

**If you would like more information, please contact Ed Soucy at (603) 366-1229 or via e-mail at [esoucy@taylorcommunity.org](mailto:esoucy@taylorcommunity.org).**

## Healthy Aging through the Continuum of Care

A Continuing Care Retirement Community, Taylor Community is committed to supporting our residents and helping them live their best lives, whether they reside in Independent Living, Assisted Living, Memory Support or Nursing. Our goal is to maintain that support as they progress through the continuum of care on our campuses.

To that end, we will be inaugurating a series of monthly presentations/discussions on topics related to healthy aging. We will hold these events in the Elm Room in Woodside on the Laconia campus. The initial schedule is as follows:

**March 27th at 11:00 a.m.**  
**Managing Diabetes and food choice**  
**with Amy Caro, RD (Registered Dietician)**

**April 17th at 11:00 a.m.**  
**Eye Health with Dr. Diedre Cullen, DO**

Other topics we are considering are Fall Prevention, the realities, and benefits of Assisted Living. We would love your input for topics that are of special interest to you.

Please feel free to reach out to Director of Social Services, Hank Offinger with your suggestions. You can reach Hank at: (603) 366-1207 or [hoffinger@taylorcommunity.org](mailto:hoffinger@taylorcommunity.org).

## In Memoriam

**Nicolas Stadtfeld**  
Dec. 17, 1937 – Jan. 18, 2024  
*Sugar Hill and RABB resident since 2022*

**Richard Stacey**  
Aug. 29, 1929 – Jan. 28, 2024  
*RABB resident since 2023*

**Alvine Heine**  
Oct. 15, 1935 – Feb. 11, 2024  
*Taylor resident since 2019*

**Judith Weiss**  
Nov. 8, 1936 – Feb. 15, 2024  
*Taylor resident since 2022*

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*Nonprofit since 1907*

Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call (603) 366-1400, or simply use the online form available on our website, [www.taylorcommunity.org](http://www.taylorcommunity.org).





# Taylor Laconia News & Events

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### Wednesday, March 6th

Time again for our monthly Men's Breakfast - Wednesday, March 6, 2024 in the Woodside Elm Room. (1st Wednesday of every month except July and August.) Coffee will be ready at about 7:15 a.m., with food at about 7:30 a.m., and the speaker at about 8:00 a.m. Our speaker this month will be Ed Soucy - Taylor's Senior Financial Consultant. Come and listen as he brings us up-to-date on Taylor's finances, food plan, spam trickery, a few jokes, and whatever results from questions raised from the floor, while he is still on staff full-time.

To make a reservation PLEASE register through Touchtown. For those who can't use Touchtown call me at (603) 524-7131 or e-mail me at [jelarson234@yahoo.com](mailto:jelarson234@yahoo.com). Mark your calendar and remember to look at it.

*I look forward to seeing you there.  
Thanks, John Larson*



### Oasis Pub Night

Friday, March 1st • Woodside, 4:30 p.m.



We like to think March is the rocking chair between the harshness and cold of winter and promise of sunshine and flowers of spring. As we look forward, we would like to have everyone join us for the usual fun and fellowship at the Oasis as we greet and chat with each other over a friendly libation. As always, beer, wine, and soft drinks are available at a nominal cost, and the Bistro will be offering its delicious 'Pub Grub' menu. In addition, we will be offering a wee dram of Irish whiskey as a special.

- Your Oasis Pub Crew

### SUPERBOWL SQUARES WINNERS

First Half Score: Bill Bell, Taylor Refurb Foreman

Final Score: Allan Clemow

**Congratulations!**

### Circle Dinner

Saturday, March 9th



Circle Dinners are mini-potluck dinners held in the apartments or cottages of residents with four to eight diners. The host(s) prepare the main dish and set the menu. The preparation of additional courses: appetizer(s), salad and bread, vegetable, starch and dessert, are shared by the hosts and guests.

This is a great opportunity to share quality time and great conversation with fellow residents. The last date to sign-up for the March Circle Dinner is Friday, March 1st or the day after the March Gazette is distributed if it is later than March 1st. Circle Dinners occur only five times a year in January, March, June, September and November. You only sign up for the months you can attend.

**BE THERE OR BE SQUARE!**

For additional information, please call Liz Cooper at (603) 344-0344.





## Huot Culinary Department Tea Social

Tuesday, March 5th • 12:15 p.m.



Join us as we visit the Huot Culinary Arts Department for a Tea Social prepared especially for us. Enjoy

this opportunity to sample the students' culinary creations and great conversation. They will be serving light sandwiches and tasty pastry treats along with the tea. **The bus will pick up residents from the Woodside Lobby at 12:15 p.m.**



## Community Crafts with Shannon

Tuesday, March 5th, 1:00 p.m.  
Wet Craft Room, Woodside

St. Patrick's Day is right around the corner and what better way to celebrate than to make your own Irish Gnome! Easy to make and decorate!



## Potluck Dinner

Saturday, March 30th • 5:00 p.m. | Fireside Room, Woodside

Join us for this casual dinner gathering with friends. Bring along your favorite Potluck item to share. We will provide dishes, napkins and utensils.

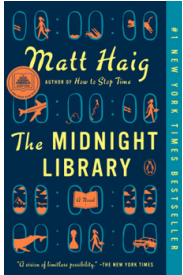
*Happy St. Patrick's Day!*



## New Focused Book Group with Joan Mountford

### BOOKS ABOUT BOOKS

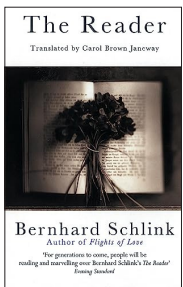
Beginning April 1st - Sign up Now



#### The Midnight Library, by Matt Haig

Monday, April 1st • 10:00 a.m. | Fireside Room, Woodside

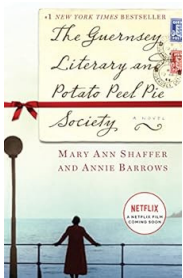
Between life and death there is a library, and within that library, the shelves go on forever. Every book provides the story of another life you could have lived if you had made other choices. Nora Seed finds herself faced with this decision. Faced with the possibility of changing her life for a new one, following a different career, undoing old breakups, realizing her dreams of becoming a glaciologist, she must search within herself as she travels through the Midnight Library to decide what is truly fulfilling in life, and what makes it worth living in the first place.



#### The Reader, by Bernhard Schlink

Monday, May 6th • 10:00 a.m. | Fireside Room, Woodside

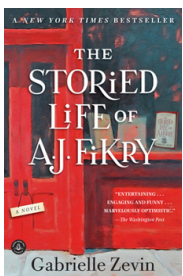
When he falls ill on his way home from school, fifteen-year-old Michael Berg is rescued by Hanna, a woman twice his age. In time she becomes his lover; then she inexplicably disappears. When Michael next sees her, he is a young law student, and she is on trial for a hideous crime. As he watches her refuse to defend her innocence, Michael gradually realizes that Hanna may be guarding a secret she considers more shameful than murder. Set in the years following World War II, this is the only German novel ever to top The NY Times best-seller list.



#### The Guernsey Literary and Potato Peel Pie Society, by Mary Ann Shaffer and Annie Barrows

Monday, June 3rd • 10:00 a.m. | Fireside Room, Woodside

Also set in the years after World War II, this epistolary novel begins in London, where Juliet receives a letter from a man she's never met; he has found her name in a used book, and he needs a favor. Juliet is drawn into the world of her correspondent and his friends, members of a book group formed as an alibi when its members were caught breaking the curfew imposed by the Germans occupying Guernsey during the war. Eventually, Juliet travels to Guernsey and becomes witness to events that answer the questions created by the war.



#### The Storied Life of A.J. Fikry, by Gabrielle Zevin

Monday, July 1st • 10:00 a.m. | Fireside Room, Woodside

A. J. Fikry's life is not at all what he expected it to be. His wife has died, his bookstore is experiencing the worst sales in its history, and now his prized possession, a rare collection of Poe poems, has been stolen. Slowly but surely, he is isolating himself from all the people of Alice Island. Even the books in his store have stopped holding pleasure for him. These days, A.J. can only see them as a sign of a world that is changing too rapidly. And then a mysterious package appears at the bookstore. It's a small package, but large in weight. It's that unexpected arrival that gives A. J. Fikry the opportunity to make his life over, the ability to see everything anew.



### NH Orchid Society 31st Annual Show and Sale "Cosmic Colors"



Friday, March 1st • 10:00 a.m.

The New Hampshire Orchid Society is hosting their 30th Annual Show and Sale. Exhibits, live plants, supplies, jewelry, artwork, and more will be available. This beautiful event has been on "hold" for the past two years, so we are excited to bring it back! Prior to our visit to the NH Orchid Society, the group will enjoy lunch at the Lilac Blossom Restaurant in Nashua. Admission is \$8.00 per person. **The bus will begin picking residents up on the Laconia Campus at 10:00 a.m.**

### Simon Pearce Glass Studio

Friday, March 8th • 8:30 a.m.



Perched atop the falls of the Ottauquechee River, overlooking a covered bridge, the Simon Pearce flagship in Quechee offers glass blowing demonstrations and a renowned restaurant "The Mill at Simon Pearce." Founded in 1971, Simon Pearce originated as a small glass blowing workshop in Kilkenny, Ireland. Our group will tour the studio, take in the glassblowing demonstrations and enjoy a beautiful lunch at "The Mill." **The bus will begin picking up residents on the Laconia Campus at 8:30 a.m.**

### Bank of NH Stage at Capital Center for the Arts The Met: Live in HD: La Forza del Destino



Saturday, March 9th • 10:15 a.m. departure at 12:00 p.m. show

Yannick Nézet-Séguin conducts Verdi's La Forza del Destino, with stellar soprano Lise Davidsen, following a string of recent Met triumphs, in her role debut as the noble Leonora. Director Mariusz Trelinski delivers the company's first new Forza in nearly 30 years, setting the scene in a contemporary world. The cast also features tenor Brian Jagde as Don Alvaro, baritone Igor Golovatenko as Don Carlo, mezzo-soprano Ekaterina Semenchuk as Preziosilla, bass-baritone Patrick Carfizzi as Fra Melitone, and bass Solomon Howard as both Leonora's father and Padre Guardiano. This event is a broadcast of a performance happening LIVE and is shown

on the Bank of New Hampshire Stage's video wall in high definition. **Tickets are \$25.75 per person and are non-refundable. Please email Brenda to reserve your ticket. The bus will begin picking up residents on the Laconia Campus at 10:15 a.m.**

**RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.**

## Lakes Region Symphony Orchestra - The Spirit of Freedom, Interlakes Theater

Saturday, March 16th • 5:30 p.m.



We sojourn to Europe with trumpeter Adam Gallant featured on the technically brilliant and musically expressive Haydn Trumpet Concerto, widely regarded as one of the most significant trumpet works. Then cross the Atlantic back home to 1930's-40's America with Aaron Copland's iconic Lincoln Portrait, which combines spoken word with an orchestral score, and the groundbreaking Afro-American Symphony by William Grant Still. Tickets are \$25.00 per person and are non-refundable. **The bus will begin picking up residents on the Laconia Campus at 5:30 p.m. for this 7:00 p.m. show.**

## Dining Out: Lunch at el Jimador

Wednesday, March 20th • 11:00 a.m.

If you are looking for delicious, authentic Mexican food served in a comfortable, festive atmosphere, this is the place! This menu offers traditional Mexican specialties, such as sizzling fajitas, tacos, carnitas and quesadillas plus a wide variety of delicious steak, seafood, chicken and pork dishes. El Jimador also features a wide selection of margaritas, Mexican beer and other refreshing drinks. **The bus will begin picking up residents on the Laconia Campus at 11:00 a.m.**



## Bank of NH Stage at Capitol Center The Met: Live in HD: Romeo et Juliette

Saturday, March 23rd • 11:15 a.m.



Two singers at the height of their powers—soprano Nadine Sierra and tenor Benjamin Bernheim—come together as the star-crossed lovers in Gounod's Shakespeare adaptation, with Yannick Nézet-Séguin on the podium to conduct one of the repertoire's most romantic scores. Bartlett Sher's staging also features baritone Will Liverman and tenor Frederick Ballentine as the archrivals Mercutio and Tybalt, mezzo-soprano Samantha Hankey as the mischievous pageboy Stéphano, and bass-baritone Alfred Walker as Frère Laurent.

This event is a broadcast of a performance happening LIVE and is shown on the Bank of New Hampshire Stage's video wall in high definition. **Tickets are \$25.75 per person and are non-refundable. Please email Brenda to reserve your ticket. The bus will begin picking up residents on the Laconia Campus at 11:15 a.m. for this 12:55 p.m. show.**

**RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.**



## Dinner at The Homestead

Wednesday, March 27th • 4:30 p.m



The Homestead Restaurant in Bristol, New Hampshire represents the original homestead of Benjamin Emmons. The large two-story frame house built by Emmons, circa 1788, is said to be the oldest house standing in the town of Bristol. Benjamin Emmons was a prominent man in his day. He was a revolutionary soldier from New Chester (now known as Bristol) and after the war was active in the militia.

Here he kept a tavern and for the price of 12 cents you could have a bowl of porridge and the opportunity to sleep on the floor. His descendants lived here for generations. Today the McDonough family opens its doors to offer the finest of today's food and beverage and a glimpse at the past.

Three dining rooms make up the first floor of the original structure. The wide pine board floors and original fireplaces greet you as you take a step back in time. Since the Homestead first opened in 1979, the need for more seating was satisfied with the addition of two more dining rooms. The main dining room offers floor to ceiling views of the backyard, while the patio room offers lots of light with its many southern windows. Whichever room you choose, you are sure to encounter a wonderful dining experience. **The bus will begin picking up residents on the Laconia Campus at 4:30 p.m.**



## The Butterfly Place

Thursday, March 28th • 8:00 a.m.



The Butterfly Place is an indoor living environment that has been carefully designed for the propagation and development of butterflies. Regional and tropical butterflies, as well as birds and koi fish are housed in an indoor garden with a walking path. Following our visit, the group will enjoy lunch at Burton's Grill in Westford. **Admission is \$12.00. The bus will begin picking up residents on the Laconia Campus at 8:00 a.m.**



RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.



## Manchester Millyard Museum and Lunch at Firefly Bistro

Friday, March 29th • 8:30 a.m



Operated by the Manchester Historic Association, the Millyard Museum is housed in Mill No. 3 at the corner of Commercial and Pleasant Streets in the historic Amoskeag Millyard. The Museum features the permanent exhibit, Woven in Time: 11,000 Years at Amoskeag Falls, which tells the story of Manchester and the people who have lived and worked here.

The story starts with the native peoples who fished at Amoskeag Falls 11,000 years ago and continues with displays on the area's early farmers and lumbermen, and the beginnings of industry in the area. The exhibit then focuses on the story of the development of the Amoskeag Manufacturing Company. This powerful corporation would become one of the largest textile producing companies in the world, employing over 17,000 people, including immigrants from many countries.

The company's vast brick millyard still dominates the cityscape today. The story continues into the 20th century, as innovative businesses flourish in the city and new groups of immigrants come to Manchester to start new lives. The Museum's Henry M. Fuller State Theatre Gallery features rotating exhibits on a variety of topics.

The Millyard Museum also features the Discovery Gallery, a multi-purpose space used for school groups, family programs, lectures, temporary exhibits and other activities. **Admission is \$6.00. Following the Museum tour, the group will enjoy lunch at Firefly Bistro. The bus will begin picking up residents on the Laconia Campus at 8:30 a.m.**

**RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.**



## Master Singing Impressionist/Comedian: Joey Voices

Monday, March 4th • 6:30 p.m. • Elm Room, Woodside



Joey Voices has been entertaining people across the country for two decades with his clean brand of humor and musical impressions. He has performed in Las Vegas and in theaters and venues across America. Joey imitates the spot-on voices of Frank Sinatra, Dean Martin, Cher, Louis Armstrong, Neil Diamond, Joe Cocker, Al Pacino, Ray Charles, Al Green, Dave Matthews, John Mayer, The Bee Gees, Tom Jones, Elvis Presley, Rodney Dangerfield, Bobby Darin, Robert DeNiro, Tony Bennett, Joe Pesci and many more, in his 60 minute performance of humorous singalongs that will have you laughing, singing and dancing in your seats! Join us for this exciting and hilarious performance.

## Tall Granite Big Band

Wednesday, March 6th • 6:30 p.m. • Elm Room, Woodside



Life's too short to play music that doesn't swing! Or sway! (Or swivel!) That's the unofficial motto of the Tall Granite Big Band. This unique group got its start in 2014 when a handful of Concord-area musicians seized the opportunity to acquire a collection of big band charts assembled over the post-WWII decades by Houston trumpeter, music store owner and bandleader, Johnny Dyson. Johnny's tastes ran to the Swing Era classics by Basie, Miller, Goodman, Ellington and Herman, et al., with significant excursions into the Blues and Latin sounds characteristic of the Gulf Coast. Join us for this fun evening of music and swing dancing.

## Daniela Schächter Quartet

Sunday, March 10th • 3:00 p.m. • Elm Room, Woodside



Italian Jazz Singer and Pianist Daniela Schächter started her musical career early. By her mid-teens she was already performing publicly in Sicily, Italy, as well as doing studio session work. After her classical studies, she moved to Boston, MA as recipient of a scholarship to the Berklee College of Music. Daniela has won many prestigious awards. She is currently leading her group in several NYC venues. She has released three CDs: "Quintet," "I Colori del Mare" (Italian Jazz) and "Purple Butterfly." Daniela has served as Assistant Professor at Berklee College of Music Spring, 2008 and Adjunct Professor at Montclair State University since Fall, 2013. Daniela will be joined by trumpeter Jason Palmer, Rick DiMuzio, Keala Kaumehelwa and Betram Lehmann.

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.

### Jordan Tirrell Wysocki

**Monday, March 11th • 6:30 p.m. • Elm Room, Woodside**



Bringing fresh energy to traditional Celtic music, Jordan is an award-winning New Hampshire-based fiddler/singer who has been performing professionally for over two decades. He has toured nationally with bands in various genres, performed across Ireland and released multiple recordings of Celtic music that can be heard on radio stations in Ireland and Scotland as well as around New England. He is also an Emmy-nominated composer who has written soundtracks for audiobooks and television and appeared as a guest on over 75 albums. His lifelong passion for history helps bring to life the traditional music around which he built his career.

### Saint Patrick's Day Celebration with Jud Caswell

**Friday, March 15th • 2:00 p.m. • Elm Room, Woodside**



Back by Popular Demand! Jud Caswell is a seasoned Maine artist/performer and multi-instrumentalist. Jud gives listeners a front-row seat to his engaging manner and storytelling. Jud Caswell has got a keen eye for detail. There's a magic to the way he draws you in until you're transported to the old farmhouse, the salty shore, a wood full of birdsong. You might just think he's taking you to visit his home. But there's magic. When the words are just right, and the chords are struck just so, and the river of melody pushes and pulls in all the right places, then it's not his home at all anymore. It's your home. Join us for this return visit you are sure to enjoy.

### Green Heron

**Monday, March 18th • 6:30 p.m. • Elm Room, Woodside**



The music of Green Heron stretches across the entire folk landscape. Old-time, folk, bluegrass, country, Celtic and blues music are all represented as the band brings the back porch to the stage. Featuring Betsy Heron (formerly Green) on fiddle, banjo and vocals, and Scott Heron on guitar, banjo and vocals, the duo has been sharing New England stages together since 2017. The two songwriters weave the contemporary with the traditional and deliver high energy performances.

**RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.**



### The Love Dogs

**Wednesday, March 20th • 6:30 p.m. • Elm Room, Woodside**



This is a Rockin' Swingin' Rhythm & Blues septet from Boston, MA with four critically acclaimed CDs and one of the best live shows you will ever see!! This seven piece band plays original Swingin' Rockin' Jump Blues and New Orleans R&B. Take one red-hot horn section - add liberal amounts of barrelhouse boogie-woogie piano ... and stinging Fender guitar. Pour over a funky and swinging rhythm section that blues Review magazine called "the best in the business," and top it all off with a crazy and charismatic frontman with one of the biggest blues voices around. Season with a few years on the road tearing up juke joints, festivals and concert halls across the U.S. and Canada and on both sides of the Atlantic. THAT is a recipe for music ... and mayhem ... for intensity and irreverence; it's THE LOVE DOGS! Don't miss this event!

### Lakes Region Woodwind Quintet

**Sunday, March 24th • 3:00 p.m. • Elm Room, Woodside**



The Lakes Region Woodwind Quintet is not a stranger to this area. These women perform regularly in other ensembles and come together to share their friendship and music in this quintet. This group, although not all from New Hampshire, have found NH to be their performance venue. Enjoy music from the classical and romantic periods, as well as American modern genres such as musicals, rags and jazz.

### John Paul McGee

**Monday, March 25th • 6:30 p.m. • Elm Room, Woodside**



John Paul McGee is a masterful musician, dynamic preacher, producer, published author, and educator. At the age of four, without any formal training, he began to play familiar hymns and church songs by ear. By age eleven, he was studying piano and pipe organ at the New Shiloh School of Music and subsequently graduated in 2002 from Baltimore School for the Arts with an arts certificate in piano and opera studies. He began his career in church music at the age of twelve as full-time minister of music at Waters AME church. As a keyboardist, vocal arranger, producer, and songwriter, he has been privileged to grace stages across the world with many popular gospel, jazz, R&B, and classical artists. Dr. McGee is a 2006 graduate of Bethune-Cookman College with a Bachelor of Arts in music with a concentration in piano performance. He is a May 2008 graduate of Liberty University with a Master of Arts in religion with a concentration in church ministries. He is a 2015 graduate of Emory University with a Master of Sacred Music degree with a concentration in pipe organ performance. He is a June 2021 graduate of the Interdenominational Theological Center with a Doctor of Ministry degree with concentration in pastoral care and counseling. From August through December 2021, McGee was resident professor of music for Verto Education in Pahoa, Hawaii, and he began his appointment as assistant chair of the Piano Department at Berklee College of Music in January 2022.

**RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.**

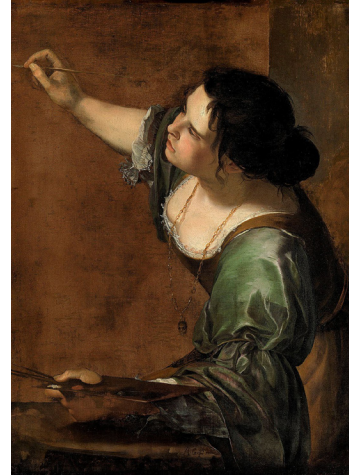
## Art Appreciation with Jane Oneail - Fierce Females

Wednesday, March 6th • 2:00 p.m. • Elm Room, Woodside



Women have long been the subject of art, often depicted as nothing more than objects of desire. How do images of women change when women become the creators? This program examines the history of women in art in brief and then explores the lives, careers and works of several major women artists from the Renaissance to the twentieth century, including Artemisia Gentileschi and Mary Cassatt. Jane Oneail, owner of Culturally Curious, holds a Master's in Art History from Boston University and a Master's in

Education from the Harvard University Graduate School of Education. She is a New Hampshire native and has worked at some of the state's most esteemed cultural institutions, including the League of New Hampshire Craftsmen, where she served as Executive Director, and the Currier Museum of Art, where she held the role of Senior Educator.



## Current Events Discussion Group

Tuesday, March 12th • 1:00 p.m. • Wet Craft Room, Woodside



In February, we once again had the opportunity to attend the Camden Conference. The topic this year was INDIA: Rising Ambitions, Challenges at Home. For those who attended any of this year's conference on India, we will meet to discuss this Conference on Tuesday, March 12th at 1:00 p.m. This is a time change for us. Most of the programming at Taylor starts on the hour, so if we do the same, it could be helpful.

## NH Audubon Society - Pollinator Party

Wednesday, March 13th • 2:00 p.m. • Elm Room, Woodside



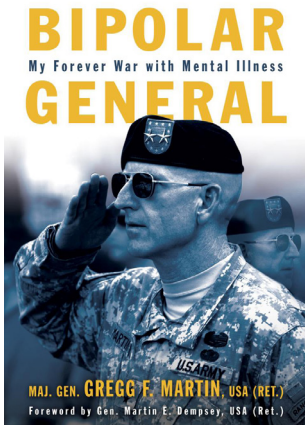
This program discusses the relationships between plants and their pollinator pals by introducing participants to the basics of plant anatomy and entomophilous (insect!) pollination. From beetles and ants to moths and butterflies, explore the unique and specialized insects that rely on plants for their energy needs. Discover what could happen to these insects and plants if the pollinator population continues to decline. Learn ways in which we can help these amazing creatures continue assisting their plant allies by ensuring that their pollen is transported across the garden.

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.



## Zoom Author Lecture: Bipolar General - My Forever War with Mental Illness

Thursday, March 14th • 1:00 p.m. • Woodside Theater



Gregg F. Martin, PhD, Major General, US Army (Retired), served on active duty for 36 years, until May 2015. He is a combat veteran, Bipolar Survivor, Airborne-Ranger-Engineer qualified soldier, and Army Strategist.

Maj. Gen. Gregg Martin cut a striking figure in the Army: athletic, quick-witted, devout, and studious; he was a natural leader. Thanks to his engineering and leadership knowhow, Martin was chosen to lead the thousands of combat engineers who paved the way for 100,000 Army troops to battle their way to Baghdad in 2003. Martin was astonishing to watch as he led this effort, his mind laser-focused and body vibrating with energy. He made quick decisions, often anticipating and solving problems before orders came down. Only years later would he learn how the pressure of organizing dozens of simultaneous life-or-death missions each day altered the biochemistry of his brain. Since adolescence he'd had what psychiatrists call a 'hyperthymic personality' — an exceptionally positive, energetic, and can-do disposition. But the Iraq War triggered what military and Veterans Administration psychiatrists ultimately diagnosed as late-onset bipolar disorder, a chemical imbalance that sends sufferers whipsawing between grandiose imaginings and suicidal depressions. His increasing erratic behavior led to his forced resignation as president of the National Defense University and ended his military career.

Bipolar General offers a candid account of Martin's personal journey with undiagnosed mental illness as he rose through the ranks of the U.S. Army. The author provides a first-hand look at the various treatments available for bipolar disorder ranging from powerful medications to electroconvulsive therapy. He discusses why his condition went undiagnosed for so long and explores what can be done both within and outside the armed forces to diagnose and treat mental illness. Bipolar General should be of value to those with mental illness and to the communities of family, friends, and caregivers surrounding them.

### Join the Zoom meeting:

<https://us06web.zoom.us/j/87361153920?pwd=UZkf1Fhgf2UvgNT2oPsQRyx7q8qIHh.1>

Meeting ID: 873 6115 3920 Passcode: 191231

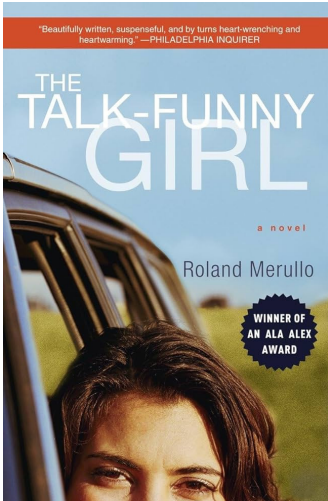


photo by Don Sorrie

RSVP required via Touchtown App, or to Brenda at [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org) or (603) 366-1226.

## Woodside Book Group with Lacopnia Public Library The Talk Funny Girl, by Roland Merullo

Friday, March 15th • 10:00 a.m. • Birch Room, Woodside



In one of the poorest parts of rural New Hampshire, teenage girls have been disappearing, snatched from back country roads, never to be seen alive again. For seventeen-year-old Marjorie Richards, the fear raised by these abductions is the backdrop to what she lives with in her own home, every day. Marjorie has been raised by parents so intentionally isolated from normal society that they have developed their own dialect, a kind of mountain hybrid of English that displays both their ignorance of — and disdain for — the wider world.

Marjorie is tormented by her classmates, who call her “The talk-funny girl,” but as the nearby factory town sinks deeper into economic ruin and as her parents fall more completely under the influence of a sadistic cult leader, her options for escape dwindle. But then, thanks to a loving aunt, Marjorie is hired by a man, himself a victim of abuse, who is building what he calls “a cathedral,” right in the center of town. Day by day, Marjorie’s skills as a stoneworker increase, and so too does her intolerance for the bitter rules of her family life.

Gradually, through exposure to the world beyond her parents’ wood cabin thanks to the kindness of her aunt and her boss, and an almost superhuman determination, she discovers what is loveable within herself. This newfound confidence and self-esteem ultimately allows her to break free from the bleak life she has known to find love, to start a family, and to try to heal her old, deep wounds without passing that pain on to her husband and children.

By turns darkly menacing and bright with love and resilience, *The Talk-Funny Girl* is the story of one young woman’s remarkable courage, a kind of road map for the healing of early abuse, and a testament to the power of kindness and love.

For all events, RSVP required  
via Touchtown App,  
or to Brenda at  
[bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org)  
or (603) 366-1226.





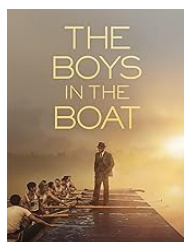
# Woodside Theater Events

## Tuesday Night Movie Group at Woodside

### March Selections - The Boys in the Boat, Grand Hotel 1932, Maestro, and The Holdovers

This group of Movie Connoisseurs will work together to select the movies to be presented – topics, genres and ratings to vary. This will be a listening room only event – so please refrain from conversations once the movie begins. If you would like more information about this group, please reach out to Brenda at (603) 366-1226. Reservations are required on Touchtown.

**This event will be held in our Woodside Theater beginning at 7:00 p.m.**



#### **The Boys in the Boat Tuesday, March 5th**

The inspirational true story follows a group of underdogs at the height of the Great Depression as they are thrust into the spotlight, taking on elite rivals from around the world as part of the 1936 Berlin Summer Games. Run Time 2hr 3mins. This is an Amazon Prime Presentation.



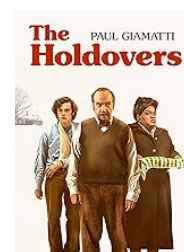
#### **Grand Hotel 1932 Tuesday, March 12th**

A drama dealing with the interpersonal relationships of a variety of people living in a Berlin hotel. This is an Amazon Prime presentation.



#### **Maestro Tuesday, March 19th**

This fearless love story chronicles the complicated lifelong relationship between music legend Leonard Bernstein and Felicia Montealegre Cohn Bernstein. Run Time 2hr 11 mins. This is a Netflix presentation.



#### **The Holdovers Tuesday, March 26th**

The Holdovers follows a curmudgeonly instructor at a prep school who is forced to remain on campus during Christmas break to babysit a handful of students with nowhere to go. Run Time 2hr 13mins. This is an Amazon Prime presentation.



#### **Casablanca | Friday, March 1st • 7:00 p.m.**

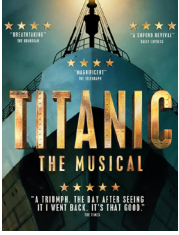
Rick Blaine (Humphrey Bogart), who owns a nightclub in Casablanca, discovers his old flame Ilsa (Ingrid Bergman) is in town with her husband, Victor Laszlo (Paul Henreid). Laszlo is a famed rebel, and with Germans on his tail, Ilsa knows Rick can help them get out of the country. Run Time 1hr 42mins. This is an Amazon Prime Presentation.



#### **Chocolat | Saturday, March 2nd • 7:00 p.m.**

Johnny Depp and Juliette Binoche star in this deliciously sexy and sweet romantic comedy that swept audiences off their feet and earned 5 Oscar® nominations including Best Picture, centered around a chocolate shop in a small French village. Run time 2hr 1mins. This is an Amazon Prime Presentation.

# Woodside Theater Events



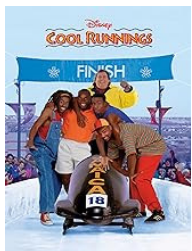
## **Titanic, The Musical | Thursday, March 7th • 1:00 p.m.**

Based on the real people aboard the most legendary ship in the world, Titanic the Musical is a stirring portrait of the passengers on board the “unsinkable ship” and the tragic disaster that followed. With music and lyrics by Maury Yeston and book by Peter Stone, the original Broadway production won five 1997 Tony Awards including Best Musical, Best Score and Best Book. Run Time 2hr 16mins. This is a Broadway HD Presentation.



## **The Curious Case of Benjamin Button | Friday, March 8th • 7:00 p.m.**

Born under unusual circumstances, Benjamin Button (Brad Pitt) springs into being as an elderly man in a New Orleans nursing home and ages in reverse. Twelve years after his birth, he meets Daisy, a child who flickers in and out of his life as she grows up to be a dancer (Cate Blanchett). Though he has all sorts of unusual adventures over the course of his life, it is his relationship with Daisy, and the hope that they will come together at the right time, that drives Benjamin forward. Run Time 2hr 46mins. This is an Amazon Prime Presentation.



## **Cool Runnings | Saturday, March 9th • 7:00 p.m.**

Based on the improbable but true story of the first Jamaican bobsled team trying to make it to the Calgary Winter Olympics. Run time 1hr 38mins. This is an Amazon Prime Presentation.



### **The Metropolitan Opera The Merry Widow**



#### **March Opera:**

#### **The Merry Widow, by Franz Lehár Thursday, March 14th • 7:00 p.m.**

Renée Fleming lights up the Met stage as Hanna Glawari, the fabulously wealthy widow of the title in Lehár's beloved operetta, set in Paris and seen in a glittering production directed and choreographed by Broadway's Susan Stroman. Nathan Gunn is Danilo, Hanna's former flame, who is supposed to woo and marry her in order to keep her fortune in their home country of Pontevedro. Kelli O'Hara sings Valencienne, the flirtatious young wife of the Pontevedrian ambassador in Paris, Baron Zeta, played by Thomas Allen, and Alek Shrader is her suitor, Camille. Andrew Davis conducts the waltz-rich score, and the new English translation is by Jeremy Sams. If you have any questions or suggestions for future operas, please call Friedl Scimo at (269) 760-2772. Looking forward to sharing this exceptional broadcast with you! Run Time 2hrs 28mins. Original Met Production date is January 17, 2015. This is a Metropolitan Opera performance.

**Please check Touchtown for additional movie programming.**



# Woodside Theater Events



## National Dance Company of Ireland | Friday, March 15th • 7:00 p.m.

Rhythm of the Dance celebrates Ireland and Irish dance, with The National Dance Company of Ireland and Young Irish Tenors. This is the full TV special as it aired on PBS - a visual treat combining exotic locations, live stage and seamless video editing. Dancers perform throughout Eire at spectacular, historical landmarks. This is an Amazon Prime Presentation.



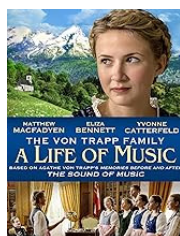
## And So It Goes | Saturday, March 16th • 7:00 p.m.

A self-absorbed realtor enlists the help of his neighbor when he's suddenly left in charge of the granddaughter he never knew existed until his estranged son drops her off at his home. Run time 1hr 33mins. This is an Amazon Prime Presentation.



## Back in Time | Friday, March 22nd • 7:00 p.m.

Back in Time is a look at the impact the Back to the Future movies have had on our culture. From Spielberg to Zemeckis, Lloyd and Fox, paired with amazing trilogy fans, Back in Time features interviews and footage that must be seen. Run Time 1hr 34mins. This is an Amazon Prime Presentation.



## The Von Trapp Family, A Life of Music | Saturday, March 23rd • 7:00 p.m.

Based on Agathe von Trapp's memories before and after The Sound of Music, this movie follows the family's incredible journey from the perspective of Agathe, the eldest daughter. Run time 1hr 38mins. This is an Amazon Prime Presentation.



## Dead Poets Society | Friday, March 29th • 7:00 p.m.

A new English teacher, John Keating (Robin Williams), is introduced to an all-boys preparatory school that is known for its ancient traditions and high standards. He uses unorthodox methods to reach out to his students, who face enormous pressures from their parents and the school. With Keating's help, students Neil Perry (Robert Sean Leonard), Todd Anderson (Ethan Hawke) and others learn to break out of their shells, pursue their dreams and seize the day. Run Time 2hr 8mins. This is an Amazon Prime Presentation.



## Tender Mercies | Saturday, March 30th • 7:00 p.m.

Winner of two Academy Awards, Tender Mercies is a compassionate love story tracing the relationship between a burnt-out country western star and the young widow he meets in a small Texas motel. Run time 1hr 31mins. This is an Amazon Prime Presentation.

Please check Touchtown for additional movie programming.

Also available on demand through the Touchtown Programming App.

**MOVIE – Monkey Business**

Friday, March 1st, 6:30 p.m.

Run Time 1hr 37min

<https://youtu.be/eAiTvtGIJ-0?si=6qbJ9qpsjz1z5z9M>

**MOVIE – Phone Call From A Stranger**

Saturday, March 2nd, 6:30 p.m.

Run Time 1hr 36min

<https://youtu.be/PMHt-Thp1Gk?si=UHBPnPFIVjsx79MC>

**DOCUMENTARY –****Lost Worlds: Secrets of the Holy City**

Tuesday, March 5th, 6:30 p.m.

Run Time 45min

<https://youtu.be/Ldud-xXy6hc?si=XdLQUKv1LzwTWjN4>

**MOVIE – Take Me To Town**

Friday, March 8th, 6:30 p.m.

Run Time 1hr 20min

[https://youtu.be/xP7rBWDbopQ?si=HhlgMwGw\\_B82uF0q](https://youtu.be/xP7rBWDbopQ?si=HhlgMwGw_B82uF0q)

**MOVIE – The Lost Moment**

Saturday, March 9th, 6:30 p.m.

Run Time 1hr 31min

[https://youtu.be/SzdmJOG7\\_BQ?si=k9t\\_6w3TUieJjBEC](https://youtu.be/SzdmJOG7_BQ?si=k9t_6w3TUieJjBEC)

**DOCUMENTARY –****Captain Kidd's Pirate Treasure**

Tuesday, March 12th, 6:30 p.m.

Run Time 43min

<https://youtu.be/IRxnUYFUJ3E?si=HSYh6QaCFIn9xXBZ>

**MOVIE – Luck of The Irish**

Friday, March 15th, 6:30 p.m.

Run Time 1hr 40min

<https://youtu.be/qHssrqqLaH-Q?si=ooy09S1XyY8NtiXW>

**MOVIE – Top O' The Morning**

Saturday, March 16th, 6:30 p.m.

Run Time 1hr 30min

<https://youtu.be/38P6Qt5B5x8?si=VmEFkJ9xjKuXNMBV>

**DOCUMENTARY – Chasing Coral**

Tuesday, March 19th, 6:30 p.m.

Run Time 1hr 29min

[https://youtu.be/aGGBGcjdjXA?si=W6PicYy-QI\\_-P\\_KI](https://youtu.be/aGGBGcjdjXA?si=W6PicYy-QI_-P_KI)

**MOVIE – Bells of St. Mary's**

Friday, March 22nd, 6:30 p.m.

Run Time 1hr 54min

[https://youtu.be/APRNe\\_3tzdg?si=Dx5NeUZuUoXKVi0I](https://youtu.be/APRNe_3tzdg?si=Dx5NeUZuUoXKVi0I)

**MOVIE – The Madonna's Secret**

Saturday, March 23rd, 6:30 p.m.

Run Time 1hr 19min

<https://youtu.be/2WcqekygAds?si=VzIpycjzgKO4yopl>

**DOCUMENTARY – Secrets of The Great Wall**

Tuesday, March 26th, 6:30 p.m.

Run Time 44min

<https://youtu.be/quLhkqwtOg8?si=TizZyxohmw-iXkYB>

**MOVIE – London Belongs to Me**

Friday, March 29th, 6:30 p.m.

Run Time 1hr 48min

<https://youtu.be/8DDUWWLsOpQ?si=su448bTBOFKWxKye>

**MOVIE – Deadline USA**

Saturday, March 30th, 6:30 p.m.

Run Time 1hr 28min

[https://youtu.be/Wpa4Sf2o9IY?si=Z\\_PHHwYVq\\_luTdJb](https://youtu.be/Wpa4Sf2o9IY?si=Z_PHHwYVq_luTdJb)



## Upcoming Events – Taking Reservations

### Bank of New Hampshire Stage at Capitol Center for the Arts The Met: Live in HD: La Rondine

Saturday, April 20th • 11:15 a.m. departure / 12:55 p.m. show



Puccini's bittersweet love story makes a rare Met appearance, with soprano Angel Blue starring as the sophisticated French courtesan Magda, opposite tenor Jonathan Tetelman in his company debut as Ruggero, an idealistic young man who offers her an alternative to her life of excess. Maestro Speranza Scappucci conducts Nicolas Joël's Art Deco-inspired staging, which transports audiences from the heart of Parisian nightlife to a dreamy vision of the French Riviera. Soprano Emily Pogorelc and tenor Bekhzod Davronov—both making their Met debuts—complete the cast as Lisette and Prunier. This event is a broadcast of a performance happening LIVE and is shown on the Bank of New Hampshire Stage's video wall in high definition.

Tickets are \$25.75/pp and are non-refundable. Please email Brenda to reserve your ticket. The bus will begin picking up residents on the Laconia Campus at 11:15 a.m. for this 12:55 p.m. show.

### Pemigewasset Choral Society - Sweet Waters 50th Anniversary Performance

Saturday, May 4th • Time to be announced



**The Pemigewasset  
Choral Society**  
*Music from the Heart*

The concert will feature a commissioned work celebrating the chorus's 50th anniversary, composed by internationally recognized composer Moira Smiley. Her commission is based upon the poem "Flying" by former PSU professor Jane Babin, who died from ALS in 2015. Other pieces in the spring concert include Shawn Kirshner's "Sweet Rivers," John Rutter's "As the Bridegroom to His Chosen" and Franz Schubert's "Mass in G."

### Colonial Theater - Tuck Everlasting

Friday, May 10th • 6:15 p.m. departure / 7:30 p.m. show



What would you do if you could live forever? Eleven-year-old Winnie Foster yearns for a life of adventure beyond her white picket fence, but not until she becomes unexpectedly entwined with the Tuck Family does she get more than she could have imagined. Based on Natalie Babbitt's children's book, Tuck Everlasting is an enchanting musical about love, family, and living life to the fullest—perfect for the whole family. Tickets are \$20/pp and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:15 p.m. for this 7:30 p.m. show.

## Upcoming Events – Taking Reservations

### Colonial Theater – Lakes Region Symphony Orchestra - Sinatra

**Saturday, May 18th • 6:00 p.m. departure / 7:00 p.m. show**



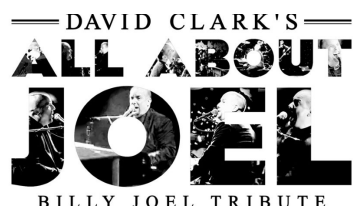
A concert not to be missed—no kidding! We feature the incomparable Michael Gallagan reprising his 2017 sold-out performances with a magnificent celebration of Frank Sinatra's most memorable tunes.

A Foggy Day / Night and Day / The Good Life / I've Got The World On A String / Our Love Is Here to Stay / My Way / Summer Wind / Nice 'n' Easy / Come Fly With Me / and many more!

**Tickets are \$25.00 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:00 p.m. show.**

### Interlakes Theater: All About Joel Temple B'Nai Israel to Benefit Lakes Region Food Pantry

**Saturday, May 25th • 6:30 p.m. departure / 7:30 p.m. show**



David Clark's All About Joel: A Billy Joel Tribute is a musical tribute presented with a tremendous amount of detail by Long Island veteran singer David Clark. The show continues to gain notoriety with David's stunningly accurate piano playing, lead vocals, and an eerily similar stage look to the Piano Man himself while engaging the audience with wit and humor. Come hear all your favorite Billy Joel songs including, "Just the Way You Are," "New York State of Mind," "Piano Man," "You May be Right," and many more!

**Tickets are \$40 per person and are non-refundable. Bus will begin picking up residents on the Laconia Campus at 6:30 p.m. for this 7:30 p.m. show.**

### Colonial Theater: Another Tequila Sunrise - Eagles Tribute Band

**Saturday, June 15th • 6:45 p.m.**



"Another Tequila Sunrise" has been performing to sell-out crowds across the country for over twenty years. The standing ovations and thunderous applause emphasize that this group is the premier Eagles Tribute show in the USA. ATS offers a variety of presentation options, including complete album sets, solo material from Don Henley, Joe Walsh, and the late Glenn Frey, and acoustic sets featuring Eagles classics, many performed as they were originally written. ATS has approached the Eagle's catalog with reverence, and with painstaking detail, always striving for the most authentic reproduction of the sound and the spirit of the Eagles. Be it their heart-felt ballads

(Desperado, Take It To The Limit), country rockers (Lyn' Eyes, Peaceful Easy Feeling) or guitar-driven stadium anthems (Already Gone, Life In The Fast Lane), Another Tequila Sunrise brings the LIVE Eagles experience to you!

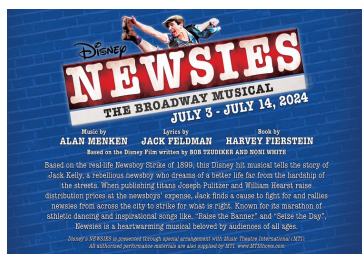
**Tickets are \$35 - \$55 and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:45 p.m. for this 8:00 p.m. performance.**



# Upcoming Events – Taking Reservations

## Interlakes Theater: Newsies

Thursday, July 11th • 12:45 p.m. departure / 2:00 p.m. show



Based on the real-life Newsboy Strike of 1899, this Disney hit musical tells the story of Jack Kelly, a rebellious newsboy who dreams of a better life far from the hardship of the streets. When publishing titans Joseph Pulitzer and William Hearst raise distribution prices at the newsboys' expense, Jack finds a cause to fight for and rallies newsies from across the city to strike for what is right. Known for its marathon of athletic dancing and inspirational songs like, "Raise the Banner" and "Seize the Day," Newsies is a heartwarming musical beloved by audiences of all ages.

Tickets are \$34 per person and are non-refundable. Bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

## Concerts in the Clouds at Castle in the Clouds - Foreigners Journey

Saturday, July 13th • 6:00 p.m. departure / 7:30 p.m. show



The music and energy of two legendary stadium rock bands come together in one electrifying show! Their repertoire of classic hits by Foreigner and Journey provides a crowd-pleasing night of unforgettable music. All shows are approximately 90 minutes long, unless otherwise indicated.

Tickets are \$70/pp Silver Seating and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:30 p.m. show.

## Interlakes Theater: Chicago

Thursday, July 25th • 12:45 p.m. departure / 2:00 p.m. show



A tale of fame, fortune and "all that jazz," with one show-stopping song after another, Chicago is now the longest-running American musical in Broadway history. This six-time Tony Award-winning musical is set amidst the razzle-dazzle decadence of the 1920s and tells the story of Roxie Hart, a housewife who maliciously murders her lover. Desperate to avoid conviction, she dupes the public, the media and her rival cellmate, Velma Kelly, by hiring Chicago's slickest criminal lawyer to transform her malicious crime into a barrage of sensational headlines that entertain an entire city.

Tickets are \$34 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

## Upcoming Events – Taking Reservations

### Concerts in the Clouds at Castle in the Clouds - Judy Collins

Saturday, August 3rd • 6:00 p.m. departure / 7:30 p.m. show

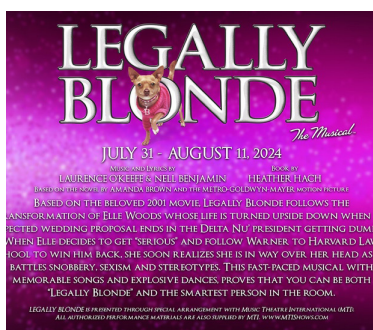


Award-winning singer-songwriter Judy Collins has inspired audiences with sublime vocals, boldly vulnerable songwriting, personal life triumphs, and a firm commitment to social activism. Judy Collins is as creatively vigorous as ever, writing, touring worldwide, and nurturing fresh talent. All shows are approximately 90 minutes long, unless otherwise indicated.

Tickets are \$70/pp Silver Seating and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:30 p.m. show.

### Theater: Legally Blonde

Thursday, August 8th • 12:45 p.m. departure / 2:00 p.m. show



Based on the beloved 2001 movie, Legally Blonde follows the transformation of Elle Woods, whose life is turned upside down when an expected wedding proposal ends in the Delta Nu' President getting dumped. When Elle decides to get "Serious" and follow Warner to Harvard Law School to win him back, she soon realizes she is in way over her head as she battles snobbery, sexism and stereotypes. This fast-paced musical with memorable songs and explosive dances proves that you can be both "Legally Blonde" and the smartest person in the room.

Tickets are \$34 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

### Concerts in the Clouds at Castle in the Clouds A Tribute to Whitney Houston

Friday, August 9th • 6:00 p.m. departure / 7:30 p.m. show



Whitney Houston's musical legacy is brought to life in this critically acclaimed tribute show described as "mind-blowingly spot on." This special once-in-a-lifetime concert event will leave audiences wanting more and talking about it for years to come. Not Associated with the Estate of Whitney Houston. All shows are approximately 90 minutes long, unless otherwise indicated.

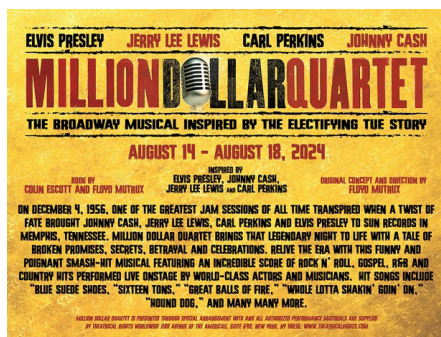
Tickets are \$70/pp Silver Seating and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:30 p.m. show.



## Upcoming Events – Taking Reservations

### Interlakes Theater: Million Dollar Quartet

Thursday, August 15th • 12:45 p.m. departure / 2:00 p.m. show



On December 4, 1956, one of the greatest jam sessions of all time transpired when a twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley to Sun Records in Memphis, Tennessee. Million Dollar Quartet brings that legendary night to life with a tale of broken promises, secrets, betrayal and celebrations. Relive the era with this funny and poignant smash-hit musical featuring an incredible score of Rock N' Roll, Gospel, RTB and Country hits performed live onstage by world-class actors and musicians. Hit songs include "Blue Suede Shoes," "Sixteen Tons," "Great Balls of Fire," "Whole Lotta Shakin' Goin' On," "Hound Dog," and many, many more.

Tickets are \$34 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

### Concerts in the Clouds at Castle in the Clouds - Space Oddity David Bowie Tribute

Saturday, August 17th • 6:00 p.m. departure / 7:30 p.m. show

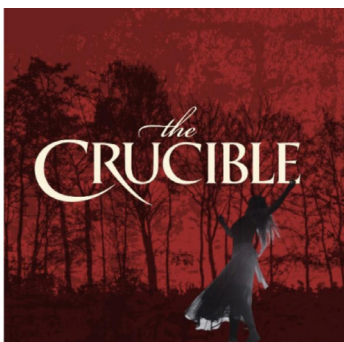


David Brighton is credited as being the world's best David Bowie impersonator, with one of the most entertaining acts ever to hit the stage. SPACE ODDITY is a live, theatrically staged, elaborately costumed multi-media spectacle that transports audiences on a musical journey through the constantly metamorphosing career of David Bowie. All shows are approximately 90 minutes long, unless otherwise indicated.

Tickets are \$70/pp Silver Seating and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 6:00 p.m. for this 7:30 p.m. show.

### Colonial Theater: The Crucible

Friday, October 11th • 6:15 p.m.



The Arthur Miller classic about the Salem Witchcraft trials comes to the Colonial stage. Follow a community engulfed by hysteria as rumors of witchcraft grip a town and bring out fears and suspicions turning neighbor against neighbor. Performed by Powerhouse's talented dramatic performers, this timeless drama always connects with something relevant and new. Tickets are \$20.00 per person and are non-refundable.

The bus will begin picking up residents on the Laconia Campus at 6:15 p.m. for this 7:30 p.m. show.









## Resident Snapshots





## New Library Additons

### Ledgeview:

#### Fiction

*Caleb's Crossing*, Geraldine Brooks

### Woodside:

#### Biography

*Necessary Trouble*, Drew G. Faust

*The Stranger in the Woods*, Michael Finkel

*Up Home*, Ruth J Simmons

#### Non-Fiction

*Fuzz*, Mary Roach

#### Fiction

*An American Beauty*, Shana Abe

*The Little Liar*, Mitch Albom

*Code Red*, Vince Flynn

*The Resting Place*, Camilla Stem

#### Large Print Edition: Fiction

*Lost and Hound*, Rita Mae Brown

*I Will Find You*, Harlan Coben

*Lady Tan's Circle of Women*, Lisa See

*Upside Down*, Danielle Steel

*End of Days*, Brad Taylor

*A Thriller*, Brad Thor

*Black Cake*, Charmaine Wilkerson

## Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 - 9:00 am	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool
9:00 – 10:00 am	Open pool	<b>Aqua Fit</b>	Open pool	<b>Aqua Fit</b>	Open pool	Open pool	Open pool
10:00 – 2:00 pm	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool
2:00 – 3:00 pm	<b>Aqua Fit</b>	Resident swim only	<b>Aqua Fit</b>	Resident swim only	Resident swim only	Resident swim only	Resident swim only
3:00 – 4:00 pm	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only
4:00 – 6:00 pm	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool	<b>Closes at 5 pm</b>
6:00 – 7:00 pm	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	



# Introduction to Meditation

**With Certified Mindful  
Meditation Instructor  
Linda J. Haller, MD**

**6-week program**

Tuesdays, 2:00 - 2:45 p.m.

Begins Tuesday, March 12th

Wet Craft Room

**For registration and  
inquiries:**

(603) 366-1206

bhamilton@taylorcommunity.org



**“Almost everything will  
work again if you unplug  
it for awhile, including  
you.”**

# Wellness



## Indoor Corn Hole

Begins Thursday, March 7th, 3:00 p.m.

Woodside Group Exercise Room

Teams of two play each other for 5-7 weeks culminating in a championship tournament. Give team name and participants to Ethan by Tuesday, March 5th. Email Ethan at [ewhite@taylorcommunity.org](mailto:ewhite@taylorcommunity.org) or stop by his office.



## Return to Golf

Begins Monday, March 11th, 4:15 p.m.

Woodside Group Exercise Room

A 5-week class to improve strength, conditioning and mobility for your golf game. Sign up on Touch Town or with Becky at [bhamilton@taylorcommunity.org](mailto:bhamilton@taylorcommunity.org) or call (603) 366-1206



## Return to Hiking

Begins Thursday, March 28th, 2:00 p.m.

Woodside Group Exercise Room

A 5-week class to improve cardiovascular fitness, strength and balance in preparation for the hiking season! Mandatory for anyone wishing to participate in the hiking group. Sign up on Touch Town or with Becky at [bhamilton@taylorcommunity.org](mailto:bhamilton@taylorcommunity.org) or call (603) 366-1206.



## Pool Yoga

Tuesday, March 5th, 3:30 p.m.

Dive into serene yoga poses in a toasty, 92-degree pool, then drift away in a tranquil floating meditation. Sign up on Touch Town or with Becky at [bhamilton@taylorcommunity.org](mailto:bhamilton@taylorcommunity.org) or call (603) 366-1206.

Wellness

## Introduction to Meditation

With Certified Mindful  
Meditation Instructor Linda  
J. Haller, MD

6 week program  
Tuesdays, 2:00 - 2:45 PM  
Begins Tuesday, March 12th  
Wet Craft Room



"Almost  
everything will work  
again if you unplug it for  
awhile, including you."

## Introduction to Meditation

Begins Tuesday, March 12th, 2:00 p.m.

A 6-week Introduction to Meditation program led by Certified Mindfulness Meditation Teacher Linda J. Haller, MD caters to both novice and seasoned meditation participants. Mindfulness meditation provides a chance to calm the mind, explore its nature, engage with life more deeply, and lessen reactivity. Practicing mindfulness can enhance satisfaction, empathy, and decrease reactivity. The classes will include instruction, guided meditation and group discussions. Sign up on Touch Town or with Becky at [bhamilton@taylorcommunity.org](mailto:bhamilton@taylorcommunity.org) or call (603) 366-1206.





# TAYLOR COMMUNITY WELLNESS LACONIA FITNESS CLASS SCHEDULE

## Monday

9:00 a.m. Strength & Stretch with Ethan  
9:00 a.m. Tai Chi for balance with Russ in Wet Craft Room  
10:00 a.m. Balance with Ethan  
10:00 a.m. Functional Strength with Russ in Wet Craft Room  
11:00 a.m. Strength & Stretch with Ethan  
1:00 p.m. Walking Group meeting outside Woodside with Becky  
2:00 p.m. Aquafit with Becky  
3:00 p.m. Line Dancing with Freda

## Tuesday

9:00 a.m. Strength & Stretch with Becky  
9:00 a.m. Aqua Fit with Taylor  
10:00 a.m. Gentle Flexibility with Taylor  
10:30 a.m. Balance with Taylor  
11:00 a.m. Strength & Stretch with Ethan  
2:00 p.m. Low Impact Cardio Fit with Ethan

## Wednesday

9:00 a.m. Strength & Stretch with Ethan  
9:00 a.m. Tai Chi for Balance with Russ in Wet Craft Room  
10:00 a.m. Balance with Ethan  
10:00 a.m. Functional Strength with Russ in Wet Craft Room  
11:00 a.m. Strength & Stretch with Ethan  
1:30 p.m. Mat Yoga with Russ in Wet Craft Room  
2:00 p.m. Aquafit with Becky  
3:00 p.m. Line Dancing with Freda

## Thursday

9:00 a.m. Strength & Stretch with Russ  
9:00 a.m. Aqua Fit with Ethan  
10:00 a.m. Chair Yoga with Russ  
10:30 a.m. Tai Chi with Russ  
11:00 a.m. Strength & Stretch with Ethan  
1:30 p.m. Mat Yoga with Russ in Wet Craft Room

## Friday

9:00 a.m. Strength & Stretch with Ethan  
10:00 a.m. Low Impact Cardio Fit with Ethan  
11:00 a.m. Strength & Stretch with Becky



# Woodside Bistro

[Woodside Bistro Contact Info](#)

Jennifer Lutzen, Resident District Manager, 366-1231

[jlutzen@taylorcommunity.org](mailto:jlutzen@taylorcommunity.org)

Greg Demers, Executive Chef, 366-1481

[gdemers@glendalediningservices.com](mailto:gdemers@glendalediningservices.com)

## Woodside Bistro Hours

11:30a.m. – 1:30p.m.

Tuesday & Thursday Night Dinners

Call the Bistro to make your reservations or make your reservation on Touch Town



## March Bistro Menu

Served with your choice of appetizer

Please ask about our specials every Tuesday & Thursday

### Beet & Goat Cheese Salad

Balsamic vinaigrette tossed baby greens  
with red beets, goat cheese & croutons  
-OR-

### Fried Cheese Ravioli

Mozzarella filled pasta pillows, breaded & deep fried.  
Served with Marinara for Dipping

### Farro Portobello

Farro with zucchini, sweet potatoes & red peppers.  
Cooked in olive oil & vegetable broth. Roasted in a portobello  
mushroom cap, finished with chevre cheese

**\$22.95**

### Pork Dijonnaise

Thick cut pork chop, sage dusted & seared. Finished, with a mushroom  
Dijon cream sauce. Served with whipped potatoes & seasonal vegetables

**\$27.95**

### Shrimp & Spinach Stuffed Chicken Breast

Chicken breast filled with baby spinach and large shrimp.  
Oven roasted and finished with lemon dill sauce.  
Served with wild rice and seasonal vegetables

**\$28.95**

### Pesto Roasted Salmon

Fresh Faroe Island skin-on fillet, pan seared.  
Finished with our nut free basil pesto.  
Served with tomato basil rice and seasonal vegetables

**\$29.95**

**\* All entrees are served with two additional items  
Appetizer | Salad | Dessert**

\*Before Placing Your Order, Please Inform Your Server If A Person In Your Party Has A Food Allergy

## March TRA Social 2024

### Hors d'oeuvres

#### Irish Nachos

Fried potato slices topped with cheddar cheese,  
bacon, scallions and sour cream

#### Shrimp Cucumber Canapés

Diced shrimp, fresh herbs, & mayo  
on European cucumber slices

### Appetizer

#### Pea & Mint Soup

### Entrees

#### Corned Beef

Slow simmered red corned beef with mustard,  
spices, and cider vinegar

#### Irish Whiskey Salmon

Fresh salmon fillets marinated in Irish whiskey,  
honey, and herbs. Oven roasted

#### Vegetable Stew

Carrots, onions, mushrooms, parsnips, herbs,  
Guinness Stout, and vegetable broth

### Sides

#### Steamed Cabbage Wedges

#### Boiled Potatoes with Butter & Parsley

### Dessert

#### Irish Apple Cake

**\$30**

\*Before Placing Your Order, Please Inform Your Server If A Person In Your Party  
Has A Food Allergy

# GRAB & GO

**We'll do the cooking; you do the re-heating.**

Purchase any two salads or delicious reheatable entrees any  
day of the week and receive a FREE Half Pint of ice Cream



**Night  
3/1**



*Glendale.*  
DINING SERVICES

**Men's  
Breakfast  
3/6**



**Save the Date**

**HAPPY St. Patrick's DAY**

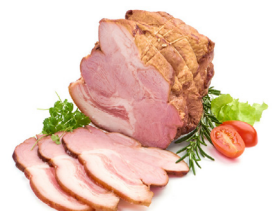
**TRA Social  
St. Patrick's Themed  
3/16**

*Glendale.*  
DINING SERVICES

**Bistro  
Breakfast  
3/22**



**Easter Brunch  
3/31**





# Easter Buffet

March 31, 2024

11:00a.m. - 2:00p.m.

## APPETIZER (PLATED)

**Carrot Ginger Soup**

Or

**Deviled Eggs**

Assorted sweet breads, rolls and butter

## ENTRÉES

**Brown Sugar Glazed Baked Ham**

Pineapple and cherry sauce

**Mushroom and Smoked Gouda Quiche**

A blend of wild mushroom, herbs, and smoked Gouda in a savory egg custard, baked in a flaky pie crust

**Hand Carved Roast Leg of Lamb**

Dijon rubbed and served with minted au jus

## SIDES

**Sour Cream and Chive Twice Baked Potatoes**

**Roasted Asparagus**

## DESSERT

**Carrot Cake**

**or Chocolate Indulgence Cake or Ice Cream**

**Coffee & Tea**

**\$30**

\*Before Placing Your Order, Please Inform Your Server If A Person In Your Party Has A Food Allergy

HAPPY  
**Easter**



## Recurring Campus Events | LACONIA

RSVP is required for most events and may be made via Touchtown in Events, or with Brenda Kean at (603) 366-1226 or bkean@taylorcommunity.org unless otherwise noted.

**To make a reservation with Dial-A-Ride please call (603) 366-1234. Please be sure to make all transportation arrangements at least 24 hours in advance. Thank you!**

### MONDAYS:

#### Quilting Group with Gail Dyer

8:00 a.m. – 1:00 p.m.

Woodside Dry Craft Room

#### Women's Billiards

1:30 p.m.

Woodside Billiard Room

#### Line Dancing with Freda

3:00 p.m. • Woodside Fitness Ctr.

#### Pick up Shuffleboard

4:00 p.m. • Woodside Theater

### TUESDAYS:

#### In Stitches (Needlework)

11:00 a.m. • Woodside Ladies Lounge

#### Prayer Shawl Group

12:00 noon (twice monthly - dates in Gazette)

Woodside Dry Craft Room

#### Caregivers Support Group

11:00 a.m. • Woodside Birch Room

#### Current Events Discussion

1:30 p.m. (second Tuesday)

Woodside Wet Craft Room

#### Blood Pressure Clinic

2:00 – 3:00 p.m.

Woodside Care Management Office

#### Altrusa

5:30 p.m. (second Tuesday)

Woodside Birch Room

#### Prescription and NH Liquor

#### Store Pickup Services -

Call Hank Offinger at

(603) 366-1207 by 5:00 p.m.

Monday to request this service

### WEDNESDAYS:

#### Men's Breakfast

7:30 a.m. (first Wednesday)

Woodside, Elm Room

#### Cribbage

10:00 a.m. • Woodside Card Room

#### Genealogy Group

2:00 p.m. (second Wednesday)

Woodside Elm Room

#### Nurse Office Hours

2:00 – 3:00 p.m. • Woodside Care

Management Office

#### Pick Up Cornhole

4:00 p.m. • Woodside Fitness Room

#### Grocery Shopping Services

#### Ledges & Ledgeview

Call Hank Offinger at (603) 366-1207

by 5:00 p.m. Tuesday to request this service.

#### Line Dancing with Freda

3:00 p.m. • Woodside Fitness Ctr.

### THURSDAYS:

#### Woodworkers Group

9:00 a.m. (April – November)

Woodside Wet Craft Room

#### Shopping Bus

10:00 a.m. and 1:00 p.m.

Call Transportation (603) 366-1234

#### Mexican Train

10:00 a.m. • Woodside Card Room

#### Sew Sisters Quilting Group

10:00 a.m. • Woodside Dry Craft Room

#### Taylor Writing Group

10:00 a.m. • Woodside Fireside Room

#### Billiards

1:00 p.m. • Woodside Billiard Room

#### Bridge

1:00 p.m. • Woodside Fireside Room

### Pinochle

1:00 p.m. • Woodside Card Room

### Taylor Community Chorus

3:00 p.m. (2nd, 3rd, 4th Thursdays)

Woodside Elm Room

### Opera Viewing

7:00 p.m. (monthly - date in Gazette)

Woodside Theater

### Grocery Shopping Services (TH & WS)

Call Hank Offinger at (603) 366-1207

by 5:00 p.m. Wed. to request this service

### FRIDAYS:

#### Headliners Portrait Group

10:00 a.m. (February–November)

Woodside Wet Craft Room

#### French Group - Le Cercle de

#### Français de Laconia

10:00 a.m. • Woodside Fireside Room

#### Woodside Book club with LPL

10:00 a.m. (date listed in Gazette)

Woodside Elm Room

#### Friday Quilters

10:00 a.m. • Woodside Dry Craft Room

#### Dealing with Loss

11:00 a.m. • Woodside Maple Room

#### Ping Pong

1:00 p.m. • Woodside (3rd floor)

#### Rummikub

1:00 p.m. • Woodside Game Room

#### Oasis Pub Night

4:30 p.m. (first Friday)

Woodside Fireside & Dining Room

### SATURDAYS:

#### Hand & Foot Card Game

9:30 a.m. • Woodside Card Room

#### Scrabble Group

1:00 p.m. • Woodside Card Room

### SUNDAYS:

#### Sunday Social

4:30 p.m. (last Sunday)

Woodside Fireside Room



**Additional Resident Groups include:** Circle Dinners, Environmental Stewardship Committee, Projects Committee, The Wheelies, Woodside Puzzle Group, Playreaders Group, Photography Group, Hiking Group, and Focused Book Group



# Taylor Wolfeboro News & Events Community

## Marcia Kent Art Exhibit

page 2

## Free Tax Help

page 5

## St. Patrick's Dinner

page 6

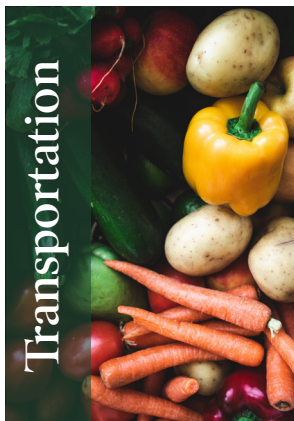


# General Announcements



A friendly reminder that if you would like to attend an event, please remember to RSVP for it.

There are several ways of doing this — if you use a computer, the easiest way is via Touchtown. If you do not use a computer, you can call Caralyn Russell at (603) 294-1770, or you can let Michelle Albert know at the Sugar House front desk. It is very important to RSVP so Caralyn can ensure there are adequate numbers for programs and events. **Thank you!**



## Hannaford Supermarket Alton, NH

Transportation will be providing rides to Hannaford Supermarket in Alton every Tuesday at 9:30 a.m.

Please reach out to Gina Colantuono at (603) 319-1552 if you would like to be transported to Hannaford's.

## The Ridge Marketplace Rochester, NH



Tuesday, March 5th, 9:00 a.m.

There will be shopping transportation provided to the Ridge in Rochester on Tuesday, March 5th. The bus will begin picking up residents on the Sugar Hill campus at 9:00 a.m. and will then head to Back Bay. Per transportation, there is a five-person minimum for this trip.

## SUGAR HILL LIBRARY

### Art exhibit featuring Sugar Hill resident Marcia Kent



“Rug Hooking is an art and craft in which rugs are made by pulling loops of wool fabric or yarn through a backing of linen or burlap. A cutter is used to cut the wool into strips. The backing is held in a hoop or frame and a hook is used to pull the loops. Rug Hooking is not the same as latch hooking or punch needle.

I began hooking rugs in the year 2000. I found a local teacher and learned the technique of hooking and how to dye wool. At first, I hooked rugs using commercial patterns, but I soon began to design my own patterns. I also taught rug hooking classes for several years.

Although I have hooked several traditional primitive style rugs for use on the floor, I have enjoyed using the technique of rug hooking as a creative art form. I have designed and made wall hangings, small mats, handbags, pillows, and chair pads. In addition to using wool fabric strips, I also use a variety of fibers such as textured yarns, sari silk, beads, and fleece.” Marcia Kent





### Mount Washington SnowCoach Trip

**Friday, March 1st**

**The bus will depart Sugar Hill at 8:30 a.m. followed by pickup at Back Bay**



Driven by 4 tracks rather than wheels, the Mt. Washington SnowCoach transports guests to the tree line on the Mt. Washington Auto Road, at approximately 4,200 feet, into a sub-arctic world for a truly unforgettable adventure. The SnowCoaches are warm and comfortable and the tours are narrated by expert guides.

SnowCoaches leave Great Glen Trails Outdoor Center and climb about two thirds of the way to the summit of Mt. Washington via the Auto Road, gaining over 3,000 feet in elevation.

Upon arrival at this "Top of the Tour," passengers are invited to exit the SnowCoach for a few minutes for photos and video opportunities before climbing back aboard for the downward journey back to the base.

**Tickets are \$93.23 per person and non-refundable once you have signed up.** Lunch will be at a location to be determined after the excursion ends. Our group reservation is for 10:45 a.m.

### Portland Museum of Art

**Friday, March 8th**

**The bus will pick up residents on the Sugar Hill campus at 8:15 a.m. followed by pick-up at Back Bay.**



The Portland Museum of Art, or PMA, is the largest and oldest public art institution in the State of Maine. Founded as the Portland Society of Art in 1882, it is in the downtown area known as The Arts District in Portland, Maine. It is spread over three interconnected, architecturally significant buildings: one modern building designed by I. M. Pei; one Federal-style, three-story mansion built in 1801; and one Beaux-arts style gallery built in 1911.

It is home to pieces by giants like Andy Warhol and Claude Monet, and significant collections of paintings by Wyeth, Homer, and Edward Hopper. There are contemporary exhibits both permanent and ever-changing, international, and local.

Admission cost is \$18.00. Our group has a 12:30 p.m. lunch reservation at DeMillo's on the Water.



### Lunch Bunch outing at Back Bay Boathouse

**Wednesday, March 13th • 12:00 p.m.**

**The bus will pick up residents on the Sugar Hill campus at 11:45 a.m. followed by pick-up at Back Bay.**

Join us for a Lunch Bunch outing at this Wolfeboro locals favorite – The Back Bay Boathouse.

**For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770**



### Candlepin Bowling at Funspot

Friday, March 15th • 12:00 p.m.

The bus will begin picking up residents on the Sugar Hill campus at 11:00 a.m. followed by pick-up at Back Bay

Join us for candlepin bowling fun at Funspot in Laconia, NH. Cost is **\$16.00 per person** - includes two strings of bowling and bowling shoes. Additional strings are \$6.00 per person. Lunch is available onsite, however cannot be eaten in the bowling area.



January excursion to the Ice Castles in North Conway, NH



For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770



## Campus Events & Lectures



### Monday Morning Social

**Every Monday • 10:00 a.m.  
in the Sugar House Bistro**

Catch up with your neighbors  
and friends over coffee and pastries.



### Free AARP Tax Help

**Friday, March 8th • 9:00 a.m. to 4 p.m.  
in the Sugar House Maple Room**

Need help with IRS tax preparation this year? Volunteer representatives from the AARP Tax Aide program will be onsite at Sugar Hill Friday, March 8th to help you prepare your taxes. All residents and staff are invited to participate and receive this free service. IRS trained and certified AARP volunteers will be available to work one on one with you to file your federal and state tax returns online, which results in faster refunds for those who are eligible.

Please sign up for an appointment using the sign-up sheet on the bulletin board outside the main office in the Sugar House. If you are unable to make the dates when representatives will be at Sugar Hill, you can make an appointment with the Wolfeboro Library any Thursday until early April to receive the same assistance.

*Please note this is a volunteer service provided by AARP and any advice acted upon is your own responsibility and not that of Taylor Community.*



### Monday Morning Bible Study

**Every Monday • 11:00 a.m.  
in the Sugar House Maple Room**

Join Susan Price, Melvin Village Community Church's Christian Education Committee Volunteer, for a seven-week Bible Study. She will be using the John Stott landmark book, *Basic Christianity*, which is not doctrine-based. All are welcome.



### Book Club with Jeanne Mitchell

**Tuesday, March 12th  
11:00 a.m. in the Sugar Hill Library**

Jeanne Mitchell, from the Wolfeboro Public Library, will host this book club meeting to discuss the most recent book selection, *"We Were the Lucky Ones"* by Georgia Hunter.

For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770

## Campus Events & Lectures

### MOVIE MATINEE: Iron Jawed Angels

Thursday, March 14th • 3:00 p.m.  
in the Sugar House Media Room



Fiery American suffragette Alice Paul lights a fire under the older women's leaders in Washington DC. President Wilson refuses to give all women the vote, but Paul is prepared to go to prison for her cause.

Run time 2 hr 3 min. Drama – Not Rated.

### St. Patrick's Dinner Celebration

Friday, March 15th • 5:00 p.m.  
in the Sugar House Dining Room

Please join us for a St. Patrick's themed dinner. Please stay tuned for the menu. Reservations will open on Friday, March 1st.

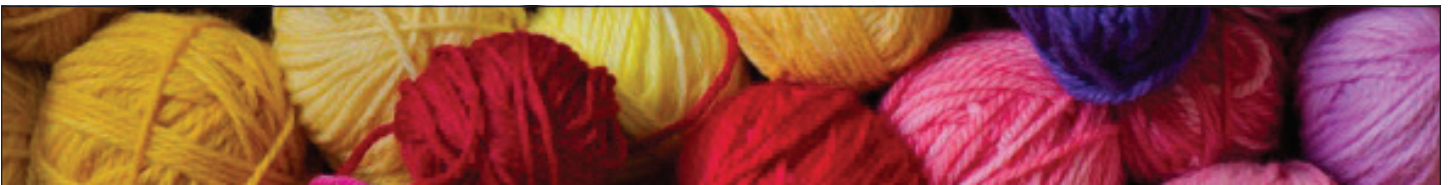
Please RSVP by Wednesday, March 13th to the Sugar House Bistro at (603) 319-1949. Transportation to be provided for Back Bay residents; pickup at 4:45 p.m.



### Karaoke & Open Mic Night

Monday, March 18th • 6:15 p.m. in the Sugar House Maple Room

Join us for another karaoke night full of fun! Want to be the star of the show and belt out your favorite tune? Go for it! Rather sit and watch and join in for a group sing-along? You can do that too! Through YouTube we can access any karaoke song, the sky is the limit! This is also an opportunity for "open mic" sing or you can play a song, read a poem, tell a joke. Please note the bus will not be available for this event.



### Helping Hands Knitting Group

Tuesday, March 19th  
10:00 a.m. in the Sugar House Library

All are welcome to join the Helping Hands Knitting Group that will be knitting in the Sugar Hill Library. The Group knits prayer shawls for veterans as well as baby blankets and other items.

For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770



## Campus Events & Lectures



### Spring Wreath Making Workshop with Doodlin' Di

**Tuesday, March 19th • 5:00 p.m.**  
**Back Bay Recreation & Aquatic Center**

Join us as Doodlin' Di leads us in a spring wreath making workshop...on the first official day of spring! The cost is \$30.00 per person which includes all materials and a light dinner. Please note the bus will not be available for this event.

### NH HUMANITIES PRESENTS: **Maple, New Hampshire's Medicine of Connection**



**Friday, March 22nd**  
**1:30 p.m. in the Sugar House Maple Room**

Few things evoke the identity and values of New Hampshire more than maple syrup. It also bridges the many divisions facing our communities. In this presentation, Damian Costello explores how the practice of maple sugaring connects us to the land, our ancestors, and all that surrounds us. In conversation with Robin Wall Kimmerer's bestselling *Braiding Sweetgrass*, he suggests that sugar making—which is informed by indigenous wisdom—is a communal medicine of connection that teaches mutual reciprocity with the land.

### MOVIE MATINEE: **Barbie**

**Monday, March 25th • 2:00 p.m.**  
**in the Sugar House Media Room**



Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans.

Run time 1 hr. 54 min. Comedy/Fantasy, Rated PG -13.



**Sunday, March 31st**  
**11:00 a.m. -1:00 p.m.**

Join us for a special Easter Sunday Brunch Buffet. Please stay tuned for the menu. Reservations will open on Friday, March 1st.

**Please RSVP by March 13th to the  
Sugar House Bistro at (603) 319-1949.  
Transportation to be provided for Back Bay  
residents; pickup at 10:45 a.m.**

**For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770**

## The Joy of Music with Andy Campbell

Monday, March 4th & March 18th • 2:00 p.m. in the Sugar House Maple Room

### Joy Of Music

We have heard about the benefits of music in our lives, how it can improve our emotional and cognitive lives and how it connects us with our long-term memory while bringing us closer to folks in the present. But don't just take our word for it – *come and see how making music will help you to Voice Your Heart and Train Your Brain!*

## Jud Caswell

Thursday, March 7th • 2:00 p.m. in the Sugar House Maple Room



Jud Caswell is an award-winning songwriter and multi-instrumentalist who has been performing in his native state of Maine, and beyond, for more than 25 years. In 2006 he made a splash on the national scene, winning the legendary Kerrville New Folk competition. He's had his songs taught at Berklee, recorded by Judy Collins, and named "#4 Song of the Decade" by New York's WFUV. His record "Live at the Seagull Shop" was the number 1 album on the Folk Alliance International radio charts in March of 2020. Jud is currently releasing a series of albums of music that he recorded during the early months of the pandemic.

There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

## The Cat Faulkner Trio

Tuesday, March 12th, 3:00 p.m. in the Sugar House Maple Room



Bringing new life and passion to the jazz standards and doing it with grace, Cat Faulkner is on a mission to help audiences rediscover the Great American Songbook. Her unforgettable voice and heartfelt delivery have been reminding audiences of their love for the music of Gershwin, Ellington, Berlin and all of the classic American Songbook tunesmiths. With an unforgettable voice, Cat brings alive the beautiful melodies and sophisticated lyrics that are part of our musical heritage. But she is not merely a musical historian waxing nostalgic, she inhabits the songs. From a smoky whisper to a full belt, Cat makes choices that serve the song. The listener is taken on a journey full of transcendent musical moments and wonderful surprises. Pure elegance...

There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Touchtown or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770

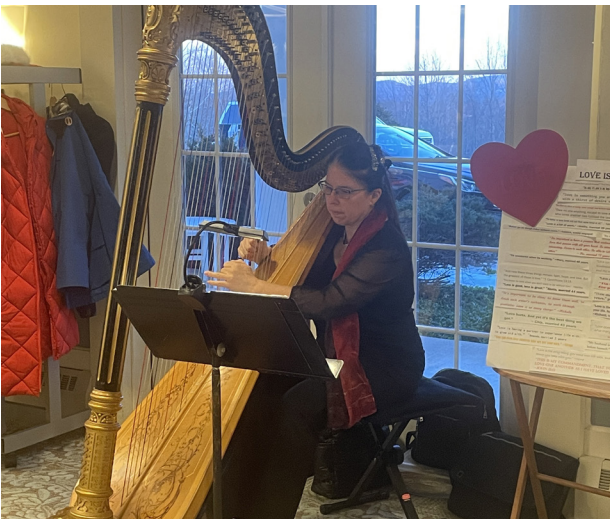


## Green Heron

Tuesday, March 26th • 2:00 p.m. in the Sugar House Maple Room



We are excited to welcome back the dynamic duo, Green Heron! The music of Green Heron stretches across the entire folk landscape. Old-time, folk, bluegrass, country, Irish and blues music are all represented as the band brings the back porch to the stage. Featuring Betsy Heron (formerly Green) on fiddle, banjo and vocals, and Scott Heron on guitar, banjo and vocals, the duo has been sharing New England stages together since 2017. The two songwriters weave the contemporary with the traditional and deliver high energy performances.



## Celebrating St. Valentine's Day



For all programming please make reservations via TouchTown or by calling Caralyn Russell at (603) 294-1770



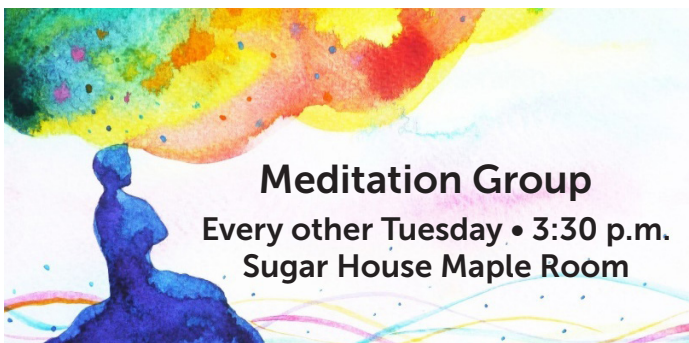
### Sugar Hill Knitting Circle



**Every Wednesday  
2:00 p.m.  
in the Sugar Hill  
Dining Room  
by the fireplace**

An informal drop-in group for those who enjoy knitting or any other small handwork (even mending!) All are welcome to join us. No registration required!

**We are hopeful this circle will  
continue to meet, to knit, to share  
ideas, and to get help and inspiration.**



**Meditation Group  
Every other Tuesday • 3:30 p.m.  
Sugar House Maple Room**

Meditation is a practice where an individual uses a technique – such as mindfulness, or focusing the mind on a particular object, thought, or activity – to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state. Meditation can give you a sense of calm, peace and balance that can benefit both your emotional well-being and your overall health. You can also use it to relax and cope with stress by refocusing your attention on something calming. Meditation can help you learn to stay centered and keep inner peace. Other benefits can include lower levels of stress, reducing asthmatic episodes, physical pain, insomnia, episodic anger, negative or irrational thinking, and anxiety, as well as improving coping skills, focus, and a general feeling of well-being.

*Stephen Reinhart is an Energy Healer, Reiki Master Teacher, Akashic Records Consultant, Hypnotherapist, Shamanic Reiki Master Teacher, Crystal Healer, Sound Healer, Gaia Nic Healer, Personal, Executive and Spiritual Coach, and has been doing mindful meditation for over 50 years.*



### Death Café

**Monday, March 11th  
3:00 p.m.  
in the Sugar House Maple Room**

Are you curious and looking for a safe, confidential place to talk about your thoughts and feelings regarding planning and preparing for your death? Do you have questions? Are you fearful? What is Hospice and Palliative care? How can you talk to your family about your wishes for cremation? Do you want a celebration of life? This is an opportunity to find answers to these questions and many more!

At a Death Café, any and all subjects of dying and death are discussed while we enjoy a beverage and treat. Details and options are yours to ponder, to learn about and decide. The Café is a shared opportunity for discovery and a closer community. Planning for your own death can offer you peace of mind, not having left a lot of decisions and work for your family or friends. A Death Café is a safe, confidential place to listen, learn, and create.

**NOTE:** A Death Café is NOT a bereavement group or a grief group... simply an ongoing once-a-month small group conversation around questions and concerns to share and learn from each other...and quite possibly find the “gift” in this process! This is a resident-led group.



## American Mahjong



**Every Tuesday and Saturday  
1:00 p.m. at the Back Bay RAC**  
**Every Friday  
1:00 p.m. in the Sugar House  
Maple Room**

Please reach out to Penny Keith at (774) 722-7992 or Shirley Felong at (603) 569-3097 if you are interested in learning and playing at the Back Bay RAC. Please reach out to Betty Lathrop at (603) 515-1181 if you are interested in playing at Sugar Hill. This fascinating game is excellent for brain plasticity! "A Beginner's Guide to American Mahjong" is available at the RAC on a sign-out basis.

A card that shows the hands that can be created with the tiles is necessary to play, and new cards are sent out every year. The current card can be ordered at [Nationalmahjonggleague.org](http://Nationalmahjonggleague.org) \$14/\$15.

## Mexican Train

**Every Tuesday and Saturday • 1:00 p.m.  
at the Back Bay RAC**



Easy to learn and lots of laughs! 25¢/game.  
**Warning: this game is addictive! Just show up with your quarters and play!**

## Drum Circle



**Every Thursday  
11:00 a.m.  
in the Sugar  
House Maple  
Room**

How can a drum circle be healing?

Drum therapy is an ancient approach that uses rhythm to promote healing and self-expression. Therapeutic rhythm techniques have been used for thousands of years to create and maintain physical, mental, and spiritual health. Recent research indicates that drumming accelerates physical healing, boosts the immune system, produces feelings of well-being, and helps release emotional trauma.

Drumming also induces deep relaxation, lowers blood pressure, and reduces stress.

Led by Sugar Hill resident Steve Reinhart. **No experience is necessary! We encourage you to join the circle and express yourself!**



## Men's Group

**Every other Tuesday • 3:30 p.m.  
in the Sugar House Maple Room**

The Men's Group represents a unique opportunity for men to unite, offering each other the support to share their stories and talk amongst friends without judgement. It provides a dedicated space for empowerment. In the company of peers, men offer each other meaningful camaraderie, mentorship, harness each other's strengths, and collectively confront their fears.

Stephen Reinhart is an Energy Healer, Reiki Master Teacher, Akashic Records Consultant, Hypnotherapist, Shamanic Reiki Master Teacher, Crystal Healer, Sound Healer, Gaia Nic Healer, Personal, Executive and Spiritual Coach, and doing mindful meditation for over 50 years.

# POOL YOGA & MEDITATION

**TUESDAY,  
MARCH 5TH  
3:30 P.M.**

**FOR RESIDENTS & STAFF  
LIMIT TO 12 PARTICIPANTS**

Dive into serene  
yoga poses in a  
toasty, 92-degree  
pool, then drift  
away in a  
tranquil floating  
meditation.

**SIGN UP ON TOUCH TOWN OR WITH BECKY  
BHAMILTON@TAYLORCOMMUNITY.ORG 603-366-1206**



# Wellness

## Pool Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30am-9:00am	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Closed	Closed
9:00am-12:00pm	Open swim	Open swim	Open swim	Open swim	Open swim	Closed	Closed
12:00-1:00pm	Open swim	Resident swim only	Open swim	Resident swim only	Resident swim only	Closed	Closed
1:00pm-3:00pm	Open swim	Resident only water aerobics (1:00pm-2:00pm)	Resident only water volleyball	Resident only water aerobics (1:00pm-2:00pm)	Open swim	Closed	Closed
3:00-4:30pm	Open swim	Open swim	Pool closes at 3pm for maintenance	Open swim	Open swim	Closed	Closed
4:30-7pm	Open swim	Open swim	Closed	Open swim	Open swim	Closed	Closed



Resident snapshots





# TAYLOR COMMUNITY WELLNESS WOLFEBORO FITNESS CLASS SCHEDULE

## Monday

9:00 a.m. Functional Fitness with Taylor  
10:00 a.m. Strength & Stretch with Taylor  
11:00 a.m. Balance Class with Taylor  
1:00 p.m. Return to Hike (begins Mar. 25th, sign up required)

## Tuesday

9:00 a.m. Chair Yoga with Russ  
10:00 a.m. Mat Yoga with Russ  
11:00 a.m. Tai Chi with Russ  
1:00 p.m. Water Aerobics with Russ

## Wednesday

9:00 a.m. Functional Fitness with Taylor  
10:00 a.m. Strength & Stretch with Taylor  
11:00 a.m. Balance with Taylor  
2:00 p.m. Low Impact Cardio Fit with Taylor

## Thursday

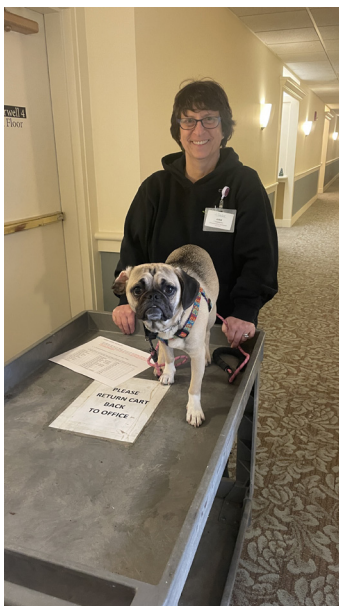
11:00 a.m. Chair Yoga with Becky  
1:00 p.m. Water Aerobics with Taylor

## Friday

9:00 a.m. Functional Fitness with Taylor  
10:00 a.m. Strength & Stretch with Taylor  
11:00 a.m. Tai Chi  
1:00 p.m. Return to Golf (begins Mar. 15th, sign up required)



## Resident and Staff Snapshots





# Recurring Campus Events | WOLFEBORO

RSVP is required for most events and may be made via Touchtown in Events, or with Caralyn Russell at (603) 294-1770 or [crussell@taylorcommunity.org](mailto:crussell@taylorcommunity.org) unless otherwise noted.

## MONDAYS:

### Billiards

10:00 a.m., Sugar House

### Monday Morning Social

10:00 a.m. Sugar House Bistro  
(coffee & pastries)

### Pool Volleyball

1:00 p.m., Back Bay RAC

## TUESDAYS:

### Mexican Train

1:00 p.m., Back Bay RAC

### American Mahjong

1:00 p.m., Back Bay RAC

### Meditation Group

3:30 p.m.  
Sugar House Maple Room  
(every other Tuesday)

### Men's Group

3:30 p.m. Sugar House Maple  
Room (every other Tuesday)

## WEDNESDAYS:

### Billiards

10:00 a.m., Sugar House

### Knitting Group

2:00 p.m., Sugar House Dining  
Room area by fireplace

## THURSDAYS:

### Cracker Barrel Coffee Hour

10:00 a.m.  
Sugar House Maple Room  
(outdoors under the Sugar House  
tent in the warmer months)

## FRIDAYS:

### Billiards

10:00 a.m., Sugar House

### American Mahjong

1:00 p.m., Sugar House  
Maple Room

## SATURDAYS:

### Resident led exercise

10:00 a.m.  
Sugar House Maple Room

### American Mahjong

1:00 p.m., Back Bay RAC

### Mexican Train

1:00 p.m., Back Bay RAC

## SUNDAYS:

### Board games

1:00 – 3:00 p.m.  
Sugar House Dining Room

## Care Management Nurse

Care Management Nurse Anne Ulman, RN  
and Samantha Jones, LNA will be leading  
**Blood Pressure Clinics**  
every Tuesday from 1:00 – 2:00 p.m.  
in the Sugar House Library,  
and every Wednesday from 2:00 – 3:00 p.m.  
at Back Bay Recreation and Aquatic Center.

For more information, please contact:  
[aulman@taylorcommunity.org](mailto:aulman@taylorcommunity.org)  
or (603) 569-8485, ext. 4240.

## Dining at Sugar Hill

The Sugar House Bistro and Dining Room  
are open for dining in or take out pick-up  
at the Sugar House, Monday – Friday,  
12:00 noon – 6:30 p.m.

If you would like to order takeout, please call  
(603) 569-8485. If you would like to order  
dinner to go, please call 24 hours in advance  
whenever possible, so we can have your order  
ready for you at 5:00 p.m.

## Dial-A-Ride Reservations

To make a reservation with Dial-A-Ride please call Gina Colantuono  
at (603) 569-8485 or [gcolantuono@taylorcommunity.org](mailto:gcolantuono@taylorcommunity.org).