



Taylor Community is incredibly lucky to be located in scenic New Hampshire. Here, we are given the opportunity to indulge in a variety of outdoor activities. From hiking, fishing, and skiing to swimming and boating, New Hampshire keeps both locals and visitors active all year round. However, this region's offerings do not hinge solely on the great outdoors. Here at Taylor, our residents engage in a vibrant cultural scene—not just here on our campuses, but also in the larger Lakes Region community. With venues such as the Colonial Theatre, the Lakeport Opera House, the Winnepesaukee Playhouse and the Interlakes Summer Theatre offering programming in the Laconia area; and organizations such as the Village Players, the Great Waters Music Festival, and the Wolfeboro Friends of Music bringing music and theatre to residents of the Wolfeboro community, it is clear that the arts are alive and well in the Lakes Region.





Resident Town Hall Meetings
September 2022

Laconia Resident Town Hall

Monday, September 12th at 11:00 a.m. in the Tree Rooms of the Woodside Building

RSVP via the Touchtown Community App in Events or with Brenda by calling (603) 366-1226 or emailing her at bkean@taylorcommunity.org.

Wolfeboro Resident Town Hall

Wednesday, September 14th at 10:00 a.m. in the Maple Room of the Sugar House

RSVP via the Touchtown Community App in Events or with Caralyn at (603) 569-8485

As always, please feel free to submit any questions in advance to townhall@taylorcommunity.org or call Sharon Ryba at (603) 366-1411 to submit a question via phone.

Additionally, all Town Hall Meetings will now be available for viewing on Touchtown.

We look forward to seeing you!

In Memoriam

Richard Groux - May 8th, 1933 - August 21st, 2022. Taylor resident since 2016.



Monthly TRA Social and Buffet
Saturday, September 17th
Woodside Building

Bar with Appetizers opens at 5:00 p.m.

Buffet Dinner served at 6:00 p.m.

Cost: \$30.00 per person



The Monthly TRA Social and Buffet is an opportunity for all residents to become acquainted and socialize. A cash bar and appetizers are available in the Fireside Room prior to the Buffet in the Elm Room. Several entrees are offered by the Glendale staff.

The September Taylor Resident Social and Buffet will be held on Saturday, September 17th, 2022.

Reservations are required and will be accepted between September 1st - September 14th, 2022. Reservations can be made through TouchTown or the voice mailbox line (603-366-1449).

A 50-50 raffle will be offered with proceeds going to the Sunshine Fund. We have a limited number of people that can be served in this format so please reserve early.

We hope to see you there!

Nancy Bird
Barbara Madden
Carol Gorke

Taylor Resident Association (TRA) Corner

2022 Taylor Community Sunshine Fund

Many of us on campus refer to our Community as the Taylor Family. Residents care for one another. The staff care for us. Residents thank one another for care and support during challenging times by simply acknowledging that gift of presence or with a small token. In short, family.

But how to thank Taylor staff members? The solution is simple. Make a donation to the Sunshine Fund! Each year we thank our staff members at the Annual Holiday Staff Parties on our two campuses. Bonuses are distributed, along with a delicious lunch and resident-baked cookies. The average resident donation to the Sunshine Fund is approaching \$400. In 2021, bonuses to 251 staff members totaled \$159, 805 — a record! — and a wonderful expression of our appreciation for their work at Taylor.

Many of us interact daily, or almost daily, with some staff members — think of the Wellness Center! But life at Taylor is also supported by many “behind the scenes” folks, such as the housekeeping team in the Woodside “tree” rooms where residents gather. Lawns are cut, snow is shoveled, and dishes are washed by these important members of the Taylor Family.

If you have not already made your donation to the Sunshine Fund, please do so today. Let us top last year’s record with a new one in 2022!

Questions? TRA president Frank Judge at 603-556-9665 is happy to help out, as is Sunshine Committee co-chair (pro tem) Alexis Dorf at 860-671-1945.

Best regards,
Alexis Dorf
Sunshine Committee Co-chair

REMINDER: RENOVATIONS/CUSTOM WORK



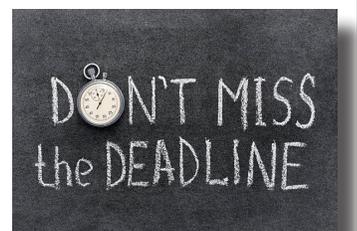
Most often, renovations and requests for custom work are completed prior to residents moving into their cottages or apartments. However, we recognize that sometimes residents may want to make changes after they have moved in. We do our best to accommodate reasonable requests. Please refer to the Resident Handbook for more information on this process. **We ask that you contact the Facilities Office at 603-366-1262 to schedule a meeting to discuss any requested changes.**

Gazette Submissions Reminder

Over the last few months, we’ve received a few questions regarding submission timelines for the monthly Gazette. As a reminder, **all content for the Gazette is due on the 15th day of each month.** **Next month, all content will be due on Thursday, September 15th.**

Please send all submissions to gazette@taylorcommunity.org.

Thank you!



Taylor Community Welcomes New Hires

Universal Workers

Ashlynn Dunn – She would love to go to Kew, England, to see the world's largest garden.

Emily Montoya – Currently working on her HS diploma. She has her own business, enjoys baking, hikes, and anything outdoors. She has a dog, cat, and lizard.

Health Services:

Ava Creteau – LNA; currently going into her 3rd year of college at the University of New England. Used to be a hostess at Shibley's in Alton Bay. Ava enjoys hiking, reading, and wave surfing, and also has a 10-yr-old black lab.

Emilia Galimberti – LNA; Works in Wolfeboro; Loves to play the piano and field hockey. Emilia has two cats and a bird and loves meeting new people.

Adam Gaudette – LNA; Was in the army for 7 yrs and is now a nursing student.

Mary Girardin – LPN; works in Wolfeboro; She has always worked in nursing homes and got into nursing because her grandmother had dementia and because she enjoys working with seniors.

Kisha Long – LPN; Loves to travel anywhere away from home. Additionally, she loves to cook and bake (from scratch). Kisha likes volleyball and football, is very crafty, and enjoys art and history.

Evelyn Martinez – LNA; Currently attending NHTI; working toward a degree in nursing as an RN; Currently a Navy reservist. She loves to travel, and her favorite destination is Iceland. She has two dogs, a Saint Bernard and King Charles Cavalier Spaniel.

Nikkilynn Mercier – LNA; A true New Englander, born and raised. She loves to ski, ice fish and occasionally scuba dive. Loves to travel but doesn't do enough of it. She is a supporter of the Celtics and Patriots, and has a beautiful stepdaughter named Syrenity and a spunky pitbull/terrier named Daisy.

Amanda Mergenthaler – MNA; She has four children and two dogs. Likes to go fishing, hiking, and camping.

Jenn Tefft – LNA; earned her degree in early childhood education: Also an EMT and loves working with people. She loves crafts, photography, and traveling (especially to Lake Placid, NY). She enjoys the outdoors and exploring nature; has pet fish and loves animals.

Joshua Marshall Whatley – LPN/2nd shift nursing supervisor; former travel nurse from the south. He has worked over most of the US and met a lot of interesting people. He enjoys working out and being outdoors, with his favorite destinations being Colorado and New Hampshire.

Deborah Murray – RN: Has a dog, Max, and cat, Tommy. She enjoys paddleboarding and spending time at the lake when she is not working.

Marketing:

Cassidy Keyser – Enjoys gardening, painting, and travel. She grew up on a local farm with everything from sheep to chickens. Cassidy has a lovable Australian Shepherd named Bear.



Gilda's Club
New Hampshire



2nd Annual Dragon Boat Festival
September 24, 2022

Taylor Community is once again participating in the Gilda's Club NH Dragon Boat Festival on **Saturday, September 24th at Weirs Beach.**

The Dragon Boat Festival event involves "Dragon Boats" crewed by volunteer paddlers competing in fun races at Weirs Beach. Taylor Community is sponsoring a Dragon Boat, so there is no financial obligation to participate—this is simply an opportunity for Taylor Community residents and staff to join together and have some fun in support of a wonderful cause.

All proceeds from the Dragon Boat Festival support Gilda's Club New Hampshire, which is located in Laconia and dedicated to providing social and emotional support for cancer patients and their families. Taylor Community Resident Rod Dyer is the Chairman of the Board for Gilda's Club NH. For more information about Gilda's Club NH and the Dragon Boat Festival, please visit: gildasclubnh.org.

While Team Taylor was not the fastest boat last year, we were the best where it counted most—our team garnered the most donations and was recognized for this at the event!

Dragon Boating is easy to learn, extremely safe, and an activity in which men and women compete side-by-side towards the same goal. Dragon boats are long, narrow (40 foot long) crafts. The crew consists of 16 paddlers sitting two abreast, a drummer, who sits at the head of the boat and beats out a paddling rhythm for the crew, and a steersperson at the rear of the boat. Regardless of how young, old, big, or little: all paddlers are contributing to their team! Add the outdoors, the water, and the visual spectacle of dragon boating, and you get a perfect activity for friends and family.

Absolutely no experience is necessary to participate, and Gilda's Club NH provides the boats, paddles, life jackets, a time to practice, and the racecourse! The minimum age to paddle is 13 years old. If you would like to join Team Taylor as a paddler, please contact Gretchen Gandini at 603-366-1482 or ggandini@taylorcommunity.org.

If you would prefer to be an "honorary paddler" and make a gift in support of this worthy cause, donations made payable to "Gilda's Club NH" may be dropped off with Shannon at the Woodside Front Desk.



Changes to the Resident Handbook

It should be brought to your attention that there have been several changes to the Resident Handbook. These changes pertain to the sections below.

- Dining hours & Locations
- TaylorCare – services and contact info
- Added Wolfeboro campus to Lifeline
- Updated hours & times for transportation
- Added info on the RAC (Recreation and Aquatic Center- Back Bay)
- Added that Pet Owners must sign the Pet Policy

New Library Additions

Woodside

NonFiction:

The Women Who Made New York.

Jolie Scelfo

The Third Pole.

Mark Sinnott

Fiction:

Frozen Heat.

Richard Castle

Storm Front.

Gayle Tzemach Lemmon

The Dressmaker of Khoir Kana.

Jojo Moyes

Me Before You.

Warning Light.

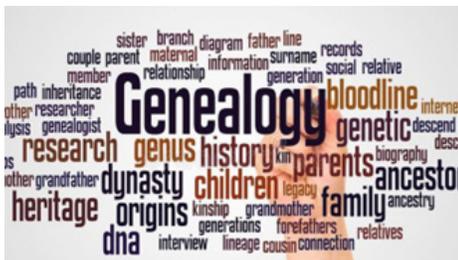
David Ricardo

Lincoln In The Bardo.

George SAunders

A Delicate Touch.

Stuart Woods



Genealogy Interest Group

Wednesday, September 14th

Woodside Elm Room, 2:00 p.m.

The Taylor Community Genealogy Interest Group will hold its monthly gathering on Wednesday, September 14th at 2:00 p.m. in the Elm Room at Woodside. The Focus Topic for the September will be “Genealogy Takes a Neighborhood.” Our

Genealogy Neighborhood is more than names, birth, marriage, and death dates. It includes many types of research methods and resources. We will explore a few of them at our September gathering. New people are always welcome to join us regardless of level of family history experience. Although not mandatory, preregistration via Touchtown or Ron Baker (ronbaker3@aol.com) is requested to assure sufficient handout material. As always, there will be time for sharing experiences and discussion of other genealogy-related topics. Come and learn about methods, resources, and experiences from the group.

For more information, call Ron Baker at (603) 524-9345 or Linda MacGuffie at (603) 387-2067.

Just 2 Minutes of Walking After a Meal Is Surprisingly Good for You

By Rachel Fairbank

A new paper suggests that it takes far less exercise than was previously thought to lower blood sugar after eating.

Walking after a meal, conventional wisdom says, helps clear your mind and aids in digestion. Scientists have also found that going for a 15-minute walk after a meal can reduce blood sugar levels, which can help ward off complications such as Type 2 diabetes. But, as it turns out, even just a few minutes of walking can activate these benefits.

In a meta-analysis, recently published in the journal *Sports Medicine*, researchers looked at the results of seven studies that compared the effects of sitting versus standing or walking on measures of heart health, including insulin and blood sugar levels. They found that light walking after a meal, in increments of as little as two to five minutes, had a significant impact in moderating blood sugar levels.

“Each small thing you do will have benefits, even if it is a small step,” said Dr. Kershaw Patel, a preventive cardiologist at Houston Methodist Hospital who was not involved in the study.

Very light walking reduces blood sugar levels.

In five of the studies that the paper evaluated, none of the participants had pre-diabetes or Type 2 diabetes. The remaining two studies looked at people with and without such illnesses. Participants were asked to either stand or walk for two to five minutes every 20 to 30 minutes over the course of a full day.

All seven studies showed that just a few minutes of light-intensity walking after a meal were enough to significantly improve blood sugar levels compared to, say, sitting at a desk or plopping down on the couch. When participants went for a short walk, their blood sugar levels rose and fell more gradually.

For people with diabetes, avoiding sharp fluctuations in blood sugar levels is a critical component in managing their illness. It’s also thought that sharp spikes and crashes in blood sugar levels can contribute to developing Type 2 diabetes.

Standing also helped lower blood sugar levels, although not to the degree that light walking did. “Standing did have a small benefit,” Aidan Buffey, a graduate student at the University of Limerick in Ireland and an author of the paper, said. Compared to sitting or standing, “light-intensity walking was a superior intervention,” he said.

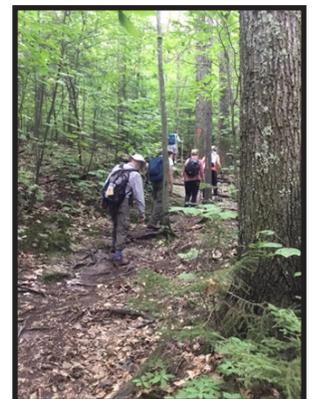
That’s because light walking requires more active engagement of muscles than standing and uses the fuel from food at a time when there is a lot of it circulating in the bloodstream. “Your muscles will soak up some of that excess glucose,” said Jessie Inchauspé, author of the book *“Glucose Revolution: The Life-Changing Power of Balancing Your Blood Sugar.”*

“You still had the same meal, but the impact on your body will be lessened,” she added.

Walking within 60 to 90 minutes after eating delivers the best results.

Although light walking at any time is good for your health, a short walk within 60 to 90 minutes of eating a meal can be especially useful in minimizing blood sugar spikes, as that is when blood sugar levels tend to peak.

* A special thank you to Alexis Dorf and Hank Offinger for this article published in the *New York Times*. *



Updated Wellness and Fitness Classes

Laconia Class Schedule

Monday:

- 9:00 a.m. Strength and Stretch
- 9:00 a.m. Tai Chi for Balance (Wet Craft Room)
- 10:00 a.m. Balance Class
- 10:00 a.m. Functional Strength (Wet Craft Room)
- 11:00 a.m. Strength and Stretch
- 1:30 p.m. March-Fit Dance Class
- 4:00 p.m. Pick-up Shuffleboard (Card Room)
- 3:00 p.m. Line Dancing w/Freda starting 9/12

Tuesday

- 9:00 a.m. Strength and Stretch
- 9:00 a.m. Aqua Flow
- 10:00 a.m. Chair Yoga
- 10:30 a.m. Tai Chi
- 11:00 a.m. Strength and Stretch
- 2:00 p.m. Low Impact Cardio Fit

Wednesday:

- 9:00 a.m. Strength and Stretch
- 9:00 a.m. Tai Chi for Balance (Wet Craft Room)
- 10:00 a.m. Gold Group
- 10:00 a.m. Balance Class
- 10:00 a.m. Functional Strength (Wet Craft Room)
- 11:00 a.m. Strength and Stretch
- 1:30 p.m. Mat Yoga (Wet Craft Room)
- 4:00 p.m. Pick-up Corn Hole (Fitness Room)

Thursdays:

All classes are postponed until October

Fridays:

- 9:00 a.m. Strength and Stretch
- 10:00 a.m. Low Impact Cardio Fit
- 11:00 a.m. Strength and Stretch
- 2:15 p.m. Mat Yoga (Maple Room)

Aquatic Fitness Class Schedule Laconia Campus

Tuesday:

9:00 to 9:45 a.m.

Wolfeboro Class Schedule

All classes are held in the Maple Room of the Sugar House

Monday, Wednesday, Friday:

- 9:00 a.m. Functional Strength
- 10:00 a.m. Strength and Stretch

Tuesday:

- 10:00 a.m. Chair Yoga
- 11:00 a.m. Balance Class

Thursday:

- 9:00 a.m. Cardio
- 11:30 a.m. Chair Yoga

Attention all Shuffle boarders! The third annual Shuffleboard League officially begins Tuesday, September 13th at 3 p.m. Come and enjoy the league games and cheer for the teams playing as they compete for their names on the championship trophy. Games will be played Tuesday's and Wednesday's starting at 3:00 p.m. and will end Wednesday October 19th. **Please reach out to Heather Joubert at 366-1206 with any questions. We hope to see you there!**



September Training Exercises and Stretches with Russ Jones

Abductors/Adductors Leg Exercises

- 1) Stand behind a sturdy chair
- 2) Hold onto the chair with your right hand.
- 3) Posture your left arm as if you were hugging a large beach ball to your chest.
- 4) Drop your hips straight down keeping your spine perpendicular to the floor.
- 5) Lift your heels so you are standing on the balls of your feet.
- 6) Shuffle to your left a couple steps.
- 7) Hold onto the chair with your left arm.
- 8) Posture your right arm as if you were hugging a large beachball to your chest.
- 9) Shuffle to your right a couple steps.
- 10) Repeat steps 2-9 until your form deteriorates.



If you are interested in learning additional exercises and stretches, please contact Russ Jones directly via email at rjones@taylorcommunity.org or stop by the Wellness Department to speak with him!

Contact the Wellness Team to see how they can assist you in reaching your individual goals!

Heather Joubert, Wellness Director: hjoubert@taylorcommunity.org
or (603) 366-1206

Russ Jones, Fitness and Aquatic Coordinator: rjones@taylorcommunity.org
Ethan White, Health and Fitness Instructor: ewhite@taylorcommunity.org

Wellness
Office
(603) 366-1405

All members of the Wellness Team are ACE-certified personal trainers.

New Residents –Welcome to Taylor Community

Joan Polishan

7/29

Rose Marie & Robert Phillips

8/1

Chip Maxfield

8/3

Marguerite Haughey

8/5

Dianne Portelance

8/15

Rachel Downs

8/25

Welcome



Taylor Community Gift Annuities

As a 501(c) (3) corporation, Taylor Community offers charitable gift annuities to its residents as a vehicle to receive lifetime income and a tax deduction at the same time. The interest rate paid on the annuity depends on the age of the annuitant and the older you are, the higher the interest rate, and

interest rates are going up. Bank of New Hampshire administers the program for Taylor and your money is secure as Taylor maintains a fully-funded Gift Annuity investment account from which annuity payments are made.

If you would like more information, please contact Ed Soucy at (603) 366-1229 or via email at esoucy@taylorcommunity.org.

Technical Help for Computer/Printers

Shannen Edson is available to help residents with computer/printer issues. Cost for this service is \$45/hour and will be billed in 15 minute increments.

By appointment only. Please call (603) 366-1223 or email sedson@taylorcommunity.org.



September Touchtown Programming

For Laconia residents, all Touchtown Programming is aired on your local In-House Touchtown Channel starting at 6:30 p.m. Wolfeboro residents can watch programming anytime on demand

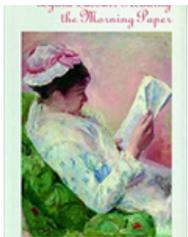
Fall Focused Laconia Book Group – The World of Art Through Fiction

10:00 a.m. Fireside Room

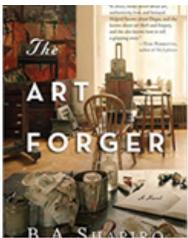
Taylor Readers, the third incarnation of the Focused Book Group will begin on the first Monday in October, and this time around we'll be looking at the world of art through fiction. Over four months, we'll read and talk about the painters Johannes Vermeer and Mary Cassatt; take a look at art theft and the reproduction of paintings and look at the price an artist may have to pay in his personal life if he commits to art.



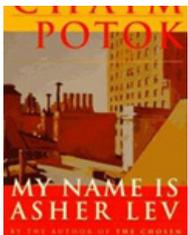
Monday, October 3rd - Girl with a Pearl Earring by Tracy Chevalier. One of the most famous paintings by Johannes Vermeer, done during the 17th century Dutch Golden Age, is the subject of this novel. Chevalier's extensive research provides a stunning picture of Delft, in the Netherlands, and a compelling fictional account of the painter, the young woman in the painting, and the creation of the painting itself.



Monday, November 7th - Lydia Cassatt Reading the Morning Paper by Harriet Scott Chessman. Chessman takes us into the thriving art world of 1880's Paris where American artist Mary Cassatt did her early Impressionist paintings. Cassatt's inspiration was her sister Lydia, ill and approaching death. Lydia contemplates her world narrowing as Mary paints her and moves into the art world, becoming friends with Degas and the other Impressionists, struggling to hold on to her sister in any way she can.



Monday, December 5th - The Art Forger by Barbara Shapiro. Almost twenty-five years after the infamous art heist at the Isabella Stewart Gardner Museum—still the largest unsolved art theft in history—one of the stolen Degas paintings is delivered to the Boston studio of a young artist. Claire Roth has entered into a bargain with a powerful gallery owner by agreeing to forge the Degas in exchange for a one-woman show in his renowned gallery. But as she begins her work, she starts to suspect that this long-missing masterpiece—the very one that had been hanging at the Gardner for a century — may itself be a forgery. The Art Forger is a thrilling novel about seeing—and not seeing—the secrets that lie beneath the canvas.



Monday, January 9th - My Name is Asher Lev by Chaim Potok. Asher Lev is a Hasidic Jew who keeps kosher, prays three times a day and believes in the Ribbono Shel Olom, the Master of the Universe. He grows up in a cloistered Hasidic community in postwar Brooklyn, a world filled with ritual and revolving around a charismatic Rabbi. He is torn between two identities, the one consecrated to God, the other devoted only to art and his imagination; in time, his artistic gift threatens to estrange him from that world and the parents he loves. As it follows his struggle, My Name Is Asher Lev becomes a luminous, visionary portrait of the artist, by turns heartbreaking and wonderful

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Taylor Community • Nonprofit since 1907



Taylor Community would like to wish you a happy Labor Day!

Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call (603) 366-1400, or simply use the online form available on our website, www.taylorcommunity.org.



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LACONIA NEWS AND EVENTS

SEPTEMBER 2022

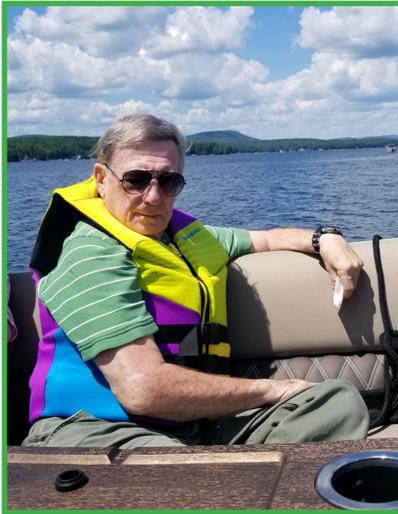


August 2022 was packed with events and trips for our Laconia residents. From hikes up Rattlesnake Mt. to trips to the historic Omni Mount Washington Resort, and even a train ride up the iconic Cog Railway to the summit of Mt. Washington, our residents celebrated the beautiful New Hampshire summer in many fun and memorable ways!

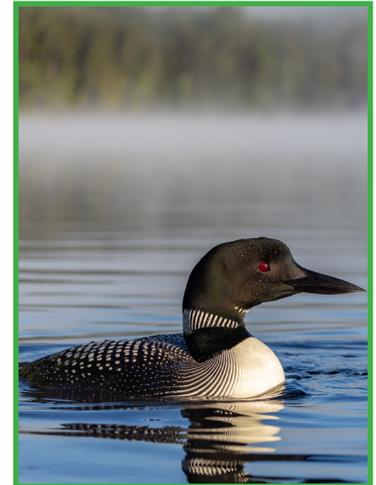


The Annual Assisted Living Resident Boat Trip

August 1st, 2022



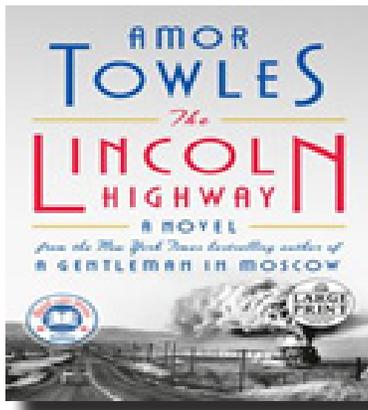
The residents from Taylor Home and Ledgeview truly enjoy these trips. From getting some fresh lake air to seeing loons in their natural habitat, residents come back refreshed and looking forward to their next trip.



Special Events - September 2022

Woodside Book Club Meeting With Laconia Public Library The Lincoln Highway by Amor Towles

Friday, September 16th - 10:00 a.m.



The Lincoln Highway is a 2021 novel about a young man named Emmett Watson who travels from Nebraska to New York City in 1954. Eighteen-year-old Emmett is released from a juvenile detention center and plans to go to San Francisco with his younger brother, eight-year-old Billy. Two of Emmett's fellow inmates from the detention center (Duchess and Woolly) use Emmett's release as an opportunity to escape. After Duchess and Woolly steal Emmett's car, Emmett and Billy follow them to New York, where they have a series of adventures before leaving for California. **This event will take place at Woodside beginning at 10:00 a.m.**

Oasis Pub Night

Friday, September 2nd
Woodside, 4:30 p.m.

As the summer heat and humidity finally wanes, we all deserve a break. We are joyfully welcoming in the first of our beautiful Fall months as we enjoy our usual fun, food, chats, and fellowship with each other over a friendly libation. Beer, wine, and soft drinks are available at a nominal cost, and the Bistro offers a delicious 'Pub Grub' menu for all to enjoy. So come early and stay late!

-Your Oasis Pub Crew



Men's Breakfast

Wednesday, September 7th
Woodside, 7:15 a.m.



It is time to resume our monthly Men's Breakfast, which will next be held on Wednesday, September 7th at 7:15 a.m. Join us for coffee, followed by our usual breakfast of eggs, hashbrowns, sausage, juice, perhaps a pancake or waffle (who knows).

Our speaker this month will be Krista Larsen, the Laconia Assistant Public Works Director (also wearing the hat of City Engineer). She will speak to us about her duties/responsibilities, how she got into this type of work, current projects (Elm Street), perhaps proposed projects, other ideas/topics, and will be open to questions.

Please respond by 6 p.m. on Monday Sept 5th via Touchtown - don't call or e-mail me as I will be out of town.

Thanks,
John Larson



Taylor Community's Chapter of the Red Hat Society

Wednesday, September 28th
Woodside Theater, 1:00 p.m.

Since 1998, the Red Hat Society has served as a sisterhood for ladies over 60. It offers fun, friendship, fitness and the freedom to express ourselves in a positive way. Our next meeting will be on Wednesday, September 28th at 1:00 p.m. in the theatre with a movie to follow. Our colors are red and purple. Red hats are optional (except if you happen to have one!)

If you're interested in joining, please call Anne Marie Murray at 603-455-2802 or contact me at 20Danmur19@comcast.net.

Thank you,
Anne Marie Murray



Special Events - September 2022



Fire Pit Social

Sunday, September 11th – 5:00 p.m.

Join us for the first Fire Pit Social of the 2020's! We haven't had one since the beginning of that COVID thing and we feel that now would be a great time to resurrect this lovely fall evening pastime of sitting around the fire to chat with friends and neighbors. This is also a wonderful opportunity to celebrate national Grandparents Day, which happens to fall on the same day as this event. Bring a chair or find a seat on the wall. Bring anything you wish for snacks or drinks. **The fire will be lit at 5:00 p.m. for all to enjoy.**

Le Cercle Français de Laconia

Fridays, Year-Round at 10:00 a.m.

Le Cercle Français is made up of a group of people from the Taylor Community as well as from the surrounding area who love the French language. The participants have a wide range of proficiency in the language and an effort is made to keep everyone engaged. Our varied activities include study of simple French stories, translated articles from the Boston Globe, sharing of experiences and backgrounds, including cultural traditions and historical references and now, a mystery-solving game. We have a great deal of fun and are so grateful for the Taylor Community who provides us with the opportunity to meet at **Woodside every Friday at 10:00 a.m.**



Line Dancing Instruction with Freda

Monday, September 12th - 3:00 p.m.

Beginner Line Dance class (taught by Freda Weinbrecht) starts on Monday, Sept 12th at 3:00 p.m. in the Fitness Room. If you have never line danced before but are interested in trying it, or if you have been away from it for a while and would like to brush up on your skills, come join us! Good exercise, good mental challenge, good socialization, and lots of fun! **This event will be held in the**

Fitness Room beginning at 3:00 p.m.

SPECIAL EVENT - Dog Days of Summer Dog Show

Tuesday, September 13th - 11:00 a.m.

This ever popular event is back on our calendars! Whether your special furry friend performs amazing tricks ... or is just amazingly cute ... don't miss this opportunity to showcase your best friend and bring home an award! This event is sure to bring a smile to your face.

Registration forms will be available at Wellness or Resident Life Offices on August 29th. This event will be held at the Woodside Pavilion following Cracker Barrel.



September Birthdays for Laconia and Taylor Connection**HAPPY BIRTHDAY!**

As a reminder, birthday celebrations take place in the Woodside Building on the last Sunday of the month at 5:00 p.m, directly after the Sunday Social event, which begins at 4:30 p.m. This month, the event falls on Sunday, September 25th so please mark your calendars.

We look forward to seeing you there!

9/1 Sue Bowden	Ledges	9/17 Alfred Dorf	Ledges
9/1 Carol Grant	Ledges	9/17 Rose Phillips	Woodside
9/2 Donald Spring	Ledges	9/17 John Rusnak	Ledges
9/3 Dorothy Allard	Ledges	9/18 Erma Lord	Woodside
9/3 Marty Hall	Ledges	9/18 Bing Davis	Taylor Connection
9/4 Susan Davies	Ledges	9/19 Carol Trombly	Woodside
9/5 Chuck Sandborn	Ledges	9/20 Rob MacGuffie	Ledges
9/6 Ella Eshelman	Ledgeview	9/21 Shirley Blouin	Woodside
9/6 Pat Woodward	Woodside	9/23 Jane Percy	Ledges
9/7 Stephen Purington	Ledges	9/24 Wendy Burbank	Taylor Connection
9/8 Pat Millette	Woodside	9/24 Sonya Bomster	Ledges
9/11 Linda Reinhart	Taylor Connection	9/25 Yvonne Lackey	Ledgeview
9/12 Paula Bertholdt	Woodside	9/25 Ellen Leslie	Ledges
9/13 Linda MacGuffie	Ledges	9/27 Bea Conover	Taylor Connection
9/13 Sandy Tisdale	Taylor Home	9/27 Betty McDonald	Ledgeview
9/13 Doug Murray	Ledgeview	9/27 Alexis Dorf	Ledges
9/14 Georgie Wixson	Ledgeview	9/28 Forrest Seavey	Ledges
9/14 Anne Guest	Woodside	9/28 Celia Abrams	Taylor Connection
9/14 Bob Harrington	Ledges	9/29 Nancy Miller	Ledges
9/16 Joan Mountford	Ledges	9/29 Alan Cash	Ledges
9/16 Billie Brown	Ledgeview		

Musical Events – Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



MUSIC SERIES EVENT - Heather Pierson

Wednesday, September 7th – 6:30 p.m.

Heather Pierson is a pianist, multi-instrumentalist, singer/songwriter, song leader, and performer whose inspiring live performances and growing catalog of releases delve into Americana, blues, New Orleans jazz, vocal chants, instrumental piano, and folk. Best known for her ease at the piano and her bell-tone vocals, her songs and musicianship embody joy, honesty, playfulness, and a desire to share from the heart. In over twenty years on her own record label, Vessel Recordings, she has released fourteen albums and several singles of original music. **Join us for this wonderful music presentation to be held at Woodside, beginning at 6:30 p.m.**

MUSIC SERIES EVENT - Rachel Clement Harp

Sunday, September 11th - 3:00 p.m.



New England-based pedal and traditional Scottish harpist, Rachel Clemente, has had a passion for music from the early age of five. She discovered her love of Scottish music through events and competitions held by the Scottish Harp Society of America and the Ohio Scottish Arts School. She continued at the renowned arts boarding high school, Interlochen Arts Academy, and graduated from the Royal Conservatoire of Scotland in July 2018 with a bachelor's degree in traditional Scottish music. Her accolades include Winner of the U.S National Scottish Harp Champion in 2016 and of the Princess Margaret of the Isles Clàrsach Competition (USA) in 2021. Currently, Rachel is focusing on establishing herself in the New England folk scene as a soloist as well as performing in her duo with bagpiper, Dan Houghton, as she continues to enjoy working as a private harp instructor alongside beginning a journey into compositional work.

Dan Houghton grew up surrounded by Scottish traditional music and dance and started his musical career playing the whistles, viola and tiompan (hammered dulcimer). He has been fingering the pipes and flute since the early 90s and has played and taught throughout Europe, Asia, the New World and the Antipodes. While a student in Dunedin, New Zealand, Dan played pipes, bouzouki and banjo and sang in the Irish band Blackthorn. More recently he has been half of several musical duos across Europe, including Musion, Edinburgh and Toulouse. In addition to playing for concerts, Dan has been quite a successful dance piper and has performed for both Scottish Highland and Country dancing. When not on the road or in the air, Dan partitions his time amongst Oban and Edinburgh, Scotland, and Marshfield and Brattleboro, VT. **This event will be held at Woodside beginning at 3:00 p.m.**



Musical Events – Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



MUSICAL PERFORMANCE - Green Heron

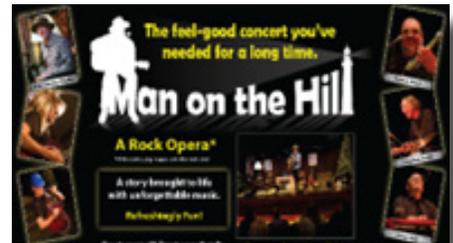
Monday, September 12th - 6:30 p.m.

The music of Green Heron stretches across the entire folk landscape. Old-time, folk, bluegrass, country, Celtic and blues music are all represented as the band brings the back porch to the stage. Featuring Betsy Heron (formerly Green) on fiddle, banjo and vocals, and Scott Heron on guitar, banjo and vocals, the duo has been sharing New England stages together since 2017. The two songwriters weave the contemporary with the traditional and deliver high energy performances. **This event will be held at the Woodside Pavilion beginning at 6:30 p.m.**

MUSICAL/THEATRICAL PERFORMANCE - Man on the Hill

Wednesday, September 14th - 6:30 p.m.

This concert is a fable-opus-rock-opera: a musical work that tells a story through narration and song. The main character is an old man sitting in his living room reflecting back on his life. As he shares his stories, each major event or turning point is punctuated with a song. Forever in a quest for love and living a simple life, he struggles with heartbreak, finds companionship with a dog, tries to find his place in a discordant society, meets his soul-mate, and retires on a hillside near the ocean. It's a delightful mix of folk, rock, jazz, country, and heartwarming ballads. Your ears, your mind, and your heart will be enriched when you treat yourself to seeing, "The Man on the Hill." **This event will occur at Woodside beginning at 6:30 p.m.**



MUSIC SERIES EVENT - Gary Hodges Trio

Sunday, September 18th - 3:00 p.m.



Gary Hodges is a founding member of the Artful Noise string quartet, the Kelsh Trio, and the NH Klaviertrio, and he enjoys working as a freelance artist for concerts, events, and weddings throughout New England. He has served as principal cellist for the New Hampshire Philharmonic and has accompanied Peter Mayer on tour. In addition to the cello, Gary also plays the viola da gamba. Gary is also very involved with string music education; he teaches cello, violin, and viola and coaches chamber music ensembles. Gary's teachers have included Larry Veal, Sato Knudsen, Adres Diaz and David Wells. He received his BM and MA from the University of New Hampshire. **This event will be held at Woodside beginning at 3:00 p.m.**

MUSIC SERIES EVENT - Toni Lynn Washington & Friends

Monday, September 19th - 6:30 p.m.

Toni Lynn Washington is an exceptional American blues singer. Recipient of the Boston Blues Festival Lifetime Achievement Award, this talented artist has provided soulful, authentic blues and jazz for numerous private and public performances. **This performance will be held at the Woodside Pavilion beginning at 6:30 p.m.**



Musical Events – Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



MUSIC SERIES EVENT - Jonathan Lorentz

Sunday, September 25th - 3:00 p.m.

The Bop Shop plays soul jazz, blues, swing, bebop and originals. Well inspired by the jazz of the 40s, 50s and 60s, the band is led by NYC-trained tenor saxophonist Jonathan Lorentz. **This event will be held at the Woodside Pavilion beginning at 3:00 p.m.**

MUSIC SERIES EVENT - Wangari Fahari

Wednesday, September 28th - 6:30 p.m.

She is best known for her modern African soundscapes, taking an unusual and innovative approach, abandoning straight ahead singing and instrumentation of the Swahili folk and Taarab.

Collaborations include African drummer Remi Kabaka, bass player Wadada Khufu and guitarist Paul Thibeault Wangari, who created Wangari Volume 1 an album influenced by her Central Kenya roots, and who produced her second album which led to two American tours and one international tour. This album caught the attention of Drummer Gabriel Harris of rhythm-village and singer/activist Joan Baez who worked closely to create Wangari Trio and would later lead her to perform on some of the world's best stages. Mentored by Miriam Makeba and Joan Baez, Wangari learned at a young age the power of music and the struggle. Ricky Lee Jones, an American singer and producer whose career spans over five decades, was quoted as saying that Wangari is a "powerhouse" while visiting Soulitude Records in Santa Monica. Wangari teamed up with philanthropic institutions such as The Global Peace Train, The American World Jewish Association, One World Children Fund and The Greenbelt Movement, and raised funds and awareness for child soldiers in Lira, Uganda as well as promoted Kenya's wildlife conservation and Agro-forestry. As director at Artists For Wildlife Conservation, she helped organize a fundraising concert featuring her music with Paul Simon's bass player Bakithi Khumalo and Berklee College Of Music Professors Casey Scheuerell and Suzanne Dean in Brookline, MA., raising thousands of dollars for endangered rhinos in Kenya and South Africa. Those who know Wangari understand her big heart and undying love for nature and people. **This event will be held at Woodside beginning at 6:30 p.m.**



MUSICAL PERFORMANCE - Jud Caswell

Friday, September 30th - 2:00 p.m.



Back by popular demand! Jud Caswell is a seasoned Maine artist/performer & multi-instrumentalist. Jud has a keen eye for detail and gives listeners a front-row seat to his engaging manner and storytelling. There's a magic to the way he draws you in until you're transported to the old farmhouse, the salty shore, or a wood full of birdsong. You might just think he's taking you to visit his home, but

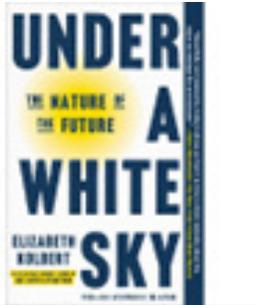
there's magic. When the words are just right, and the chords are struck just so, and the river of melody pushes and pulls in all the right places, then it's not his home at all anymore — Its your home. Join us for this return visit you are sure to enjoy. **This event will be held at the Woodside Pavilion beginning at 2:00 p.m.**

Lecture Events- Laconia Campus

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

SEPTEMBER CURRENT EVENTS MEETING - Book Discussion - Under a White Sky

Monday, September 12th - 2:30 p.m.



In *Under a White Sky*, Elizabeth Kolbert takes a hard look at the new world we are creating. Along the way, she meets biologists who are trying to preserve the world's rarest fish, which lives in a single tiny pool in the middle of the Mojave; engineers who are turning carbon emissions to stone in Iceland; Australian researchers who are trying to develop a super coral that can survive on a hotter globe; and physicists who are contemplating shooting tiny diamonds into the stratosphere to cool the earth. One way to look at human civilization, says Kolbert, is as a ten-thousand-year exercise in defying nature. In *The Sixth Extinction*, she explored the ways in which our capacity for destruction has reshaped the natural world. Now she examines how the very sorts of interventions that have imperiled our planet are increasingly seen as the only

hope for its salvation. **This event will be held in the Wet Craft Room beginning at 2:30 p.m.**



Makeup Instruction with Kylieh Farley

Tuesday - September 20th - 2:00 p.m.

Kylieh joins us from Jennifer's Color Bar in Gilford. *"I have been doing hair, makeup, and nails at Jennifer's Color Bar for 4 years. I am certified in the MUD Cosmetics program for beauty essentials, airbrush makeup, and bridal makeup. I have taken multiple Paul Mitchell classes along with some LCN and Jessica ZenSpa nail classes. I most recently attended the 2018 John Paul Mitchell Systems Gathering in Las Vegas, Nevada! My*

favorite things to do are wedding and effects makeup and big hair transformations! I enjoy furthering my education and helping people meet their hair goals!" Join us as Kylieh shares her expertise and demonstrates makeup techniques especially for us mature ladies. **This event will be held at Woodside beginning at 2:00 p.m.**



David Warren - Mount Washington

Wednesday, September 21st - 1:30 p.m.

The MS Mount Washington is the oldest steel passenger ship on a freshwater lake in the world. But she had to overcome an incredible series of obstacles to get here. Join us as historian and ship modeler David Warren presents this talk, which will focus on the coincidences, calamities and cover-ups that occurred during WWII, including the fire that destroyed the old Mount at precisely the right time, the engineering blunder that almost sank her replacement, the bankruptcy and war that sidelined her and the chance occurrence of another bankruptcy in San Francisco that

saved her from the scrapyards. **This event will be held at Woodside beginning at 1:30 p.m.**

Lecture Events- Laconia Campus

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

Photographic Tour of The Galapagos Islands with Dan Robusto

Thursday, September 29th - 2:00 p.m.

The Galápagos Islands are a chain of islands, or archipelago, in the eastern Pacific Ocean. They are part of the country of Ecuador, in South America. There are thirteen major islands and a handful of smaller islands that make up the Galápagos archipelago. Repeated volcanic eruptions helped to form the rugged mountain landscape of the Galápagos Islands. Environmental



conditions make the Galápagos a unique island ecosystem. The islands are located near the equator, yet they receive cool ocean currents. This makes for a strange mix of tropical and temperate climates. For most of their history, the islands have been extremely isolated. This combination of factors created a laboratory for the evolution of an unusual mix of plant and animal species, and made this wonderful place for photography. Join us as Dan brings us on a photographic tour of the Galapagos Islands. **This event will take place at Woodside beginning at 2:00 p.m.**



Exemplary Country Estates of New Hampshire - Presented by Cristina Ashjian

Monday, September 26th - 6:30 p.m.



In the early 20th century, the New Hampshire Board of Agriculture launched a program to boost the rural economy and promote tourism through the sale of abandoned farms to summer residents. After introducing the country house movement, Cristina Ashjian focuses attention on some of the great country estates featured in the New Hampshire program between 1902 and 1913. Which private estates were recognized as exemplary, and who were their owners? Using historic images and texts, Ashjian discusses well-known estates now open to the public such as The Fells on Lake Sunapee, The Rocks in

Bethlehem, Saint-Gaudens National Historic Site in Cornish, and she includes local examples when possible. **This presentation is made possible with funding from The NH Humanities Council and will be held at Woodside beginning at 6:30 p.m.**



Resident Trips - Laconia Campus

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



Perkins Cove and Marginal Way - Ogunquit, ME

Friday, September 9th - 8:15 a.m.

According to legend, Ogunquit was named by the Abenaki Tribe, because it means “beautiful place by the sea”. Those who have visited agree with this assessment! We all have different reasons for finding Ogunquit beautiful — some the salty-sweet scent of beach roses or sea breezes wafting along the Marginal Way walking path and Perkins Cove, or the lapping incoming tide, or perhaps the nostalgic village feel of strolling among quaint buildings, coves and pedestrian bridges throughout the town. There are several locations in town at which you can enjoy a great lunch while there. **The bus will begin picking up residents on the Laconia Campus at 8:15 a.m.**

Resident Trip to Squam Lake Pontoon Tour (Easy)/ Lunch at Walter’s Basin

Wednesday, September 14th - 10:15 a.m.



Learn about the natural history of Squam Lake, look for majestic Bald Eagles, listen to the haunting call of common loons and hear about the people who have lived on its rocky shores surrounded by scenic mountains for over 5,000 years. Cruise on this beautiful lake where “On Golden Pond” was filmed 40 years ago. NH is famous for its picturesque lakes and mountains and Squam Lake is a gem among many. See its amazingly clear water, rocky shores, celebrated islands, historic homes, scenic mountain views, and remarkable wildlife. Cruises are 90 minutes in length and are on canopied pontoon boats.

Binoculars are available for wildlife viewing at no additional cost. The group will enjoy lunch at Walter’s Basin prior to the cruise which is scheduled for 1:00 p.m. Tickets are \$23/ Per Person. **The bus will begin picking up residents on the Laconia Campus at 10:15 a.m.**



Meredith Sculpture Walk / Lunch at Giuseppe’s

Thursday, September 22nd - 8:30 a.m.

The GMP Meredith Sculpture Walk (MSW) Committee has completed the ninth annual exhibit, which was fully installed in July. The outdoor, juried exhibition is committed to developing awareness and enjoyment of public art in Meredith. Thirty-three sculptures are positioned in high visibility areas along Main Street, the Mill Falls Marketplace, and, on the lakeside, Hesky and Scenic Parks. Following this docent-led tour, the group will enjoy lunch at Giuseppe’s. **The bus will begin picking up on the Laconia Campus at 8:30 a.m.**



Resident Trips - Laconia Campus

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



Murder for Two - Winnepesaukee Playhouse

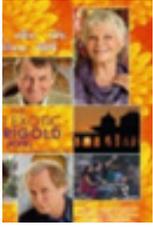
Thursday, September 29th - 12:45 p.m.

They put the laughter in manslaughter! The perfect blend of music, mayhem, and murder! In this hilarious, fast-paced musical, two performers play 13 roles—not to mention the piano—in a witty and winking homage to old-fashioned murder mysteries. The New York Times calls it “INGENIOUS! A snazzy double-act that spins out a comic mystery animated by funny, deftly turned songs.” Tickets and \$39.00 **The bus will begin picking residents up on the Laconia Campus at 12:45 p.m.**

Snapshot From Resident Trips: Taking The Cog Up Mt. Washington



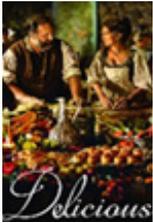
Movies in the Woodside Theater



Movie - The Best Exotic Marigold Hotel

Friday, September 2nd - 7:00 p.m.

British pensioners on a tight budget move to a retirement home in India; their adventures there give them a new lease on life. Featuring Judi Dench, Bill Nighy, Dev Patel, Tom Wilkinson, and Maggie Smith. **Running Time 2hrs 3min. This is an Amazon Prime Presentation and will be streamed to our Woodside Theater beginning at 7:00 p.m.**



Movie - Delicious

Saturday, September 3rd - 7:00 p.m.

France, 1789, just before the Revolution. With the help of a surprising young woman, a chef who has been sacked by his master finds the strength to free himself from his position as a servant and opens the first restaurant. **Running Time 1hr 52min. This is an Amazon Prime Presentation and will be streamed to our Woodside Theater beginning at 7:00 p.m.**



Documentary – Lucy & Desi

Tuesday, September 6th - 2:00 p.m.

Lucy and Desi – From director Amy Poehler, Lucy and Desi explores the unlikely partnership and enduring legacy of one of the most prolific power couples in entertainment history. Lucille Ball and Desi Arnaz risked everything to be together, leading to the most influential show in the history of television, I Love Lucy. Defying the odds, they re-invented the medium, on screen and behind the cameras. Featuring interviews with Lucie Arnaz Luckinbill, Norman Lear, Desi Arnaz, Jr. Carol Burnett and Bette Midler. **Running Time 1hr 42min. This is an Amazon Prime Presentation and will be streamed to our Woodside Theater beginning at 2:00 p.m.**



Movie – Jerry & Marge Go Large

Friday, September 9th - 7:00 p.m.

Inspired by the remarkable true story of a retiree who discovers a mathematical loophole in the Massachusetts lottery, and with the help of his wife, wins millions and uses the money to revive their small Michigan town. **Running time 1hr 36min. This is an Amazon Prime Presentation and will be streamed to our Woodside Theater beginning at 7:00 p.m.**



Movie – Marry Me

Saturday, September 10th - 7:00 p.m.

A heartbroken pop star spontaneously weds a stranger from the audience while live on stage, but their sham marriage turns into a real romance. Featuring Jennifer Lopez, Owen Wilson, and Malumna. **Running time 1hr 52min. This is an Amazon Prime Presentation and will be streamed in our Woodside Theater beginning at 7:00 p.m.**

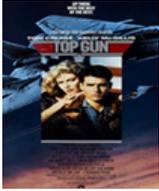


Movie – The Love Punch

Friday, September 16th - 7:00 p.m.

Set in the French Riviera, The Love Punch brings together Pierce Brosnan and Emma Thompson in a feel-good romantic comedy about an estranged couple who, after having their pension stolen by a crooked businessman, must reunite to steal it back. **Running Time 1hr 34min. This is an Amazon Prime Presentation and will be streamed to our Woodside Theater beginning at 7:00 p.m.**

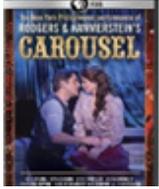
Movies in the Woodside Theater



Movie – Top Gun (1986 Version)

Saturday, September 17th - 7:00 p.m.

High-flying adventures with barnstormer Tom Cruise falling for his beautiful instructor (Kelly McGillis) while he competes against fellow flyer Val Kilmer for the coveted “Top Gun” award. **Running time 1hr 49min. This is an Amazon Prime Presentation and will be streamed in our Woodside Theater beginning at 7:00 p.m.**



Musical – Carousel

Tuesday, September 20th - 1:00 p.m.

Rodgers & Hammerstein composed some of the most glorious music ever written for the stage in Carousel. This is a dazzling adaptation featuring all-star performances from this live performance. **Running time 2hrs 12min. This is an Amazon Prime Presentation and will be streamed to our Woodside Theater beginning at 1:00 p.m.**

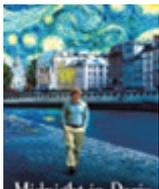
SEPTEMBER OPERA – Die Zauberflöte (The Magic Flute)

Thursday, September 22nd - 7:00 p.m.



Mozart’s allegorical fairy tale has charmed audiences and inspired artists for more than 200 years. A few weeks before this telecast, the Met unveiled a new production of the opera, featuring the colorful designs of acclaimed artist David Hockney. His bold colors and vivid images enchanted audiences and seemed to inspire the striking cast, led by James Levine’s conducting. Francisco Araiza is the young prince Tamino, who finds himself in a strange land, forced to undergo mysterious tests so he can rescue, then marry, the woman he loves, Pamina, played by Kathleen Battle. Kurt Moll is the compassionate Sarastro and Luciane Serra is the Queen of the Night. This is a Comic Opera as well as a Singspiel (consisting of both the spoken

word and singing in German with English subtitles). Papageno is performed by the Austrian baritone Manfred Hemm who exemplifies the Viennese humor and mischief of his character! American soprano Kathleen Battle quickly became a darling of the Viennese and was Herbert von Karajan’s protégée! Both Mozart and his librettist were Freemasons which is the underlying theme of the Opera. Attendees are encouraged to bring along a snack and adult beverage of choice to make this evening of opera even more enjoyable. **This performance will be streamed from the Metropolitan Opera to our Woodside Theater beginning at 7:00 p.m.**



Movie - Midnight in Paris

Friday, September 23rd - 7:00 p.m.

A romantic comedy about a family traveling to the French capital for business, the party includes a young, engaged couple forced to confront the illusion that a life different from their own is better. **Running time 1hr 52min. This is an Amazon Prime Presentation and will be streamed to our Woodside Theater beginning at 7:00 p.m.**



Movie – Cowboys

Saturday, September 24th - 7:00 p.m.

A veteran rancher is forced to hire 11 teenage boys as trailhands and in process of driving 1200 cattle across 400 miles, young cowboys become cowmen. Featuring John Wayne. **Running time 2hr 08min. This is an Amazon Prime Presentation and will be streamed in our Woodside Theater beginning at 7:00 p.m.**

Movies in the Woodside Theater



Movie - His Girl Friday

Friday, September 30th - 7:00 p.m.

A newspaper editor uses every trick in the book to keep his ace reporter ex-wife from remarrying. Featuring Cary Grant and Rosalind Russell. **Running time 1hr 36min. This is an Amazon Prime Presentation and will be streamed to our Woodside Theater beginning at 7:00 p.m.**

PRE-ORDER TICKETS FOR UPCOMING EVENTS

To order tickets or reserve a spot for an upcoming event, please contact Shannon Wharton at swharton@taylorcommunity.org or call her at (603) 366-1200.

Hobo Railroad Fall Foliage Tour

Monday, October 10th - 9:15 a.m.



This popular 4-hour Fall Foliage Special departs Meredith Station at 11:00 a.m. and proceeds north, where we'll travel up and over Ashland Summit. We'll then cross the Ashland High Trestle, pass through the Bonnie Brae Deer Farm and the Glove Hollow Christmas Tree Farm in Bridgewater before arriving in Plymouth, NH.

The Common Man Inn & Spa, located in Plymouth's North End is our destination. Once there, we'll step off the train and gather in the dining room to enjoy a tasty, hot buffet lunch. Following lunch, you're welcome to explore the Common Man Inn's extensive Gift Shop, which is filled with NH-made products before returning to the train. Hot Buffet Menu (items subject to change): Hot Soup, Roast Turkey, Stuffing, Mashed Potatoes, Gravy, Cranberry Sauce, Butternut Squash; Meat Lasagna; Veggie Stir Fry & Rolls & Butter. An assortment of fresh baked cookies will be on each table for dessert. A variety of chilled, bottled soft drinks & water as well as hot tea & coffee will also be available. When lunch is over and everyone has re-boarded the train, we'll depart the Common Man Inn & Spa and proceed south through Plymouth and Bridgewater again before stopping in Ashland, NH at the restored

Boston, Concord & Montreal Railroad Station. Upon arrival, members of the Ashland Historical Society, dressed in 1860's attire, will greet us and provide guided tours of their historic station. Following the guided tours in Ashland, we'll re-board the train for the final time, then continue

south over Ashland Summit, pass Lake Waukegan and make our way to Meredith Station, where we'll arrive just after 3:00 p.m. Tickets for this memorable 4-hour excursion include the hot

buffet lunch at the Common Man Inn & Spa, the guided tour of the 1869 Ashland Railroad Station and a souvenir tour booklet.



Tickets are \$75.95. Seats are limited - CURRENTLY SOLD OUT -
A Waitlist has been established. Estimated campus departure time is 9:15 a.m.

PRE-ORDER TICKETS FOR UPCOMING EVENTS

To order tickets or reserve a spot for an upcoming event, please contact Shannon Wharton at swharton@taylorcommunity.org or call her at (603) 366-1200.

Colonial Theater - Nutcracker Ballet

Saturday, December 3rd - 4:30 p.m.



Safe Haven Ballet is thrilled to bring our spirited, full-length ballet of The Nutcracker to The Colonial Theater of Laconia! This dynamic performance includes all of your favorite characters including a strong-minded Clara, the eccentric Drosselmeyer, the spooky Rats, as well as our beloved Sugarplum Fairy danced by Artistic Director Lissa Curtis. In the Land of Sweets you will be introduced to a variation unique to Safe Haven Ballet called The Brave American. Come sing and clap along to this spirited, patriotic piece! **Tickets are \$40/pp and are non-refundable.**

Please email your reservation to Shannon Wharton at swharton@taylorcommunity.org or call (603) 366-1200. The bus will begin picking residents up on the Laconia Campus at 4:30 p.m.

Colonial Theater - Menopause the Musical

Sunday, February 19th - 2:00 p.m. departure, 3:00 p.m. show

Four women at a lingerie sale have nothing in common but a black lace bra AND memory loss, hot flashes, night sweats, not enough sex, too much sex and more! This hilarious musical parody set to classic tunes from the '60s, '70s and '80s will have you cheering and dancing in the aisles! See what more than 17 million women and fans worldwide have been laughing about for over 20 years! Tickets are \$66/pp and are non-refundable. **Please email your reservation to Shannon Wharton at swharton@taylorcommunity.org or call (603) 366-1200. The bus will begin picking residents up on the Laconia Campus at 2:00 p.m. Show starts at 3:00 p.m.**



COMING SOON**CIRCLE DINNERS**Saturday, September 10th - 5:00 p.m.

Circle Dinners are a great way to socialize and meet new residents and friends. Circle Dinners are informal gatherings that bring people together to share good conversation and a meal. Sign up now to participate in the Saturday, September 10th Premiere!

**CIRCLE DINNERS ...**

Do you still enjoy cooking and entertaining? Then sign up to participate in a Circle Dinner! BUT ... What IS a Circle Dinner? It's like a MINI-Pot Luck dinner with small gatherings in the homes or apartments of Independent Residents.

The HOST(s) provide:

- > the home or apartment,
- > the main dish,
- > coordination of the other meal courses among the 5-9 participants.

The PARTICIPANTS bring:

- > an assigned dish to share, and
- > their “adult” beverages(s), if they choose to have wine or cocktails.

HERE'S AN EXAMPLE OF HOW IT MIGHT WORK!

Mickey and Minnie Mouse are the hosts and set the time for gathering at their home.

They have five participants coming for a total of seven people.

Lucy and Ricky Ricardo Fred and Ethel Mertz Arthur Godfrey

THE PLAN: The Hosts: Mickey and Minnie have decided to serve Spaghetti & Meatballs.

They have asked their guests to bring the following dishes:

- ... an appetizer to have while everyone settles in and gets acquainted,
- ... a tossed salad with bread or rolls,
- ... a dessert.

So ... the Ricardo's offered to bring a tossed salad and garlic knots,

... the Mertz's are bringing a dessert of their own choosing, and;

... Arthur Godfrey is going to bring cheese and crackers for an appetizer.

Mickey and Minnie will provide set-ups for cocktails to go with the appetizer as well as offering to serve coffee (regular and/or decaf) and tea with dessert.

At the next month's Circle Dinner, October 8th (the second Saturday of the month), the hosts and participants will change. Everyone ends up hosting at some point in time and the composition of each group changes every time. Please sign up & give it a try!

The next Circle Dinners will be held on the 2nd Saturday of October, January, March, and June. Sign up on TouchTown by no later than August 31st for September's dinner. You don't need to attend all five months to participate ... just the months you are available. Questions? Contact: Liz Cooper: Cell: (603) 344-0344 OR email: liznhnc@gmail.com



Woodside Bistro

Woodside Bistro Contact Info

Jennifer Lutzen, General Manager, 366-1231
jlutzen@taylorcommunity.org

Greg Demers, Executive Chef, 366-1481
gdemers@glendalediningservices.com

Woodside Bistro Hours
11:30am - 1:30pm

Tuesday & Thursday Night Dinners

Call the Bistro to make your reservations or make your reservation on Touch Town



September Bistro Menu

Served with your choice of appetizer

Please ask about our specials every Tuesday & Thursday

Caprese Salad

Vine ripened tomatoes, basil, mozzarella cheese and balsamic glaze
 OR

Blue Cheese Chips

Homemade chips topped with crumbled bleu cheese & bacon bits

Grilled Napoleon

Grilled eggplant, summer squash, zucchini & goat cheese.
 Layered on carrot broth farro

\$18.95

September Salmon

Honey lime grilled salmon fillet over creamed corn
 & wilted arugula

\$26.95

Grilled Chicken Breast

Roasted red grape Madeira wine sauce with herbed rice pilaf
 & seasonal vegetables

\$26.95

Steak Chasseur

Ribeye steak grilled to your liking with a classic brown sauce
 made of mushrooms, tomatoes & herbs.

Served with red bliss mashed potatoes & seasonal vegetables

\$28.95

* All Entrees are served with seasonal vegetable and dessert

September TRA Social

Hors d'oeuvres

Crabmeat Cups

Pickle, Ham & Swiss Pinwheels

Appetizer

Tomato Basil Parmesan Soup

Entrées

Stuffed Mushroom

Farro, squash & feta with a touch of cream

Roast Boston Butt Pork Roast

Sweet onion & natural gravy

Stuffed Sole

Fillet of sole wrapped around a seafood stuffing of
 shrimp, scallops & baby spinach.

Topped with a lemon saffron cream sauce

Sides

Sour cream & chive whipped red bliss potatoes

Seasonal vegetables

Dessert

Pecan Pie with vanilla sabayon

\$30 Per Person

GRAB & GO

We'll do the cooking; you do the re-heating.

Bistro Grab and Go Entrees:

Every Friday, Buy One Entrée and get any other item for
 half price.

Great Way to Stock up for the Weekend!

Save the Date

September Events

**Men's
 Breakfast
 9/7**



**End of Summer LUAU
 9/8**

**TRA Social
 9/17**



**Bistro Breakfast
 9/23**



**Pub Night
 9/2**

Recurring Campus Events • Laconia

RSVP is required for most events and may be made via Touchtown in Events, or with Brenda Kean at (603) 366-1226 or bkean@taylorcommunity.org unless otherwise noted.

The Bistro is open for lunch Monday – Friday from 11:30 a.m. - 1:30 p.m. and for dinner on Tuesday and Thursday evenings from 4:30 p.m. - 8:30 p.m. RSVP in advance for dinner via Touchtown or at (603) 366-1481.

MONDAYS:

Quilting Group with Gail Dyer – 8:00 a.m. - 1:00 p.m., Woodside
Women's Billiards – 1:00 p.m. - 2:00 p.m., Woodside

TUESDAYS:

Prescription & NH Liquor Store Pickup Services – Please call Hank Offinger at (603) 366-1207 by 5:00 p.m. on Monday to put in a request for this service.

Resident Cracker Barrel - 10:00 a.m., Woodside

Shopping Bus – 10:00 a.m. departure-time. Call (603)-366-1234.

Caregivers Support Group - 11:00 a.m., Woodside

Prayer Shawl Group - 2nd Tuesday of the month, Noon - 1:30 p.m., Woodside

Blood Pressure Clinic – Tuesdays, 2:00 p.m. - 3:00 p.m., WS Wellness Office

WEDNESDAYS:

Men's Breakfast – First Wednesday of the month, except July and August, 7:30 a.m., Elm Room, Woodside Building. RSVP via Touchtown app.

Golf Club - Wednesdays at 10:00 a.m.

Cribbage - Wednesdays at 10:00 a.m. in the Card Room, Woodside.

Grocery Shopping Services • Ledges & Ledgeview - Please call Hank Offinger at (603) 366-1207 by 5:00 p.m. on Tuesday to put in a request for this service.

Woodside Painting Group - 1:00 p.m.

THURSDAYS:

Writing Group – 10:00 a.m., Woodside

Sew Sisters Sewing Group – 10:00 a.m.

Woodcarvers Group – 9:00 a.m. - 11:00 a.m., Woodside

Grocery Shopping Services • Taylor Home & WS. Please call Hank Offinger at (603) 366-1207 by 5:00 p.m. on Wednesday to put in a request for this service.

Shopping Bus – 10:00 a.m. departure. Call (603) 366-1234.

FRIDAYS:

Le Cercle Francais de Laconia – 10:00 a.m., WS Fireside Room

Quilting Group - 10:00 a.m., Woodside. On the first and second weeks of the month.

Ping Pong - 12:30, 1:00 & 1:30 p.m., Woodside

Rummikub - 2:00 p.m., Woodside Game Room

Oasis Pub Night – 4:30 p.m. in Woodside. First Friday of the month.

SATURDAYS:

Hand & Foot Card Game - 9:30 a.m., Woodside

Scrabble Group – 1:00 p.m., Woodside Game .

TRA Buffet and Social- 3th Saturday of the month at 5:00 p.m. - Elm Room

SUNDAYS:

Sunday Social – 4:30 p.m., Woodside. Held the last Sunday of every month.

Birthday Celebration – 5:00 p.m., Woodside. Held the last Sunday of every month directly after the Sunday Social.

Dial-A-Ride Reservations

To make a reservation with Dial-A-Ride please call (603) 366-1234. Please be sure to make all transportation arrangements at least 24 hours in advance. Thank you!



Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call (603) 366-1400 or simply use our form on the website at www.taylorcommunity.org.

WOLFEBORO NEWS AND EVENTS

SEPTEMBER 2022



Wolfeboro residents celebrated the golden hour of summer with a luau complete with their very own tiki bar, tropical steel band, and vivid floral shirts. And of course we can't forget the laughter!

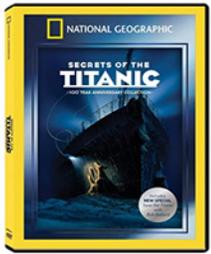


Resident Trips – Wolfeboro Campuses

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at (603) 569-8485.

The Titanic - Documentary Viewing and Discussion with Catherine Offinger

Thursday, September 1st



The bus will depart Sugar Hill at 12:45 p.m. followed by pickup at Back Bay. Catherine Offinger started working at the Woods Hole Oceanographic Institution (WHOI) in 1973. In 1975, she began her decades long adventures with Dr Robert Ballard. Logging months at sea throughout her career, the most well known expedition was the discovery of the RMS Titanic in 1985. Catherine was one of 3 navigators who piloted the nascent robots which discovered and explored the fabled wreck. She retired in 2019 as the Operations Manager of the Deep Submergence Laboratory at WHOI. Secrets of the Titanic is a

documentary, made and filmed over 1985, 1986, and 1987. Produced by the National Geographic Society, it was a National Geographic Video exclusive, narrated by Martin Sheen, written and produced by Nicolas Noxon consisting of historical photos and footage of the massive steamer being built and launched, the discovery and exploration by Dr. Robert Ballard, and a look inside the wreck, not only the ship itself, but the human story and sinking theories. **This event will be held on our Laconia campus in the Woodside Theater beginning at 2:00 p.m.**



“Discover Squam Cruise”

Friday, September 2nd

The bus will depart Sugar Hill at 9:30 a.m. followed by pickup at Back Bay

Learn about the natural history of Squam Lake, look for majestic Bald Eagles, and listen for the haunting call of common loons. Hear about the people who have lived on its rocky shores surrounded by scenic mountains for over 5,000 years. Cruise on the beautiful lake where On Golden Pond was filmed 40 years ago. Lunch to follow at Walter's Basin in Holderness, NH.

Cruise is \$25.00 per person.



Strawbery Banke Trip

Friday, September 9th

The bus will depart Sugar Hill at 8:30 a.m. followed by pickup at Back Bay

Strawbery Banke Museum is a vibrant nearly 10-acre campus dedicated to bringing 300+ years of American history to life through dozens of historic buildings on their original sites, heirloom gardens, hands-on traditional crafts, and engaging costumed role-players sharing the experiences of those who lived and worked in the waterfront neighborhood of Puddle Dock. **Our self-guided tour begins at 10:00 a.m. Tickets are \$12 per person. A picnic lunch will be available for an additional \$11.**



Resident Trips – Wolfeboro Campuses

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at (603) 569-8485.



Interactive Lobster Tour aboard the Rugosa, Kennebunkport, ME

Friday, September 16th

The bus will depart Sugar Hill at 9:00 a.m.
followed by pickup at Back Bay

In a fun-filled 1.25-hour trip, you will take a tour of the Kennebunk River, enjoy a scenic tour of the beautiful coastline, and watch us haul our lobster traps. Sit back and relax or roll up your sleeves and join in the fun! **The cost for this trip is \$51.94 per person. A picnic lunch will be available for an additional \$11. The tour departs Kennebunkport, ME at 1:00 p.m.**

John Davidson at Club Sandwich

Friday, September 23rd

The bus will depart Sugar Hill at 5:45 p.m.

What is CLUB SANDWICH? No, it's not a deli. It's a New Hampshire performance venue, and the brainchild of veteran entertainer John Davidson. No stranger to having his own venues, John has appeared at and had his own theaters in Vegas and Branson, MO (and appeared in showrooms and theaters around the world). Now he brings his wealth of experience and years in the entertainment business to this exciting new venture. The show will include original country/folk songs and backstage stories, special guests and surprises. John will feature songs from his twelve albums, Las Vegas shows, television variety appearances, and his roles in Walt Disney movie musicals. Each song will be set in a different New Hampshire location using their video screen. It's an evening of comedy, inspiration, and nostalgia. After the show, you can say hi to John, take a picture with him, and of course he'll be glad to autograph any merchandise purchased at their gift shop. **Tickets are \$32.50 per person. Sign-up deadline is Monday, September 19th and tickets are non-refundable once you sign up.**



Cannon Mountain Aerial Tramway Ride

Friday, September 30th

The bus will depart Sugar Hill at 9:30 a.m.
followed by pickup at Back Bay



New Hampshire's only Aerial Tramway and North America's first! A cable car brings visitors to the 4,080-foot summit of Cannon Mountain in under ten minutes. On a clear day, you can see the mountains of four states and Canada! At the summit, you'll find spectacular scenic walking paths, a 360 degree observation deck, a cafe and restrooms. **This trip is free for NH Resident Seniors! Don't forget to bring a form of ID. Bus departs Sugar Hill at 9:30 a.m. followed by pick-up at Back Bay. Our group will have lunch at Cannon's Café 4,080', located at the summit lodge or a Glendale picnic lunch will be available for \$11.**

Resident Trips – Wolfeboro Campuses

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at (603) 569-8485.

“Lunch Bunch” Krista’s (Cornish, ME)

Tuesday, September 27th

The bus will depart Sugar Hill at 11:00 a.m. followed by pickup at Back Bay

“We feel that going out for a meal is more than just what’s on the plate... it’s the river off the back dining room, the hibiscus blooming on the patio, the funky women’s room, the little toy soldier hanging in a plant, the groovy green doors, and obviously, it’s one-armed Godzilla keeping watch... but mostly, it’s a staff that understands our mission, is invested in it....and executes it so well. Our amazing crew is a giant part of what keeps customers coming back, and in turn, those customers introducing their own family and friends to our restaurant family and to what we have here in Cornish. Come visit us and make sure you tell us why you came and how you enjoyed yourself!”



Winnepesaukee Playhouse presents “Murder For Two” Matinee

Thursday, September 29th

The bus will depart Sugar Hill at 12:30 p.m. followed by pickup at Back Bay

They put the laughter in manslaughter! The perfect blend of music, mayhem, and murder! In this hilarious, fast-paced musical, two performers play 13 roles—not to mention the piano—in a witty and winking homage to old-fashioned murder mysteries. The New York Times calls it “INGENIOUS! A snazzy double-act that spins out a comic mystery animated by funny, deftly turned songs.” **Tickets are \$39 per person, and the show begins at 2:00 p.m.**

Transportation Notice Regarding Events, for Back Bay Residents

Please note that there will be a bus provided from Back Bay for all evening lectures and events. If you are interested in taking a bus from Back Bay to Sugar Hill for any evening events; please call Caralyn Russell to reserve a seat at least 48 hours prior to the event.

Campus Lectures and Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at (603) 569-8485.



Music with Denise Doucette “Places I Call Home”

Thursday, September 1st

4:00 p.m. in the Sugar House Maple Room

Denise sings and plays guitar featuring songs from her, “Places I Call Home” album, which tell a story that everyone can relate to, that of “Home.” Come listen to her captivating singing and storytelling! **Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.**



BINGO

Tuesday, September 6th & Monday, September 19th
3:00 p.m. in the Sugar House Maple Room

Bring a few quarters for some BINGO fun! **Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.**

“The Rockin Daddios” at Back Bay

Wednesday, September 7th

6:30 p.m. on the Back Bay lawn

The Rockin’ Daddios are known for performing songs from the 1950s and ‘60s, with the accent on harmonies and fun. Lakes Region residents Jim Rogato, Bo Guyer, Angelo Gentile and Drew Seneca have been performing together for more than 10 years. **This performance will be held outdoors at Back Bay by the community garden beds**

beginning at 6:30 p.m. Reservations are required and transportation will be available to and from the event for Sugar Hill residents who wish to attend. Please RSVP to Caralyn Russell to reserve a spot on the bus.



Watercolor Painting Class with Ann Willett

Thursday, September 8th

9:30-11:30 a.m. in the Sugar House (location TBD)

Please join us for an all-levels watercolors class with local Tamworth artist Ann Willett. This class will be fun, informative, and casual! Experience not required. **Cost is \$20 per person and a one-time fee of \$15 to cover materials. You can bring your own materials if you so choose. We plan to turn this class into a series with Ann! Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.**



Book Club with Jeanne Mitchell

Monday, September 12th

11:00 a.m. in the Sugar Hill Library

Jeanne Mitchell from the Wolfeboro Public Library will host this book club meeting to discuss the most recent book selection, “The Woman of Troublesome Creek” by Kim Michele Richardson. **Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.**



Movie Matinee: PBS Presents:

Windows to the Wild- Flags on NH’s 48

Monday, September 12th

2:00 p.m. in the Sugar Hill Media Room

Every 9/11, groups of hikers climb NH’s 4,000-foot mountains to place a flag on each of the 48 summits as a tribute to those who lost their lives in the attacks.

Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

Campus Lectures and Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at (603) 569-8485.

“Voice Your Heart, Train Your Brain” Sing-along with Andy Campbell

Monday, September 12th and 26th

2:00 p.m. in the Sugar House Maple Room

We have heard about the benefits of music in our lives, how it can improve our emotional and cognitive lives and how it connects us with our long-term memory while bringing us closer to folks in the present. But don't just take our word for it – come and see how making music will help you to “Voice Your Heart and Train Your Brain!”

Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.



Touchtown Information Session

Tuesday, September 13th

2:00 p.m. in the Sugar House Maple Room

Would you like to learn more about our online Touchtown program, which grants you easy access to sign up for events and view activity offerings here at Taylor Community? Join Caralyn Russell for a Touchtown 101 session in which you will learn the basics—how to login, most used features, and tips and tricks to give you the best user experience. Come if you are interested in setting up an account, or would like to learn more on how to use your existing account!



An Evening of Storytelling with David Hill

Wednesday, September 14th

7:00 p.m. in the Sugar House Maple Room

Storyteller David Hill will recount a backcountry fishing adventure in Canada with a first grade friend along with someone he once met at a business meeting. David has traveled to 21 countries and is very comfortable meeting strangers, however this particular trip had him scratching his head... Did he make the right decision? How was it going to end? For 20 years, David has been refining the art of storytelling. David continues to be attracted to high adventure trips; he has flown in a plane that carried him 75

miles up a river near Bristol Bay, Alaska where he got out of the plane and he and others blew up rafts and floated down the river, fishing, camping and exploring the entire way. David has also hitch-hiked across the US, competed in a 100-mile bike race in Alaska on the Iditarod trail, extreme fished out of an ocean kayak, and more! David possesses a unique ability to relate his experiences and observations with the audience in a captivating manner! We look forward to welcoming him back to Sugar Hill. **Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485. There will be a bus provided from Back Bay; please call Caralyn Russell to reserve a seat at least 48 hours prior to the event. This event is free and open to the public.**

Campus Lectures and Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at (603) 569-8485.

Music with “The Sweetbloods”

Thursday, September 15th

2:00 p.m. in the Sugar House Maple Room



Sugar Hill welcomes The Sweetbloods! The Sweetbloods (Janet and Phil Sanguedolc), an acoustic duo based in Meredith, NH. Their music is well-known in the Lakes Region/White Mountains area. The Sweetbloods specialize in blending tight vocal arrangements with tasteful guitar accompaniment. The duo’s repertoire is varied and incorporates songs from several genres and time periods. Their music centers around acoustic versions of classic rock tunes, folk rock and country rock tunes intermingled with folk, bluegrass, reggae, calypso, blues and jazz tunes. The duo’s primary influences include the Grateful Dead, Bob Dylan, the Beatles, Pink Floyd, Led Zeppelin, the Band, Neil Young, Van Morrison, Emmy Lou Harris, and Joni Mitchell, to name a few. **Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.**



Music Series Event: Myanna

Wednesday, September 21st

7:00 p.m. in the Sugar Maple House

Sugar Hill is excited to welcome back Myanna! One of the most soulful saxophonists based in Massachusetts, Myanna plays music that mixes jazz improvisation with funky rhythms, expressive playing, and catchy tunes. Her music is colorful and infectious, whether it is an original or a cover tune, and she is a consistent crowd pleaser! This is a performance not to be missed! **Please**

RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485. There will be a bus provided for Back Bay residents; please call Caralyn Russell to reserve a seat at least 48 hours prior to the event.



Musical Performance: Home Folks

Thursday, September 22nd

3:00 p.m. in the Sugar House Maple Room

Join us for an afternoon of folk music with local group “Home Folks!” The Home Folks have been playing music all their lives and together as a group for over 20 years. Their style is a mix of bluegrass, country, gospel, traditional fiddle tunes and old-time music. As their group name suggests, they sing and harmonize with songs about home and family—songs that speak to the soul. The group is comprised of two couples, the Muzzeys (Harold and Diana) and the Whittemores (Mark and Vicki). Diana sings lead and plays the stand-up bass. Harold plays instrumental leads and backs up the group with a fiddle, banjo and mandolin. Vicki sings harmony, plays clarinet and keeps rhythm with an assortment of instruments. Mark sings and plays guitar. Come clap your hands, tap your feet and sing along with the Home Folks! **Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.**



Campus Lectures and Events – Wolfeboro

RSVP required via Touchtown App, to Caralyn at crussell@taylorcommunity.org, or to Lorrie Butruccio at (603) 569-8485.



“The Social Black Bear: What Bears Have Taught me About Being Human” with Ben Kilham

Wednesday, September 28th

3:00 p.m. in the Sugar House Maple Room

Black bears, thought to be solitary, have a different type of social behavior that possibly parallels early human behavior. They show evidence of reciprocal altruism, matri-linear hierarchy, and a mix of intentional and emotional communication. Bears can live for as

many as forty years, which allows them long-term benefits from forming relationships with fellow cooperators. Ben Kilham, Ph.D is a wildlife biologist based in Lyme, New Hampshire. His love of, and devotion to, black bears has enabled him to study their habits and interact with them for more than two decades. He, his wife Debra, and sister Phoebe have accepted orphaned bear cubs into their home and enabled them to successfully return to the wild. Ben has been the focus of several news articles and documentaries, including National Geographic’s “A Man Among Bears” and Animal Planet’s “Papa Bear.” He is also author of the books “Among the Bears: Raising Orphaned Cubs in the Wild and Out on a Limb: Origins of Intuition and Intelligence.”

Performance Art: “Vincent- A Portrait By the Postman Roulin”

Sunday, October 2nd

2:00 p.m. in the Sugar House Maple Room

The scene is simple: two chairs and a table, a baguette in a country basket, a bottle of peasant wine, two glasses, a corn cob pipe. The host announces: “We are in a café in Auvers, France. The year is 1890. Joseph Roulin, the Postman, comes forward and sits in one of the chairs.

For several seconds he poses, silent, still, the embodiment of van Gogh’s painting of Roulin in the collection of the Museum of Fine Arts, Boston. Then, the portrait comes to life! For the next hour, author/educator/Screen Actors Guild actor Ted Zalewski as the Postman captures the spirit of van Gogh, the man, and the essence of van Gogh, the artist. As Vincent’s loyal friend, Roulin relates van Gogh’s amazing personal and artistic journey from his native Holland to the south of France. The Postman, written by Ted Zalewski and based on extensive research into van Gogh’s life and letters, is filled with humor, passion, and joie de vivre. Ted Zalweski holds degrees from the University of Illinois in Chicago, Loyola University, and an advanced, combined degree from the Harvard School of Education and the Sloan School of Management at MIT. He is a member of the Screen Actors Guild and the American Federation of Radio and Television Artists (AFTRA). He has been a faculty member of Lesley College, Cambridge, MA; the University of Massachusetts, Boston; and Urban College, Boston. Ted’s publications include the children’s books Vince Lombardi and Bobby Hull, as well as well as several published articles. **Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.**





Hobo Railroad Fall Foliage Tour

Monday, October 10th

The bus will depart Sugar Hill at 9:30 a.m. followed by pickup at Back Bay

This popular 4-hour Fall Foliage Special departs Meredith Station at 11:00 a.m. and proceeds north where we'll travel up and over Ashland Summit. We'll then cross the Ashland High Trestle, pass through the Bonnie Brae Deer Farm and the Glove Hollow Christmas Tree Farm in Bridgewater before arriving in Plymouth, NH. The Common Man Inn & Spa, located in Plymouth's North End is our destination. Once there, we'll step off the train and gather in the dining room to enjoy a tasty, hot buffet lunch. Following lunch, you're welcome to explore the Common Man Inn's extensive Gift Shop which is filled with NH-made products before returning to the train. When lunch is over and everyone has re-boarded the train, we'll depart the Common Man Inn & Spa and proceed south through Plymouth and Bridgewater again before stopping in Ashland, NH at the restored Boston, Concord & Montreal Railroad Station. Upon arrival, members of the Ashland Historical Society, dressed in 1860's attire, will greet us and provide guided tours of their historic station. Following the guided tours in Ashland, we'll re-board the train for the final time, then continue south over Ashland Summit, pass Lake Waukegan and make our way to Meredith Station where we'll arrive just after 3:00 p.m. **Tickets for this memorable 4-hour excursion include the hot buffet lunch at the Common Man Inn & Spa, the guided tour of the 1869 Ashland Railroad Station and a souvenir tour booklet. Tickets are \$75.95 per person.**

Please RSVP via Touchtown or to Caralyn Russell or Lorrie Butruccio at 603-569-8485.

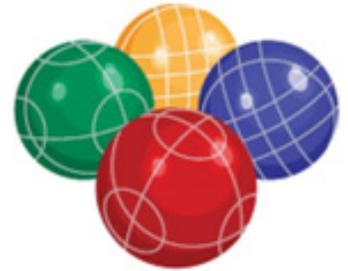
Recurring Campus Events and Groups – Wolfeboro Campuses

RSVP via Touchtown App, or to Caralyn at crussell@taylorcommunity.org or (603) 569-8485.

Bocce Sundays

Every Sunday (weather-permitting)
4:00 p.m. at the Sugar Hill Bocce Court

Every Sunday on the Sugar Hill Bocce court...come play or spectate! Grill du jour...Hot dogs and Hamburgers will be provided, BYO drinks. Bring your own grilling (if you want anything additional). \$5 cash contribution OR bring a Potluck of your choice! Come cheer, boo, and eat! **Please sign-up weekly on the sheet provided on the bulletin board at Sugar Hill.**



Sugar Hill Knitting Circle

Every Wednesday
2:00 p.m. in the Library

An informal drop-in group for those who enjoy knitting or any other small handwork (even mending!) All are welcome to join us in the Library any Wednesday at 2:00 p.m. No registration required! We are hopeful that this circle will continue to meet, to knit, to share ideas, to get help and share inspiration.

August Adventures With Wolfeboro Residents



September Birthdays for Sugar Hill and Back Bay

HAPPY BIRTHDAY!

9/2 Jane Hall	Sugar Hill	9/14 Doug Brothers	Sugar Hill
9/4 Janice Putney	Sugar Hill	9/21 Kathi Roberts	Sugar Hill
9/5 Jan Nerrie	Sugar Hill	9/26 Eva Madden	Sugar Hill
9/12 Sonia Bouse	Back Bay	9/28 Elaine Collins	Back Bay
9/14 Nancy Shildneck	Back Bay	9/30 Clyde Coscia	Sugar Hill

Community Member Biography Project

Would you like to be featured in a book projects displaying both staff and residents of the Wolfeboro community? If so, there is an exciting project in which you can participate. **If you would like to be featured or request more information, contact Normandie Mindeim at (603) 515-3432 or email mindheim@metrocast.net**

Featured Resident Photography

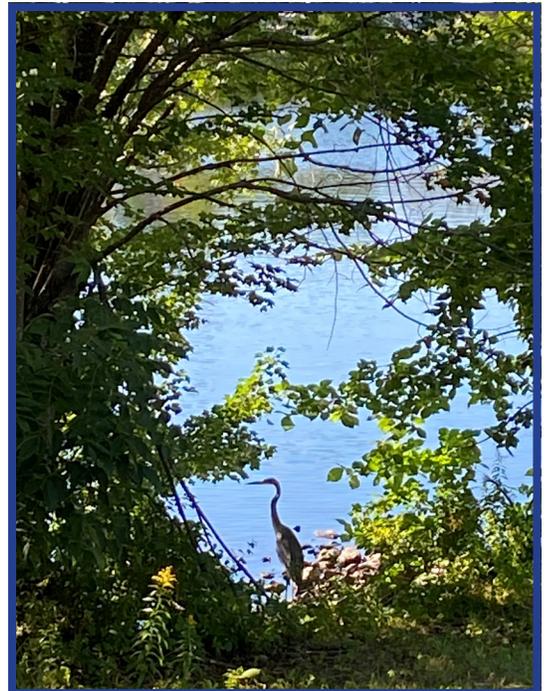
Great Blue Heron

This lovely shot of a Great Blue Heron guarding the water at Back Bay over at the new land acquisition was sent in by our resident, Penelope Keith.

What better way to celebrate National Wildlife Day, which falls on September 4th, 2022, than to marvel at this magnificent bird.

Your photography can be featured in the Gazette, too! Email your photos to gazette@taylorcommunity.org for the chance to be featured in next month's newsletter.

We look forward to seeing your photos!



As a reminder, **all submissions for the next edition of the Taylor Gazette must be submitted by Thursday, September 15th**. Please send all submissions to the email gazette@taylorcommunity.org. If you have any questions or would like to speak to a member of the Marketing Team about any Gazette-related question or comment, please call the Welcome Center at (603) 366-1400 and we are happy to assist with any questions you may have. Thanks so much!

Recurring Campus Events • Wolfeboro
Dining at Sugar Hill

The Sugar House Dining Room is open for in-person reservations or pick-up at the Sugar House. Please call (603) 569-8485 or stop by the main desk at least 24 hours in advance to place your order.

Bistro Hours: Tuesday - Saturday **Lunch:** 12 p.m - 1:30 p.m. **Dinner:** 4:30 p.m. - 6:30 p.m.

MONDAYS:

Billiards Games — 10:00 a.m., Pool Room
Table Tennis Games — 3:30 p.m., Maple Room

TUESDAYS:

Shopping Bus - 9:45 a.m., Sugar Hill; 10:00 a.m., Back Bay

WEDNESDAYS:

Billiards Games — 10:00 a.m., Pool Room
Knitting Circle — 2:00 p.m., Library

THURSDAYS:

Shopping Bus - 9:45 a.m., Sugar Hill; 10:00 a.m., Back Bay
Cracker Barrel Coffee Hours - 10:00 a.m., Sugar Hill
Table Tennis Games - 3:30 p.m., Maple Room

FRIDAYS:

Billiards Games — 10:00 a.m., Pool Room

SUNDAYS:

Bocce – 4 p.m., Bocce Court

Meeting Reminders • Wolfeboro

Resident Town Hall

Wednesday, September 14th at 10:00 a.m., Sugar Hill Maple Room
RSVP via Touchtown App or to Caralyn at (603) 569-8485.

Shopping Services Day

Please contact Gina at (603) 569-8485 or via email at gcolantuono@taylorcommunity.org no later than noon on Tuesday, leaving your list in your newspaper tube by 4:00 p.m. on Tuesday. Shopping will be done at Hannaford in Alton or Gilford. \$10 charge per errand will be added to your next statement, along with the cost of your purchases.

Care Management Nurse Visits: Care Management nurse Anne Ulman, RN will be leading Blood Pressure Clinics every Tuesday from 3:30 - 4:30 p.m. in the Sugar Hill Library, and every Wednesday from 2:00 - 3:00 p.m., in the Back Bay Community House. For more information, please contact: aulman@taylorcommunity.org or (603) 569-8485, ext. 240

Dial-A-Ride Reservations

Please contact Gina Colantuono at (603) 569-8485 or gcolantuono@taylorcommunity.org.