



Brenda Kean, Director of Resident Life – What I love about Taylor is that everyone here has a story to tell and I have the special opportunity to hear those stories and help residents share their stories with everyone else. One of the many days throughout the year that is so special and close to my heart is the Celebration of Weddings. I always say that a person’s wedding day is one the most important days in their life, whether or not the couple is still whole. So, as we enter the month of love I’ve thought often about this annual event and the meaning it holds. However, there are several other events that I look forward to each year too, including the Veteran’s Day event, nurses and educators celebration day, and art expos. Through all of these events I’m able to help residents share their own life experiences and their passions. It doesn’t get much better than that. (Pictured above to the left is Brenda and John Kean on their wedding day!)

Pam Bigwood, Director of Wolfeboro Operations – What I love about Taylor Community is having the security of knowing that Taylor has my back, and every team member’s back. At Taylor, I can still use my skills and knowledge that I’ve aquired in past positions, while having the support from professionals in areas where I am unsure of myself. I love the positive work life balance and the positive energy I receive from all members of our team. AND, at the ripe old age of 62, I am still learning, which makes life interesting every day. Taylor has welcomed me with open arms and I am so very grateful. (Pictured to the right in black and white is an image of Pam and Ed Bigwood on their wedding day!)



What we **LOVE** about Taylor continued...

Ed Soucy, Vice President of Finance – This is my 50th year of working. It is not my first rodeo, but it is my last rodeo, and Taylor is the best place I have worked since those early days back when we rode dinosaurs. The love for our residents and the reciprocated love by the residents for our staff, the respect that each employee has for each other and the common goal of providing to our residents the best care, the best facilities and the best we can do every day for them. These all make Taylor what it is and what I hope it will always be.

Izzy Piercy, Activities & Recreation Coordinator – Working for Taylor has been an enriching, wonderful experience. It is hard to believe that I joined the community only a few months ago, as the staff and residents alike have quickly become like a sec-ond family. In the spirit and season of love, I would like to share why I enjoy working at Taylor Community:

- I love hearing our residents share their life experiences and wisdom.
- I love developing and strengthening relationships with our residents every day.
- I love sharing smiles and laughs with our residents – even during exercise class!
- I love the optimistic, dedicated and collaborative nature of the Taylor staff.
- I love the workplace culture of Taylor as everyone is thoughtful not only on a professional level, but also on a personal level. I am so grateful to everyone here who made my birthday and graduation feel extra special!



Thank you to our Grounds Team

While it doesn't seem quite possible, long gone are the days of playing bocce by the Pavilion or enjoying a meal on a back patio during the warmer summer months. Instead, we've traded the sunscreen for a pair of mittens, as we have fully entered the winter season.

Driving onto campus on a sunny February morning, the ground shimmers with a brilliant white twinkle and the trees glisten as snow gingerly clings to their branches. It's a stunning juxtaposition, pressed next to the black roads and sidewalks that seemingly didn't get touched by the winter wonderland that ensued the night before. The scene is one that always evokes a smile, and with it, also a deep sense of gratitude.

Here at Taylor, the colder winter months bring with them a time of beauty, comfort, and relaxation. Waking up to a fresh blanket of snow on the ground no longer means bundling up in your warmest winter gear, grabbing a shovel or turning on the snow blower; instead, it means staying cozy in the warmth of your cottage or apartment, with a warm mug in hand, often sitting by the fire. This is all thanks to our fantastic maintenance and grounds team who come out each day, even in the coldest winter spells, to clear our driveways, sidewalks, and roads for us.

So, from everyone at Taylor, residents and staff alike, we want to extend a heartfelt THANK YOU to our maintenance and grounds teams for your snow and ice removal efforts here on our campuses. It is because of your diligent efforts that our driveways are always cleared in the mornings, our sidewalks are safe for walking, and we're able to drive around campus with peace of mind knowing that the roads have been properly treated. No matter when the winter storm hits, day or night, on a weekend, or a holiday, we appreciate that you always arrive to ensure our campuses are tended to. Thank you!





**Resident Town Hall Meetings
February, 2022**

Laconia Resident Town Hall

Monday, February 14th at 11:00 a.m. in the Tree Rooms of the Woodside Building

Wolfeboro Resident Town Hall

Tuesday, February 15th at 10:00 a.m. in the Maple Room of the Sugar House

RSVP via the Touchtown Community App in Events or with Brenda by calling (603) 366-1226 or emailing her at bkean@taylorcommunity.org.

As always, please feel free to submit any questions in advance to townhall@taylorcommunity.org or call Sharon Ryba at (603)366-1411 to submit a question via phone.

Additionally, all Town Hall Meetings will now be available for viewing on Touchtown.

The February, 2022 Laconia Town Hall will air on Touchtown TV at 9:00 a.m. on Tuesday, February 15th to Friday, February 18th.

The Wolfeboro Town Hall for February, 2022 will air on Touchtown from Wednesday, February 16th to Friday, February 18th.



Happy Birthday, Michael!

Last month, President and CEO of Taylor Community, Michael Flaherty, celebrated his birthday! Residents and staff at Taylor want to wish Michael a very happy

birthday and send well wishes for a start to another wonderful year.

Thank you for all you do for everyone at Taylor. We are grateful to have you leading our team!

In Memoriam

June Boisvert

June 23, 1930 – Jan. 7, 2022
Ledgeview

Ernest “Ernie” Wiswell

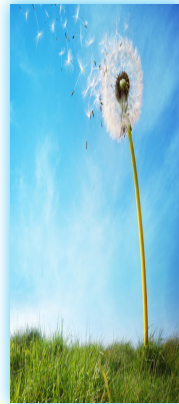
July 6, 1942 – Jan. 18, 2022
Ledges

Gladys Sanderson

July 16, 1932 – Jan. 19, 2022
Ledges

Ruth “Carlene” Crowley

Sept. 16, 1926 – Jan. 24, 2022
Taylor Home



**Alton Bay Winter Carnival 2022
Sunday, February 20th
Alton Bay, 10:00 a.m. to 3:00 p.m.**



The Lakes Region in the winter is just as vibrant as it is in the summer months! One must visit event each year is the Alton Bay Winter Carnival, which includes numerous featured events. This year the events include a Chowder-Fest, Ice Sculpture Walking Tour and Day of Demo, Crazy Hat Contest, Horse Sleigh Rides, Seaplane Rides, and so much more! If you’re looking for something fun to do today, check out this annual event and enjoy a day of festivities both on and off the ice!



Caregiver Support Group Meeting

A number of residents find themselves becoming full-time caregivers for their loved ones in their homes. This responsibility is an awesome one, and comes with any number of challenges.

To support these caregivers, we offer a Caregivers Support Group, which meets for an hour weekly. During this time, the group comes together to consider a specific aspect of caregiving, and discuss the various challenges and successes different members wish to share. This group is open to all Taylor Community residents who wish to participate. New residents are always welcome to join this group from any of our three campus locations.

This group meets every Tuesday at 11:00 a.m. in the Birch Room at the Woodside Building on our Taylor Laconia campus. If you have any questions about this group, please feel free to reach out to Hank Offinger, MSW by calling (603)366-1207 or email hoffinger@taylorcommunity.org.



Taylor Resident Association (TRA) Corner

Greeting's Resident Association Members!

Unfortunately, your Executive Committee was unable to assemble during January, but we look forward to completing our agenda during the February meeting.

Your Association is charged with improving communication within our community and I believe that responsibility should include information about sourcing material from our local municipalities such as "Laconia Links." <https://www.laconianh.gov/ArchiveCenter/ViewFile/Item/1046> .

Here are subscription instructions from Laconia Administrative Assistant Nancy Brown "To sign up to receive Laconia Links, the City's weekly newsletter, just send an email to nbrown@laconianh.gov requesting that your name be added to the subscriber's list. You will receive an email back thanking you for your request, and letting you know that you will receive an email from City of Laconia <listserv@civicplus.com> asking you to confirm your subscription. If you don't see that email, you should check your junk or trash folders. Once you have confirmed your subscription, you should start receiving the newsletter in your email each Friday around 1:00 p.m."

Wolfeboro residents can access their town and Chamber of Commerce newsletters via the following links: <https://www.wolfeboronh.us/> and <https://www.wolfeborochamber.com/>

As always, if you're interested in getting involved with the TRA, please don't hesitate to reach out. I'm always happy to answer any questions you may have or help you find the right committee to contact based upon your individual interests! I can be reached via email at fj672@atlanticbb.net.

Best regards,

Frank Judge
TRA Chair



Updated Wellness and Fitness Classes

Laconia Class Schedule

Monday:

9:00 a.m. Strength and Stretch
 9:00 a.m. Tai Chi for Balance (Wet Craft Room)
 10:00 a.m. Balance Class
 10:00 a.m. Functional Strength (Wet Craft Room)
 11:00 a.m. Strength and Stretch

Tuesday

9:00 a.m. Strength and Stretch
 10:00 a.m. Chair Yoga
 10:30 a.m. Tai Chi
 11:00 a.m. Strength and Stretch
 2:00 p.m. Low Impact Cardio Fit

Wednesday:

9:00 a.m. Strength and Stretch
 9:00 a.m. Tai Chi for Balance (Wet Craft Room)
 10:00 a.m. Balance
 10:00 a.m. Functional Strength (Wet Craft Room)
 11:00 a.m. Strength and Stretch
 1:30 p.m. Mat Yoga (Maple Room)

Thursday:

9:00 a.m. Strength and Stretch
 10:00 a.m. Chair Yoga
 10:30 a.m. Tai Chi
 11:00 a.m. Strength and Stretch

Fridays:

9:00 a.m. Strength and Stretch
 10:00 a.m. Low Impact Cardio Fit
 11:00 a.m. Strength and Stretch
 11:00 a.m. Mat Yoga (Maple Room)



Aquatic Fitness Class Schedule Laconia Campus

Tuesday and Thursday:

9:00 to 9:45 a.m.

Wolfeboro Class Schedule

Monday, Wednesday, Friday:

9:00 a.m. Strength and Stretch
 11:00 a.m. Chair Yoga

Tuesday and Thursday:

9:00 a.m. Strength and Stretch
 11:00 a.m. Balance Class

Self-Care is IMPORTANT!

Do what you LOVE and your body will respond positively.



If you enjoy the outdoors, try biking, hiking, golf, or gardening. Play with the children in your life. Check out the track at a nearby school. Think of physical activity as a special time to refresh your body and mind. Loving yourself is listening to your body and giving it what it needs!

The Wellness Team is always here to help you in any way we can!

Ways to Combat Winter Dehydration

January has been exceptionally cold in New Hampshire this year and it is projected to remain below freezing in the weeks to come. While these temperatures evoke the fear of frostbite and the dreaded harsh realities of dry skin, what is often not thought about is how this type of weather can cause winter dehydration. The New England winter months bring about dehydration just as much as the summer. In fact, staying hydrated during the summer months can sometimes be easier than staying hydrated in the winter.

Reasons for winter dehydration:

- Being less thirsty in the cold weather
- Wearing extra clothing. Heavy jackets, and other pieces of warm clothing help your body conserve heat. But the added weight is one factor that makes the body work between 10 and 40 percent harder. By working harder, the body produces more sweat, contributing to fluid loss.
- Increased respiratory fluid loss. In cold weather, we lose more fluids through respiratory water loss. For example, when you can see your own breath, that's water vapor that your body is losing.
- Sweat evaporates more quickly in cold air. We often think we aren't sweating in cold, dry weather, because it tends to evaporate so quickly. This can contribute to a diminished thirst response.

Tips & tricks for avoiding winter dehydration:

A few healthy ways to increase your daily water intake include:

- Carry a refillable water bottle with you and refill when necessary
- Add a squeeze of fresh fruit to your water for flavor variety
- Make water your drink of choice for meals and snack times
- Avoid sugary beverages such as soda or energy drinks
- Try making half of your plate fruits and vegetables, which is an easy way to incorporate extra fluid at mealtimes.
- With these tips, you can be successful in your efforts to stay hydrated and healthy throughout the winter months.



“Get outside this winter, stay hydrated, and have FUN – there are so many things to do and places to explore!” - Alana Persson, Marketing Associate

Josh Brooks, a Physical Therapist (PT) who works at Taylor through Gensis Rehabilitation Center is



an avid hiker. While many choose to stay indoors by the fire in the winter months and leave the hiking for the summer season; Josh finds joy in climbing mountains year-round! Staying hydrated during any hike is incredibly important. However, Josh reminds people that whether walking, hiking, snow shoeing, or cross country skiing – water is essential during those activities too. Josh’s motto is “Be Bold - Start Cold” when it comes to winter hiking, but wears lots of layers, as eventually he gets warm. By having layers available to take off as needed he is able to reduce the weight he is carrying and prevent excessive fluid loss.

Leah Smith, Housekeeping Supervisor at Taylor places a huge importance on staying hydrated every day. One way that Leah is able to stay on top of her water intake is through a unique waterbottle she utilizes that shows the amount of water she should be consuming throughout the day to stay healthy and avoid dehydration. Leah suggests people look into waterbottles like hers to help you stay hydrated, motivated, and keep track of your water intake throughout the day.





February is American Heart Month

Heart disease is the leading cause of death in the United States. The good news is that you can lower your risk of getting it or having a stroke by simply moving more. Many types of activity can help your heart—going on a hike or taking the stairs, biking to the store or around the block, wheeling yourself in your wheelchair.

Figure out what works best for you.

How much is enough? As little as 60 minutes a week of moderate-intensity aerobic activity such as walking briskly helps your heart. For major health benefits, aim for at least 150 minutes (2½ hours) a week. Or, go for 75 minutes a week of more vigorous activity such as playing basketball, running, or jumping rope, which gives the same benefits. The bottom line: More activity means a bigger boost to your health. It's up to you how you reach your own personal targets. For example, 30 minutes of physical activity, five times a week, is one option if you're aiming for 150 minutes a week.

Why We Move

Being active can:

- Protect your heart (even if you have heart disease)
- Improve blood flow
- Lower blood pressure and cholesterol levels
- Give you more stamina and ability to cope with stress



Get Strong

In addition to aerobic activity, take time to strengthen your muscles. Try to work your leg, hip, back, chest, abdomen, shoulder, and arm muscles. Aim to do muscle strengthening twice a week in addition to your aerobic activities.

Only have 10 minutes? Consider:

- Walking briskly for 5 minutes, turning around and walking back
- Dancing (standing or seated) to three songs
- Getting off your bus early and walking the last stretch

You know you are moving enough to help your heart, if:

- Your heart is beating faster
- You're breathing harder
- You break a sweat
- Or, try the "talk test"—During physical activities, like brisk walking, you should be able to talk, but not sing.
- During activities such as jogging, you can't say more than a few words without pausing for a breath.

The Taylor Wellness Department is happy to help you work toward achieving your fitness goals and help you stay healthy. We look forward to working with you!

Contact the Wellness Team to see how they can assist you in reaching your individual goals!

Heather Joubert, Wellness Director: hjoubert@taylorcommunity.org or 366-1206

Russ Jones, Fitness and Aquatic Coordinator: rjones@taylorcommunity.org

Ethan White, Health and Fitness Instructor: ewhite@taylorcommunity.org

Wellness
Office

(603)366-1405

Sponsorship Opportunities Available for Taylor Community

Our donors make all the difference. Maybe it is the friendly, welcoming feeling on our Laconia and Wolfeboro campuses. Maybe it is the sense of community and the bonds that form here. Whatever the reason, those connected to Taylor Community are among the most generous. And it is that generosity that has helped Taylor Community, a nonprofit since 1907 and 501 (c)(3) organization, to grow into the vibrant, exceptional organization that it is today. Your support is what makes Taylor Community so special.

Sponsor a Music Series Performance in 2022

While we did pause community programming and concerts in January, we are hopeful that our expanded Music Series will go on as planned beginning in February. With a little creativity and of course donor support, we looking forward to hosting a full slate of safe concerts for our residents in 2022.



Brenda Kean, Director of Resident Life at Taylor has shared some of her excitement for this next year of Music Programming as well, and a reflection on the performances from this past year. She stated:



“I have been thrilled with the growth of our Music Series. We have broadened our offerings into many different music genres. Again, when in-person programming was not an option, we were able to find performers that were happy to perform via Zoom. Our audience numbers continue to grow, and donations toward funding this series are growing as well. We look forward to inviting the Laconia Community at large once again back to enjoy the quality music programming we are known for. How lucky we are to have such talent available to us. Many performers have expressed their gratitude and appreciation for our audiences who give performers their undivided attention during performances and give plenty of applause.”

If you would like to make a tax-deductible donation in support of an upcoming concert on our Laconia or Sugar Hill campus, please contact Gretchen Gandini at ggandini@taylorcommunity.org or (603) 366-1482 or stop by her office at the Welcome Center on the Laconia Campus.

Make a Donation to Honor or Remember Your Valentine



What better way to share the love on Valentine’s Day than to give the gift of caring. We invite you to make a tax-deductible donation to the Taylor Community Annual Fund in honor or in memory of someone you love.

All who are honored and remembered will be specially recognized in next month’s Taylor Community Gazette, and those you honor will also be mailed a special Valentine on your behalf.

If you would like to honor or remember someone special for Valentine’s Day, please contact Gretchen Gandini at ggandini@taylorcommunity.org or (603) 366-1482 or stop by her office at the Welcome Center on the Laconia Campus.



Staff Spotlight - Sharon Ryba, Marketing Associate

Sharon Ryba joined Taylor Community's Marketing Team in May 2021 as a Marketing Associate. Jumping right into her new position, Sharon is an integral member of the Marketing Team, as she not only brings positive energy, innovative ideas, and her strong work ethic to the group, but also her extensive background in Human Resources, Management, and Marketing.

While her job at Taylor is much different from her previous positions, she immediately felt like she had found her place in this community.

"There was something special about Taylor from the first day I arrived," said Sharon. "Both the residents and staff met me from day one with overwhelming kindness and welcomeness, which meant the world to me."

Since joining us as a Marketing Associate, she's had the opportunity to not only use her background in marketing to help assist with events and provide the office with creative ideas but has tapped into her extensive experience in human relations to foster meaningful relationships with residents.

"Interacting with residents is one of my favorite parts of my day," Sharon stated. "It's all around such a positive work environment, which is exceptionally refreshing after coming from a corporate work background."

Sharon has also found that Taylor has presented her with a way to follow her passion for exercise as well. As an early bird, Sharon arrives at the Taylor gym four mornings a week for personal training with Ethan White. "This has been a wonderful extra benefit of working at Taylor," Sharon stated.

Working out at Taylor has given her a way to continue her lifelong focus on physical activity, which started many years ago with being trained in different styles of dance to include jazz, tap, ballet and pointe. "I've always had a large focus on physical well-being," Sharon said.

If you see Sharon around campus, in the Welcome Center, or at the gym in the morning, don't hesitate to say hello and introduce yourself. She's always eager to meet new people and get to know more residents.

Scam Alert Notice

I received a poorly worded e-mail from a gentleman purporting to be from a government agency that was distributing COVID relief funds. Amazingly, I was eligible to receive a substantial amount of Federal Relief money and all I had to do was give him my bank account number and my Social Security number and I would receive a large wire transfer directly into my account.



Does this sound too good to be true? It is a scam and the poor wording and the return e-mail address are key clues to it being one. Never, never, never give out your bank account number or your Social Security number to anyone who e-mails you with a promise of something. Delete the e-mail, hang up the phone or delete the voicemail message. Protect yourself from these criminals.

Additionally, there have been a few new texting scams going around. One pertains to vaccination status through the DMV. If you receive this link, please do NOT fill out the information, as it is not through the NH DMV. This has been one of the more popular scams going around recently that is important to be aware of. Also, many parishioners of Saint Andre Bessette Parish in Laconia have reported texts from Father Marc asking for assistance. These texts are NOT from Father Marc, but are an attempt to trick people into wiring money. Please ignore these text messages if you receive one.

~ Ed Soucy



Resident Life –A Year in Recap

By: Brenda Kean, Taylor's Resident Life Director

This past year has been an exciting one for Resident Life. With the addition of Caralyn Russell as Assistant Director of Resident Life, we have been able to expand our programming options for members of our Wolfeboro Campuses. Caralyn has done a superb job in creating a Lecture Series, coordinating wonderful trips and events, as well as quality music programming. We are thrilled to have been able to schedule several joint trips for Wolfeboro and Laconia, blending our

campuses and introducing residents to each other! New friendships are developing all the time, which is exciting to see. We are looking forward to further expanding Wolfeboro programming options into 2022.

Despite the challenges of COVID-19 continuing into 2022, I am proud to say that we have been able to maintain a full calendar of quality programming on our Laconia Campus and as our programming options continue to grow, it is truly thanks in large part to all of you. So many of you reach out on a regular basis to share wonderful ideas and suggestions and I thank you for that.

If these "COVID Times" have taught me anything, it is that when the going gets tough, the tough must get creative! Perhaps we couldn't do everything that we had in the past (pre-COVID-19), but how do we continue to bring quality, meaningful programming? Well, that question has in turn brought many wonderful solutions, many of which that will continue well after the pandemic is a distant memory.

Early on, when faced with a programming shut down, I thought to myself, "How will I continue to bring what our residents have become accustomed to?" We typically travel, visit museums, listen to music, find plenty of laughter, use our creative skills and strive to learn; so, adapting was certainly a challenge. However, it was with all of this in mind that the LINK LETTER was born.

Initially, this "Virtual Programming Guide" was a daily mailing to all of you which was aimed at providing hours of entertainment and information and a feeling of "Community", despite being physically apart. Someone once told me that there were not enough hours in the day to look at every LINK that was provided. Ah, Success! All the "Challenges", the photos, and the funnies brought many, many smiles! Since its inception, I have produced over 380 issues of the LINK LETTER. Now a weekly mailing, this Virtual Programming Document helps us all stay connected and informed. Thank you all for your contributions.



Another silver lining that surfaced was the Touchtown Community App. As we all know, these challenging times require that we have reservations for every in-person event that we host. The maintenance of which is nearly a full-time job itself. Just imagine...in 2021, I posted nearly 1,500 calendar events ... how many reservations would that be! Thankfully, the Touchtown Community Apps was the savior that we needed, and because it was deemed to be a "Covid-related expense," we were able to secure funding for its implementation.

This new Touchtown Community App streamlines so many aspects of what I have been doing on a day-to-day basis. Further, in addition to creating a calendar of events so that you can tell what is happening on campus at a glance, you also have the ability to coordinate and manage your own reservations. In addition to the ability to view the programming I upload to Channel 25 (our inhouse television channel), you can now access Touchtown Documentary and Movie programming, "On Demand". Also, fun fact: did you know that you can "search" for an event just by using a word in the title? If you can't remember when Wil Ogmundson is performing, simply type "Wil" in the search line and the date pops up!

Resident Life – A Year in Recap cont.

Additionally, all information entered into the resident directory is searchable. Within the directory, there is a great deal of information you can enter including biography, family, education, hobbies, career, and organization affiliations. This has been helpful for our residents, including resident Russ Cooper, as he came to me during the past year asking for my help to coordinate a “Golfing Group”. I asked him if he knew who on campus golfed ... he did not. However, we simply went into the Resident Directory, typed “Golf” in the search line and 8 or 9 names popped up. This provides a great way to connect to folks with similar interests.

So many of you have embraced the Touchtown Community App and use it on a regular basis – over 2,400 sessions in the past 30 days! With an average of 120 events happening each month, you can imagine just how many reservations would be coming to my desk either by phone or email. Although there have been some glitches along the way I am thrilled with where we are with Touchtown and will continue to look for future opportunities to further enhance our programming.

Our lecture series offers discussions on Science, History, Nature, Current Events, Instructional Lectures and Author Book Talks. During times when we simply could not host “in-person” lectures, we were lucky to have quality Zoom presentations available to us. I was thrilled to be able to wear my history hat on a couple of occasions and share some of my previous work with all of you. If you want to view some of our past lectures, including a very moving and memorable lecture by John Broderick on mental health, please refer to our library of programming on Touchtown or the Taylor Resident Site.



Despite the pandemic, we’ve also been able to venture on trips off campus. Our trips have brought us to Maine, Vermont, Massachusetts and points all over New Hampshire. We have those trips that we do annually - Lipin Festival in Sugar Hill, Walk along the Marginal Way in Ogunquit, Cruises on Winnisquam, Winnepesaukee and Squam Lakes, Hobo Railroad Foliage Tours and even a Gundalow Tour of Portsmouth Harbor and continue to add new and exciting trips to our calendars. My thanks to Karydan McNutt who has been so helpful in hosting several of our resident trips.

I’d like to also extend a huge word of “Thanks!” to our Volunteer Coordinator, Resident Charlotte Leavitt. Despite the challenges we faced with Covid restrictions that limited volunteer opportunities, she continued to work to find ways to identify new volunteer opportunities. Restrictions frequently changed and volunteer services had to change and adapt also. We were happy to host a Volunteer Meeting this past June where all volunteers who were active during the year received the “Covid Warrior” certificate. We are in the process of developing our volunteer services on our Wolfeboro Campuses.

Lastly, our weekly Cracker Barrel Strategy Sessions continue to be a popular event - bringing residents together and up to date on upcoming events, discussing recent events and opening the floor to discussions and current events. We never know where the conversation will lead but know that if something is brought to the floor that needs additional discussion or clarification, that will happen at the next meeting. This is a great exchange of ideas and I truly think it is a critical aspect to the success of our programming.

The bottom line is that every day is an adventure. I love adventures and I love working with all of you. I look forward to continually surprising you with the programming that is scheduled over the next year and know that I always welcome your wonderful suggestions and ideas. You are an amazing group, and I am honored to know each and every one of you!

Find it Fast Index

Main Section:

Pages 3 & 4 – Upcoming Town Hall Dates and TRA Information
Page 5 – Fitness and Wellness Class Schedule

Laconia Section:

Pages 2 & 3 – Upcoming Resident Led Events and Programming
Pages 4 to 6 – Programming and Events • Laconia, Woodside
Pages 7 & 8 – Resident Trips • Laconia Campus
Pages 9 to 11 – Woodside Theatre Movies & TouchTown
Page 13 – Woodside Bistro Menu for February

Wolfeboro Section:

Pages 4 & 5 – Programming and Events • Wolfeboro
Pages 6 & 7 – Resident Trips • Wolfeboro Campuses
Page 8 – Recurring Campus Events • Sugar Hill
Page 9 – New Move-Ins and Birthdays • Wolfeboro Residents

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Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call (603)366-1400, or simply use the online form available on our website, www.taylorcommunity.org.



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LACONIA NEWS AND EVENTS

FEBRUARY 2022

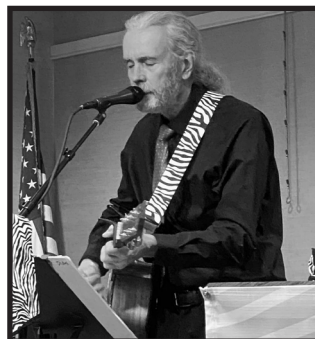


Valentine's Day Jazz Performance



At Taylor Community you will never find a lack of programs, gatherings with friends, and excitement throughout each month. Whether it's a musical performance, a theatrical presentation, or a campus event, there's always something happening on our campuses. The month of February, 2022 will be no different at Taylor, as on our Laconia campus there are a number of fun trips, lectures, musical performances, activities, and much more planned for residents to enjoy.

For upcoming February, 2022 programming and events, please see the inside of The Laconia Section of *The Taylor Gazette*, Volume 288.



**Woodside
Bistro**

(603) 366-1481



**Bistro Hours:
Monday – Friday
11:30 a.m. to 1:30 p.m.**

Also, don't forget to take part in our Friday Grab and Go Special. This month we are offering Bistro Grab and Go Entrees: Buy One Entrée, and get any other item for half price. It's a great way to stock up for the weekend!

Please note: Updates have been made to the Taylor Resident Site, which now features all dining menu options available. This includes the The Woodside Bistro Dinner Menu, the Weekly Specials Menu, and the full Bistro Lunch Menu.

Please note that the Oasis Pub Night and the TRA Social Dinner will not be meeting in February, but will be meeting again in March. We look forward to seeing you then!

Resident Challenge: Woodside Bistro Dinner Voucher for Winners Selected!

Super Bowl Challenge, 2022

Deadline: Sunday, February 13th at 6:30 p.m.

Who will win Super Bowl LVI?! Submit your guess to gazette@taylorcommunity.org before the kick-off of the game to be considered for the prize.



Anyone who submits the correct guess for the challenge will be entered into a raffle drawing for a free Woodside Bistro Dinner Voucher. Winners will be contacted directly and also announced in the March, 2022 edition of *The Taylor Gazette*.

Please contact the Marketing Office at (603) 366-1400 if you have any questions.

**Men's Breakfast
Wednesday, February 2nd
Woodside, 7:15 a.m.**

With the hope of returning to "normal," it is time again for our monthly Men's Breakfast on Wednesday, February 2nd in the Woodside Elm Room (held the 1st Wednesday of every month except July and August).

Coffee will be ready at about 7:15 a.m., with food about 7:30 a.m., and the speaker about 8:00 a.m.

Our speaker this month (as was promised for last month) will be Taylor employee Ralph Cheney, with a description of some of his hiking adventures, and a display of some of the equipment used.

To make a reservation, you now have the option of either registering through Touchtown, calling me at 524-7131 and leaving a message if I'm not there, or e-mailing me at jelarson234@yahoo.com with "Breakfast" in the subject line so that I won't delete it as spam.

Please register by Monday, January 31st at 6:00 p.m.

Since we are now big boys, I will no longer be calling those of you who have not registered. So, please mark your calendar and remember to look at it.



I look forward to hearing from you, and seeing you there.

Thanks,

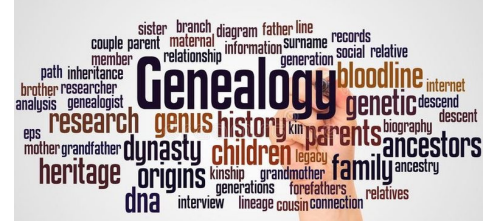
~ John Larson

Meal Plan - Payment Due January 31st

Please note that the 2022 Meal Plan payments are due by January 31st. The amount this year is \$900 per single or \$1,800 for a couple.

To fund the meal plan, please make the check payable to Taylor Community, write "meal plan" on the memo line and mail to Maureen Ballester in the business office located in the basement of Taylor Home. Also, when replenishing your Meal Plan, please be sure to send funds in a separate check from your monthly fee, as they are deposited separately. Separate checks are very much appreciated as they greatly simplify the input to our accounting systems. Thank you!

Genealogy Interest Group
Wednesday, February 9th
Woodside Elm Room, 2:00 p.m.



The Taylor Community Genealogy Interest Group will hold its monthly gathering on at 2:00 p.m. on Wednesday, February 9th in the Elm Room at Woodside.

The gathering will include a focus on Creating a Genealogy Research Plan. As always, there will be time for sharing experiences and discussion of other genealogy-related topics. Regardless of level of experience, all are welcome to come and learn about methods, resources, and experiences from the group.

In light of the current COVID-19 situation, if Taylor guidance precludes an in-person gathering, we will explore the possibility of meeting virtually probably utilizing Zoom.

For more information, please call Ron Baker at (603) 524-9345.

New Books Available in Laconia Campus Libraries

Ledgeview:

Fiction:

The Guardians	John Grisham
The Wright Brothers	David McCullough

Woodside:

Non-Fiction:

Blood in West Virginia	Brandon Kirk
Fossil Men	Kermit Patterson
A Very Stable Genius	Philip Rucker/ Carol Leonnig

Fiction:

The Stranger in the Lifeboat	Mitch Albion
The Wicked Sister	Karen Dionne
Dispatches From Pluto	Richard Grant
The Book Of Two Ways	Jodi Picoult
The German Heiress	Anika Scott
An Irish Hostage	Charles Todd



If you have any books you would like to donate to a Taylor Community library, please contact Judy Dean at judean5@aol.com.

Seeking Artists for the 2022 Taylor Arts Exhibition

Wednesday, March 2nd
Woodside, 1:00 p.m. to 3:00 p.m .

Taylor Community is home to many very talented artists. With this event, we will be spotlighting the talent among us. If you are someone who creates art, we want you to participate! Those interested should submit a short biography, detailing your artistic talent, which will be used to create a brochure that will be distributed to Exhibition visitors. Please be prepared to display two original pieces of your choosing.

For more information about this event and to save your exhibition space, please email Brenda Kean at bkean@taylorcommunity.org or call (603) 366-1226. Everyone is invited to view this exhibition, which will be held at The Woodside Building on our Laconia Campus.



Pre-Ticket Sale for Upcoming Programming & Events

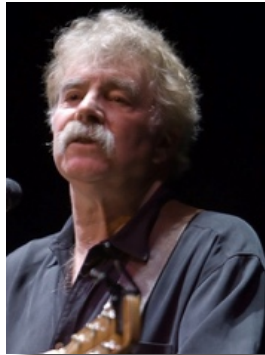


“Broadway Then and Now” with Ashley Meeken

May 15th, 3:00 p.m.

Colonial Theater, Laconia

Ashley enchants with timeless and modern Broadway classics Proposed selections include: Anything Goes; I’ll Know (Guys and Dolls); Always True to You (Kiss Me Kate); Maybe This Time (Cabaret); If My Friends Could See Me Now (Sweet Charity); The Greatest Showman; I Don’t Know How to Love Him (Jesus Christ Superstar); She Used to Be Mine (Waitress); I Feel the Earth Move (The Carole King Musical); Defying Gravity (Wicked)...and more! Tickets are \$30.00 per person.



Music Performance by Tom Rush

Friday, April 22nd, 8:00 p.m.

Colonial Theater, Laconia

Tom Rush is a gifted musician and performer whose shows offer a musical celebration...a journey into the tradition and spectrum of what music has been, can be, and will become. His distinctive guitar style, wry humor, and warm, expressive voice have made him a legend and a lure to audiences around the world. His shows are filled with the rib-aching laughter of terrific storytelling, the sweet melancholy of ballads, and the passion of gritty blues. Ticket pricing is \$39 to \$69 per person. Transportation details to follow.

To RSVP for any of the Pre-Sale Events, please contact Brenda Kean at bkean@taylorcommunity.org or call (603)-366-1226.

Programming and Events - Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



LECTURE – Brenda Kean Presenting

Black History Month

Tuesday, February 1st

Woodside, 3:00 p.m.

Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history. Also known as African American History Month, the event grew out of “Negro History Week,” the brainchild of noted historian Carter G. Woodson and other prominent African Americans.

Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating Black history.

Join us as Brenda Kean narrates a special slide show celebrating Black History Month.

Programming and Events - Laconia

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



MUSIC SERIES EVENT: Pianist George Lopez Wednesday, February 2nd Woodside, 6:30 p.m.

Pianist George Lopez, Bowdoin College’s Robert Beckwith Artist in Residence, has been a dedicated and dynamic performer, educator, and lecturer for 30 years. Known in Europe, South America and the US for his “kaleidoscopic colors and clarity of conception...” (LA Times) in the standard repertoire as well as being a champion of newly-written works, Mr. Lopez is also comfortable in styles of music ranging from jazz and ragtime to more contemporary styles of improvisation. He was invited to Cuba just before the embargo was lifted to give masterclasses and concerts as a member of the Aries Trio. Mr. Lopez initiated his “Music in the Museum” series at Bowdoin College that consistently sells out to audiences who enjoy his creative and engaging lecture recitals on the relationship of music to art and ideas. Mr. Lopez has taken up the baton and built up the all-student Bowdoin College Orchestra, which performs full symphonic programs each semester. He resides in Brunswick, Maine, and is a regular performer with the New Hampshire Music Festival.

MUSICAL PERFORMANCE - Wil Ogmundson, Pianist Monday, February 7th Woodside, 6:30 p.m.



William Ögmundson is an Emmy Award-nominated composer and professional pianist who resides in New England. He has performed throughout the United States and Europe, most notably at the Vatican and Notre Dame de Paris, and his original compositions have been performed worldwide.

INSTRUCTION - Greeting Cards with Melissa Robb Monday, February 9th Woodside, 2:00 p.m.



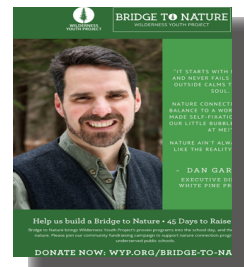
Melissa Robb will be leading a group to create beautiful handmade Valentine’s Day cards. All supplies will be provided to create two cards and additional supplies will be available for purchase if you wish to create five additional cards.

The cost is \$10.00 for the class; additional Take-Home Supply Packages cost \$20.00.

The reservation deadline for this event is Tuesday, February 1st.

LECTURE SERIES - Dan Guardoqui Presenting Winter Wildlife Backyard Survivors Wednesday, February 9th Woodside, 6:30 p.m.

Have you ever wondered how animals survive the brutal winter weather? Join us for an evening of unraveling the mysteries of winter wildlife with Dan Guardoqui.



Programming and Events - Laconia

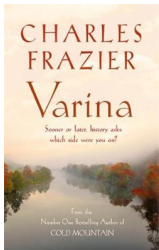
RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



SPECIAL EVENT - Valentine's Day Entertainment

Monday, February 14th
Woodside Building, 6:30 p.m.

Join us for this beautiful evening of light jazz featuring everyone's favorite, Eddie Sheer, on vocals and drums, Mario Perrett on sax and vocals, Mike Mele on jazz guitar, and Mark Poniatowski on upright bass.



Woodside Book Club with the Laconia Public Library

Featuring "Varina" by Charles Frazier

Friday, February 18th
Woodside, 10:00 a.m.

In his powerful fourth novel, Charles Frazier returns to the time and place of Cold Mountain, vividly bringing to life the chaos and devastation of the Civil War.

With her marriage prospects limited, teenage Varina Howell agrees to wed the much-older widower Jefferson Davis, with whom she expects a life of security as a Mississippi landowner. He instead pursues a career in politics and is eventually appointed president of the Confederacy, placing Varina at the white-hot center of one of the darkest moments in American history. Ultimately, the book is a portrait of a woman who comes to realize that complicity carries consequences.

SPECIAL EVENT – Camden Conference

Friday, February 25th to Sunday, February 27th
Woodside Theater



The 2022 Camden Conference theme will be "Europe Today – What is Happening and What we can Anticipate."

Europe's leaders and citizens are facing pervasive economic, political, and social challenges, some exacerbated by the global pandemic. How cohesive is the European Union? Where are populist movements headed, and where are democratic institutions under threat? What will happen to the European-United States bond as a new generation of leaders pursue their own agendas with Russia, China, and other countries? When can we rely on Europe, and can Europeans rely on us? Stay tuned for this informative event. **Detailed schedule of lectures to follow. Refreshments will be served.**

LECTURE SERIES

Michael Cross: The Science of Fantasy Creatures

Monday, February 28th

This lecture will be held via Zoom beginning at 6:30 p.m.



Michael Cross holds a lecture on The Science of Fantasy Creatures from the mermaid to the cyclops. Fantasy creatures are a staple of our myths, legends, and literature, and in this lecture, we'll explore the real-life origins of these creatures and the science behind why we are so fascinated by them.

Resident Trips - Laconia Campus

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.



Dining Out: Dinner at Fratello's Italian Grille

Wednesday, February 2nd

The bus will begin picking up residents on the Laconia Campus at 5:00 p.m.

In 1992, the owners of the Homestead restaurants purchased the vacant Indian Head Bank building in Laconia, NH. The historic brick bank building did not fit the theme for another Homestead location so the McDonough family went to work on developing a new theme. The end result was Fratello's Italian Grille, a casual Italian-American restaurant featuring wood-fired brick oven pizza, steaks, seafood and Italian favorites.

Boston Museum of Fine Arts

Friday, February 4th

The bus will depart the Laconia campus at 8:00 a.m.



The Museum of Fine Arts (MFA), located in Boston, MA, is the 20th-largest art museum in the world, measured by public gallery area. Founded in 1870, the MFA stands on the historic homelands of the Massachusetts people, a site which has long served as a place of meeting and exchange among different nations. The MFA opened its doors to the public on July 4, 1876, the nation's centennial. Built in Copley Square, the MFA was then home to 5,600 works of art. Over the next several years, the collection and number of visitors grew exponentially, and in 1909 the Museum moved to its current home on Huntington Avenue.

Today, the MFA is one of the most comprehensive art museums in the world; the collection encompasses nearly 500,000 works of art. The museum welcomes more than one million visitors each year to experience art from ancient Egyptian to contemporary, special exhibitions, and innovative educational programs.

Lunch offerings are available in the Garden Cafeteria and the New American Café, the Museum's full-service restaurant, is now open in the Shapiro Family Courtyard. Museum admission is \$25.00 per person.



Autopac Gallery

Friday, February 10th

The bus will begin picking up residents on the Laconia Campus at 9:30 a.m.

Do you love antique race cars, street cars, and memorabilia? If so, this trip is for you! Join us as race car driver and gallery owner Raymond Bissoneau tours us through his new museum, where he houses hundreds of vehicles. Admission to the museum is free of charge.

This event was originally scheduled for Friday, January 7th but was pushed to February due to scheduling adjustments. Previously, the event included a lunch outing after the museum tour, but this is no longer part of the itinerary for this resident trip. If you have any questions about this new date, or about this trip, please contact Brenda Kean at bkean@taylorcommunity.org or call (603) 366-1226.



Resident Trips - Laconia Campus

RSVP required via Touchtown App, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

Lakes Region Sled Dog Derby Friday, February 11th Location TBD



The Laconia World Championship Sled Dog Derby is again returning for its spectacular three-day run from Friday, February 11th through Sunday, February 13th. The Laconia World Championship Sled Dog Derby began in 1929, just four years after the famous 674-mile Sled Dog relay effort was held in Nome, Alaska to deliver serum to diphtheria patients. The starting location of this is still being planned, so please stay tuned for more information about viewing this event.



Lunch at Green Ginger Wednesday, February 23rd

The bus will begin picking up residents on the Laconia Campus at 11:00 a.m.

Join us for an outing at Green Ginger, located in Tilton, New Hampshire. During this dining outing you will enjoy a wide variety of Chinese classics plus sushi and other Japanese fare. Please note, Green Ginger offers a wide variety of vegetarian Sushi, as well as Sushi made with fish and meat, either raw or cooked.

New England Aquarium Friday, February 25th

The bus will begin picking up residents on the Laconia campus at 8:15 a.m.

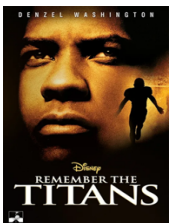
While visiting the New England Aquarium, you'll have the opportunity to marvel at the bustling penguin colony, then circle the four-story Caribbean coral reef teeming with sea turtles, eels, barracuda, tarpon, and hundreds more tropical fish. This adventure includes a viewing of playful seals, eye-catching jellyfish, and a hands-on experience at the shark and ray touch tank. Admission is \$25.95. A picnic lunch will be prepared by Glendale Dining Services.



Movies in the Woodside Theater



Friday, February 4th, 7:00 p.m. – The Lost Valentine – Susan Allison, jaded TV reporter, receives a sentimental Valentine's Day news assignment: the story of Caroline Thomas, who has waited 60 years for her pilot husband to return to her after he was declared missing in action during World War II. Stars Betty White and Jennifer Love Hewitt. From the Hallmark Hall of Fame Collection. **Run Time 1hr 35mins.**



Saturday, February 5th, 7:00 p.m. – Remember the Titans – In Virginia, high school football is a way of life, an institution revered. Each game is celebrated more lavishly than Christmas and each playoff distinguished more grandly than any national holiday. However, with such recognition comes powerful emotions. In 1971, high school football was everything to the people of Alexandria, but when the local school board was forced to integrate an all-black school with an all-white school, the very foundation of football's great tradition was put to the test. **Run Time 1hr 53mins.**

Movies in the Woodside Theater



Tuesday, February 8th, 1:00 p.m. – Jekyll & Hyde with David Hasselhoff – This musical is an evocative tale of love, lust, madness, and murder. Featuring music by Frank Wildhorn and lyrics by Leslie Bricusse, this musical broke house records at Broadway’s Plymouth Theatre, where it ran for over four years and 1,500 performances. It continues touring around the world, thrilling audiences. David Hasselhoff stars in the title role as Jekyll and Hyde. **Run Time 2hr 14mins.**



Friday, February 11th, 7:00 p.m. – Valentine’s Day – An all-star ensemble cast comes together in “Valentine’s Day,” which follows the intertwining storylines of a diverse group of Los Angelenos as they navigate their way through romance. **Run Time 2hr 4mins.**



Saturday, February 12th, 7:00 p.m. – Pretty Woman – In this modern update on Cinderella, a prostitute and a wealthy businessman fall hard for one another, forming an unlikely pair. While on a business trip in L.A., Edward (Richard Gere), who makes a living buying and breaking up companies, picks up a prostitute, Vivian (Julia Roberts), on a lark. After Edward hires Vivian to stay with him for the weekend, the two get closer, only to discover there are significant hurdles they need to overcome as they try to bridge the gap between their very different worlds. **Run Time 1hr 59mins.**



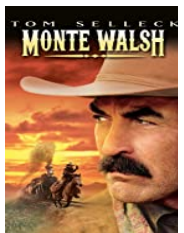
Wednesday, February 15th, 2:00 p.m. – Shatner in Space – Fantasy collides with reality when Star Trek icon William Shatner boards a real-life spaceship and becomes the oldest civilian to travel to the cosmos. This shows the events before this life-changing flight and the growing friendship between Shatner and Blue Origin Founder Jeff Bezos, whose dreams of space travel, like many, were inspired by the original Star Trek series. **Run Time 46mins.**



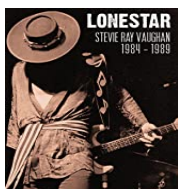
Wednesday, February 16th, 1:00 p.m. – Michael Ball & Alfie Boe: Back Together – The ultimate musical duo, Michael Ball and Alfie Boe are ‘Back Together,’ and delighted audiences with the final show of their UK tour at the O2 Arena in London. **Run Time 2hr 5mins.**



Friday, February 18th, 7:00 p.m. – 50 First Dates – A Hawaiian island playboy needs to use his imagination to win over the girl of his dreams when he discovers she has no short-term memory. Every night he is erased from her memory, so he must make her fall in love with him all over again the next day...and the next...and the next! **Run Time 1hr 39 mins.**

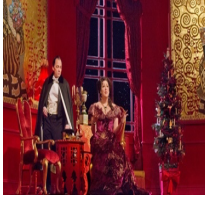


Saturday, February 19th, 7:00 p.m. – Monte Walsh – Times change, but Monte Walsh doesn’t. For him, being a cowboy isn’t a job, it’s his life. And that’s something that the 20th century must never alter. Monte Walsh is the quintessential cowboy—the last of a dying breed. His story takes place in the waning years of the “Old West” near the turn-of-the-20th century. Two long-time cowboys, Monte and his best friend Chet, have their lives on the range inexorably changed by the coming modernity and a fellow cowboy who becomes involved with rustling, robbery, and killing. **Run Time 1hr 56mins.**



Wednesday, February 22nd, 2:00 p.m. – Lonestar: Stevie Ray Vaughan – This film traces and reveals the full, previously untold story of Stevie Ray Vaughan’s Glory Years. Spanning from the period between the release of his debut album and his tragic death in a helicopter crash in 1989, viewers will get an intimate view into the life of the “Lonestar.” **Run Time 1hr 47mins.**

Movies in the Woodside Theater



Thursday, February 24th, 7:00 p.m. – Die Fledermaus - Johann Strauss – This opera has been called, “a sumptuous fantasy out of some grand hotel of the Belle Epoch.” Staged by Vienna’s own Otto Schenk, with gorgeous sets and costumes by Günther Schneider-Siemssen and Peter J. Hall, it’s the essence of a carefree, slightly naughty take on the myth of the Imperial city by the Danube. Run Time 2hr 38mins.

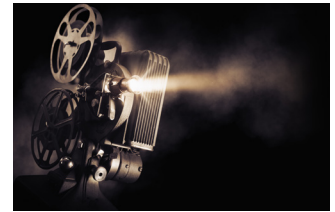


Friday, February 25th – There will be no Friday Night Movie due to the Camden Conference



Saturday, February 26th – There will be no Saturday Night Movie due to the Camden Conference.

For all movies, please RSVP via the Touchtown App., contact Brenda Kean directly at bkean@taylorcommunity.org or call (603)366-1226. If you would like to learn how to operate the projection equipment in the Woodside Theater, please give Brenda a call at (603)366-1226. She’s happy to set up an instructional meeting.



Touchtown Programming

TOUCHTOWN DOCUMENTARIES

All documentaries are shown on Tuesdays at 6:30 p.m.



Tuesday, February 1st, 6:30 p.m. – The Great Wall of China – Run Time – 45mins. <https://www.youtube.com/watch?v=VjlydnRqcmw&t=109s>



Tuesday, February 8th, 6:30 p.m. – Oahu - The Heart and Soul of Hawaii – Run Time – 44 mins. - https://www.youtube.com/watch?v=ZAKyMUWy_ec&t=3s



Tuesday, February 15th, 6:30 p.m. – A Celebration of New Orleans-Blues with Hugh Laurie – Run Time – 53 mins. <https://www.youtube.com/watch?v=5lJz4qT1RQ&t=507s>

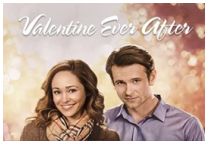


Tuesday, February 22nd, 6:30 p.m. – Kenny Rogers: The Country Music Legend – Run Time – 1hr 26mins. <https://www.youtube.com/watch?v=3ZIr8gwgY8A>

All documentaries can be viewed via the Touchtown App at any time with on-demand streaming.

TOUCHTOWN MOVIES

All movies are shown on Thursdays and Fridays at 6:30 p.m.



Thursday, February 3rd, 6:30 p.m. – Valentine Ever After – When an accidental barroom brawl turns a Wyoming vacation into community service, big city girls Julia and Sydney discover a charitable cause that just might change their lives. **Run Time – 1hr 23mins.**
<https://www.youtube.com/watch?v=d66cr1IEeY4>



Friday, February 4th, 6:30 p.m. – Valentine in the Vineyard – Winemakers plan a wedding while also executing a high-stakes business expansion. **Run Time – 1hr 23mins.**
 - <https://www.youtube.com/watch?v=BsdBwIHGhTQ>



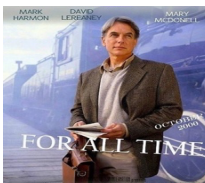
Thursday, February 10th, 6:30 p.m. – Valentine's Day – Intertwining couples and singles in Los Angeles break-up and make-up based on the pressures and expectations of Valentine's Day. **Run Time – 1hr 27mins** - <https://www.youtube.com/watch?v=tVk40fIF-3NQ>



Friday, February 11th, 6:30 p.m. – Love Meet Hope – A grandfather's love stories enlighten a jaded man and a moonstruck girl about the realities of love. **Run Time – 1hr 32mins.** <https://www.youtube.com/watch?v=DfoAVV0cZec>



Thursday, February 17th, 6:30 p.m. – Shadows in the Sun – An aspiring young writer tracks a literary titan suffering from writer's block to his refuge in rural Italy and learns about life and love from the irascible genius and his daughters. **Run Time– 1hr 40mins.**
<https://www.youtube.com/watch?v=Sc1Mr487m0g>



Friday, February 18th, 6:30 p.m. – For All Time – A man facing middle age and a failing marriage finds a time slip that can take him back to the end of the 18th Century. **Run Time – 1 hr 29 mins.** - https://www.youtube.com/watch?v=83DFhC97-_s&t=58s



Thursday, February 24th, 6:30 p.m. – Promises – Latchkey kids lose touch when one of them moves away, only to reconnect years later without realizing it, having changed their names to escape their pasts. Once they realize who each other are; they are able heal the wounds of their pasts. **Run time – 1hr 58mins.** <https://www.youtube.com/watch?v=kn9R-GRArSFw>



Friday, February 25th, 6:30 p.m. – Personal Effects – While working for a wedding planner, a young man struggles to overcome the loss of his sister, who died shortly before her wedding. Based on the story, "Mansion on the Hill" by Rick Moody. Drama. Crime. **Run Time – 1hr 51 mins.** <https://www.youtube.com/watch?v=iiBk6wleCjI&t=2101s>

Touchtown Movies and Documentaries can be viewed at the time noted on Channel 99 of televisions on the Taylor Laconia campus. They can also be viewed on-demand at any time via the Touchtown app. If you have any questions about Touchtown or the film showings, please contact Brenda Kean at bkean@taylorcommunity.org or call (603) 366-1226.

Taylor Laconia Campus Environmental Initiatives are off to a Great Start in 2022

I want to extend a big thank you to the many Taylor Community residents who participated in the recent plastic collection on our Laconia campus! The first collection was a HUGE success and something everyone who took part in should be very proud of. I'm expecting that we will have just as successful a turnout for the second collection on February 19th, so if you haven't started collecting your plastic already I'd suggest starting again now!



During the last collection, Ray and Paula Chambers had their car packed solid with Taylor donations. These bags and others collected will go to the TREX Company in Maine to be made into trex boards and outdoor furniture.

When you think about how much a plastic bag weighs, one plastic bag alone doesn't seem all that significant. However, when collected in large quantities, plastic bags can weigh quite a bit. In fact, during the January plastic collection, which was conducted by the Unitarian Universalist Church in Laconia in collaboration with the Lions Club, more than 220 lbs. of plastic were collected!

The plastic collected not only will be recycled into items with a purpose, but has also made a significant positive impact on the environment! When these bags end up in our oceans or forests, they degrade slowly into microplastics, which are incredibly harmful to the environment and wildlife. The microplastics are eaten not only by birds, animals, and fish, but also are consumed second hand by those who eat the wildlife that has been contaminated. As we think about the ecosystem and the negative impact it has on our environment, including to the animals and humans, it's important to get into the habit of recycling those bags and plastic packing materials.

Look for more details on the second plastic collection in the Taylor Messenger as the date approaches.
~ Barbara Zeckhausen



Environmental Stewardship Committee Meeting Monday, February 21st Woodside Maple Room, 1:30 p.m.

The next Environmental Stewardship Committee Meeting will take place on Monday, February 21st in the Woodside Maple Room. This meeting will feature a guest presentation by Beekeeper Kevin Day, and will also provide time for action groups to continue discussions on next steps for focus areas. New participants are encouraged and welcome to attend!

This newly established campus group met for the first time in November, 2021 to discuss action points for the next year. From this discussion, four areas of environmental focus were established. These include: Water, Landscaping, Recycling, and Generation of Electricity.

The Environmental Stewardship Committee was formed based upon the belief that Taylor is an ecologically aware residential community that is working to better the environment and become more sustainable. Together, the committee hopes to make a positive impact on the environment, on Taylor Community, and on our world, one step at a time.

If you are interested in learning about the focus of the Environmental Stewardship Committee in 2022, or are eager to get involved in their initiatives, please contact Paula Chambers at chamberspaula16@gmail.com to learn more.



WOODSIDE BISTRO



Woodside Bistro Contact Info

Jennifer Lutzen, General Manager, 366-1231
jlutzen@taylorcommunity.org

Greg Demers, Executive Chef, 366-1481
gdemers@glendalediningservices.com

Woodside Bistro Hours Monday through Friday
 11:30am - 1:30pm

Join us Every Tuesday and Thursday for Bistro Dinners
 Call the Bistro or make your reservation on Touch Town



BISTRO DINNER

FEBRUARY MENU

Quinoa Carrot Salad

Mixed greens, red quinoa & brown butter
 carrots tossed in lemon vinaigrette
 OR

Soup Du Jour

Lentil Loaf

Packed with protein and served with roasted garlic tomato
 sauce, parsley new potatoes & chef cut vegetables
 \$15.95

Pecan Chicken

Pecan and honey crusted chicken breast with dijon sour
 cream sauce. Served with maple sweet potato mashed
 and chef cut vegetables
 \$23.95

Pumpkin Seed Cod

Oven roasted cod loin topped with a pumpkin seed pesto.
 Served with lemon rice and chef cut vegetables
 \$23.95

Steak Frites

New York sirloin pan seared to your liking, topped with
 sauteed onions and mushrooms.
 Served with thick cut steak fries and chef cut vegetables
 \$23.95

Served with Soup or Salad,

Please ask about our specials every Tuesday & Thursday

February Social Postponed
 Sorry for the inconvenience

Save the Date

March Social Dinner

Hors d'oeuvres

Cheese, cracker and pecan brittle plate
 Chive deviled eggs

Appetizer

Cream of Tomato Soup
 With parmesan cheese and croutons

Entrées

Turkey Tetrazzini
 White and dark meat sautéed with mushrooms in a
 cheesy cream sauce with linguini & baked golden brown

Salmon Tips

Oven roasted with fresh dill and lemon

Farro Risotto with Acorn Squash

Farro cooked with vegetables stock mixed
 with diced tomato and edamame
 On a slice of acorn squash

Sides

Buttered Tarragon Carrots
 Quinoa & Brown Rice Pilaf

Small Bite Dessert Plate

Chocolate Mousse
 Served in chocolate cups

\$30 Per Person

We'll do the cooking; you do the re-heating.

Bistro Grab and Go Entrees:

Buy One Entrée, get any other item for half price.

Great Way to Stock up for the Weekend!

GRAB & GO 

Upcoming Promotions

February 2022

HAPPY
Valentine's Day



Happy New Year
 新年快樂

LUNAR NEW YEAR

Taylor Wellness Department –Health Question and Answer of the Month with Ethan White

Question: How important is diet when it comes to weight loss?

Answer: Very Important! Let's dive into why that's the answer.

When speaking with residents about their fitness and health goals, I've found that one general statement is made regularly, which isn't entirely accurate. This misleading statement is "if I exercise then I'll lose weight." While this is true to some extent, it is imperative that you implement a healthy diet along with it to see the results you are seeking. To highlight this point, let's look at average calories burned in a 30 minute workout for four different types of exercises.

1. **General Weight Lifting:** 125 pound person, 90 calories burned; 155 pound person, 108 calories; and 185 pound person, 126 calories.
2. **Vigorous Weight Lifting:** 125 pound person, 180 calories; 155 pound person, 216 calories; and 185 pound person, 252 calories.
3. **Aerobics (low-impact):** 125 pound person, 165 calories; 155 pound person, 198 calories; and 185 pound person, 231 calories.
4. **Aerobics (high-impact):** 125 pound person, 210 calories; 155 pound person, 252 calories; and 185 pound person 294 calories.

Based upon the data provided regarding the average calories burned during a 30-minute workout you will not reach 300 calories burned even when doing a high-impact exercise. Therefore, picking the right food to put into your body is incredibly important. In fact, while it's hard to burn 300 calories in 30-minutes, it's very easy to consume 300 calories in that amount of time. For example, if you go to Dunkin's an order a glazed doughnut that is 300 calories and devour it then within 30 seconds then your daily calorie by a significant amount in just a short amount of time.



While I can't speak for everyone, personally, I feel like I could eat a baker's dozen of doughnuts in one sitting. You can do the math on that one because I don't want to think about how many calories that would add up to! This is why a healthy diet is so important. Calories can added up quickly and hinder your weight loss goals, as it takes a lot longer to burn calories than it does to consume them.

However, it's important to treat yourself once in a while too. Enjoy a box of chocolates or your favorite red wine on Valentine's Day with those that you love – everyone deserves a cheat day. The key is remembering to consume everything in moderation.

If you have any question about ways to adjust your diet, improve your workouts, or are interested in learning more about what our Wellness Team has to offer, please don't hesitate to reach out to me at ewhite@taylorcommunity.org or any of my colleagues. We're always here to help!

Taylor Community Welcomes New Hire

Christopher Newman, Grounds/Maintenance – Christopher joins Taylor Community with experience in the maintenance field. He has received both his gas and refrigeration license and has a background in HVAC.

Welcome, Christopher, to Team Taylor, we are happy to have you here!



February Birthdays for Taylor Laconia and Taylor Connection Residents

2/2	John	Quinnam	Woodside
2/3	Brad	Marshall, III	Woodside
2/4	Natalie	Fogarty	Woodside
2/4	Brigid	Gaudet	Taylor Connection
2/5	John	Glenn	Woodside
2/5	Jean	Corriveau	Ledgeview
2/5	Betty	Dunkling	Ledges
2/6	Janet	Kenny	Ledges
2/6	Lorraine	Doyon	Woodside
2/6	Marion	Crowley	Ledgeview
2/7	Carole	Judge	Ledges
2/7	Gay	Clauson	Taylor Connection
2/8	Ed	Skelley	Woodside
2/8	Nancy	Bogar	Ledges
2/10	Al	LeComte	Woodside
2/11	Donald	Thompson	Woodside
2/12	Nancy	Bird	Ledges
2/12	Tommy	McBreen	Ledgeview
2/14	Eleesa	Sibley	Ledges
2/14	Marten	Heine	Ledges
2/14	Ruth	Stuart	Taylor Connection
2/15	Adrienne	Johnson	Woodside
2/16	Dick	Wolfe	Ledges

2/16	Joanne	Reynolds	Woodside
2/18	Stan	Brallier	Taylor Connection
2/18	Jann	Poole	Taylor Home
2/20	Diane	Beaman	Ledges
2/21	Sandra	Preiswerk	Ledges
2/21	Louise	Eliason	Taylor Home
2/22	Carol	Pierce	Ledges
2/23	Cathy	Mabie	Taylor Connection
2/23	Dawn	Lyon	Taylor Connection
2/26	Bill	Smith	Ledgeview
2/28	Mary	Carpenter	Ledges
2/28	Lynda	True	Woodside



Taylor Community Partners with the Huot Technical Program Students at Laconia High School

Taylor Community is proud to be partnering with the Laconia High School Huot Technical Program to help Huot students prepare for career readiness. In December, three members of our leadership team met with Huot Medical Assistant students to do mock interviews with them. This experience intended to help students to feel more comfortable in an interview setting, understand the types of questions that are often asked, and gain confidence in their presentation.

This year, Team Taylor was represented by President and CEPO Michael Flaherty, Ed Soucy, Vice President of Finance, and Heather Bell, RN, of our Care Management team. Each of our staff worked with three to four students, and were able to give tips and tricks while helping prep them for real world interviews.

This was the second year that Taylor was able to supply interviewers to our partners at Huot, and we look forward to a continued partnership with them in the future. It is through experiences like these that our Taylor staff is able to make a difference in the lives of youth in our community and help shape the workforce for the future.



Recurring Campus Events • Laconia

RSVP is required for most events and may be made via Touchtown in Events, or with Brenda, 603-366-1226 or bkean@taylorcommunity.org unless otherwise noted.

The Woodside Bistro is open for lunch Monday—Friday from 11:30 a.m.—1:30 p.m. and for dinner Tuesday and Thursday evenings from 4:30—8:30 p.m. RSVP in advance for dinner via Touchtown or at (603) 366-1481.

MONDAYS:

Quilting Group with Gail Dyer—8 a.m. to 1 p.m., Woodside
Women's Billiards – 1-2:30 p.m., Woodside

TUESDAYS:

Prescription & NH Liquor Store Pickup Services — Please call Hank Offinger at 603-366-1207 by 5 p.m. on Monday.
Resident Cracker Barrel – 10 a.m. in Woodside
Shopping Bus – 10 a.m. departure-time (Call 603-366-1234)
Prayer Shawl Group — 2nd Tuesday of the Month, Noon—1:30 p.m. Woodside
Non-Fasting Blood Draws— 1 p.m. WS Wellness Office (Fasting Blood Draws by appointment only: 366-1340)
Blood Pressure Clinic— Tuesdays, 2—3 p.m., WS Wellness

WEDNESDAYS:

Men's Breakfast—First Wednesday of the Month, 7:30 a.m. Elm Room, Call John Larson at 524-7131 or email jelarson234@yahoo.com
Golf Group—Wednesday at 9:30 a.m.
Cribbage—Wednesdays at 10 a.m. in Card Room
Grocery Shopping Services • Ledges, WS & Ledgeview Call Hank at 366-1207 by 5 p.m. Monday (Ledges & WS)

THURSDAYS:

Writing Group – 10 a.m., Woodside
Grocery Shopping Services • Taylor Home—Shopping Bus –10 a.m. departure. Call 603-366-1234.
Woodcarvers Group—9 a.m. to 11 a.m., Woodside
Tolkien Book Club—4th Thursday of the Month at 10 a.m., WS Fireside Room

FRIDAYS:

Le Cercle Français de Laconia—10 a.m., WS Fireside Room
Mexican Train—2 p.m. in the Woodside Fireside Room.

SUNDAYS:

Scrabble Group—1 p.m. in the Woodside Game Room.
Sunday Social & Monthly Birthday Celebration — 4th Sunday of the Month at 4:30 p.m., WS Fireside Room (This is on hold until the month March)

Meeting Reminders • Laconia Resident Town Hall

Mon., February. 14th at 11 a.m., Woodside Elm Room
RSVP via Touchtown App or to Brenda at 603-366-1226.

To submit questions in advance, please contact Sharon Ryba at townhall@taylorcommunity.org or call (603) 366-1411.

All recordings are posted onto the Resident Site and Touchtown for at home viewing. Closed captioning for these videos is available for an enhanced experience.

Additionally, please note that the deadline for all content for next months Gazette is Tuesday, Feb. 15th. We hope you enjoy this edition of *The Gazette!*

Dial-A-Ride Reservations • 603-366-1234

Please be sure to make all transportation arrangements at least 24 hours in advance. Thank you!

Touchtown Programming Announcement

For a full list of Touchtown Programming please refer to the Touchtown App, the full calendar of events for December, or refer to Brenda Kean directly for more information. Additionally, please refer to the TV Guide attached for information on movies and documentaries that will be showing on Touchtown "on-demand" and on the TV channel.

Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call (603) 366-1400 or simply use our form on our website at www.taylorcommunity.org.

WOLFEBORO NEWS AND EVENTS

FEBRUARY 2022



Ed Kloeber Taylor Sugar Hill Resident spent a week in Yellowstone this past January, where he enjoyed a beautiful day snowmobiling! During this trip, Ed scaled “Two Tops” on his Polaris, as pictured to the left.



Also enjoying the winter weather is a “resident” fox who has made many appearances this winter outside of the Sugar House!

February is the month of LOVE and in the spirit of Valentine’s Day many residents at Sugar Hill have been sharing pictures of their wedding day to be featured in an upcoming “Pitter-Patter Project” Exhibition being put on by Caralyn Russell, Assistant Director of Resident Life in Wolfeboro.

For more wedding pictures and information about the upcoming project, please see pages 10 and 11 of the Wolfeboro Edition of *The Taylor Gazette*. Also, please refer to this section for upcoming programming and trips for Wolfeboro residents in February, 2022.



Barbara & Henry Clay



Doris & Roger Meurier

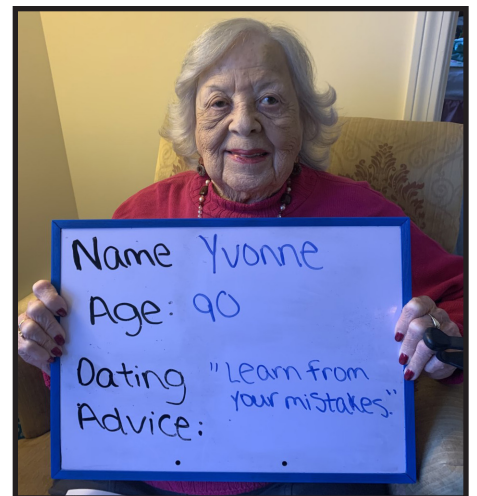
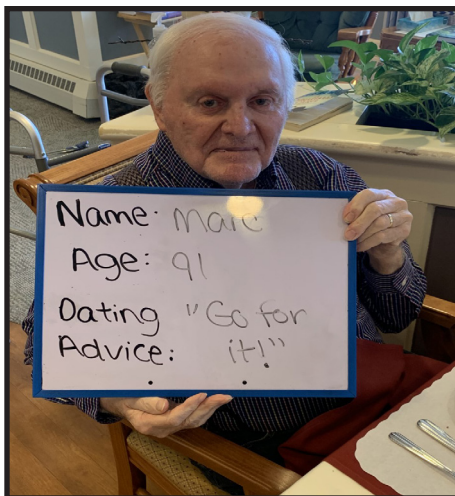
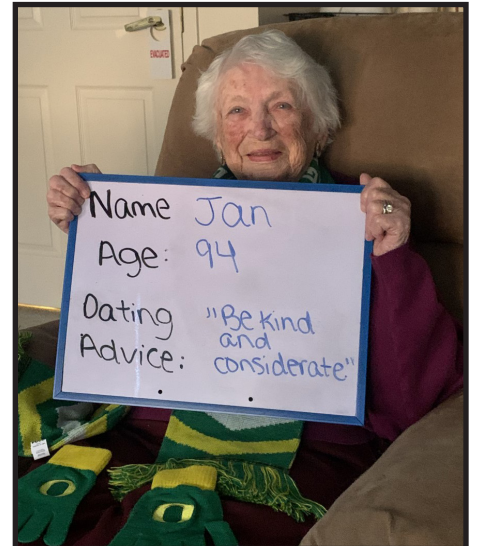
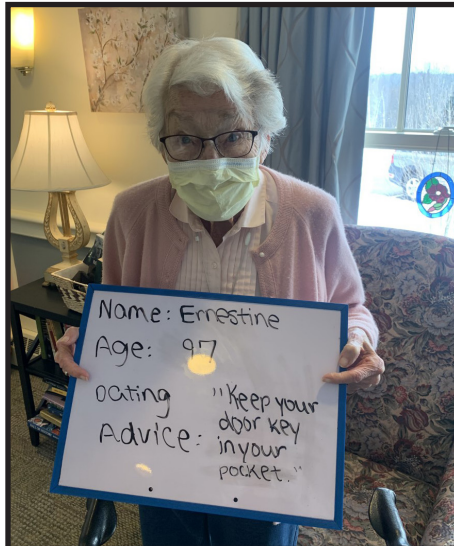
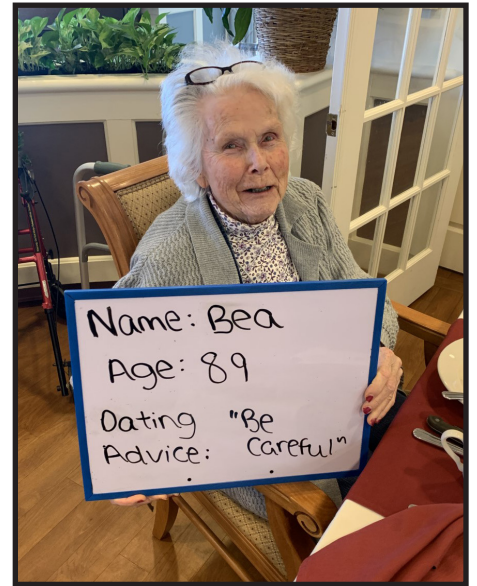


Ellen Klimm



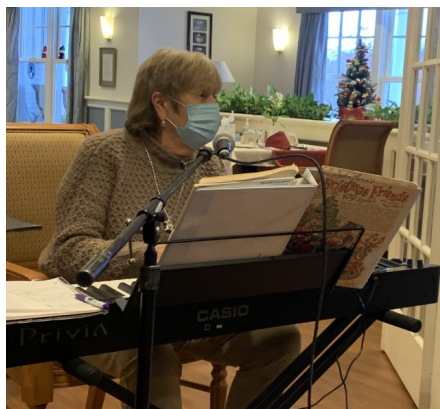
Liz Benson & Peter Allen

February is known for boxes of chocolate, flowers, Valentines's Day celebrations, and an abundance of LOVE. So, with love in the air, our Assisted Living Residents in Wolfeboro felt it was the perfect time to share some of their wise dating advice...



Wolfeboro Resident Spotlight – February, 2022

Featuring Nancy Glowacki



Sugar Hill resident Nancy Glowacki has been graciously sharing her musical talents, heart, and positive energy with our Assisted Living (AL) community over the past few months. In addition to providing wonderful live entertainment, Nancy has thoughtfully crafted a lovely environment that provides residents with so much more depth and meaning than simple, passive listening. She encourages the residents to become active in the music by participating with their own voices and instruments. She also provides opportunities for discussion that allow the AL residents to reminisce and reflect upon the songs of their era, including the emotions they have attached to those memories.

“I believe that music is essential for a full life and for all ages...right to our last breath,” said Nancy with enthusiasm. “While getting old is

inevitable, aging is optional!” It is apparent through Nancy’s words and actions that she is deeply passionate about music and that it makes her heart sing. She shared that whether one listens, plays, sings, dances, writes, meditates, hears nature, travels the world to hear all of the music that exists...music embraces the full range of feelings we humans experience.

“Music is not about judging, ‘carrying a tune,’ or being perfect or a master musician; it’s about letting it take YOU on the free, open path to your feelings and participating in whatever way works for you,” said Nancy.

“In the Assisted Living group, we experience music with our ears, hearts, bodies, voices, rhythm instruments, and self-expression of life stories. In these moments, we are a gift to ourselves and each other,” Nancy stated with a smile.

This sentiment has proven true amongst our Sugar Hill residents, who have enjoyed listening to Nancy play. One day, as she started playing the familiar and popular songs from WWII, the memories of many residents flooded the space, and so, too, did the laughter and tears that came with those memories.

“Love and shamrocks are coming...who knows where that will take us!” Nancy said, hinting at upcoming themes that may be played in the coming months.

The impact of Nancy’s involvement in AL has been profound on the residents with whom she has shared her gift with. Some personal sentiments shared by our Assisted Living residents at Sugar Hill include the following:

- “For a non-singer, the most fun has been familiar music and interactive conversation. Through it all, we have enjoyed sharing our similarities and differences.” – Yvonne Lackey
- “Through the music, we have shared life experiences that draw us together.” – Marcus Lackey
- “It brings back the good old days.” – Richard (Dick) Harris

Further, in addition to residents appreciating Nancy, so too does Izzy Piercy, Activities & Recreation Coordinator, as not only do they enjoy music together, but both studied Occupational Therapy at UNH.

“Having the opportunity to put our OT brains together has been a fun and fulfilling experience!” said Izzy. “Our Assisted Living residents are truly grateful to have Nancy as part of the community.” Thank you, Nancy!

Programming and Events - Wolfeboro

RSVP required via Touchtown App, or to Caralyn at crussell@taylorcommunity.org or (603) 867-1441.

Stock Club Meeting Tuesday, February 8th 10:00 a.m. in the Maple Room

All are welcome.



Afternoon Matinee: The Courier Wednesday, February 9th 2:00 p.m. in the Sugar House Media Room



Emmy winners Benedict Cumberbatch and Rachel Brosnahan star in Lionsgate's "The Courier," which premiered at the 2020 Sundance Film Festival. The film tells the story of real-life British businessman Greville Wynne, who operated as a courier during the Cold War and helped put an end to the Cuban Missile Crisis. Cumberbatch plays Wynne while Brosnahan plays Emily Donovan, who is in charge of the operation and one of the few women working as a CIA agent in the 1960s. Snacks and drinks will be served.

Please make a reservation with Caralyn Russell or via Touchtown.

String Equinox Wednesday, February 9th 7:00 p.m. in the Sugar House Maple Room

Sugar Hill welcomes back String Equinox! The members of String Equinox have been playing a wide variety of music together for over 20 years. A mix of piano, hammered dulcimer, fiddle, mandolin, and guitar, they play many types of music from Celtic to Klezmer and sing songs—old, new, and some of their own. Join us for a fun evening of folk!



Please RSVP via Touchtown or with Caralyn Russell.

Valentine's Day Social: Cookies & Cocoa Monday, February 14th 2:00 p.m. in the Dining Room



Join us on Valentine's Day for a sweet and cozy afternoon of cookies and cocoa by the fire in the dining room. Everyone is welcome!

Programming and Events - Wolfeboro

RSVP required via Touchtown App, or to Caralyn at crussell@taylorcommunity.org or (603) 867-1441.



History of Logging in NH Talk with A.J. Dupere Thursday, February 17th 3:00 p.m. in the Maple Room

Sugar Hill will be hosting A.J. Dupere, Urban Forester with the New Hampshire Division of Forests and Lands, who will present a history of logging in New Hampshire.

Dupere will lead a discussion of early harvesting techniques and life in the logging camps. His presentation will feature a variety of tools used by the UNH Woodsmen Team and several old photographs of early harvesting operations. The talk will also discuss the Mast Pine Act, the Weeks Act, and other legislation that has influenced timber harvesting in New Hampshire.

Based at the Urban Forestry Center in Portsmouth since 1999, A.J. Dupere also works with Shieling Forest in Peterborough and the Taylor Sawmill in Derry. He earned a master's degree in Forestry at the University of New Hampshire where he became involved with the UNH Woodsmen team. Today, he is a leader of the team, which competes with colleges throughout the Northeast.

Please RSVP via Touchtown or with Caralyn Russell.

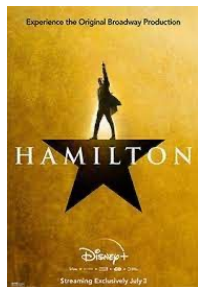
“Songs and Stories” with Vibraphonist Rich Araldi Tuesday, February 22nd 3:00 p.m. in the Maple Room



Vibraphonist Rich Araldi presents the great songs of the 20th century and the stories and inspiration behind them. His music draws from the Jazz Age through the swing era, into modern jazz, the Beatles, and beyond. The presentation is sure to include songs you know and love alongside his own stories, anecdotes, fun facts, and trivia.

Rich Araldi has been performing music for over 45 years on vibraphone, piano, and drums. He performs more than 400 programs a year in a variety of settings, including community events, library programs, house concerts, and retirement communities, both as solo concerts and with his band. Rich's career has given him the opportunity to perform for senators and congressmen at the Nashua, New Hampshire Mayor's Inaugural Ball, and even for someone who would later become President of the United States!

Please RSVP via Touchtown or with Caralyn Russell.



Afternoon Matinee: Hamilton Wednesday, February 23rd 2:00 p.m. in the Sugar House Media Room

The original Broadway production of the award-winning musical that tells the story of Alexander Hamilton, first secretary of the treasury, blending hip-hop, jazz, R&B, and Broadway styles, filmed from the Richard Rogers Theater in New York. Movie Theatre popcorn, snacks, and drinks will be served. Run time: 2h 40m.

Please make a reservation with Caralyn Russell or via Touchtown.

Programming and Events - Wolfeboro

RSVP required via Touchtown App, or to Caralyn at crussell@taylorcommunity.org or (603) 867-1441.



“Cruising NH History” Talk with Michael Bruno

Wednesday, February 24th

7:00 p.m. in the Sugar House Maple Room

Michael Bruno, author of “Cruising New Hampshire History,” will present his talk on highway historical markers of NH. Bruno, has been featured by both NH PBS and Chronicle. As a young adult out riding his motorcycle, Bruno stopped to read the historical markers installed along Granite State highways. Finding the markers with their unique stories intriguing, he embarked on a project to visit and provide expanded information regarding each of the 267 State historical markers.

Please RSVP via Touchtown or with Caralyn Russell.

Resident Trips - Wolfeboro Campuses

RSVP required via Touchtown App, or to Caralyn at crussell@taylorcommunity.org or 603-867-1441.



Isabella Stewart Gardner Museum in Boston, MA

Friday, February 11th

The bus will depart Sugar Hill at 8:30 a.m.
followed by pickup at Back Bay.

Isabella Stewart Gardner first welcomed visitors to her museum on New Year’s Day, 1903. On that evening, guests listened to the music of Bach, Mozart, and Schumann, gazed in wonder at the courtyard full of flowers, and viewed one of the nation’s finest collections of art. Today, visitors experience much the same thing.

The Gardner Museum has remained essentially unchanged since its founder’s death in 1924. Unchanged but certainly not stagnant.

The museum includes three floors of galleries surrounding a garden courtyard blooming with life in all seasons. The galleries are filled with paintings, sculpture, tapestries, furniture, and decorative arts from cultures spanning thirty centuries.

In 1990, thirteen of the museum’s works were stolen; the crime remains unsolved, and the works, valued at an estimated \$500 million, have not been recovered. A \$10 million reward for information leading to the art’s recovery remains in place. Admission cost is \$18.00. Lunch will be at your leisure at the museum’s “Café G”.

“Lunch Bunch” outing to The Pine Cone Café

Wednesday, February 16th

The bus will depart Sugar Hill at 11:30 a.m.
followed by pickup at Back Bay.



Relax and enjoy a cozy, family-friendly atmosphere at the Pine Cone Café located in Melvin Village, NH. Dine by the fire and try one of their many homemade dishes—fresh garden salads, soups, appetizers, an array of sandwiches, char-grilled burgers, chicken and ribs. For pizza lovers, they offer their famous authentic Italian Pizza!

Resident Trips - Wolfeboro Campuses

RSVP required via Touchtown App, or to Caralyn at crussell@taylorcommunity.org or 603-867-1441.



The Crossings at Newington, NH

Friday, February 18th

The bus will depart Sugar Hill at 9:00 a.m.
followed by pickup at Back Bay.

The Crossings provides an open-air shopping experience filled with a wide variety of shopping, including Trader Joe's, Kohl's, Michaels, Barnes and Noble, and several dining and entertainment options.

Hood Museum of Art & King Arthur Café, Bakery & Store

Friday, February 25th

The bus will depart Sugar Hill at 8:00 a.m. followed by pickup at
Back Bay.



Join us for a morning at Dartmouth College's Hood Museum. The museum's collection is drawn from a wide range of cultures and historical periods.

The 65,000 objects in the museum's care represent the diverse artistic traditions of six continents, including Native American, European, American, Asian, Indigenous Australian, African, and Melanesian art. Following our time at the museum, we will head to nearby King Arthur to have lunch at their café and peruse the store.

Recurring Campus Events - Wolfeboro Campuses

RSVP required via Touchtown App, or to Caralyn at crussell@taylorcommunity.org or 603-867-1441.

Sugar Hill Knitting Circle Meets Every Wednesday at 2:00 p.m. Sugar House Dining Room

What is a knitting circle? A knitting circle is an open, informal, and mutually supportive group of people who:

- Want to learn to knit
- Already know how to knit and want to improve their skills
- Need help or encouragement with stalled projects
- Just like the fun of knitting together with others!



If you may be interested in joining the Sugar Hill Knitting Circle, bring your projects and questions and hear a little about one resident's experience in over twenty years of participation in four different knitting circles spanning four states, and many countries around the world!

We are hopeful that this circle will continue to meet, knit, get help and inspiration, share ideas, and share friendship. People who crochet or partake in other small handcrafts are also welcome!

Recurring Campus Events - Wolfeboro Campuses

RSVP required via Touchtown App, or to Caralyn at crussell@taylorcommunity.org or 603-867-1441.

Billiards Games

Every Monday, Wednesday and Friday
Sugar House Pool Room, 10:00 a.m.



Ping Pong Games

Mondays at 3:30 p.m.
Thursdays at 3:00 p.m.
Sugar House Maple Room



Bridge Group

Every Saturday
Sugar House Maple Room, 1:00 p.m.



This resident-run group is looking to add a few more players to the group.
All are welcome.

Calling All Artists!

As you may know, construction on our beautiful new library here at Sugar Hill is just about complete. You have also likely noticed the artwork display inlays that are currently displaying watercolor paintings by Sugar Hill's own Helene Pierce.

We are currently seeking other artists within our community here at Sugar Hill and Back Bay to display their work, as well. It is our hope that we can present a rotating gallery on the library walls, while highlighting some of our very talented residents.



We can display paintings, drawings, photography, quilts, tapestries, needlework, or any other piece that can hang flat. If you are interested in displaying your artwork, please reach out to Caralyn Russell. She will fill you in on additional details including size parameters, and the need for a written attribution for each piece.

We look forward to adorning the library walls with your artwork!

Injured hawk is saved by Taylor Staff at Sugar Hill!



A fox sits in front of the Sugar House on a beautiful winter day.



New Move-Ins Wolfeboro

Ann Clark
1/6
Sugar Hill

Peter and Jo-Anne “Jody” Graham
2/1
Sugar Hill



We're so happy you're here!

February Birthdays for Wolfeboro Residents

2/10	Joyce	Slayton	Sugar Hill
2/10	Mort	Smith	Sugar Hill
2/12	Nancy	Smith	Sugar Hill
2/14	Marion	Blomster	Back Bay
2/18	Sandi	Paczkowski	Sugar Hill
2/20	Priscilla	Jones	Sugar Hill
2/21	Nancy	Glowacki	Sugar Hill
2/26	Helen	Mako	Sugar Hill



Wolfeboro Residents participate in Food Drive to support local food pantry

In honor of Martin Luther King Jr. Day, the Taylor Wolfeboro campuses are running a food drive for LIFE Ministries Food Pantry in Wolfeboro.

“Shirley Felong, one of our Back Bay residents, reached out to me about this initiative because she wanted to do something in honor of Martin Luther King Day,” said Caralyn Russell, Assistant Director of Resident Life. “Shirley wanted to honor MLK’s legacy of giving back by supporting and engaging in our own Wolfeboro community.”

After coming up with the idea, Shirley reached out to Caralyn to see if the drive could be coordinated. After a few phone calls and a meeting with a representative at LIFE Ministries Food Pantry in Wolfeboro, the drive was planned and scheduled.

“I always try and encourage residents at Cracker Barrel to share ideas that they may have for activities, initiatives, or outings so that we can take the idea and make it happen,” said Caralyn. “Shirley’s idea for the food drive is just one example of how a resident-driven idea can become a reality, so if other residents have ideas, please feel free to reach out!”

Residents in Wolfeboro have been collecting non-perishable canned goods and boxes, which thus far has resulted in a substantial amount of donations. The final food collection will be taking place on Friday, January 28th with pick-up both at Sugar Hill and on the Back Bay campuses.

Thank you to everyone who has so generously contributed to this cause!



Pitter-Patter Project in Wolfeboro

Caralyn Russell, Assistant Director of Resident Life, has been working diligently on a newly-created “Pitter Patter Project”, which will come to fruition in February.



This project has consisted of collecting Wolfeboro residents’ wedding photos, which will be on display next month to celebrate Valentine’s Day.

“We have had a great response thus far!” said Caralyn. “I figured what better month to collect these photos and reminisce with residents about their special wedding day, or over their favorite photo than the month of love.”

Caralyn plans to display the photos on the Sugar House lobby television for the month of February, as well as create a collage to put on display in the lobby area.

“I think it will be fun for residents to see their own photo and get a chance to look at other’s photos, too,” Caralyn stated. “This has definitely been a special project and it’s filled to the brim with love!”

Here are a few photos that will be featured as part of the “Pitter-Patter Project.” If you have not submitted a photo yet but would like to do so, please contact Caralyn Russell at crussell@taylorcommunity.org or call (603) 867-1441. Photos can be sent via email or provided as a hard copy, which will then be scanned and



Arlene & Richard Harris



Janine & Doug Brothers



Arthur & Normandie
Mindheim



Eva & Len Madde



Sandi & Dick Paczkowski



Barbara & Win Wood



Don & Penny Keith

Pitter-Patter Project in Wolfeboro - Photos Continued



Bill & Marion Cronin



Arthur & Prue Fitts



Helen & Bill Swasey



Helen Mako & Groom



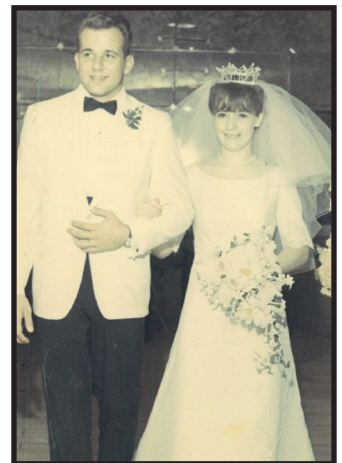
Janice & Howard
Zimmerman



Dodie & Mallory
Stephens



Ann & Lee Perkins



Elizabeth & Ed Kloeber



Helene & Lee Pierce



Linda & Hank Snowdon



Mystery Bride:

Can you guess who I am?

If you think you know who this mystery bride is, please submit your guess to Caralyn Russell! The identity of the mystery bride will be revealed during the showcase of this project!

The deadline to submit photos for the Pitter Patter Project is Tuesday, February 1st. Any photos submitted for this project which were not included in this spread will be featured in the March, 2022 edition of The Gazette!

Recurring Campus Events • Wolfeboro

RSVP is required for most events and may be made via Touchtown in Events, or with Caralyn at (603) 569-8485 or crussell@taylorcommunity.org unless otherwise noted.

The Sugar House Dining Room will continue offering delivery services until the dining room opens fully for in-person dining during the month of February. At that time, dinner will be offered for in-person reservations or pick-up at the Sugar House from Tuesday through Saturday evenings. Please call (603) 569-8485 or stop by the main desk at least 24 hours in advance to place your order. Menus for the following week will be distributed every Friday.

MONDAYS:

Billiards Games, 10:00 a.m., Pool Room
Ping Pong Games, 3:30 p.m., Maple Room

TUESDAYS:

Shopping Bus — 9:45 a.m., Sugar Hill; 10:00 a.m., Back Bay

WEDNESDAYS:

Shopping Services Day

Please contact Gina at (603) 569-8485 or via email at gcolantuono@taylorcommunity.org no later than noon on Tuesday, leaving your list in your newspaper tube by 4:00 p.m. Tuesday. Shopping will be done at Hannaford in Alton or Gilford. \$10 charge per errand will be added to your next statement, along with the cost of your purchases.

Back Bay: Care Management Nurse Visits

Anne Ulman, Assisted Living Administrator at Sugar Hill, will be leading clinics on the 4th Wednesday of the month from 2:00 p.m. to 4:00 p.m., in the Community House. For more information, please contact: aulman@taylorcommunity.org or 569-8485 X240

Billiards Games — 10:00 a.m., Pool Room
Capture Your Life Story — 11:00 a.m., Sugar Hill Library
Downton Abbey — 1:00 p.m., Media Room

THURSDAYS:

Shopping Bus — 9:45 a.m., Sugar Hill; 10:00 a.m. Back Bay
Cracker Barrel Coffee Hours — Every Other Thursday at 10:00 a.m., Sugar Hill
Ping Pong Games — 10:00 a.m., Maple Room

FRIDAYS:

Billiards Games — 10:00 a.m., Pool Room

Meeting Reminders • Wolfeboro

Resident Town Hall

Tuesday, February 15th at 10:00 a.m., SH Maple Room

RSVP via Touchtown App or to Caralyn at (603) 569-8485. To submit questions in advance, please email townhall@taylorcommunity.org or call Sharon Ryba at (603) 366-1411.

Dial-A-Ride Reservations

Please contact Gina Colantuono at (603) 569-8485 or gcolantuono@taylorcommunity.org.

Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live.

For more information including rates, floor plans, and available options, please call 603-366-1400, toll free at 844-210-1400, or simply use our online form available on our website, www.taylorcommunity.org.



Possible Tax Deductions, from Ed Soucy:



All Taylor Residents should by now have received a letter from VP—Finance Ed Soucy with information that may help in the preparation of your 2021 income taxes.

Residents who purchased a Continuing Care (CC) contract in 2021 may be able to deduct 37.1% of the entrance fee paid in 2021 as a medical deduction. Additionally, Taylor Residents with CC contracts may be able to deduct a percentage of their monthly fees paid in 2021 as a medical deduction, also 37.1%.

Taylor Connection Residents paying a down payment in 2021 may also be eligible to deduct 37.1% as a medical deduction.

Taylor Residents with Lifestyle contracts should discuss this with their tax advisor or preparer.

Residents in Assisted Living, Opechee Harbor or Ledgeview Nursing, your monthly fees are subject to different tax rules and you should discuss the deductibility of your monthly fees with your tax preparer.

Taylor does not provide tax advice, but provides this for your information. Everyone's personal tax situation is different — it is recommended you discuss these matters with your tax preparer.

2021 Provider Tax Charged by Resident per Month

<i>Jan-21</i>	<i>\$31.00</i>	<i>July-21</i>	<i>\$31.00</i>
<i>Feb-21</i>	<i>\$31.00</i>	<i>Aug-21</i>	<i>\$31.00</i>
<i>Mar-21</i>	<i>\$31.00</i>	<i>Sept-21</i>	<i>\$31.00</i>
<i>Apr-21</i>	<i>\$31.00</i>	<i>Oct-21</i>	<i>\$31.00</i>
<i>May-21</i>	<i>\$31.00</i>	<i>Nov-21</i>	<i>\$31.00</i>
<i>June-21</i>	<i>\$31.00</i>	<i>Dec-21</i>	<i>\$31.00</i>

\$372.00

If you have questions, please call Ed at 603-366-1229. He's happy to speak with you.

SUN	MON	TUE	WED	THUR	FRI	SAT
		Lunar New Year 1	Groundhog Day 2 10:00 SH Billiards 2:00 SH - Knitting Group	3:30 SH Ping Pong 3	10:00 SH Billiards 4	1:30 SH Bridge Group 5
6	10:00 SH Billiards 3:30 SH Ping Pong 7	10:00 SH Stock Club 8	10:00 SH Billiards 9 2:00 SH - Knitting Group 2:00 SH Movie Matinee: The Courier 7:00 SH Music: String Equinox	3:30 SH Ping Pong 10	8:30 SH Trip: Isabella Gardner Museum 10:00 SH Billiards 11	1:30 SH Bridge Group 12
13	Valentine's Day 14 10:00 SH Billiards 2:00 SH Event: Valentines Day Social 3:30 SH Ping Pong	9:00 Cooperative Board Meeting 10:00 SH Town Hall Meeting 15	10:00 SH Billiards 16 11:30 SH Trip: Pine Cone Cafe 2:00 SH - Knitting Group	10:00 SH Cracker Barrel Programming Meeting 17 3:00 SH LEC: History of Logging in NH 3:30 SH Ping Pong	9:00 SH Trip: The Crossings 18 10:00 SH Billiards	1:30 SH Bridge Group 19
20	President's Day 21 10:00 SH Billiards 3:30 SH Ping Pong	3:00 SH Music: Rich Araldi 22	10:00 SH Billiards 23 2:00 SH - Knitting Group 2:00 SH Afternoon Matinee: Hamilton	3:30 SH Ping Pong 24 7:00 SH Lec: "Cruising NH History" w/ Michael Bruno	8:30 SH Trip: Hood Museum & King Arthur Bakery 25 10:00 SH Billiards	1:30 SH Bridge Group 26
27	10:00 SH Billiards 3:30 SH Ping Pong 28					

February 2022

Programming Calendar Wolfeboro



SUN	MON	TUE	WED	THUR	FRI	SAT
		9:00 Strength and Stretch 11:00 Balance Class 1	9:00 Strength and Stretch 11:00 Chair Yoga 2	9:00 Strength and Stretch 11:00 Balance Class 3	9:00 Strength and Stretch 11:00 Chair Yoga 4	5
6	9:00 Strength and Stretch 9:00 Tai Chi 11:00 Chair Yoga 7	9:00 Strength and Stretch 11:00 Balance Class 8	9:00 Strength and Stretch 11:00 Chair Yoga 9	9:00 Strength and Stretch 11:00 Balance Class 10	9:00 Strength and Stretch 11:00 Chair Yoga 11	12
13	9:00 Strength and Stretch 9:00 Tai Chi 11:00 Chair Yoga 14	9:00 Strength and Stretch 11:00 Balance Class 15	9:00 Strength and Stretch 11:00 Chair Yoga 16	9:00 Strength and Stretch 11:00 Balance Class 17	9:00 Strength and Stretch 11:00 Chair Yoga 18	19
20	9:00 Strength and Stretch 9:00 Tai Chi 11:00 Chair Yoga 21	9:00 Strength and Stretch 11:00 Balance Class 22	9:00 Strength and Stretch 11:00 Chair Yoga 23	9:00 Strength and Stretch 11:00 Balance Class 24	9:00 Strength and Stretch 11:00 Chair Yoga 25	26
27	9:00 Strength and Stretch 9:00 Tai Chi 11:00 Chair Yoga 28					

February 2022

Wellness Calendar Wolfeboro



SUN	MON	TUE	WED	THUR	FRI	SAT
		Lunar New Year 10:00 WS CRACKER BARREL 11:00 WS Caregivers Support Group 3:00 WS BLACK HISTORY MONTH PRESENTATION 4:30 DINNER AT THE BISTRO 5:00 Bistro Dining 6:30 TT DOCUMENTARY - Great Wall of China	Groundhog Day 7:30 Men's Breakfast 10:00 WS - Cribbage Group 2:00 WS MUSIC SERIES - Pianist George Lopez 5:00 WS DINING OUT - Dinner at Fratellos	9:00 WS Woodcarving Group 10:00 Taylor Writing Group 10:00 WS Sew Sisters Sewing Group 3:00 WS Taylor Community Chorus Rehearsal 4:30 DINNER AT THE BISTRO 5:00 Bistro Dining 6:30 TT MOVIE - Valentine Ever After	8:00 WS RESIDENT TRIP - Museum of Fine Arts Boston 10:00 WS - Le Cercle Francais de Laconia 10:00 WS Quilting Group - Anne Dustin 12:30 WS PING PONG 1:00 WS PING PONG 1:30 WS PING PONG 2:00 WS Mexican Train 2:00 WS Rummikub 6:30 TT MOVIE - Valentine in the Vinyard 7:00 WS FRI NIGHT MOVIE - Lost Valentine	9:30 WS Hand & Foot Card Games 1:00 WS Scrabble Group 7:00 WS MOVIE - Remember the Titans
6	8:00 WS Quilting Group - Gail Dyer 1:00 WS Women's Billards 6:30 WS MUSICAL PERFORMANCE - Will Ogmundson	10:00 WS CRACKER BARREL 11:00 WS Caregivers Support Group 12:00 WS Prayer Shawl Group 1:00 WS MUSICAL - Jekyll and Hyde 4:30 DINNER AT THE BISTRO 5:00 Bistro Dining 6:30 TT DOCUMENTARY - OAHU	10:00 WS - Cribbage Group 2:00 WS - Greeting Card Instructon 2:00 WS Genealogy with Ron Baker 6:30 WS LECTURE - Winter Wildlife	9:00 WS Woodcarving Group 9:30 WS RESIDENT TRIP TO AUTO PAC 10:00 Taylor Writing Group 10:00 WS Sew Sisters Sewing Group 4:30 DINNER AT THE BISTRO 5:00 Bistro Dining 6:30 TT MOVIE - Valentines Day	9:00 WS RESIDENT TRIP - LR SLED DOG RACES 10:00 WS - Le Cercle Francais de Laconia 12:30 WS PING PONG 1:00 WS PING PONG 1:30 WS PING PONG 2:00 WS Mexican Train 2:00 WS Rummikub 6:30 TT MOVIE - Love Meet Hope 7:00 WS MOVIE - Valentine's Day	9:30 WS Hand & Foot Card Games 1:00 WS Scrabble Group 7:00 WS MOVIE - Pretty Woman
13	Valentine's Day 8:00 WS Quilting Group - Gail Dyer 11:00 WS Resident Town Hall 1:00 WS Women's Billards 6:30 WS VALENTINES JAZZ SHOW	10:00 WS CRACKER BARREL 11:00 WS Caregivers Support Group 2:00 WS DOCUMENTARY - Shatner in Space 4:30 DINNER AT THE BISTRO 5:00 Bistro Dining 6:30 TT DOC - Hugh Laurie - New Orleans	10:00 WS - Cribbage Group 1:00 WS MUSICAL - Michael Ball	9:00 WS Woodcarving Group 10:00 Taylor Writing Group 10:00 WS Sew Sisters Sewing Group 3:00 WS Taylor Community Chorus Rehearsal 4:30 DINNER AT THE BISTRO 5:00 Bistro Dining 6:30 TT MOVIE - Shadows in the Sun	10:00 WS - Le Cercle Francais de Laconia 10:00 WS BOOK CLUB 10:00 WS Quilting Group - Anne Dustin 12:30 WS PING PONG 1:00 WS PING PONG 1:30 WS PING PONG 2:00 WS Mexican Train 2:00 WS Rummikub 6:30 TT MOVIE - For All Time 7:00 WS MOVIE - 50 First Dates	9:30 WS Hand & Foot Card Games 1:00 WS Scrabble Group 7:00 WS MOVIE - MONTE WALSH
20	President's Day 8:00 WS Quilting Group - Gail Dyer 1:00 WS Women's Billards	10:00 WS CRACKER BARREL 11:00 WS Caregivers Support Group 2:00 WS DOCUMENTARY - Stevie Ray Vaughan 4:30 DINNER AT THE BISTRO 5:00 Bistro Dining 6:30 TT DOC - Kenny Rogers	10:00 WS - Cribbage Group 11:00 WS DINING OUT - Green Ginger 6:30 WS LECTURE - Preservation NH Historical Sites	9:00 WS Woodcarving Group 10:00 Taylor Writing Group 10:00 WS Sew Sisters Sewing Group 4:30 DINNER AT THE BISTRO 5:00 Bistro Dining 6:30 TT MOVIE - Promises 7:00 WS OPERA - Die Fiedermaus	8:15 WS RESIDENT TRIP - NE Aquarium 10:00 WS - Le Cercle Francais de Laconia 12:30 WS PING PONG 1:00 WS PING PONG 1:00 WS Ping Pong 1:30 WS PING PONG 2:00 WS Mexican Train 2:00 WS Rummikub 6:30 TT MOVIE - Personal Effects 7:30 WS Camden Conference	8:45 WS CAMDEN CONFERENCE 9:30 WS Hand & Foot Card Games 10:45 WS CAMDEN CONFERENCE 1:00 WS Scrabble Group 1:30 WS CAMDEN CONFERENCE 3:30 WS CAMDEN CONFERENCE
8:45 WS CAMDEN CONFERENCE 11:00 WS CAMDEN CONFERENCE	8:00 WS Quilting Group - Gail Dyer 1:00 WS Women's Billards 6:30 WS ZOOM LECTURE - Michael Cross					
27	28					

February 2022

Programing Calendar Laconia



SUN	MON	TUE	WED	THUR	FRI	SAT
		9:00 Aqua Flow 9:00 Strength and Stretch 10:00 Chair Yoga 10:30 Tai Chi 11:00 Strength and Stretch 2:00 Low Impact Cardio Fit	9:00 Strength and Stretch 9:00 Tai Chi for Balance 10:00 Balance 10:00 Functional Strength 11:00 Strength and Stretch 1:30 Mat Yoga	9:00 Aqua Flow 10:00 Chair Yoga 10:30 Tai Chi 11:00 Strength and Stretch	9:00 Strength and Stretch 10:00 Low Impact Cardio Fit 11:00 Mat Yoga 11:00 Strength and Stretch	
6	9:00 Strength and Stretch 9:00 Tai Chi for Balance 10:00 Balance 10:00 Functional Strength 11:00 Strength and Stretch	9:00 Aqua Flow 9:00 Strength and Stretch 10:00 Chair Yoga 10:30 Tai Chi 11:00 Strength and Stretch 2:00 Low Impact Cardio Fit	9:00 Strength and Stretch 9:00 Tai Chi for Balance 10:00 Balance 10:00 Functional Strength 11:00 Strength and Stretch 1:30 Mat Yoga	9:00 Aqua Flow 10:00 Chair Yoga 10:30 Tai Chi 11:00 Strength and Stretch	9:00 Strength and Stretch 10:00 Low Impact Cardio Fit 11:00 Mat Yoga 11:00 Strength and Stretch	12
13	9:00 Strength and Stretch 9:00 Tai Chi for Balance 10:00 Balance 10:00 Functional Strength 11:00 Strength and Stretch	9:00 Aqua Flow 9:00 Strength and Stretch 10:00 Chair Yoga 10:30 Tai Chi 11:00 Strength and Stretch 2:00 Low Impact Cardio Fit	9:00 Strength and Stretch 9:00 Tai Chi for Balance 10:00 Balance 10:00 Functional Strength 11:00 Strength and Stretch 1:30 Mat Yoga	9:00 Aqua Flow 10:00 Chair Yoga 10:30 Tai Chi 11:00 Strength and Stretch	9:00 Strength and Stretch 10:00 Low Impact Cardio Fit 11:00 Mat Yoga 11:00 Strength and Stretch	19
20	9:00 Strength and Stretch 9:00 Tai Chi for Balance 10:00 Balance 10:00 Functional Strength 11:00 Strength and Stretch	9:00 Aqua Flow 9:00 Strength and Stretch 10:00 Chair Yoga 10:30 Tai Chi 11:00 Strength and Stretch 2:00 Low Impact Cardio Fit	9:00 Strength and Stretch 9:00 Tai Chi for Balance 10:00 Balance 10:00 Functional Strength 11:00 Strength and Stretch 1:30 Mat Yoga	9:00 Aqua Flow 10:00 Chair Yoga 10:30 Tai Chi 11:00 Strength and Stretch	9:00 Strength and Stretch 10:00 Low Impact Cardio Fit 11:00 Mat Yoga 11:00 Strength and Stretch	26
27	9:00 Strength and Stretch 9:00 Tai Chi for Balance 10:00 Balance 10:00 Functional Strength 11:00 Strength and Stretch					
	9:00 Strength and Stretch 9:00 Tai Chi for Balance 10:00 Balance 10:00 Functional Strength 11:00 Strength and Stretch					

February 2022

Wellness Calendar Laconia

